

# MRS. HINGKLEY NERVOUS WRECK

Tells Women How She Was Restored to Perfect Health by Lydia E. Pinkham's Vegetable Compound

Memphis, Tenn.—"Two years ago I was completely run-down and my nerves were a wreck. I could not sweep a room without resting. I could not do my work except a little at a time, and the doctor's medicine did not help me. One day some one threw your little book on to my porch, and in it I read several testimonials of women who had been like myself. I went right out and got me a bottle of Lydia E. Pinkham's Vegetable Compound, and before I had taken the whole of that bottle I knew it was helping me. I took six bottles, and then in about three months I took two more. Now I am in perfect health. I do all of my own work and could do more. I can truly say that I know Lydia E. Pinkham's Vegetable Compound gave me my health."—Mrs. O. J. HINGKLEY, 816 Union Ave., Memphis, Tenn.



Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass. This book contains valuable information.

**A Stride of Twenty-Five Feet.**  
The average ostrich can outrun the best Arab horse, if the bird will continue on a straight-away course. The fact that wild ostriches like to run in circles invariably leads to capture, as a well-trained Arabian horse will follow the shortest course, knowing that ultimately the fleeing ostrich will turn in his direction. In full flight the adult ostrich often shows a stride of 20 to 25 feet, which affords one explanation of its remarkable speed.—Nature Magazine.

## MOTHER! GIVE SICK CHILD "CALIFORNIA FIG SYRUP"

Harmless Laxative for a Bilious, Constipated Baby or Child.

Constipated, bilious, feverish, or sick, colic Babies and Children love to take genuine "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels acting without griping. Contains no narcotics or soothing drugs. Say "California" to your druggist and avoid counterfeits! Insist upon genuine "California Fig Syrup" which contains directions.—Advertisement.



An Easily Effected Loan.  
"I wonder why some people are always borrowing trouble."  
"Probably because it isn't necessary to put up any collateral."—Boston Transcript.

Getting rich quick is as difficult as it is dangerous and exciting.

## Back Given Out?

It's hard to do one's work when every day brings morning lameness, throbbing backache, and a dull, tired feeling. If you suffer thus, why not find out the cause? Likely it's your kidneys. Headaches, dizziness and bladder irregularities may give further proof that your kidneys need help. Don't risk neglect! Use Doan's Kidney Pills. Thousands have been helped by Doan's. They should help you. Ask your neighbor!

### A South Carolina Case

J. P. Griffin, chief of police, North St., Bolton, S. C., says: "I was troubled with my kidneys and was annoyed with sharp, piercing pains through my back. When I bent over, stitches caught me over my hips. My kidneys acted irregularly and the passages of the secretions were often painful. I bought a box of Doan's Kidney Pills. Every pain disappeared and I have had no further trouble."

Get Doan's at Any Store, 60c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

## WINTERSMITH'S CHILL TONIC

For over 50 years it has been the household remedy for all forms of Malaria Chills and Fever Dengue. It is a Reliable, General Invigorating Tonic.

## GREEN MOUNTAIN ASTHMA COMPOUND

quickly relieves the distressing paroxysms. Used for 35 years and result of long experience in treatment of throat and lung diseases by Dr. J. H. Guild. FREE TRIAL BOX. Treatise on Asthma, its causes, treatment, etc., sent on request. 35c and \$1.00 at druggists. J. H. Guild Co., Box 74, Rupert, Va.

# BIDS RECEIVED FOR ROAD WORK

LOW HIGHWAY BIDS TOTAL TWO MILLION FOR SEVENTY EIGHT MILES.

## LIST OF VARIOUS PROJECTS

Stanly County Link of Charlotte-Albemarle Highway is Among Those Considered.

Raleigh. Low bids received by the State Highway Commission on the construction of 78.36 miles of roadway and accompanying bridge structures totaled \$2,131,635.10, it was announced by the commission following the tabulation of the bids.

A total of 41.30 miles of the 78.36 will be of hard surface, and includes 7.81 miles between Neuse and the Franklin county line, low bid for which was submitted by R. G. Lassiter. The Lassiter bid was \$246,449.

Low bid for road work totaled \$1,697,856.50, and for bridges \$433,818.60.

The following are the lowest bids received for the various projects:

Projects 126 and 187, of 12.15 hard surface miles between Tarboro and Bethel, Edgecombe and Pitt counties; low bidders Public Service Production Company, of Newark, \$389,222.10 on roadway and structures by Eagle Engineering Company for \$29,120.30.

Project 302, of 1.25 miles in Bladen, at Elizabethtown, between Wilmington and Leland, concrete roadway of 2.31 miles to Highway Engineering Company for \$107,360.

Project 485-B, of 7.81 miles in Wake, between Neuse and Franklin county line, concrete roadway, to R. G. Lassiter for \$246,449.

Project 404, of 11.25 miles, in Chatham, from Pittsboro to Lee line, gravel construction to W. W. Tuck Sons for \$74,777, and structures to Atlantic Bridge Company for \$51,876.

Project 686, in Stanly, between Albemarle and Charlotte, 16.74 miles of hard surface Topeka, to Redmon Construction for \$599,653.30, and bridges to J. L. Blinky for \$2,560.95.

Project 763, in Surry, between Mt. Airy and Pilot Mountain, 10.54 miles, grading only, to McDowell Construction Company, for \$74,405.60 and structures to C. H. Helig for \$72,569.75.

Project 732, in Davie, between Mocksville and Clemmons, 8.07 miles, to J. E. Mulligan for \$32,007.

Project 990-A, of 2.04 miles in Transylvania, between Brevard and Lake Toluway, hard surface to Greer & Wilson, for \$98,627 and structures to W. T. Moore for \$15,852.20.

Project 537, of 6.20 miles, between Greensboro and Randolph line, soil roadway to J. M. M. Gregory for \$20,470, and structures to C. B. Hester for \$15,560.

### Governor Talks to Peace Girls.

The first of a series of citizenship lectures planned for Peace Institute was delivered by Governor Cameron Morrison. The Governor who spoke on the functions of government generally, and his own office in particular, will be followed shortly by the second in the series shortly by the Secretary of State W. N. Everett.

It was patriotic night for Peace Institute, and the students sang as their contribution to the program, "Carolina," and "America, the Beautiful." Miss Meribah Moore, of the faculty of the school, also sang.

Governor Morrison, speaking for more than an hour and a half, explained the system of government under which North Carolina operates, differentiated between the executive, the judicial and the legislative branches of the State government, and urged that the tendency toward the overlapping of the functions of one branch by the other be stiffly opposed.

### Commissioners Hears Port Authority.

To create a port out of Wilmington sufficiently impressive to give the state any commercial advantage North Carolina must draw traffic from the Southwest and Middle West and must start operations with convenient dock facilities as a port of call, developing gradually into a service port, according to Dr. Edwin J. Clapp, well known port authority, who spoke before the Ship and Water Transportation Commission, at the invitation of the commission. Dr. Clapp estimated that a double pier with berths for four steamers, a modest beginning would cost approximately a million and a half dollars.

### Will Not Make Prison Inquiry.

The State Board of Charities and Public Welfare at its first meeting since the prison controversy last May decided to take no action at this time on the matter of prison investigation. "The board felt it should await the results of the investigation of the Governor and the completion of his reform measures," stated Mrs. Johnson after the meeting. Governor Morrison did not confer with the board but his views have been made known previously.

### Money Spent on Schools.

The current educational expenses per pupil varied widely in North Carolina public schools in 1921-22, the expenses in some counties being nearly three times those of other counties, according to a table of financial statistics relative to public education in this State compiled by George Howard, Jr., of the State Department of Education. The statistics compiled by Mr. Howard have been printed in pamphlets which will be mailed to county school superintendents and other educational officials throughout the state, according to an official announcement.

With \$51.58, Durham county had the highest per pupil, current expense for the year 1921-22 of all the 100 counties in North Carolina, according to Mr. Howard's figures, while Brunswick had the lowest with a per pupil current expense of \$15.65.

Included in "current expenses" are costs of administration, operation, maintenance, teaching and supervision. Costs of new equipment and permanent improvements are not included.

Following are the amounts spent by each county of the state for current expenses for each pupil in average daily attendance in 1921-22, as announced by Mr. Howard:

- Durham, \$51.58; New Hanover, \$44.58; Buncombe, \$40.22; Guilford, \$37.9; Craven, \$36.3; Wake, \$35.92; Wayne, \$35.83; Davidson, \$34.77; Wilson, \$34.72; Forsyth, \$33.90; Camden, \$33.20; Halifax, \$33.21; Moore, \$32.90; Currituck, \$32.85; Alamance, \$32.84; Pasquotank, \$32.26; Orange, \$32.26; Mecklenburg, \$31.91; Gaston, \$31.76; Avery, \$31.34; Transylvania, \$31.16; Granville, \$30.60; Edgecombe, \$30.23; Lenior, \$30.17; Rowan, \$29.85; Iredell, \$29.83; McDowell, \$29.70; Nash, \$29.64; Pamlico, \$29.17; Cumberland, \$29.16; Jackson, \$28.87; Swain, \$28.81; Pitt, \$28.76; Clay, \$28.71; Tyrrell, \$28.65; Graham, \$28.50; Rockingham, \$28.33; Carteret, \$28.01; Warren, \$27.85; Dare, \$27.74; Richmond, \$27.66; Chowan, \$27.53; Henderson, \$27.48; Polk, \$27.47; Lee, \$27.39; Hyde, \$27.25; Catawba, \$27.20; Caldwell, \$26.82; Vance, \$26.80; Beaufort, \$26.18; Stanley, \$25.99; Greene, \$25.92; Johnston, \$25.53; Washington, \$25.40; Montgomery, \$25.37; Columbus, \$25.28; Lincoln, \$25.81; Pender, \$25.00; Alexander, \$24.85; Onslow, \$24.60; Davie, \$24.51; Randolph, \$24.35; Anson, \$24.14; Franklin, \$23.95; Cleveland, \$23.85; Haywood, \$23.44; Person, \$23.34; Bertie, \$23.34; Harnette, \$23.26; Jones, \$23.13; Duplin, \$23.07; Cabarrus, \$22.96; Union, \$22.94; Hertford, \$22.91; Robeson, \$22.69; Martin, \$22.60; Scotland, \$22.65; Stokes, \$22.63; Mitchell, \$22.58; Macon, \$22.44; Gates, \$22.43; Perquimans, \$22.23; North Hampton, \$22.19; Hoke, \$21.90; Surry, \$21.67; Cherokee, \$21.57; Rutherford, \$21.50; Chatham, \$21.42; Bladen, \$20.72; Sampson, \$20.63; Yadkin, \$20.28; Madison, \$20.17; Wilkes, \$19.25; Yancey, \$19.22; Burke, \$19.14; Caswell, \$18.95; Ashe, \$18.05; Watauga, \$17.05; Alleghany, \$16.25; Brunswick, \$15.65.

### Help Men Get an Education.

Secretary of State Everett chartered the Textile Students Loan Fund, Inc., organized by prominent cotton mill men for the purpose of aiding worthy students in their attempts to secure special training in textile work.

The corporation has no stock. At a meeting to be held soon, organization will be completed with the election of a president, vice president, and secretary-treasurer, who will direct the loan of money turned over to the fund by the incorporators and others, who, from time to time may join in the fund.

The incorporators are S. F. Patterson, Roanoke Rapids; David Clark, Charlotte; H. R. Fitzgerald, Danville, Va.; Brigadier General L. D. Tyson, Knoxville, Tenn.; P. E. Glenn, Atlanta, Ga.; J. C. Sanders, Bonham, Texas; J. W. Sanders, Jackson, Miss.; T. Scott Roberts, Anniston, Ala.; Donald Comer, Birmingham, Ala.; James P. Gossett, Williamston, S. C.; Alex. Long, Rock Hill, S. C.; and Arthur J. Draper, Charlotte.

### Arbor Day is Proclaimed.

Friday, November 2, has been set apart as Arbor Day in North Carolina, by Governor Morrison, in a proclamation issued from his office.

"Pursuant with the provisions of Section 5544 of the Consolidated Statutes, I hereby set aside and proclaim Friday, November 2, 1923, as Arbor Day and call upon the State Superintendent of Public Instruction to take in hand the matter of its observance in the schools, as provided for in Section 5545. I ask that he be given full co-operation.

"Done in the City of Raleigh on this, the fourth day of October, in the year of Our Lord one thousand nine hundred twenty-three, and in the one hundred and forty-eighth year of our American Independence."

### Commission Files Complaint.

At the request of the State, Ship and Water Transportation Commission, the North Carolina Corporation Commission filed complaint with the Interstate Commerce Commission against the Aberdeen and Rockfish Railroad et al for failure to publish through rates between New York City and interior points in North Carolina through the port of Wilmington. Fifty-three railroads operating in this state and the Clyde Steamship Company are named as defendants in the complaint.



## To Produce Winter Eggs Give Pullets Good Care

"Finishing the pullets" means getting the young stock in a condition which will allow them to go through the winter in good health, produce a good number of eggs and develop a resistance against disease, says W. H. Allen, extension poultry specialist, New Jersey agricultural experiment station.

The pullet is allowed to reach its maximum growth before it is permitted to lay eggs. In Leghorns this will occur when they are about five months old, and with the dual purpose breeds, such as Rhode Island Red and Plymouth Rock, it will take at least a month longer. The lighter breeds, such as the Leghorns, should weigh at least three pounds at time of conditioning, and the heavier breeds, like the Rhode Island Red, should weigh from four to four and a half pounds.

The ration used in conditioning a flock consists largely of fattening foods, such as corn, wheat, oats and their by-products, with as little animal protein as possible. A good scratch feed consists of equal parts of cracked corn and wheat. This is fed twice a day, approximately six to eight pounds per 100 birds at each feeding.

A good mash for this period is two parts of wheat bran, two parts of cornmeal, two parts of ground oats, two parts of flour middlings, and one part of meat scrap. This mash is kept before the pullets at all times. One hundred growing pullets eat five to ten pounds of it a day.

The conditioning period takes approximately a month two weeks on the range and two weeks in the laying quarters. As soon as the pullets show signs of laying on the range, they are housed, and the same feed continued for two weeks before changing to a laying ration.

When the pullets are housed they need just as much green feed and exercise as if still on the range.

Oyster shells are kept where the birds can always get them.

## Find Sulphur Practical Remedy for Poultry Ills

The argument of some poultrymen that sulphur is harmful to fowls in wet weather is declared by N. W. Sanborn, poultry specialist of the Florida college of agriculture, to be a mistaken idea. In fact, the birds that have been given sulphur in their feed for some time are better able to stand long wet periods than they otherwise would be.

The primary purpose for which sulphur is recommended is to modify the attacks of sorehead, according to Dr. Sanborn. Sorehead—a disease of poultry that is similar to measles which affect children, in that it never attacks the same bird more than once—is considered one of the very worst troubles with which the Florida poultryman has to contend. Some states, after conducting experimental tests with a number of remedies, have advocated the inoculation of the poultry with a serum. However, Florida has never conducted any such tests, but its specialists have learned that sulphur is a practical remedy.

Dr. Sanborn recommends that the sulphur equal 1 per cent of the mash, with which it should be mixed. It is particularly recommended for growing chickens, serving not only to modify the disease but also as a food. The sorehead attacks are only mild when sulphur is fed because the chicken's body and system are kept in a strong, healthy condition.

## Hopeless Task to Raise Young and Old Together

Some place it is stated that it is unwise to put new wine in old bottles. A modern version would be that it is unwise to put young chicks in quarters occupied by mature stock. It is almost a hopeless task to raise young and old together. The conditions are not sanitary, the chicks are badly infested with lice, and the hens get first chance at the feed. The chicks get trampled under foot and what few live don't grow because they have little opportunity to eat.

## Successful Poultryman Picks Choicest Fowls

The poultry raiser who does best is almost always the one who carefully picks out each year only his choicest specimens and breeds from these exclusively. As a natural result, his flocks become better and better each year. By the same token the man who is breeding for heavy egg-production should pick out his very best layers to be used as breeders, and in the course of a few generations the habit of prolificacy will become firmly established in this family.

## Henhouse Draft Brings on Many Poultry Diseases

"Forestall a roup epidemic by stopping up draft-producing openings in the henhouse," suggests G. L. Stevenson, professor of poultry husbandry at the South Dakota State college. "Plenty of fresh air without drafts is highly desirable. Drafts and dampness produce colds, which run into roup, pox, canker and diphtheria. The air supply in a henhouse may be more readily controlled by having the south side equipped with ventilators.

**Demand**  
**ASPIRIN**  
SAY "BAYER" when you buy—Genuine  
Proved safe by millions and prescribed by physicians for  
Colds Headache Neuritis Lumbago  
Pain Toothache Neuralgia Rheumatism  
Genuine Accept only "Bayer" package which contains proper directions.  
Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.  
Aspirin is the trade mark of Bayer Manufacture of Monocetlicacidester of Salicylicacid

Two pleasant ways to relieve a cough  
Take your choice and suit your taste. S-B or Menthol flavor. A sure relief for coughs, colds and hoarseness. Put one in your mouth at bedtime. Always keep a box on hand.  
**SMITH BROTHERS**  
S.B. COUGH DROPS MENTHOL  
Famous since 1847 (orange colored box)

**Gas From Wood Waste.**  
Utilizing wood waste for generating gas is claimed by a Swedish sawmill operator to save 75 per cent of the fuel used when the chips and sawdust are burned directly under the boiler. Added to this economy is a large production of valuable by-products, including acids, wood alcohol and tar.

**BABIES LOVE**  
**MRS. WINLOW'S SYRUP**  
The Infants' and Children's Register Pleasant to give—pleasant to take. Guaranteed purely vegetable and absolutely harmless. It quickly overcomes colic, diarrhoea, flatulency and other like disorders. The opium published formula appears on every label. At All Druggists

## A FEELING OF SECURITY

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs. Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root. It is scientifically compounded from vegetable herbs. It is not a stimulant and is taken in teaspoonful doses. It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles. A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

**Poetic Interpretation.**  
Poetry interprets in two ways: It interprets by expressing with magical felicity the physiognomy and movement of the outer world, and it interprets by expressing, with inspired conviction, the ideas and laws of the inward world of man's moral and spiritual nature. In other words, poetry is interpretive both by having natural magic in it, and by having moral profundity.—Matthew Arnold.

## Cuticura Soothes Itching Scalp.

On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your everyday toilet preparations and have a clear skin and soft, white hands.—Advertisement.

## Testing Out Conditions.

"My hat is in the ring!" exclaimed the aggressive politician. "That," said Senator Sorghum, "is a prudent move. Wait and see what happens to the hat and maybe you'll decide to postpone going in after it."

**ABSORBINE**  
Reduces Strained, Puffy Ankles, Lymphangitis, Puff Swellings, Pains, Swellings; Stops Lameness and allows the patient to walk. Heals Sores, Cuts, Bruises, Boil Chafes. It is a Safe Antiseptic and Germicide. Does not blister or remove the hair and horse can be worked. Pleasant to use. \$2.50 a bottle delivered. Describe your case for special instructions and Book 5 A free.  
W. F. Young, Inc., 510 Lyman St., Springfield, Mass.

**INFLAMED EYES DISFIGURE YOUR LOOKS!**  
Don't experiment on them. Use MITCHELL'S EYE BALM for speedy relief. Absolutely safe.  
25¢ at all druggists.

## Toothache Instantly Relieved

decay retarded. A cement that seals up the cavity. (A dentist's formula) not merely a temporary relief, but a real filling for the tooth, which will last for weeks or months. Do not confuse this with toothache drops, gum or wax, which bring only temporary relief. Sufficient for three to five teeth. Send 35c.

**CLIFTY CHEMICAL CO., MADISON, IND.**

**Faith and Works.**  
Golfer—Where's Mr. McDougal—is he coming in?  
Caddy—He's awa' back in the bunker. Ah left him w' his masher and his naker.—Bystander (London).

## Hall's Catarrh Medicine

is a Combined Treatment, both local and internal, and has been successful in the treatment of Catarrh for over forty years. Sold by all druggists.  
F. J. CHENEY & CO., Toledo, Ohio

**ALLEN'S PRINCESS RANGES**  
COPPER IRON BEARING  
THE name "Allen" on a new range represents 25 years' experience in building good ranges.  
To-day, daughters buy Allen Ranges because they have seen their cooking qualities proven by long years of service in their mothers' kitchens.  
Write for our illustrated catalog and name of dealer near you.  
**ALLEN MANUFACTURING COMPANY**  
NASHVILLE TENNESSEE