

CIRCH

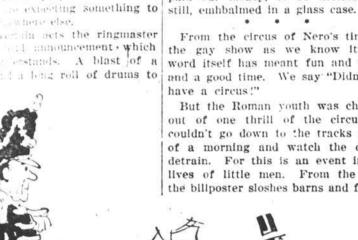
asked my mother for fifty cents see the elephant jump the fence. umped so high he hit the sky. won't be back till Fourth of July.



er it open its tent aps in your town or nime, in your father's ing or yours is ever he same old pageant of for and action. tinseled ladies in

clowus scamper ina littler and thither; leap nimbly from are seals balanc- to nature's laws. suberes on their balls to each other

in acts the ringmaster



suasive oratory served up free of charge on the outside?

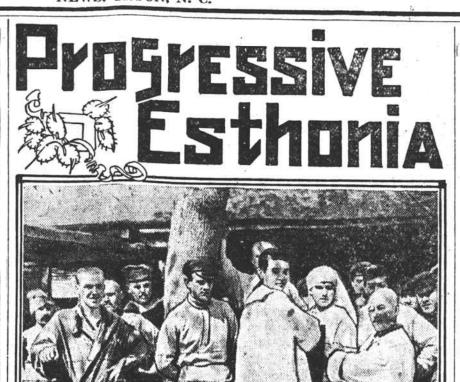
There's the midget, with his unchanging grin, reaching from ear to ear, his calm manner and his dress suit, strikingly out of place in the light of day. Then the giant, looking sheepish in his ineffectual massiveness. Next, perhaps, a Wild Man from Borneo or a pair of midget bushmen, The Fat Lady, whose proportions are hey ily through space unbelievable, bursts through a simple white dress, fashioned more after the te arena; cowboys and dimensions of a tent than of any gar-

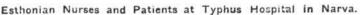
ment designed for more personal and individual human occupation. In ri-The circus goes on. diculous contrast is the Living Skelean pyramid construct- ton, that animated pair of walking erong meh and strong stillts who exists, it seems, in defiance

The others are there, too. The Sword Swallower, the Fire Eater, the and to of a gresh fish. Glass Cruncher, the Snake Charmer white and pink (who flies into a rage if you as much vehicles-with all the as suggest that his pets are minus g for our attention, we their sacs of deadly poison), the Twoete loss as to where to headed Sheep, pictured on the outside we do not wish to miss as allye and kicking as you would still some of the very want, but found actually, after we've no proper attention be- paid our money, to be lifeless and

From the circus of Nero's time to il announcement, which the gay show as we know it, the stands. A blast of a word itself has meant fun and frolie a long roll of drums to and a good time. We say "Didn't we

have a circus!" But the Roman youth was cheated out of one thrill of the circus-he couldn't go down to the tracks early of a morning and watch the circus detrain. For this is an event in the lives of little men. From the time the billposter sloshes barns and fences





ported.

(Prepared by the National Geographic Society, Washington, D. C.)

STHONIA, with which the United - States has been negotiating a commercial treaty, should be of especial interest to Ameri-

cans. Not only is it one of the youngest republics, but its formation marked the emergence to sudden independence of a people who, through 700 years of crushing bondage, kept alive their dream of freedom and were ready to put it into realization when the opportunity came.

World attention has been focused so closely upon storm centers of central and southern Europe that comparatively little has been heard of the new nations carved from Russia along the Baltic sea. But with the gradual resumption of commerce between Russia and the outside world Esthonia and its neighbors, Latvia and Lithu-

ania, will assume a more important aspect, either as barriers or as gateways to interior Russia. From the eighties of the last century until the World war period Esthonia bore the double yoke of czarist laws administered by German officials.

as New Hampshire and Vermont com-One must go far back into Esthonian bined, blocks a considerable section history to trace the origin of this duof western Russia, whereas it formed plicate despotism. Like the Finns, to before a natural outlet for the larger whom they are closely related, the Escountry. The Esthonian railways thonians or Esths, a race numbering have already played an important part a million and a quarter people, rein moving produce to and from Rusing humans to wild beasts. But surely tain many characteristics which bespeak their Mongolian origin.

are long-armed and short-legged, have

entral Europe.

their heathen practices.

of serfs.

Ruled by Teutonic Knights.

jugated the northern coastal region

and brought the inhabitants under

submission to the Danish crown. It

years the inhabitants gave their con-

"not worth the bother," so he sold his



Give me no light, great heaven, but such as turns To energy of human fellowship; No powers save the growing heritage

That makes completer manhood. -Elliot.

FOOD FOR THE SICK

Food is so often more important than medicine in illness that the study

of invalid cookery should be a part of every girl's education. To know how to make a good broth, beef tea and tasty gruel and a well-toasted piece of toast is knowledge which

For a convalescing patient who needs to be coaxed to eat, a tempting tray with the prettiest chine and the daintiest linen should be used. When the invalid tray cannot be provided, use a large tray and support it on each side with books to hold its weight from the patient, and keep it from tipping.

is invaluable.

Gruels are such important foods that it is fitting that proper thought be given to their preparation. Use two to three tablespoonfuls of cereal to a quart of water and cook for at least three hours, strain before serving; this is used in the liquid diet. Chicken Broth .- A good broth may

strenuous methods to gather the Esths be prepared from the neck, wing tips into the fold of their orthodox church. and feet of the chicken. Scald the feet, removing the skin. Cover the The rugged endurance of this northern people, their vitality and spirit, is meat with cold water, adding a stalk sufficiently shown by their bearing up of celery for flavor; simmer for two under oppression that was both relito three hours. Season, strain. Often

no pepper and very little salt is alhical standpoint, both Prussian and lowed. Lemon Jelly .- Soak a tablespoonful of gelatin in three tablespoonfuls of water, add three-fourths of a cupful of boiling water, four tablespoonfuls of lemon juice and five tablespoonfuls of sugar. Stir until dissolved. Pour into a wet mold and put on ice to harden. This will make two servings. With the prepared gelatins of differ-

American origin — the potato — has ent flavor one may, with little labor, made its deep mark on Esthonia, and have a dish of jelly always ready. it has even been called flippantly, "the Baked Custard .- Beat lightly two Potato republic." As a source of alcoeggs, add a pint of good rich milk, hol the potato has been most imporand flavor with nutmeg, adding three tant economically to the country. Evto four tablespoonfuls of sugar. Pour ery large estate has its own distillery, into custard cups, set in hot water and before the World war great quanand bake just long enough to set. tities of the potent liquid were ex-Thrust a knife into the center of the cup; if it comes out clean the custard

is done.

Summer Salads. Skill in garnishing and arranging colors is as important in salad-making as in arranging bouquets. Bright splashes of red, green or yellow give zest to the appetite by appealing to the eye.



The Antiseptic, Healing Powder for tired, swollen, smarting, sweating feet. It takes the friction from the shoe, prevents blisters and sore spots and takes the sting out of corns and bunions. Always use Allen's Foot-Ease for Dancing and to Break in New Shoes. Sold everywhere.



If you suffer from rheumatism, gout, eczema or hives, or if troubled with pim-ples, blackheads, freckles, blotches or other skin eruptions, your blood and skin need the purifying and healing effects of this tried old remedy.

Physicians agree that sulphur is one of the best and most effective blood purifiers known to science. Hancock Sulphur Compound is the most efficacious way to use and benefit from Sulphur. As a lotion, it soothes and heals: taken inter-nally, it gets at the root of the trouble, 60c and \$1.20 at your druggist's. If he cannot supply you, send his name and the price in stamps and we will send you a bottle direct.

HANCOCK LIQUID SULPHUR COMPANY Baltimore, Maryland

Hameock Sulphur Compound Ointment - Soc and Soc - for use with the Liquid Compound.

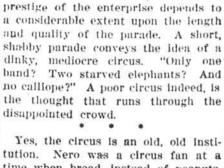


Second Summer Is Hardest On Baby

Every mother should keep a close watch on Baby during the dreaded second summer. Keep Baby's diet right, correct minor allments before they become serious and build up Baby's strength to meet hot weather spells.

"My baby had inflamed bowels when the hot weather began and was very sick for three weeks." writes Mrs. Wm. G. Jones, of Wood-ville, Ala. "I gave Teethina after everything else failed and it was certainly a blessing. My child is well and playful now and I cannot praise Teethina too highly for little ones." This mother is but one of millions who now realize how helpful Dr. Moffett's Teethina is in bringing up children. It is a baby doctor's preparation and can be had for 30c at all leading druggists.

FREE! SEND FOR USEFUL. Booklet About Babies



porarily halted. Long before sched-

uled time, the line of march is lined

with happy, carefree onlookers. De-

spite the crowd the street is strangely

silent. Then some one shouts "Here

they come!" And the parade is on.

Circus men will tell you that the

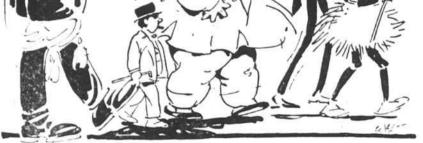
time when bread, instead of peanuts, hot dogs, and pink lemonade, went together with circuses. This was the Circus Maximus whose 12,000,000 square feet of area lay between the Palatine and Aventine hills of Rome, and accommodated. It is estimated, nearly 250,000 spectators. Here the Romans sat round-eyed

watching the feats of the strong men and laughed at the funny faces of clowns, dead now these 2,000 years. There were athletes and chariot races and living statuary-only tights were considered not in good taste. And how the crowd would delight when those early Christlans were thrown to

the llons! But, essentially, the circus is the same. All color, noise, confusion, abandonment, chaos; so it starts, so it ends. It is the great leveler. You go in palpitating and come out exhausted-physically, emotionally. To man, woman, child, it is all the same.

There are additions and deletions: new fashions and leatures change outside and a few creep in to join with the changeless. Nero never saw elephants on roller skates. We are forbidden the horrible spectacle of feed-

the Roman circus had nothing more



attention. Then, all too | with gaudy posters announcing, in field we see an act that by no means letters tall as a man, the great day serves this very special heralding. on which the circus is to arrive, the In the animal tent we find the same youth of the favored town await that id is y elements, a flock of camels, eventful morning when the mysterious # relate or two, perhaps a giraffe with train steams into view, comes to a Feat eyes, and sometimes a hippo, halt and disgorges the queerest ap-The monkeys still like peanuts and pearing lot of people, paraphernalia the mountain lions are snarly.

And if you find a talkative attend- sters ever were permitted to see. Ent you can learn lots of interesting things in the menagerie. For instance, boiled roustabouts, working furiously, when the weather is very hot, it is hous and the tigers, who come that comes only to those who have from bot elimates, that suffer from learned their parts through countless The polar bears, on the other land, natives of the Arctic and the task of unpacking a circus has the cold, don't seem to mind begun.

They work fast. The big parade is at all. the side show with is fakirs (which, many of that time wagons must be put in the circus. It is perhaps true that to believe, readiness, horses groomed and har- fewer companies are on the road now which with an "e" in place And who can decide machinelike regularity.

more attractive-the ofthe tent of wonders parade! A buzz of excitement runs gaudier shows, each the Greatest on and ballyhoo and per- through the town. Business is tem- Earth.

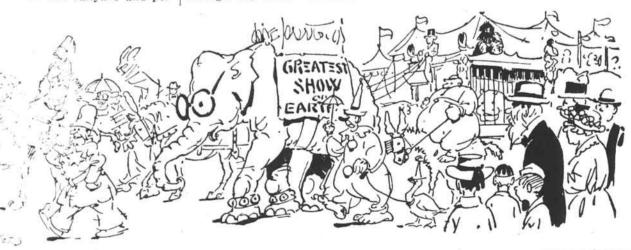
terrible than that collection of freaks in our side show. For the Romans prized beauty and perfection even if their value of human life was cheap. Even New York and Chicago and other large cities, which offer no end of amusements for their citizens, go to the circus and enjoy it immensely. But in these large places part of the glamor and romance of the circus, as most of us know it, is lost.

No one goes down to the tracks to see it come in. It is held indoors in a large building, and runs, not for one day, but for weeks. And there is no parade. City traffic is too heavy, and the dollars that every tie-up and knot in the swift movement of veand whatnot that the eyes of younghicles loses to business are too precious to be sacrificed for a mere circus As if by magic, hundreds of hardparade.

But once inside the new Madison Square Garden in New York or the Coliseum in Chicago, your city circus goer has the same good time and he thrills to the same reckless performexperiences, are at their posts, and ance.

Since the advent of the movies there has been some talk regarding the scheduled for half-past ten, and by possibility of the slow dying-out of nessed, and everything running with than there were twenty years ago, but many of these have been consoli-

And what is a circus if there is no dated, making for bigger, grander and



and with the precision and dexterity

The topic value of ham and eggs ong has been recognized, but it revalley Logland, to place this dish in idarinacopeia of restoratives of 11:00 Collapsing on the road between risey and Staines, he was removed a bungalow by motorists, who has- knows he can manage the ship better tened on to the nearest telephone to than any other sailor on board. He

Qualities for Success

Men are best measured by what

bigger the man the bigger the ob-

Stades he overcame to be great. Sue-

not in turing the job to capacities and

ublining Grit.

Hos in fitting oneself to the job,

not by what they say. The

Wanted Ham and Eggs | turn, much to their surprise, they not usually want to be made a bishop found the patient sitting up and tak- only because he believes that no other ing nourishment administered by the owner of the place. The man explained that it was the odors of fryhat s for an inhabitant of the Thames ing ham and eggs that revived him.

Pride

The seaman does not commonly desire to be made captain because he

diocese through its difficulties. He wants to be made bishop primarily that he may be called "my lord." And a prince does not usually desire to enlarge, or a subject to gain, a kingdom, because he believes that no one else can as well serve the state, upon its throne; but, briefly, because he wishes to be addressed as "your majfan an ambulance, believing the man wants to be made captain that he may esty" by as many lips as may be In a Using condition. On their re- be called captain. The clergyman does brought to such utterance.-Ruskin.

hand can, as firmly as his, direct the

Where It Comes From poor district seven years after the war should be the first to put up such a memorial. Except for the Nurse

The saying "How old is Ann?" comes from the following neat little cury. arithmetical problem commonly put to

the man on the street about twenty years ago: "Mary is twenty-four years old. Mary is twice as old as Ann was when Mary was as old as Ann is now. How old is Ann?"

schools did not serve to wean the peo-

ple from their own tongue, however.

love for poetry, and they have rare

The Russians also undertook by

natural gift for versification.

If you solve the problem, says you will find that Ann was eighteen. with .-- Lee.

ia, and if conditions become stabilized in the latter country, Esthonia should regularly collect a tidy sum as a

Russia was reluctant to have Estho-

nia set up housekeeping on its own

account. The country, about as large

gious and political, and from the po-

Russian. Perhaps their Mongolic de-

Progressive in Agriculture.

Before the World war Esthonia had

become one of the most progressive

regions, agriculturally, in Russia.

Though situated in northern Europe,

the country is tempered by the far-

faring Gulf stream. Another thing of

scent helps account for that.

broad faces, are usually beardless and transit agent. have slightly oblique eyes. They Since the Esthonians are such lovprobably came to their present land ers of liberty, yet had been so downbetween the Sixth and Elghth centrodden by the "Balt barons" until turies from a former home along the almost the end of the World war, viomiddle Volga far to the east. Other lent readjustments were inevitable. relatives of the Esths, though more First came the Russian revolution. distantly related than the Finns, are The Esthonians demanded and were the Hungarians, far away in south-Bolshevik coup; a Bolshevik invasion, The first record of the Esths in Euwhich was fought back; a German inrope reveals them as a daring, predavasion; more fighting with the Bolshetory people of the Baltic whose piviks; and finally the establishment, ratic outrages enkindled the wrath of with Finnish and British assistance, Danish kings as early as the Twelfth of an independent state. Then the century. In 1194 and 1196 Canute VI new republic set about what its leadsent a strong expedition against them, ers described as "righting the wrongs and forced a number of the lawless of 700 years." The Esthonians, makbands to accept Christianity and aling up 92 per cent of the population, low themselves to be baptized. Hardly seized the great estates of the Balts had the warlike proselyters left the (who constitute 11/2 per cent of the Esthonian shores, however, when the population) and parceled them out inhabitants reverted to barbarism and among peasant proprietors. The country's agriculture was thus placed on an entirely new footing, but the most A quarter of a century later Walderecent statistics seem to show that mar II was more successful. He sub-

production is holding its own. Reval the Chief City.

Reval, known to the Esthonians as was never a willing submission, howcity. It has existed for 700 years. ever, and for more than a hundred With Helsingfors across the gulf, it formed tsarist Russia's gateway and querors endless trouble until in 1343 first line of naval defense to Petro-Waldemar IV decided that they were grad; but to Esthonia, its commercial possibilities seem brightest.

interest in the rebels and in their land As first seen from shipboard, Reto the Brethren of the Sword. The latter, unable to subdue the Esths, val's skyline is an epitome of the called on the Teutonic knights who forces that have been at work upon were gradually spreading their net of Esthonia. On a hill which rises above the town is a citadel wall reminiscent power northward from Teutonic lands. of the Germans who took the country They went in the role of Christian crusaders and remained more than six by the sword. On this height, too, are the homes of many of the Balt nobles centuries as overlords and masters. The lot of the Esthonians became that who have descended from the German invaders. From the same hill a clump of Gothic steeples pierces the sky, re-In the Sixteenth century both the calling the Swedish invasion and the nobles (they came to be called "Balt Lutheran religion, which most of the barons") and the fortified towns of Esthonians profess. Within the circle Esthonia placed themselves under the of sharp spires are the queerly shaped, protection of the Swedish crown, but gilded domes of an orthodox Russian they were forced to acknowledge a church, speaking of the efforts at Rusnew master after Peter the Great's sification which never bore much successful wars against Charles XII. In the last half century the Russian fruit. In the lower town are the homes of the Esthonians-the stratum from imperial government made systematic which the people have literally risen efforts to Russify the Esths, trying especially to abolish the Esthonian to take over the affairs of their counlanguage to which the people have

try. In addition to its agricultural actuclung tenaciously. Harsh regulations alities, Esthonia has numerous indusas to the use of the language in the trial possibilities. Already some of its waterpower is harnessed, and at Narva, on the Russian border, is one of One characteristic which has served the largest cotton mills in the world. to preserve the Esth language through Much of the land is still covered by the centuries has been the people's forests, and the timber and wood-pulp industries are important. Millions of tons of oil shale exist in the country.

> As a bit of arithmetic it was, of course, too much for the man in the street, but he held the question and forgot all about the rest of it .- American Mer-

Hero's Position

There is never any real danger in allowing a pedestal for a hero. He never has time to sit on it. One sees him always over and over again kicking his pedestal out from under Frank Fitzpatrick of Tucson, Ariz., him, and using it to batter a world

hard-cooked eggs, thinly sliced, make attractive garnishing, as do olives (stuffed, green or ripe), shaved,

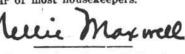
chopped or in halves. Capers, green peppers, tomatoes, chives, all add to the appearance and flavor of salads. Lemon sliced in various shapes, sprinkled with minced parsley, makes most attractive garnishing for fish. Beet and Potato Salad .- Take six given home rule. Then followed the beets and six potatoes, one cupful of chopped olives and chives with mayennaise dressing. Cut the cooked beets into small balls with potato cutter, also the potatoes. Cover with mayonnaise dressing to which has. been added the chives and olives. Dip the beets into vinegar and serve in mounds on lettuce.

Poinsettia Salad .- Take six tomatoes, a stalk of celery, a sweet green pepper, three apples, one-half cupful of nut meats, and one-half cupful of mayonnaise dressing. Scald the tomatoes, chill them and with a sharp knife mark five divisions from the top center over half way to the base. Carefully turn back the skin to form the petals, scoop out the pulp and fill with the apple, celery and nuts. Heap

a little extra dressing on each and Tallin, is Esthonia's greatest port and garnish with a ring of green pepper. Jellied Egg Salad .- Take one quart of chicken jelly-this may be prepared from half a dozen pairs of chicken feet, or from the bones of a roasted fowl. If the feet are used, scald them, and the skin will peel easily; cover with cold water and simmer in a quart of water until the flesh falls from the bones. Slice the eggsusing six-and stir them gently into the cooling jelly, so they will be evenly distributed. When cold serve on

> and water cress. Joe's Dressing-Take one teaspoonful of salt and mustard, two tablespoonfuls of sugar, a dash of cayenne, one whole egg, one and one-half tablespoonfuls of flour, two tablespoonfuls of corn oil, one-half cupful of evapo-

eggs, cream, butter and the vegetables that are so plentiful, fresh and delicious, and not try to prepare some fancy foods, both she and her guests would be happier. Such things as pickles, preserves, jellies and conserves are usually found in the fruit cellar of most housekeepers.



Site of Letchworth Park Letchworth park is a tract of land of about 1,100 acres in the valley of the Genesee river in Wyoming and Livingston counties, New York. It was conveyed to the state in 1906 by the proprietor, William Pryor Letchworth,



A speaker in Seymour, Ind., says the "farmer of America deserves a place in the sun." Goodness! Doesn't he get it?-Detroit News.

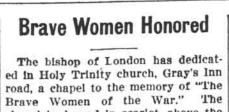
to be used as a public park.



YOUR SYSTEM NEEDS PURIFICATION PERIODICALLY

POKE ROOT, PRICKLY ASH, AND SARSAPARILLA WITH IODIDE OF POTASH A RELIABLE BLOOD MEDICINE

Abstraction Unet Hans was terribly absentminipal One evening he sat knocking tiles of black and white marble. The out his pipe, and presently was heard to exclaim: "Come in !"



chapel is draped in scarlet, above the altar table of black oak being a framed picture of the Virgin and Child, while the floor is paved with

Cavell monument in Trafalgar square that was the first war memorial he had dedicated simply to the memory Brave Women of the War." 'The of brave women themselves .- London Times. Greatest of Tyrants

Time is the greatest of tyrants. As we go on toward age he taxes our bishop said it was a very striking health, limbs, faculties, strength and thing indeed that a poor parish in a features.-John Foster.