

# Family Will Go for Hearty Steamed Pudding Dessert



Steamed pudding made with squash or pumpkin is a delightful and satisfying winter dessert.

By CECILY BROWNSTONE  
Associated Press Food Editor

A real winter delight, to our way of thinking, is a hearty steamed pudding. If you agree, try our steamed pudding recipe. It has fine flavor and is wonderfully satisfying.

It's delicious made with canned pumpkin; or make it with squash and its texture will be lighter than the pumpkin variety. We tested the pudding recipe with several brands of frozen squash as well as with the home-cooked vegetable. All work out well.

Hard sauce is always in order with steamed pudding. We like to add an egg to traditional hard sauce, as we do in the following recipe.

Use half the sauce with the pudding, then add extra confectioners' sugar to the remainder and stuff prunes with it. Youngsters will enjoy the prunes as an after-school treat, or serve them to oldsters at the bridge table.

**Steamed Harvest Pudding**  
Ingredients: 1/2 cup sifted flour, 1 1/2 teaspoons double-acting baking powder, 1/2 teaspoon salt, 1/2 teaspoon nutmeg, 1/4 teaspoon cinnamon, 1/4 teaspoon ginger, 1/4 cup enriched margarine, 1/2 cup sugar, 1/2 teaspoon vanilla, 2 eggs, 1 cup mashed Hubbard squash (home-cooked or thawed frozen) or canned pumpkin, 1/4 cup shredded coconut, special hard sauce.  
Method: Sift together the flour,

baking powder, salt, nutmeg, cinnamon and ginger. Cream the margarine, sugar and vanilla; beat in eggs thoroughly, one at a time. Stir in the squash or pumpkin and coconut.

Lightly stir sifted dry ingredients into mixture. Turn into well-greased 1-quart mold or 1-pound coffee can. Grease cover and place lightly on mold or coffee can. Place on rack in a large covered kettle containing 1 1/2 to 2 inches boiling water. With water boiling gently and continuously, steam 1 hour and 15 minutes replacing water as it evaporates with additional boiling water.

Turn out and serve hot with special hard sauce. If desired, the hard sauce may be sprinkled with extra shredded coconut and garnished with a maraschino cherry. Makes 6 to 8 servings.

### Special Hard Sauce

Ingredients: 1/2 cup (1/4 pound) enriched margarine, 3 cups sifted confectioners' sugar, 1 egg.

Method: Let margarine stand at room temperature until soft, then beat well. Gradually add 1 1/2 cups sugar, beating until smooth after each addition. Beat in egg well. Gradually add remaining 1 1/2 cups sugar and continue beating until light and fluffy. Makes 2 cups.

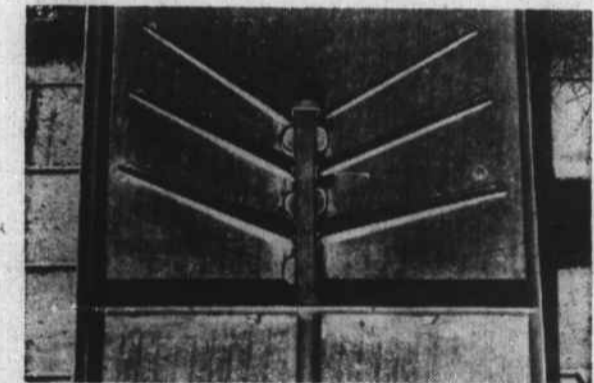
For steamed harvest pudding: Use 1 cup of the hard sauce, beating in grated orange rind to taste.

For stuffed prunes: Beat grated orange rind (to taste) into 1 cup hard sauce; chill. Place 20 to 24 prunes in a colander; cover colander. Place over boiling water and steam 5 to 10 minutes. Dry each prune thoroughly. Cool. Remove pits. Fill prunes with chilled hard sauce. If desired, chopped shredded coconut may be added to the hard sauce with the orange rind.

### Scents Trouble

Oakdale, Calif. (AP) — Sign on a garbage truck: "If you can smell me — you're too close!"

# Retired Veterinarian Invents Better Desilter for Nation's Big Reservoirs



Here is the model of a proposed desilting device which was tested at Oklahoma A&M. Engineers said it worked as a model and hope it would work full-scale. Water flows against the baffles (bottom to top in the picture). Silt is washed into central pipe and carried below dam.

By GENE KINNEY

Oklahoma City (AP)—A retired veterinarian thinks he has the answer to the problem of silt filling up the huge reservoirs built all over the country in recent years.

Dr. George N. Russel offers a desilter which he estimates would be worth millions in prolonging the life of the multiple-purpose projects. He proposes to trap the silt at the head of the lake, divert it through a conduit on the lake floor and empty the mud below the dam.

### Bonus Features

Dr. Russel says his desilter will not only prolong the life of a reservoir almost indefinitely — but has two bonus features:

1. Curbing upstream deposits which fill the river channel and cause lowland flooding.

2. Dumping diverted silt below the dam to fill in the erosion channel often dug by water rushing from hydroelectric power turbines.

And the amateur engineer has the backing of reputable professionals and solid laboratory success for his claims.

John H. Dawson, associate professor of civil engineering at Oklahoma A&M College, said the model which he tested recently caught 98 per cent of the sand and 96 per cent of the silt.

The metal traps, were 12 inches by 46 1/2 inches in the experimental model. There were settling basins to catch suspended material which was washed through a concrete pipe downstream.

Stream conditions were duplicated as nearly as possible. The professor said various kinds of sand and silt were placed on the inlet pan and washed into the desilter under different rates of flow.

The result, he said in a formal

report, was complete substantiation of Dr. Russel's theory. Furthermore, the desilter cleaned itself by the flow of water.

Dawson photographed every stage of the experiment. In an interview later, he said, "It's the first I've seen that's likely to work on a large scale. I've talked with several hydraulic engineers and if there's anything wrong with it, we can't find it."

Dr. Russel said he had also received favorable reaction from engineers at the University of Oklahoma, Texas A&M and the University of Kansas.

"Every one of the engineers believes my desilter will do the job," he said.

Leslie E. Hamilton, a consulting engineer on such big dam projects as Bull Shoals (Arkansas), Table Rock (Missouri), Fort Gibson (Oklahoma), Whitney (Texas), Norfolk (Arkansas), and Denison on the Red River between Oklahoma and Texas, gave his stamp of approval, Russel said.

But a full-scale test is yet to be made on the patented device. The hitch is money. Prof. Dawson estimated the cost of installing a desilter on a major project would be one to two million dollars — only a fraction of the outlay for most dams these days.

Russel predicts his invention will get a test under actual conditions within a year or so.

"If it should work, and I think it will," Dawson said, "it would prevent lake dredging, save old primary dam sites by prolonging the life of reservoirs, and save having to build other dams on poorer sites."

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