

BAY VIEW

March 5—Mr. and Mrs. George Wetherington of New Bern spent a while Sunday with Mr. and Mrs. Theodore Jones.

Mr. Charlie Garner returned home from Fayetteville hospital Saturday to spend a week.

Mrs. Gifford Cannon and daughter, Nola Faye, spent a while Sunday at New Bern with Mr. and Mrs. Lester Smith.

Mr. Chris Tripp of Vanceboro spent a while Sunday in the community.

Mrs. Lester Haskett and son and Mrs. William Small and son spent Tuesday in New Bern with Mrs. William Fodrie.

Mr. and Mrs. Levy Rice of New Bern spent a while Sunday with Mr. and Mrs. Theodore Jones.

Humble Pardon

Matsuzaka, Japan (AP) — A Maryknoll missionary, the Rev. Robert R. Zahn, reports that when he took elderly parishioners on a tour of a new church, including an inspection of the loft high above the altar, one 80-year-old woman dropped to her knees, praying aloud: "Forgive me, dear Lord, I'm higher up here than you are in your tabernacle."

Beaufort

Last Times Today

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BACK FROM THE DEAD

A SENSATIONAL PICTURE WITH PEGGIE CASTLE • ARTHUR FRANZ • MARSHA HUNT • DON HAGGERTY

Sunday - Monday

CLINT WALKER

WARREN BAKER

Coming March 13th - 14th

Labor Day

Sauerbraten — Zesty Dish



Sauerbraten over egg noodles: Hearty contribution from the German cuisine.

By CECILY BROWNSTONE, Associated Press Food Editor

Cooks of German background long ago introduced Americans to the delicious and hearty meat dish called Sauerbraten—beef marinated in spiced vinegar, then cooked on top of the range and served with gingersnap-flavored gravy. Now this cosmopolitan version of pot roast is often sought after here.

Although Sauerbraten is usually accompanied by potato pancakes, you might like to save yourself the chore of preparing them and serve egg noodles instead. Noodles are so much a part of the German cuisine that you needn't feel you are going too far afield in offering them.

When we served Sauerbraten, made from the following recipe, to some old devotees of this dish they gave it high praise. You'll have to begin your marinating preparations a couple of days before you cook the meat, so plan accordingly.

Sauerbraten with Noodles

Ingredients: 2 cups cider vinegar, 1 cup water, 3 medium-sized onions (thinly sliced), 2 tablespoons sugar, 1/2 teaspoon peppercorns, 1/2 teaspoon whole cloves, 4 bay leaves, 2 teaspoons salt, 1 1/2 teaspoons dry mustard, 4 pounds boneless beef rump, 1 tablespoon flour, 1 teaspoon salt, 1/4 teaspoon pepper, 1/4 cup salad oil, 1/3 cup

finely crushed gingersnap crumbs. **Method:** Mix together well the vinegar, water, sliced onions, sugar, peppercorns, whole cloves, bay leaves, 2 teaspoons salt and mustard. Pour over meat in a non-metallic container; cover. Chill for 2 days, turning meat each day. Drain meat and wipe dry; strain marinade mixture and reserve. Mix together the 1 tablespoon flour, 1 teaspoon salt and 1/4 teaspoon pepper; rub this mixture into the meat.

Heat oil in kettle; add meat and brown on all sides. Add 3/4 cup of the marinade mixture. Cover and cook over low heat 3 1/2 to 4 hours or until meat is tender when center is pierced with a long fork; turn meat occasionally as it cooks.

Remove meat; add gingersnap crumbs and marinade mixture (to taste) to drippings in kettle. Cook and stir constantly until blended; strain. Because the amount of meat drippings will vary, you may have to correct this gravy by adding water or stock, more gingersnap crumbs or marinade mixture, or by thickening it with a little flour.

Slice meat thin and reheat it in the gravy. Makes 8 servings. The first few slices of beef on either side will be less firm than the remaining slices.

Note: You'll need 8 or 9 gingersnaps that are 1 1/2 inches wide to make 1/3 cup fine crumbs. Noodle: Use 1 pound (about 5 cups) medium egg noodles and add gradually to 4 to 6 quarts of boiling water and 2 tablespoons of salt, so that water continues to boil.

Cook uncovered, stirring occasionally, until tender. Drain in colander. Serve noodles with Sauerbraten.

Witnesses Will Attend Meeting

The Morehead City East Unit of Jehovah's Witnesses is making plans to attend a three-day training program March 14-16 in Kingston.

One of the world's fastest-growing ministerial societies never "graduates" its ministers. "Christian development never ends and the ministers can always advance in ministerial qualifications," according to Andrew Thrower, minister.

"Since their beginning, Jehovah's Witnesses have been a preaching fellowship," Mr. Thrower added.

According to Mr. Thrower, Jehovah's Witnesses conduct a regular schedule of five weekly classes in all their congregations. Their object is to develop each believer into a preacher. Two classes are conducted as advanced studies of the Bible; another is to improve speech and speaking ability with practice sermons given by the students enrolled.

Another is a ministry-improvement class, where problems of the ministry are discussed. The fifth meeting is a public sermon on a timely Bible subject.

All features of the regular training program will be covered at the Kingston assembly. The meetings will be under the direction of James A. Thompson Jr., district supervisor, a special representative of the Watchtower Bible and Tract Society and a graduate of its Bible School of Oread in South Lansing, N. Y.

The highlight of the Sunday session will be a public address delivered by Mr. Thompson on the subject, Facing the Future Without Fear.

Chamber to Laud Noted Citizens

The Morehead City Chamber of Commerce board of directors decided at their meeting Monday night to honor one citizen annually as the town's "distinguished citizen."

The award will be given by the chamber in recognition of the individual's civic interest and achievements.

The board had a dinner meeting at Bud Dixon's Motel restaurant. Guests of honor were past presidents of the chamber. Past presidents present were George Wallace, Lou Gore, A. B. Cooper, Grover Munden, Bernard Leary, D. G. Bell, Dr. Darden Eure and W. B. Chalk.

The board approved publication of a brochure. Bids have been requested.

Also approved was hiring of a part time secretary for the chamber office. She will be paid \$25 a week.

Mr. Bell spoke on the need for action of industrial development, stressing a need for a larger development fund.

Dr. Eure commented on need for county support of chamber activities and Mr. Wallace said the increasing number of school pupils means that something must be done now to prepare for putting them in classrooms in the future.

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Prepared Spaghetti 1 1/2-Oz. Can 18c

Sliced Beans — 2 1-Lb. Cans 37c

Complete Beans — 2 1-Lb. Cans 45c

Beef Gravy 1 1/2-Oz. Can 45c

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