

Home Demonstration News

Craft Workshop Will Be In Session in August

By FLOY G. GARNER Home Agent

Time really is marching on! It is time to again turn our attention to Eastern District Craft Workshop to be held in Manteo at the Roanoke Island 4-H Camp, Aug. 19, 20, 21. Many of our County Home Demonstration club women have attended this annual workshop in previous years, and have returned to share the newly-acquired skills and knowledge with the rest of us back home.

This workshop affords a wonderful opportunity for learning "getting away" and "fellowship," acquiring new skills, and it isn't expensive. All Home Demonstration Club members have been asked to send in their application by July 29 if they are interested in attending this workshop.

For those of you who are not club women, if you are interested in attending, please contact the home agent's office in Beaufort for details.

Hats off to summer fun—and hats off to the parade of appealing new sandwiches promising good eating in this warm summer weather. Sandwiches are always ready for an important role at meal time, party time, snack time or any time.

Leading off is the Triple-Decker Sandwich Bake for luncheon or dinner. This hearty, wonderful sandwich combines shrimp, green olives, chopped celery and Muenster cheese, all baked together so that the flavors mingle and blend to delicate perfection. You may substitute sliced cheddar cheese for the Muenster, if you wish.

The meal starts with cool, refreshing jellied consommé. Just right for warm August days. Lettuce and tomato salad and crisp relishes accompany the sandwich to the table. Add brownies and your favorite beverage, and the meal totals up to a wonderful summer-time treat.

Triple-Decker Sandwich Bake: 12 slices enriched sandwich bread; Butter or margarine; 1/2 cup sliced cooked shrimp; 1/2 cup diced celery; 1/2 teaspoon instant minced onion; 1 tablespoon lemon juice; 2 tablespoons mayonnaise; 8 slices Muenster cheese (or other 8 ounces); 3 eggs, beaten; 2 cups milk; Paprika.

Spread 4 slices bread with butter or margarine. Place in bottom of 8-inch square baking dish. Toast lightly in moderate oven (350 degrees F.) about 10 minutes. Combine shrimp, celery, onion, lemon juice and mayonnaise. Spoon mixture over toast in baking dish. Spread 4 more bread slices with butter or margarine and place over shrimp.

Cover bread with cheese slices. Top cheese with chopped olives. Spread remaining bread slices with butter or margarine and cover olives to close sandwiches. Combine eggs and milk. Pour over sandwiches. Sprinkle top with paprika. Bake in moderate oven (350 degrees F.) about 35 minutes. Serve hot. Makes 4 sandwiches.

Bun-Baked Surprise, wrapped in shiny aluminum foil, will delight the children. Open the surprise package and you'll find a crisp hamburger bun filled with a hot and tempting mixture of ground luncheon meat, chopped tomato and green onion, and melted cheese nuggets.

Bun-Baked Surprise: 8 enriched hamburger buns; Butter or margarine; 2 cups ground luncheon meat (12-ounce can); 6 ounces diced American cheese; 1 medium-sized tomato, chopped; 2 tablespoons chopped green onion.

Split buns and spread both halves with butter or margarine. Combine luncheon meat, cheese, tomato, onion and dressing. Mix lightly. Spoon filling onto buns and replace tops. Wrap each sandwich in aluminum foil, sealing edges securely. Bake in moderate oven (350 degrees F.) 25 to 30 minutes. Makes 8 sandwiches.

Just in time for August's round of parties are two new suggestions for bite-sized pleasure. Apricot-Pecan Finger Sandwiches, sweet and tart at the same time, are the perfect companion for tea, coffee or an iced drink.

Cream Cheese 'n' Bacon Appetizers: Cream cheese, mayonnaise, pecans, orange peel, orange juice and apricots. Mix thoroughly. Trim crusts from bread slices and spread with cream cheese mixture. Cut each slice into 4 open-faced finger sandwiches. Makes 48 finger sandwiches (allow 3 or 4 sandwiches for each serving).

Cream Cheese 'n' Bacon: 4 ounces cream cheese, softened; 1 tablespoon mayonnaise; 1/3 cup crumbled crisp bacon; 4 teaspoons finely chopped green onion.

1 loaf sliced party rye bread (about 36 slices); Paprika; Mix thoroughly the cream cheese, mayonnaise, bacon and onion. Spread mixture on rye bread slices. Sprinkle tops lightly with paprika. Makes about 3 dozen open-faced sandwiches.

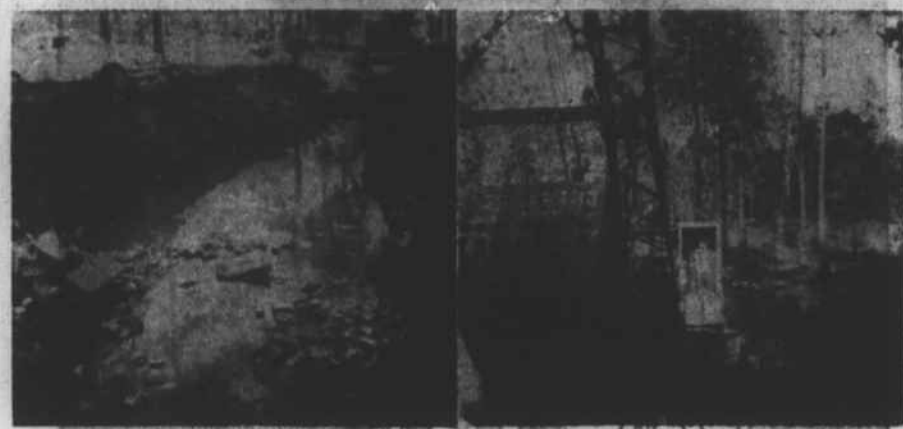
Woman Leaves Money Hidden Around House: Green Bay, Wis. (AP)—Phillip La Vallee's invalid wife died in 1933 but he's still finding what she left. A year ago he discovered \$13,000 under the upholstery of her wheel chair. Recently he found \$31,100 in cash in a newspaper-wrapped cigar box, stored inside a suitcase which in turn was inside a locked trunk. La Vallee said the money came in on investments and was turned over to his wife for re-investment.

We may not be the wealthiest county in the state, but we can be the cleanest. Don't throw trash out car windows.

SCORCHY SMITH



New Harlowe Dump Ready



News from GLOUCESTER

July 22—Mr. and Mrs. Wilson Brunson, Grand Rapids, Ohio, spent last week with Mr. and Mrs. Monroe Whitehurst.

Mr. and Mrs. Al Hubbard are in Norfolk, Va., for several days. The Misses Peggy and Bonnie Henderson, LaGrange, Ill., are spending some time with their grandparents, Mr. and Mrs. Clarence Henderson. They came with Mr. Henderson, who had been in Chicago on business.

Mr. and Mrs. Vance Chadwick and children, Silver Springs, Md., and Mr. Chadwick's mother, Mrs. Gertrude Chadwick, Kinston, visited Miss Josie Pigott Saturday.

Mr. and Mrs. Phil Harris and children, Florence, S. C., visited her mother and sister, Mamie Smith and Miss Ina Smith, last week.

Mr. and Mrs. Emmitt Piper are visiting in Baltimore, Md. and Washington, D. C.

Mr. and Mrs. H. D. MacFarlane have returned home after a month's vacation in Michigan and Vienna, Va.

Miss Cathy Howard, Morehead City, is spending this week with her aunt and uncle, Mr. and Mrs. E. P. Blair.

Miss Dorothy Chadwick returned home Tuesday after a visit in Los Angeles, Calif., with her sister, Miss Hilma Chadwick. Miss June Meadows, Swansboro, is visiting her grandparents, Mr. and Mrs. Henry Chadwick.

Mr. and Mrs. Thorne Brewster and son, David, are visiting Mrs. Brewster and Miss Swann's sister and husband, Mr. and Mrs. Richard Whitehurst.

Mrs. John Russ and daughter, Shawn, Miami, Fla., spent last week with her parents, Mr. and Mrs. James Murphy.

Miss Sara Meadows, New Bern, Mrs. Dick Ward and children, Washington, D. C., spent the weekend at Miss Meadows' cottage.

Mr. Elbert Mears spent the weekend with Mr. and Mrs. Bert Mears.

Mr. and Mrs. Richard Whitehurst, Mr. and Mrs. Henry Chadwick, Mrs. Murray Pigott Mr. and Mrs. Harvey Chadwick, and son George, Mr. Gilbert Whitehurst, Mrs. Herbert Watson, Mr. and Mrs. Lonnie Whitehurst, Mr. Henry Whitehurst and Mrs. Ernest MacLitturff attended the Jack Whitehurst funeral in Kinston Tuesday.

Since 1913 the Woolworth Building (60 stories) has been one of New York City's most famed skyscrapers. Today there are only five skyscrapers higher on Manhattan.

The Harlowe Community Club has completed work on its central dump and members of the community can now place their trash in it.

The dump is located on Highway 101 near Earl Creech's, a thousand feet from the highway. Permission was obtained from the national forestry service to use one acre of the Croatan Forest.

The pictures show, at left, some trash in the deep ditch dug by the dragline. At right is a close-up picture of the dragline.

Neil Chadwick loaned his equipment to dig the ditch. Gordon Beaton Jr., the community club's junior vice-president, operated the dragline under the supervision of his father. The club expresses its appreciation to Mr. Chadwick for the use of his equipment.

When one ditch is filled, it will be covered with dirt and another dug.

The club will meet again Tuesday, Aug. 5, at 7:30 at the community building.

Health Officer Explains Operation of TB Clinic

The county's second chest clinic was conducted Monday at the Carteret County Health Department, Beaufort. Dr. H. E. Brooks, of Eastern N. C. Sanatorium, Wilson, was in charge.

Eighteen patients, ex-patients or close TB contacts were examined. However, Dr. Fulcher reports that all who are eligible for the advantages of the clinic are not responding.

Prior to each clinic, a portion of those eligible are contacted and invited to come in for x-rays and examinations. Among those most difficult to get in for examination, are the close contacts of TB patients.

It is the false belief of some that so long as tuberculosis is not found in them, they are safe. This false belief costs so many their lives, says Dr. Fulcher. If found and treated in its early stages, tuberculosis, in most cases, can be cured within a short while.

Direct contacts of TB patients should go to their private physician or come to the health department for examination, just as soon as the diagnosis is made in the family. Another examination, with tuberculin tests, x-rays, and sputum examination if a cough has developed, should be done again in three months.

If negative at that time, then a third examination should be made in six months. If negative to tuberculosis again at this time, yearly examinations are all that is necessary, unless the patient should become ill during the meantime.

Radioactivity is a phrase heard quite frequently and many of us do not understand all that is known about the subject, says Dr. Fulcher. He reports that the x-ray at the Health Department has been checked by Carl G. Beard, industrial hygiene engineer, I. occupational health section of the State Board of Health, who says, "Our measurements show that your de-

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News from CEDAR ISLAND

July 22—The Rev. W. R. Hale filled his regular appointment at the Methodist Church Sunday morning.

Mr. Walton Moore Day visited his grandmother, Mrs. Madora Day, over the weekend.

Mrs. Harry Van Horn and sons, Edward and Billy, left Wednesday to return to their home in Morehead. They had been visiting Mrs. Van Horn's mother, Mrs. Dora Day.

Mrs. Grace Styron and children of Atlantic visited her parents, Mr. and Mrs. John H. Goodwin.

Mrs. Jimmy Jones and son, James Bradley, are visiting Mrs. Jones' parents, Mr. and Mrs. Milton Goodwin, for a few days.

Mr. and Mrs. Monroe Gaskill, and Mr. and Mrs. Claude Day attended revival services at the

Stacy Methodist church Sunday night. The Rev. Tommy Tyson was guest speaker. Services will continue throughout this week.

Mr. and Mrs. Jack Gillikin and baby visited Mr. and Mrs. Rupert Styron over the weekend.

Miss Ellen Styron has been visiting her grandfather, Mr. Walter Goodwin, for a few days. Mr. and Mrs. Walter James and son are also visiting Mr. Goodwin.

Miss Agatha Day visited her parents over the weekend. Mr. and Mrs. Claude Day.

Advertisement for Sealtest Buttermilk. Features a large image of a hand holding a carton of Sealtest Buttermilk. Text includes: 'Here are 5 good reasons why I serve my family Sealtest BUTTERMILK... and why you'll want to!'. The five reasons listed are: 1. high protein content essential to building and maintaining strong bodies for adults and children alike; 2. high calcium content to build strong, straight bones and good teeth; 3. high vitamin content to keep healthy and build resistance to germs; 4. low in butterfat for the dieters, 1/7 the butterfat content of regular milk; 5. low in calories 1/2 the calories of regular milk. The ad also includes the slogan 'Serve your family Sealtest Buttermilk — regularly' and a small graphic of a recycling symbol.

Chicanery



OAKY DOAKS



Suspicious Steed

