

How Wise Housewives Fill Market Basket on Budget



Sometimes called a Mock Plum Pudding, this dessert stable has been given an up-to-date American version and the one pictured here was made from packaged spice-cake mix plus the addition of other ingredients.

With the big tasty holiday, Thanksgiving, in the offing, this weekend is a good time to start the family food shopping so you don't have to worry at the last minute about stocking the items for next Thursday's dinner.

Some of the food stores will be closed Thanksgiving Day. So, again, to be on the safe side, check the food ads in today's paper and

make out a list. That way you'll be sure you won't be caught short Thanksgiving Day.

Five dollars this weekend at Colonial will buy you a 22-ounce fruit cake, two cans cranberry sauce, 3 pounds yams, a 6-pound turkey, Frozenrite rolls, 12 ounces frankfurters and a pound of Hot Cup coffee.

At A&P your \$5 will buy two 17-ounce cans of peas, a 4-pound duckling, 18-ounce jar of mince meat, stalk of celery, dozen Bartlett pears, 12-ounce package potato chips, jar of spiced crabapples, 12 ounces Oxford cremes, two 16-ounce cans Iona corn, two heads of lettuce and a pound of Red Delicious apples.

This is the season of steamed pudding. Not only is it economical, it's delicious. It can be served with a creamy sauce.

Why not try it for a buffet or to top off a gala holiday dinner?

Steamed Carrot Pudding
 Ingredients: 1 package spice cake mix (2-layer size), 2 cups grated carrot, 1/2 cup seedless raisins, 1/2 cup chopped walnuts, 1/2 cup dark molasses.

Method: Prepare spice cake batter according to package directions. Mix in grated carrot, raisins, nuts, and molasses.
 Fill 16 well-greased custard cups or individual molds about two-thirds full. Cover securely with aluminum foil. Place on a rack in a covered container and steam over boiling water for 40 minutes. Unmold and serve warm with Creamy Sauce. Makes 16 servings. (Or divide pudding between two 1 1/2-quart molds and steam for 2 hours.)

If only one large pudding or 8 small puddings is desired, divide

NOVEMBER						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						

TODAY
 7:30 p.m. — Duplicate Bridge tournament, Inlet Inn, Beaufort
 7:30 p.m. — Woodmen of the World, Camp No. 336, Newport
 7:30 p.m. — Woodman Circle, Grove No. 263, hall east of Camp Glenn School

SATURDAY
 1 p.m.—Turkey Shoot, Atlantic Ball field
 6:30 p.m. — Marshallberg Community Club, Harbor Lights Restaurant, Marshallberg
 5:30-8 p.m. — Barbecue supper, sponsored by Newport senior class, school cafeteria
 7:30 p.m.—Newport junior class play, We Dude It, school auditorium
 8 p.m.—VFW dinner, post building, Beaufort

MONDAY
 6:30 p.m.—Rotary Club, school lunchroom, Newport
 7 p.m. — Jaycees, Blue Ribbon Restaurant, Morehead City
 7 p.m.—Beaufort Jaycees, Scout building, Beaufort
 7:30 p.m. — Woodmen of the World, Camp 188, Morehead City
 7:30 p.m. — Miriam Rebekahs, lodge hall, Beaufort
 7:30 p.m. — Carteret County Bridge League, recreation building, Morehead City
 8 p.m.—Loyal Order of Moose, lodge hall, Atlantic Beach

TUESDAY
 9-11 a.m.—Clinic, Morehead City Hospital annex. (Shots administered during these hours only)
 9:30 to 12—Social Security representative, courthouse annex, Beaufort
 1-4 p.m.—Clinic, county health center, Beaufort. (Shots administered during these hours only)
 6:45 p.m.—Rotary Club, Scout building, Beaufort
 7 p.m.—Business and Professional Women's Club, Mrs. W. I. Loftin's home, Beaufort
 7 p.m.—Adult Farmer Association, Newport School
 7 p.m.—St. Andrew's Episcopal Men's Club, parish house, Morehead City
 7:30 p.m.—Ocean Lodge, Masonic hall, Morehead City
 8 p.m.—Folk and square dancing, recreation building, Morehead City

batter in half and bake half as an 8-inch cake layer.
 Add 1 cup grated carrot, 1/2 cup seedless raisins, 1/2 cup chopped walnuts and 1/2 cup dark molasses to remaining batter and steam as directed above.)
Creamy Sauce
 Ingredients: 1 egg, 1/3 cup melted butter or margarine, 1 1/2 cups sifted confectioners' sugar, 1 teaspoon vanilla, 1 cup heavy cream.
Method: Beat egg until foamy; stir in butter, sugar and vanilla. Beat cream and fold in. Serve at once. Makes 3 cups.

Kitchen Cue: If grease floats on top of the gravy made from meat loaf, or other meat, add a pinch of baking powder and see the grease disappear. (Some cooks put the roaster outdoors or in the refrigerator, a few seconds. The grease rises to the top and can be skimmed off before making the gravy).

News from BAY VIEW
 Nov. 19—Mrs. Pernel Hardesty who has been a patient at James Walker Hospital will return home this week. We are all glad to know Mr. and Mrs. Forrest of Aurora have moved in our community.
 Mrs. Hubert Walker and children and Mrs. Gillford Cannon spent a while Monday in New Bern.

A house warming shower was given for Mrs. Tommy Culpepper at Mrs. Norman Culpepper's Nov. 8. The honoree received many lovely gifts. A large crowd attended.
 Mr. and Mrs. Kenneth Jones, who spent a while recently with his parents, Mr. and Mrs. Willie Jones, have returned back to duty.
 The Rev. Alton Mason ofarkers Island spent a while Sunday with Mr. and Mrs. Theodore Jones.
 Mr. and Mrs. Kenneth Skinner and family moved last week in their new home.
 Mr. Pernel Hardesty and Miss Judy Hardesty spent a while last week in Wilmington.
 Mr. and Mrs. Thad Lilly and boys of Grifton spent a while Sunday in the community with relatives.
 Mrs. William Fodrie and children of New Bern spent a while Sunday afternoon with Mr. and Mrs. J. F. Small.
 Mr. and Mrs. William Ardell Small spent a while Sunday in Wilmington.
 Mrs. Archie Hardesty and Miss Linda Lou Hardesty of Oyster Creek spent a while Sunday afternoon in the community.
 Mr. Marvin Edmondson of Havelock spent a while Saturday in the community.
 Mr. and Mrs. Tom Cannon and family spent a while with Mr. and Mrs. Archie Hardesty.

Darwick
Chocolate Cherries
 Lb. Box **59¢**

THIN MINTS
 12-Oz. Pkg. **39¢**

Fine Milk
CHOCOLATES
 1-Lb. Box **65¢**

Marcal
Gift Wrap Paper
 2 Rolls Boxed **79¢**

Marvel Permanent
ANTI-FREEZE
 Gal. **\$1.98**

BEACON BLANKET
 Washable. Fast drying. Guaranteed against moth damage. Assorted colors. Size 72" x 90"
 Each **\$3.95**

YORK APPLES
 4-Lb. Bag **29¢**

FRESH COCONUTS
 Each **17¢**

FRESH PITTED DATES
 10-Oz. Pkg. **25¢**

YELLOW CORN
 6 Ears **29¢**

CUCUMBERS
 2 Lbs. **15¢**

RED BLISS POTATOES
 5 Lbs. **29¢**

Half or Whole
CORNED HAMS
 Lb. **55¢**

"Super-Right"
SMOKED HAMS
 Butt Portion Lb. **55¢**

Shank Portion, Lb. **45¢**

"Super-Right"
Pure Pork Sausage
 Lb. Cello Pkg. **39¢**

GET A SHED-NO TOOTHBRUSH FREE! WITH PURCHASE OF 2 TUBES DENTI-KISS TOOTH PASTE ALL FOR ONLY 49¢



Ann Page Cake Mix 17-Oz. Pkg. **39¢**
Angel Food
 Cream Style — Golden 16-Oz. Cans **25¢**
 Iona Corn 2 **25¢**
 Ann Page — With Cheese Sauce Creamed 15 1/4-Oz. Cans **33¢**
Macaroni
 Jesse Jewell, Frozen — Assorted 8-Oz. Pkgs. **79¢**
Pot Pies
 Pick of Carolina Sweet Mixed 8-Oz. Jars **29¢**
 Thank You Whole Spiced **Crabapples** No. 2 1/2 Jar **33¢**
 Wisconsin Fresh Colored - Mild **Cheese** Lb. **43¢**

JANE PARKER FEATURES
SPECIAL! Jane Parker Twin - Pack Cartons
POTATO CHIPS 12-Oz. Pkg. **49¢**
SPECIAL! Jane Parker Large Angel Food or
PUMPKIN PIES Ea. **39¢**
SPECIAL! Sultana Large or Small
STUFFED OLIVES 10 1/2-Oz. Jar **49¢**

Save on Fresh Produce

ORANGES Fresh Florida	5 Lb. Bag	47¢
LETTUCE Large Heads	2 Heads	29¢
CELERY Large Crisp	Stalk	19¢
Florida Grapefruit	5 Lb. Bag	39¢
Fresh Chestnuts	Lb.	19¢
Bartlett Pears	Doz.	39¢
Delicious Apples	Lb.	15¢
FRESH CRANBERRIES Ocean Spray — Delicious With Turkey	1-Lb. Cello	23¢

GREEN GIANT - SPECIALLY PRICED - LARGE SIZE - GREEN

PEAS 2 NO. 303 17-OZ. CANS 33¢

Jane Parker - Over 2/3's Fruits and Nuts America's Favorite

FRUIT CAKE

1 1/2 Lb. Cake **\$1.35** 3 Lb. Cake **\$2.65** 5 Lb. Cake **\$3.85**

YOU CAN PUT YOUR TRUST IN "Super-Right" Quality MEATS!

Grade A Dressed & Drawn - Young

TURKEYS

HENS 10-14 Per Lb. Avg. Lb. **43¢** TOMS 16-20 Per Lb. Avg. Lb. **39¢**

NONE PRICED HIGHER

A&P Turkeys have been specially bred to give you more meat . . . and selected from among the nation's finest flocks to meet A&P's own high quality specifications. For turkeys that provide this much eating pleasure, the price is truly small. Buy it with confidence . . . serve it with pride.

SMOKED PICNICS "Super-Right" 4-8 Lb. Short Shank Avg. Lb. **39¢**
SMOKED HAMS "Super-Right" 12-16 Lb. Short Shank Avg. Lb. **55¢**
CHICKEN HENS Dressed & Drawn 4-6 Lb. Avg. Lb. **37¢**
YOUNG MASS. DUCKLINGS Lb. **49¢**
FRESH PORK HAMS 10-14 Lb. Average Lb. **55¢**
 Ocean Spray
CRANBERRY SAUCE 16-Oz. Can **23¢**

Pinto - Blackeye - Navy
 Luck's Prepared Beans 2 17-Oz. Cans **35¢**
 Simple Simon Prepared Mince Meat 18-Oz. Jar **37¢** 28-Oz. Jar **49¢**
 Heat And Serve — Frozen Downyflake Waffles 2 6-Oz. Pkgs. **29¢**
 Tasty Honey Strietmann Grahams 1-Lb. Pkg. **37¢**
 Nabisco Vanilla Chocolate Cookies 1-Lb. Pkg. **45¢**
 Light Meat Chicken of The Sea Tuna 6 1/2-Oz. Can **33¢**

SPECIAL! BURRY

Oxford Cremes

12-Oz. Pkg. **25¢**

STORES IN MOREHEAD CITY AND BEAUFORT

Prices This Ad Eff. Thru Sat., Nov. 22

Zest Soap 2 Bath Bars 41¢	Zest Soap 2 Reg. Bars 29¢	Horse Meat Dog Food Orleans 2 1-Lb. Cans 43¢	New Liquid Ivory Detergent Reg. Size 42¢ Giant Size 75¢
Libby Juices Tomato 46-Oz. Can 33¢	Scot Paper Towels 250-Ct. Roll 33¢	Krey Meat Products Sliced Pork 16-Oz. Can 55¢	Liquid Glim Detergent 15-Oz. Bot. 40¢
Kraut 2 15-Oz. Cans 25¢	Scotties Box of 400 29¢	Sliced Beef 16-Oz. Can 55¢	
		Cubed Beef 16-Oz. Can 63¢	
		Salisbury Steaks 13 1/2-Oz. Can 49¢	

These Prices Apply to Stores in Beaufort and Morehead City

SINCLAIR HEATING OIL

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Only Oil Heat is So Safe, Clean and Modern

SERVE FRESH SEAFOOD

DRESSED AND DELIVERED

Open 24 Hours
 Just Call — Phone PA 6-4020

It's Economical to Serve Delicious, Easy to Prepare Seafood. Have Some Today!

OTTIS' FISH MARKET

8th and Evans Sta. Morehead City

LEWIS 66 RESERVE Blended Whiskey

\$2.00 pint
\$3.20 4/5 quart
86 proof

J.T.S. BROWNE SON COMPANY
 Louisville, Kentucky

Blended Whiskey 66% alcohol by volume (132 proof) 100% grain neutral spirits