

# Waste in Kitchen Can Push Living Costs Sky High...

By FLOY G. GARNER  
Home Agent

"A wife, using a teaspoon, can throw out of the kitchen door more than the husband can throw in the front door, using a shovel." This was a favorite remark of my grandfather. I remember hearing him use it often, but I never could seem to figure out what was being shoveled in or spooned out.

During a recent meeting of extension workers, we were hearing the Economic Outlook for 1959 discussed. During this discussion, the teaspoon and shovel saying of my Grandpa's really became meaningful.

The largest portion of the consumer dollar (about 33 per cent) was spent for food during 1958, and will continue at about the same level for 1959. The home-maker has an important position in spending wisely, according to her family size, age and income. She not only needs to shop wisely, but prepare and serve the food in the way that the most value may be obtained.

Consumer food prices are expected to level off and may even decline slightly during 1959, due to slightly larger supplies of food available. There will be an increase in supply of pork, poultry, fats and oils, peanuts, apples and potatoes. Therefore, the prices of these commodities will be down.

The citrus fruit supply will be much shorter and the price higher. Estimates for a moderate-cost food plan, based on August 1958 prices, indicate that per week, it costs \$4.50 to feed a 3-year-old boy, \$11.50 to feed a 16-year-old boy and \$8.50 to feed a 75-year-old man.

The strong demand for marketing services accounts for the vast difference in producer prices and consumer food prices. The food supply for 1959 will be greater than during 1958 but additional marketing services will be added. Therefore, the consumer price in general will remain at about the same level.

The amount spent for services has increased to record levels. If participation in the labor force follows the pattern expected for married women, more of them will be in labor force each future year. The consumer demand for

added services is expected to increase accordingly.

During the recent recession, people have been somewhat cautious about buying, and reluctant to go further into debt. However, with the recent slight drop in cost of living, people are in a better mood for spending. This mood should be handled carefully and needs and buying plans made carefully. Learn and use better buying practices in order to differentiate between real values and fake bargains.

Learn all you can about credit, if you are considering using credit. Evaluate, re-evaluate and make definite plans before making purchases, especially in buying hard goods—furniture, automobiles, and appliances.

Personal incomes are at an all-time high and still rising. However, the spending patterns of both farm and urban families show that families are spending more on all phases of family living items than ever before. The big challenge is how to plan to minimize risk, and to promote greater satisfaction in family living.

This challenge must be met by each family, and must include good, long-range planning and thinking on the part of all family members. Now is the time to begin.

## Making Hay

Newport News, Va. (AP)—The Patrick Henry airport here is making hay and reaping dividends therefrom. Officials estimate that 150 tons of hay will be reaped this year. It helps finance the airport.

# Prizes in Magazine, Christmas Card Contest Given at Newport

By DOROTHY HEATH

At Thursday assembly, Dec. 4, prizes were presented to the winners of two recent contests held in Newport School. Before making the presentations, E. B. Comer, principal, led the group in devotions.

The magazine contest was sponsored by the senior class for the benefit of the annual fund. The eight top salesmen were given the following prizes: Donald Sims, portable radio, Linda Lewis, weekend bag; Betty Hill, flash camera outfit; Lyndon Norris, football; Leona Teasley, jewel box; Arvella Dingess, camera; Howard Roden, flashlight; and Roy Harmon, knife. Brenda Lawrence was the lucky name drawn from among the salesmen for one day to receive a large cuddly dog. For being in charge of the contest, two senior girls, Joyce Hill and Jackie Williams, were presented a weekend bag and a flash camera outfit.

Mrs. Mollie Henderson's fifth grade and Mrs. Carol Gillikin's sixth grade were treated to ice cream parties for selling the most magazines. Mr. Comer announced that from among the first 125 purchasers of the 1958-59 annual three lucky names would be drawn to receive either a basketball, jewel box or flash camera outfit.

Mrs. Hester Mason was presented a box of Christmas wrapping paper for encouraging her fifth grade to sell the most boxes of Christmas cards. The class will be entertained at an ice cream party. Karen Potter received a charm bracelet for selling the most boxes among the girls of the grammar grades.

Donald Sims' award was a key chain for being top salesman among the boys. The profit from the sale of the Christmas cards will go into the band fund.

On Friday evening a coronation ball honoring the king and queen of the grammar grades, Douglas Sumrell and Sue Edwards, was held in the Newport School lunchroom by the members of their class. Mrs. Edith May's eighth grade. An autumn theme was carried out in the decorations.

Mrs. May greeted the guests as they arrived. Special guests, who served as chaperones, were Mr. and Mrs. Jackie Wade, Mr. and Mrs. Leon Youngblood, Mr. and Mrs. Monroe Garner, and Mr. and Mrs. Ed Comer. Each class member had also invited a guest.

The refreshments, which were served from the banquet table all during the evening, were hors d'oeuvres, sandwiches, mints, nuts, fudge, brownies, cookies, cake, and punch.

# High School Students Attend Folklore Meeting

On Friday, Dec. 5, Tucker Littleton took nine of his English students at Beaufort High School to the annual meeting of the North Carolina Folklore Society at the Hotel Sir Walter in Raleigh.

Attending the meeting as guests of Mr. Littleton, who is a member of the North Carolina Folklore Society, were Mary Sue Moore, Norma Jean Garner, Bruce Cayton, Kit Jones, and Jack Lewis, seniors; Jerry Fulford, Wiley Howard Lewis, Jr., Ivey Graham, and Freddie Hooper, juniors.

Members of the senior English classes this year are working on a project in local folklore, with special attention to the collecting of chanteys. This year's juniors had experience last year in collecting some local tales that will be published in the July 1959 issue of North Carolina Folklore. These projects in local folklore make very good parallel studies for units of literature dealing with ballads and other folk literature of England and America.

Theme of the meeting in Raleigh was Our Scottish-American Heritage. Pipe Major Jack Smith, a native of Ayr, Scotland, now living in Winston-Salem, led the officers of the society into the Virginia Dare Ball Room with the music of his bagpipe.

After a talk on our Scottish heritage in North Carolina by Donald McDonald, the society enjoyed several country and folk dances of Scotland performed by the Fayetteville senior high school dancers, Benhaven Scottish Dancers of Olivia, and the Queen City's Own Scottish Dancers of Charlotte.

Each girl dressed in a colorful arasaidh, the ancient feminine Scottish garb, and each man dressed in a kilt gave an atmosphere of ancient Scotland while dancing the traditional steps to folk music of old Scotia.

Following the several Scottish

reels and dances, Phillip Kennedy of Charlotte sang in Gaelic two songs which he had collected from the Hebrides and concluded his part of the program by singing in authentic Scottish style Robert Burns's familiar "My Love Is Like a Red, Red Rose."

The strange sounds of Gaelic made students aware of the many changes that have taken place in the development of the English language.

Mrs. Betty Vaiden Williams, the president of the society, sang several American folk songs of Scottish origin which she had collected in the mountains of North Carolina. Several times the music of Mr. Smith's bagpipe accompanied the dances, and the final dance which he accompanied was the Highland Fling. Several of the folk dances tied in very well with English literature.

One dance was said to have originated when Macbeth was slain by Malcolm, who threw his sword down and danced around it. Another dance, America, was described and passed down to us by James Boswell, the famous biographer of Dr. Johnson.

A short business session followed the program, after which members of the society were invited to Governor Hodges' reception at the Executive Mansion. The high school students, however, had to be back in Beaufort before late hours and left before the reception.

## Miami Beach Reports Good Meter Business

Miami Beach, Fla. (AP)—The parking meter business is booming in this resort city.

Sherwynn Fincher reports parking meters took in \$722,000 last year.

He expects even more money to come in this year, because 700 meters have been added.



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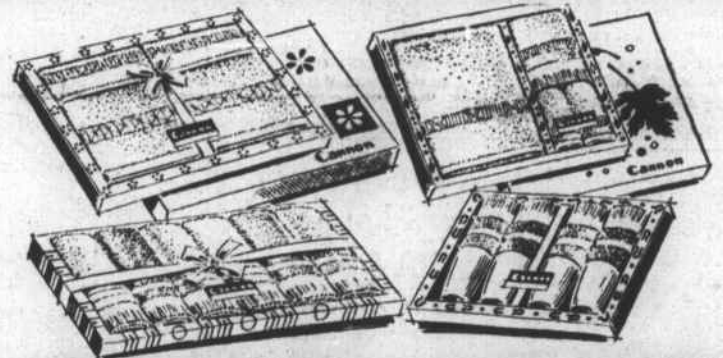
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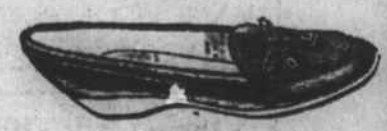
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