

# RURAL SURVIVAL \$50 to \$500



"Safe in their shelter under three feet of protecting earth, this farm couple could survive the most severe radioactive fallout from a nuclear attack on this nation. Most rural Americans, like this couple, could gain protection against fallout if they built inexpensive basement or underground shelters. Radioactive fallout from enemy H-bombs could be carried by the wind onto the remotest farm hundreds of miles from attacked cities.

**THIS WELL-DESIGNED** underground shelter would cut radiation to 1/5000th of what it would be outside. Ordinary basement shelters with added shielding would save most of their occupants outside target areas.

This shelter, built for \$500, includes running water and sanitary facilities, a gasoline-operated generator, and facilities for feeding and sleeping eight people. The farmer hired a bulldozer to dig the hole, then built the shelter himself from used timbers and concrete.

The Office of Civil and Defense Mobilization provides specific information telling farmers how to protect their families and livestock from fallout, what to do before an attack, how to build a fallout shelter, and what food to store.

After an attack, civil defense authorities would broadcast frequent fallout forecasts to the surviving population and advise farmers how long they could safely emerge to perform essential tasks in maintaining the production of food so vital to national recovery.

Fallout shelter information is available free by writing to OCDM Rural Civil Defense, Battle Creek, Mich.

dio, blankets and other essentials for survival," Hoegh said. The radio would be used to listen for defense survival instructions on CONELRAD, the civil defense emergency radio system, at 640 or 1240 kilocycles.

"Finally, preparedness means knowing the civil defense attack warning signals. A wailing siren or short whistle blasts for three minutes means to take cover immediately because an attack is imminent. A steady siren or whistle blast of three to five minutes means to tune in CONELRAD for local civil defense instructions."

These warning signals would be sounded locally wherever hostile planes, missiles or submarines were detected approaching our radar outposts. OCDM's 20,000 mile warning network is linked directly to nerve centers of the North American Air Defense Command. Night and day, civil defense warning officers stand ready to relay the information to 300 warning points across the Nation. From these centers, the warning is flashed to communities where sirens or whistles can be sounded.

These precautions against another Pearl Harbor would mean little, Hoegh points out, unless our people have prepared to survive a nuclear attack and know what to do when the warning sounds.

Backed up by such preparedness on our home front, America's military strength can exert its great deterrent effects upon the enemy's intentions. The readiness of our people to survive a nuclear war is, therefore, a force for peace and we must build up.

designated National Civil Defense Day.

"Peace Through Preparedness" is the theme of this year's Civil Defense Day. Director Leo A. Hoegh of the Office of Civil and Defense Mobilization, summing up the need for civilian preparedness against a nuclear attack said:

"First of all, preparedness means building a family fallout shelter. Substantial protection can be obtained for as little as

\$15. invested in a basement fallout shelter. A new booklet, "The Family Fallout Shelter," is available free through State and local civil defense authorities or by writing Box Shelter, OCDM, Battle Creek, Mich. It will tell you how to build your shelter or have it built.

"Preparedness also means stocking your shelter with a two-week supply of food and water, a first aid kit, and battery operated ra-

Social Security Administration promptly.

The district office is at 40 North French Broad, Asheville, N. C. Also, Mrs. Rickman is in the Court House in Burnsville the first and third Wednesdays of each month beginning at 9:30 a. m. to give assistance and information to Yancey County residents on social security matters.

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BURNSVILLE, N. C.

### "PEACE THROUGH PREPAREDNESS" THEME FOR CIVIL DEFENSE DAY

By: J. Yates Bailey, Director Yancey County Civil Defense

The "day that will live in infamy" -- Pearl Harbor Day 18 years ago--will be observed by Americans this December 7 as a reminder of the importance of vigilance in civil defense on the home front. December 7 has been

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Field Representative

By Lucille M. Rickman

"Disabled persons must have a certain amount of work under social security before the disability provisions can apply," Mrs. Lucille M. Rickman, field representative of the Social Security Administration, stated today. "Out of the 10 year period preceding his disability, the person must have at least 5 years work under social security." Mrs. Rickman stressed that unless the individual meets this work requirement, the establishment law cannot apply, regardless of how severely disabled he may be.

An insured worker, age 50 or over, can receive actual cash benefits, if his disability is established. Also, certain dependents of a qualified person may be eligible for payments. A disabled worker under age 50 who meets the work requirements should file a disability "freeze" to protect his earnings record. This means that if his disability is established the time he is unable to work will not count against him when future benefits are calculated.

Any disabled person whose disability has been in effect 4 months or longer, and the disability will apparently be a long-continuing, indefinite one, should contact the

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