



During the French occupation of Mahon (1756-63), a delicious native sauce so pleased the soldiers that they introduced it to Paris, where it was named "mayonnaise."

Local Karate School Gives Lessons In Ancient Sport

By Jody Higgins
The ancient Japanese art of karate has long been popular in the United States. Now, karate lessons are available in Yancey County.

The Isshin-ryu Karate School, located on the Mica-ville bypass at Windom, opened almost a month ago. The present enrollment is twenty-four students, including two girls and a 10-year-old boy.

The owners-instructors Devoid Wright of Burnsville and Ralph Sparks, Jr. of Spruce Pine are pleased with the interest in karate and hope to have at least 40 students within the next few weeks.

"In recent years, karate has come into prominence as a sport. The average student learns karate for self-defense and physical conditioning," said Wright.

"Our school is open to all who have a desire to learn this

art. However, we stress the fact that karate is not learned in a few lessons or in a few weeks. Like all sports it requires time, patience and desire," he added.

Isshin-ryu Karate School is recognized by the American-Okinawan Karate Association and by Master Harold Long, an Eighth Degree Black Belt. Besides the school in Yancey, Wright and Sparks also presently have a karate school in Johnson City, Tennessee.

Classes are held here on Tuesdays and Thursdays from 5 to 7 p.m. and 7 to 9 p.m., and on Saturdays from 12 to 6 p.m.

According to Wright and Sparks, they teach three things in their karate schools--kata, kumite and street defense.

Katas are a series of pre-arranged movements that have a definite sequence. Each move has a meaning and purpose, as it trains the student of karate to prepare for defense against one or more opponents with speed and power in the punching, striking, and kicking techniques.

Kumite is karate's free-style sparring. It is a relatively new aspect of karate which transforms the art from a deadly weapon to a sport.

Street-defense involves methods which would be used in real situations.

Wright said that because karate is something new for this area, that they are inviting everyone to stop by and observe a class.

"We will be happy to answer questions anyone may have about karate and about the Isshin-ryu School."



Instructor Devoid Wright Demonstrates Karate Move For A Student

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POLLARD'S DRUG STORE

Board Employs New Foreman

The Yancey County Board of Education announces the recent employment of Mr. Max Higgins, Jr. as maintenance foreman for the schools. Max is a graduate of Bee Log High School. He served four years in the Navy as a maintenance mechanic. After discharge he attended electricians school at Fayetteville Tech. He was formerly employed by McInturf Pump and Tank Service in Erwin, Tennessee and more recently by Hayes and Lunsford Electrical Contractors in Asheville.

East Yancey Honor Roll Released

East Yancey High School has released its honor roll for the first semester of the 1972-1973 school year.

To qualify for the "A" honor roll the student must have an average of 94 or above. To qualify for the "B" honor roll an average of 85-93 is required.

A HONOR ROLL

Seniors: Tony Allen, Doyle Byrd, Luame Banks, Sheree Banks, Kathy Cable, Linda Hughes, Mitzi Presnell, Christine Thomas, Debbie Thomas.
Juniors: Lynda Beaver, Ronnie Biggerstaff, Ellen Blair, Carol Clark, Suzanne Edge, Donna Kates, Susan Laughrun, George Powers, Carol Ray, Susan Wilson.
Sophomores: Joey Biggerstaff, Charles Dulaney, Regina Eff-

ler, Karen Huskins, Randy Robinson, Tim Thompson, Karen Wilson.

Freshmen: Leslie Steele, Venita Marie Hunter, Patricia Silver, Marsa Sink, Darrell Keith Styles.

B HONOR ROLL

Seniors: Richard Banks, Bobby Bennett, Mark Bledsoe, Randy Bowden, Debbie Carr, Sandra Dale, Michael Deyton, Judy Edwards, Pat Fox, Sherry Harrison, Kathy Huskins, Debbie Hoover, Mary Ann Howell, Timmy Jones, Vickie Jones, Terri Jordan, Lisa Melton, Sandra Norris, Tracy McKinney, Larry McMahan, Sharon Presnell, Alden Styles, David Thomas, Glen Williams, Randy Wilson, Ricky Wilson, Mildred Riddle, Belinda Black, Daphne

Styles, Regina Robinson, Faron Silvers, Rita Wilson, Karen Woody, Christine Robinson.

Juniors: Diana Allen, Lila Allen, Deborah Autrey, Suzette Briggs, Bobby Decola, Larry Edwards, Tina Geouge, Mike Harris, Marcia Young, Charles Aldridge, Danny Hughes, Dianne Hughes, Warren Hughes, Barry Johnson, Janice Laws, Kim McKinney, Karen McMahan, Sheila Parker, Marvin McMahan, Paula McWhirter, Morris Presnell, Rhonda Robinson, Susan Souther, Gwen Tomberlin, Gerald Westall, Kimberley Westall, James Wilson, Renee Wilson, Russell Wilson, Nina Winters, Anita Wyatt.
Sophomores: Lynn Bagwell, Jeff Bailey, Danny Bledsoe, Renee Buchanan, Tony Eubank, Karen Fagan, Debra Fox, Cathy Edwards, Chris Harris, Cynthia Honeycutt, Niles Howell, Emily Huskins, Lynn Huskins, Mary Ann Gibbs, Mitzi Lawhern, Randy Laws, Joan Mace, Debbie Miller, Theresa McMahan, Betty Sue Murphy, Venita Silver, Rhonda Anita Pitman, Kenny Shade, Gordon William Silver, Connie Wheeler, Joy Wyatt, Ronnie Wyatt, Jimmy Young, Juliana Young, Rebecca Thomas.

Freshmen: Judith L. Abell, Dennis Anders, Joseph Todd Bailey, Mary E. Boone, Teresa Britt, Kimberly Buchanan, Tommy Carr, Tony Byrd, Mary Crisp, Billie Marie Gilley, Linda Ann Harding, Pamela Harris, Susie Harris, Gloria Lynne Higgins, Ronnie Gregory, Randall Grinstaff, Danny Honeycutt, Jimmy Hughes, Marty Johnson, Marsha Jones, Theresa Gail Silver, Gwen Silvers, Robert Edwin Thomas, Martha Ann Westall, Jimmy Dean Wilson, Karen Diane Wilson, Teresa Jane Wilson, Resa Jo Wilson, Madeline Young, Sherrie Lynn Laughrun, Sandra Laws, Cathy Lowe, Debbie McDowell, Diane Robinson, Cindy Wilson.

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