



Your Home Today

Murphy Electric Power Board

Better Light -- Better Sight

Many authorities estimate that over 80 per cent of all our knowledge comes through our eyes. How sad then, is the fact that the miracle of seeing is not fully appreciated until our vision is impaired, or our eyes suffer in some way which reminds us of their importance to our well being. Our eyes, like our teeth, and hair, change with age. A child is usually born far-sighted -- but by his seventh year -- his eyeballs have rounded out until they are practically spherical -- the ideal shape for both near and for seeing. According to Nature's plan for using the eyes, a child's eyes should remain that way for many years, but unfortunately, few children follow nature's plan. A survey in one school showed that near-sightedness increased with the years, from 4 per cent in kindergarten to 20 per cent at graduation. The change continues as we grow older. Although age does change our eyes, we can help to keep them young by giving them the assistance of the

lighting they need for better seeing. Eye fatigue comes not always from poor vision, but frequently from the efforts of good eyes to see with improper lighting. Without light, there is no sight!

Then you ask, how much light is needed? Thanks to modern science we now have a lightmeter, which measures the light in footcandles, so there is no more guess work in determining the amount of light needed for each seeing task. To help our eyes do their work easily and properly we must provide them with the correct quantity -- and -- quality -- of lighting for what ever task must be done.

Better Light Makes Better Sight! Avoid glare -- Use proper and adequate shades on ceiling fixtures, use lamp shades deep enough to hide bulbs -- avoid glassy surfaces; have enough light in enough places -- a balanced distribution of light is as important as its quantity. If the room in which you are using your eyes is dim except for the bright spot in which you work, your eyes are constantly forced to adjust



John Wayne, as Col. David Crockett, sends his love, beautiful Linda Cristal, away from the scene of his heroic last stand in the \$12,000,000 Technicolor epic "The Alamo" which Wayne also produced and directed.

"The Alamo"-Valley Drive In, SUN-MON-TUE-WED



"Teenage Millionaire" Stars Jimmy Canton, Zasu Pitts, Ghubby Checkers, Rocky Garciano, A Rock'N'Roll Musical Comedy.

"Teenage Millionaire"-Henn Theatre SUN-MON-TUE

themselves to the extreme brightness differences between your work and the rest of the room. This increases the possibility of eye strain. Direct the lighting correctly. Place lamps so that there are no shadows -- supply lamps which will provide an adequate amount of well distributed, diffused light located so that there is no strain producing glare.

Your Power Board is anxious to help you have proper lighting. We have on display in the office a study desk, correctly lighted for a child's study center -- a piano with a certified lamp giving the proper amount of diffused light for reading music with comfort, and a work desk, where tedious tasks may be accomplished with no eye strain. Visit us and let us help you with your lighting problems so that you may be able to see and live better -- electrically.

Andrews Rotary And Lions Clubs Hold Joint Meeting

Andrews - Rotarians and Lions Club met jointly Tuesday night, August 22, at Hampton's Grill at 7:00 p.m. Dr. Howard Hanson, who has recently returned from a year's study in Austria, was guest speaker. She told of her travel in Europe and attitudes of European toward America and American Citizens.

Andrews Booster Club To Sponsor Bake Sale

Andrews - The Booster Club for Andrews School Band will sponsor a bake sale on Friday, September 1, at Nantahala Power and Light Co., beginning at noon. Proceeds will be used for the band. Mrs. Harold Jones, Mrs. M. J. Jordan and Mrs. Frank Carringer will be in charge of the bake sale. The Booster Club will hold its next meeting September 11, at City Hall at 7:30 p.m. Superintendent Charles O. Frazier has announced the band would appear in the celebration here September 16, honoring Berkshire Knitting Mills 10th Anniversary.

COMPLETE AREA LISTINGS

HENN

Thurs., Aug. 24. NO TIME FOR SERGENTS. Fir. & Sat. August 25 & 26 Double Feature. MAGIC BOY & THE SECRET OF MONTE CRISTO Sun., Mon., Tues., August 27, 28, & 29. TEENAGE MILLIONAIRE. Wed., August 30. THE BIG SHOW.

MURPHY 64 DRIVE IN

Thurs. & Fri., August 24, & 25. OCEANS 11. Sat. August 26. Double Feature. THE MAGNIFICENT SEVEN! & THE FIERCEST HEART. Sun. & Mon. August 27, & 28. MIDNIGHT LACE. Tue. & Wed., August 29 & 30. GIRL IN ROOM 13. Thurs. August 31. ASK ANY GIRL.

VALLEY DRIVE IN

Thurs. & Fri. August 24 & 25. BLACK SUNDAY. Sat., August 26. Double Feature. GUNFIGHT & SWORD OF SHERWOOD FOREST. Sun. Mon., Tues., & Wed., August 27, 28, 29, & 30. THE ALAMO Thurs. & Fri. August 31 & Sept. 1. NO TIME FOR SERGENTS.

Frank B. Cooper Elected President Of State Society

Frank B. Cooper, formerly of Andrews, of Southern Pines was elected president of the North Carolina Society of Farm Managers and Rural Appraisers at its annual meeting held recently at Belhane. Cooper is the son of Mr. and Mrs. John Cooper of Andrews.

Miss Jennifer Pullum of Bellville, Michigan is spending several weeks as guest of Mary Cooper.

Marble News

Mr. and Mrs. James Moss, Jr. and family of Asheville, N. C. were weekend guests of his parents, Mr. and Mrs. J. M. Moss.

Mr. Claude Davis and sons, David and Stephen, of Canton, Ga. spent Friday night with his parents, Mr. and Mrs. Jake Davis.

Mr. and Mrs. Lonnie Gibby and family of Cleveland, Tenn. were week-end guests of relatives in Marble.

Mr. and Mrs. Solomon Rich and family of Charlotte, N. C. left Sunday after a week's visit with his parents, Mr. and Mrs. Harry Rich.

Miss Kay Hall visited with Miss Carolyn Killian last Sunday.

The third Sunday afternoon singing convention was held at Marble Church last Sunday and was enjoyed by a large crowd.

Miss Azalea Ladd visited Ruby Falls and Rock City recently.

Danny Kilpatrick spent last week with his cousins in Marietta, Ga.

Mr. and Mrs. Wilburn Griggs visited with his mother Mrs. Martha Griggs, Sunday.

The Thompson sisters of Atlanta, and Marietta were guests of their parents, Mr. and Mrs. John Thompson, on Vengeance Creek last Sunday.

Mr. and Mrs. Ralph Kilpatrick spent last Sunday with relatives in Marietta.

Those attending the funeral of Mr. Ed Hall at Canton, N. C. last week were Mr. and Mrs. J. B. Hall, Mr. and Mrs. Vinson Hall, and Mr. and Mrs. Olson Hall and daughter, Kay, Mr. and Mrs. James Bryson, and Gearld Bryson of Marble.

There will be a singing at Mr. Wilburn Griggs next Friday night, August 25. Everyone is invited to attend. Little Joey Palmer has returned home from the hospital.

Andrews Personal Mention

Miss Becky Day returned Saturday from a two weeks vacation in Coral Gables, Fla. and Atlanta, Ga. She was the guest of Mr. and Mrs. Arthur Daegling of Chamblee Ga.

Kenneth Bradley and Buddy Holland are now training at U. S. Naval Training Center, San Diego, California.

Mrs. B. M. Gibbs and Mrs. Jewell Harris, staff members of Methodist Children's home in Va., are spending two weeks in Andrews. They plan to spend Thursday and Friday in Knoxville returning to Andrews the latter part of the week. On Sunday morning Mrs. Gibbs spoke briefly to members of Sara Dewey Sunday School Class, telling of her work in the Children's Home.

Friends of Mr. and Mrs. Leslie Tatham honored them with a house warming at their new home on Saturday night.

Mr. and Mrs. Chas. C. Stroup of Jumaluska Acres are being visited by Mr. and Mrs. John Cowart III and children of Albany, Ga.

Mr. and Mrs. Oscar Johnson of Newberry, S. C. were house guests of Mr. and Mrs. W. E. Neel during the week-end.

Dr. and Mrs. Lewis Adams and son, Tom, and Miss Patsy Nicely of Lexington, Va., left Sunday after spending a week with Mr. Adam's parents, Mr. and Mrs. Zala Adams and Guder.

C. H. Bailey a former resident of Andrews, now living in Toccoa, Ga., spent Friday in Andrews visiting friends and Classmates.

Approximately 150 people attended the annual Methodist Sunday School Picnic held Wednesday at 6:30 p.m. at the Berkshire picnic area. A devotional was given by Junior and Senior M. Y. F. members following the picnic. The recreation period began at 5:30 p.m. with games of soft ball and basketball, ending with a match between the Youth - vs - Aches and Pains.

Mr. and Mrs. Ruby Cannon and children, Gary and Kim of Gastonia are visiting Mr. and Mrs. Fred Day. Mrs. Cannon is Mrs. Day's niece.

Miss Judy Bristol Honored With Bridal Shower

Andrews -- Miss Judy Bristol, bride elect of Frank Cartledge, was honored Tuesday night, August 22, with a miscellaneous shower at the Presbyterian Educational Building at 7:30 P. M. Hostesses were Mrs. Herb Shedy, Mrs. James Harris, Mrs. George Pullum and Miss Martha Derryberry. The serving table was covered with a handmade lace cloth over pink with arrangements of pink asters and pink candles in crystal holders. Two large wedding bells centered the room. Refreshments of decorated cakes, punch, mints, and nuts were served to the forty six present.

Lay Council To Meet

Andrews -- The Group Ministry Lay Council will meet here Sunday, August 27, at 3:00 p.m. at the church. Gene Holdredge, professor of Church and Community Work at Scarritt College will speak Mr. and Mrs. Olen Stratton, Evelyn Morrow, S. J. Gernert Mrs. Paul Jordan, Ray Hogsed and Neal Matheson will represent the First Methodist Church.

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- Brass Bed
- Coffee Tables
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- Hall Trees

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HIGHEST BIDDER

TO BE HELD

FRIDAY and SATURDAY

Sept. 8th and 9th

-- AT --

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