

SUMMER READING CLUB

# Ride On The 'Reading Railroad'

The Brunswick County Library invites youngsters to "catch a ride on the Reading Railroad" at Summer Reading Club, which starts July 11 and continues through Aug. 19 at six locations.

Participating children will "happily travel around the world, said Evelyn Hardy, children's services coordinator, corresponding with pen pals in such countries as Germany, Spain, England and France.

This year's program offers activities for children ages 6-13.

For clubs at Lebanon Baptist Church in the Funston community and at the entrance of Old Town subdivision in Leland, Hardy said she would be on the bookmobile with library technician Marcus Mintz.

As in previous summers, club members will also read books for prizes donated by area merchants, and play a "Jeopardy" style trivia game.

"And we're going to read aloud too," said Hardy. "They start out not enjoying it, but you know what? They end out they like it!"

Following is a club schedule:

**Monday** Alternative Education Center, Bolivia, 9 a.m.-9:45 a.m., ages 6-8; 10 a.m.-10:45 a.m., ages 9-13.

**Tuesday** West Brunswick Branch Library, Charlotte, 12:30 p.m.-1:15 p.m., ages 6-8; 1:30 p.m.-2:15 p.m., ages 9-13; Old Town Entrance, 3 p.m.-4 p.m., ages 6-13.

**Wednesday** Southport Library, Southport, 1-1:45 p.m., ages 6-8; 2:15 p.m., ages 9-13.

**Thursday** Lebanon Baptist Church, Funston, 4 p.m.-4 p.m., ages 6-13.

**Friday** Leland Branch Library, 1-1:45 p.m., ages 6-8; 2:15 p.m., ages 9-13.

Also during Summer Reading Club, for the first time youngsters who visit the bookmobile will get do-it-yourself arts and crafts kits.

"We are in high hopes the children will take them home and not just put them down, but finish them and bring them back to the bookmobile for us to see," said Hardy. For each completed project returned, youngsters will receive a ribbon.

Each activity packet will include all the materials—such as glue or paint—and directions needed for a single project, such as a balloon buddy, a comb creature, a bookmark, a piece of jewelry or yarn picture.

If a youngster runs into problems, he can also bring the project back to the bookmobile, for a helping hand from Mintz.

To prepare for his role, Mintz is go-

ing to make one of every project himself.

Hardy said the kits were the brainchild of Southport potter Donna Bear, who was concerned that youngsters using the bookmobile didn't have available the arts and crafts programs routinely offered at the library. Funding for the project comes from the Brunswick County Arts Council.



### Club Honors President

Shalotte Middle School's Six Wheelers' Bus Club honored its president, Laura DeStefano (left) at a June 14 banquet at the Islander Restaurant. Presenting the plaque is Pinta Todd, vice president.



NEW OFFICERS of the National Vocational-Technical Honor Society at Brunswick Community College are (from left) Paula Almond, secretary; Jan White, vice president; Julianne Cloninger, treasurer; and Karen Thompson, president.

## BCC Student Honorary Inducts 30

Thirty Brunswick Community College students were inducted recently into the National Vocational-Technical Honor Society, the largest group in the college's history to meet membership criteria.

Sue Chapman, faculty advisor, said members must be enrolled as curriculum students, with a grade-point average of 3.00 or better in 24 hours or more in their field of study.

"These honor society inductees are exceptional students at Brunswick Community College," she said. "They usually distinguish themselves later by becoming some of the college's most successful graduates."

PCC President W. Michael Reeves addressed the students, their friends and family. Entertainment was provided by Jamie Varnum, soloist; and Jan White, pianist, with a reception after the ceremony.

Outgoing officers Barbara Doane, president; Dorothy Harvel, secretary; Lucinda Stanley, treasurer; and Paula Almond, program director, presented membership pins and certificates to the inductees.

Inducted are these students: James Arnold, Patricia Blackman, Pam Brown, Connie Butler, George Cloninger and Julianne Cloninger, Eva Corbett, Helene Cummond,

Sandra Grisset, Marjorie Hall, Christopher Harrell, Kimberly Holmes and Miriam Hughes.

Also, Tshya James, Meredith Johnson, Terry Kirby, Jeanette Leonard, Varonica Manlove, Dean Mason, Maryjoy Morrison, Mildred Odell, Shirley Pait, Dale Putnam, Landa Reaves, John Reinsburrow, Joe Scott, Sharon Sellers, Sharon Skipper, Karen Thompson and Marie Willoughby.

The new members elected the following as their 1988-89 officers: Karen Thompson, president; Jan White, vice president; Julianne Cloninger, treasurer; and Paula Almond, secretary.

## Home Harbor Installs Officers, Welcomes Six To Board

Home Harbor Home Inc., a local shelter for victims of domestic violence, welcomed six new board members and installed officers for the 1988-89 year at a June 23 dinner at Sizzling Sirloin Steakhouse in Shalotte.

New board members who will serve staggered terms of one to three years are Michael Reeves, who was also installed as chairman, Evelyn Johnson, Margaret Rudd, W.J. McLamb, Rev. Moses Herring, Rev. George Blanchard and Carson Durham III.

In addition to Reeves, other officers for the coming year are Ina Mae Mintz, vice chairman; Isobel Beebe, secretary; and Wayne Tharp, treasurer. They were installed by Jean Nelson, district representative of the N.C. Council on the Status of Women.

Nelson also presented certificates of appreciation from Gov. Jim Martin to two retiring board members, outgoing chairman Katherine Shawver, and Rev. Stan Smith, both of whom were instrumental in the establishment of the shelter.

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### Health News

## What A Chiropractor Can Do For Bursitis

...WITH DR. VICTORIA E. WEBSTER  
Doctor of Chiropractic

Although bursitis is commonly thought of as an athlete's condition, and it is even referred to as "game arm," it can strike anyone in any age group at any time.

When bursitis strikes, all of the pills, potions, and liniments in the world won't solve the problem. They will merely provide temporary relief at best.


When the human body is in a healthy state, all parts of it are constantly receiving tiny impulses from the brain, impulses which pass through an unbelievable complex network of nerves. These impulses direct the actions of every organ, muscle, tissue and cell in the body.

As long as there is no interference with this flow of nerve impulses, the body will function properly. However, should a nerve in the spinal column become impinged, the nerve impulses may become distorted and the body's health will begin to deteriorate.

The bursa is a tiny fluid-filled sac which acts as a natural lubricator and shock absorber of a joint. Like all other parts of the body, it is dependent upon proper nerve impulses and is subject to malfunction when the impulses are distorted. The fluid in the sac can become thick and gritty and lose its lubricating effect. This in turn causes inflammation, with resulting stiffness and soreness known as "bursitis."

It has been found that nerve impingement is often the result of a vertebral misalignment, called a subluxation. Subluxations may be the result of a fall or strain or can be caused by muscle tension which pulls the vertebra out of place. Subluxations are not self-correcting and require professional care.

The bursitis sufferer would be well advised to consult a Doctor of Chiropractic who is trained in detecting and correcting spinal subluxations. He prescribes no pills or potions, but seeks to eliminate the cause of the bursitis by removing the subluxation which produced the nerve interference.



**DR. VICTORIA E. WEBSTER**

For further information call or contact:

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>Welcome Home