

**SCHOOL RAISES \$3,386**

# Waccamaw Students Jump For Heart

Waccamaw Elementary School students jumped up and down for six hours last Wednesday to help fight heart disease.

The kids raised \$3,386.61 for the American Heart Association during the school's inaugural Jump Rope For Heart event.

More than 470 children ages 5 to 14 participated. Students raised money by getting donations from family members, friends and neighbors.

Waccamaw's top money-raisers were second-grader Jason Richardson and his sister, kindergarten student Monique Richardson. They each raised \$201 and will receive savings bonds. Other students will be rewarded with prizes such as jump ropes for raising money.

Jump Rope For Heart is designed to teach students about the benefits of exercise and a healthy

lifestyle while promoting teamwork and building school spirit.

It emphasizes the importance of proper nutrition, exercise and controlling high blood pressure while discouraging children from smoking, according to event coordinators Melanie Champion and Ray Wilson.

Champion said the event was a "huge success." As of Friday, Waccamaw Elementary was leading the region in the amount of money raised through the program.

"Everyone had a great time, but even more important, the students learned about the importance of physical fitness and reducing the risk of cardiovascular disease," Champion said. "Those lessons will pay dividends throughout their lifetimes."

Jump Rope For Heart is sponsored by the American Alliance for Health, Physical Education, Recreation and Dance to benefit the

American Heart Association. Since the program started in 1979, nearly 10 million teachers and students nationwide have participated.

Money raised is used to support research and educational programs to fight cardiovascular disease, the nation's number one killer.

## N.C. History Focus Of Course

A 12-week study of North Carolina history begins Wednesday, March 10, at the Brunswick Community College campus in Southport.

Continuing through May 26, the class will meet from 10 a.m. until noon on Wednesdays.

Susan Carson, a local historian, is the instructor. Classes will consist of lectures and field trips to several North Carolina historical sites, as

decided upon by class members. Guests will be invited to speak to the classes.

A small registration fee is charged. However, seniors age 65 and older who are North Carolina residents may enroll at no cost.

More information is available by calling Stuart Callari, continuing education coordinator, at 754-6922, or Carson, at 919-457-6940.



STAFF PHOTO BY DOUG RUTTER

**MONIQUE RICHARDSON**, a kindergarten student at Waccamaw Elementary, participates in the Jump Rope For Heart program last Wednesday. Monique and her brother, Jason, were the school's top money-raisers with \$201 each.

### PEOPLE IN THE NEWS

## Canady Earns Masters

Allison "Buddy" Canady, formerly of Calabash, recently received the Masters of Arts in Education Degree in physical education with an option in athletic administration from East Carolina University.

Canady, who finished with a grade point average of 3.2, was a graduate assistant instructor in the physical education department while completing his degree requirements.

His responsibilities included teaching undergraduate classes in tennis, golf, physical conditioning, basketball and elementary and intermediate swimming.

Canady is presently teaching physical education at an adolescent substance abuse center and plans to pursue a career in teaching and coaching in the Raleigh or Wilmington area.

Canady and his wife, Carla, reside in Greenville. He is the oldest son of

Joseph Lee and Patricia Ann Canady of Calabash.

### Re-Elected To Board

Sheila K. McLamb has been re-elected to the South Brunswick Islands Chamber of Commerce Board of Directors for a three-year term.

McLamb began her first term in 1989 and served through January 1993.

She also serves on the Brunswick Community College Foundation Board of Directors, of which she is a past president.

McLamb is a practicing attorney and partner with the firm of Anderson and McLamb. She is a member of the Brunswick County Bar, N.C. State Bar, N.C. Bar Association, N.C. Academy of Trial Lawyers, N.C. Association of Women Attorneys and American Bar Association.



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## Union Elementary School Lists Second Nine-Week Honors

Union Elementary School has announced the fourth grade honor for the second nine-week grading period of the term.

Attaining all A's were Amanda Andrews, Gray Cheek, John Covil, Justin Davis, Kellie Granton, Kari Lewis, Jason Todd and Suzanne Williamson.

Other students earned all A's and B's for a place on the A-B honor roll as follows:

### A-B Honor Roll

David Barnhill, Davey Bartlett, Gena Best, Kiwan Bethea, Brandy Blackmon, Denise Bozeman, Lind-

sey Brown, Stephanie Cate, Lauren Cox, Butch Duncan, Charity Duran, Matthew Edwards, Shay Edwards, Alexis Evans, Missy Frink, Amanda Gore, Kiesha Gore, Ashford Gray, Ashley Gray, Joshua Hardee, Katie Hart, Stacey Hewett, Shannon Hughes, Tessa Kelly, Jordan Milliken, Brena Murray, Sany Piscitelli, Sara Polito, Miranda Pritchard, Alish Quaintance, Annie Serritella, David Small, Sarah Spayd, Jamie Stutts, Dana Stanley, David Todd, Adam Vitale, Lauren Yoho.

## Breakfast And Supper Set At Fire House

The Shallotte Point Volunteer Fire Department will sponsor a breakfast on March 13 at the fire house on Piggott Road.

Diners will have a choice of pancakes and sausage or sausage, eggs and grits.

Also they will hold a covered dish supper March 19 at 7 p.m. at the fire house on Piggott Road for the residents of the Shallotte Point Fire District.

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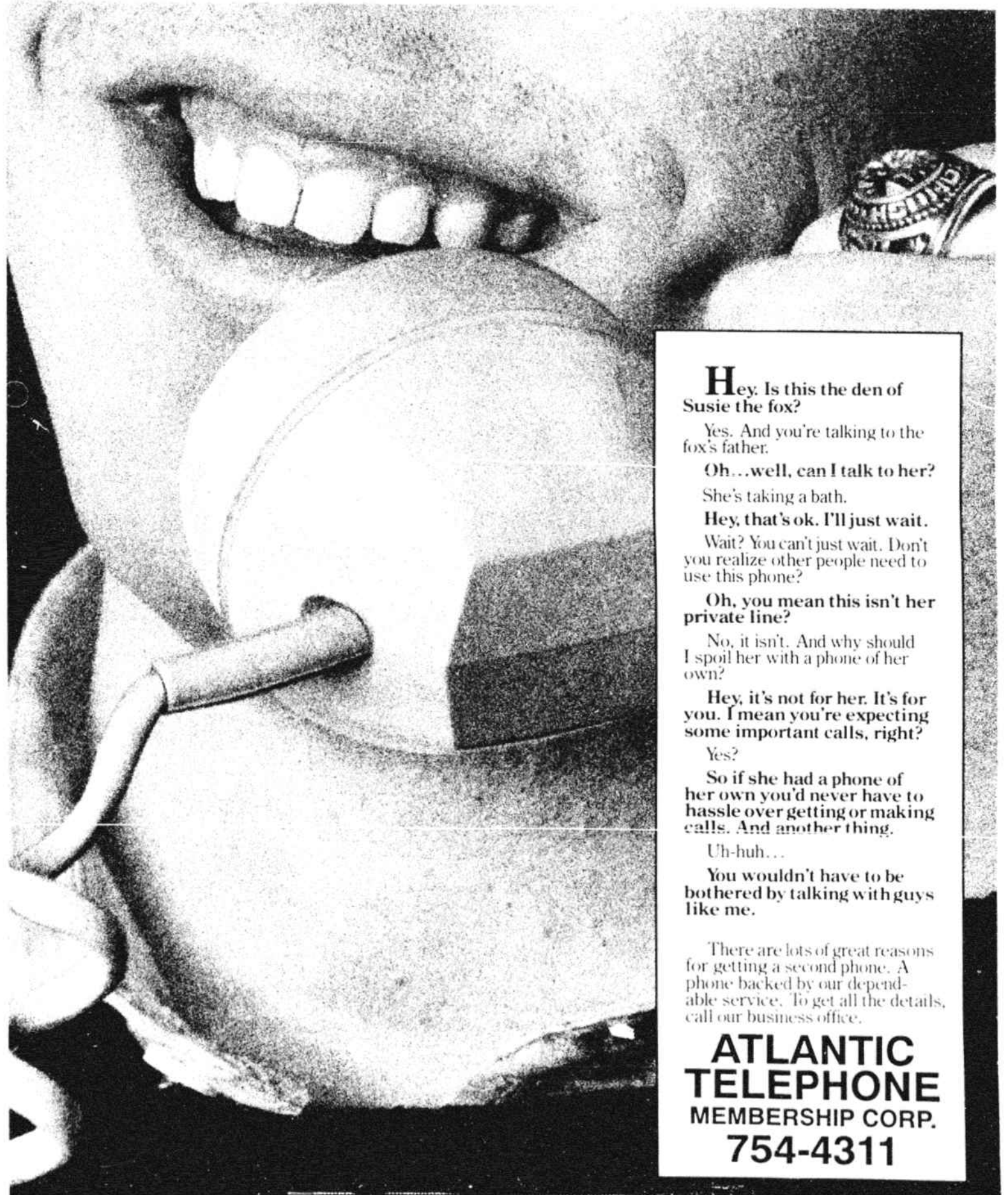


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Yes. And you're talking to the fox's father.

Oh...well, can I talk to her?

She's taking a bath.

Hey, that's ok. I'll just wait.

Wait? You can't just wait. Don't you realize other people need to use this phone?

Oh, you mean this isn't her private line?

No, it isn't. And why should I spoil her with a phone of her own?

Hey, it's not for her. It's for you. I mean you're expecting some important calls, right?

Yes?

So if she had a phone of her own you'd never have to hassle over getting or making calls. And another thing.

Uh-huh...

You wouldn't have to be bothered by talking with guys like me.

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