Cookbook Continues Tradition Of Good Food, Good Times

Calabash, home of many of the seems appropriate that an organizadeeding people and taking area's best seafood restaurants, pleasure in it is a fine spreading a feast is not only a way lish a cookbook as a fundraising

tion based in Calabash should pub-Southern tradition, and in of life, but a living as well. So it project and name it Mrs. Cala-

bash's Kitchen.

That's exactly what Calabash Elks Lodge No. 2679 Ladies Auxiliary did over nine months last year. The 100-page cookbook with spiral binding and laminated cover debuted this past winter.

work by 6-year-old Jonathan Haw- the compilers have thought of rainy ley, a member of

Tiger Cub Pack No. 227—but doesn't end there.

Within the covers you'll find plenty that pleasesfrom project chairman Karen Acton's behind-the-scenes account of the restaurant proprietor purported to be the real Calabash," to the recipes themselves.

Along with some familiar oldies but goodies such as "Copper Pennies" and "Dirt Cake," there are plenty of recipes that won't repeat those already on your cookbook

Like to name-drop? Try "Tom Selleck's Chicken With Wine & Vegetables" from the "Celebrities' Recipes" section.

As delightful as reading recipes and cooking may be, a lot of the fun from this cookbook will come from reading between the recipes. "The Rise and Fall of Chocolate

Chip Cookies," "Stargazing Rey's Way," "Helpful Hints For Parents" and a poem, "To The Women Who Have Walked With Me" are just a sampling of the food for thought included.

If it's too cloudy outside to Its appeal begins with the cov-stargaze with the star charts includer-which features engaging art- ed in the cookbook, don't worry,

"Mrs. Calabash's

Kitchen" costs \$9.

Copies are

available from

across the South

day (and night) activities as well. These include recipes for a coal garden, homemade clay, play dough and a sawdust modeling mixture, and a various businesses baking dough that can be cut into shapes, baked then preserved "Mrs. Brunswick Islands. with a coating of polyurethane.

> Rounding out the package are an index and table of contents, and section dividers that feature the pen and ink art of Holden Beach artist Vic Gillispie.

> The ladies' auxiliary is composed of the wives, widows, mothers, daughters and sisters of Elks. Its objective is to help the lodge in any way possible. Proceeds from cookbook sales will support the Calabash Elks Lodge's commitment to making its community a better place in which to live.

(See CALABASH, Page 54)

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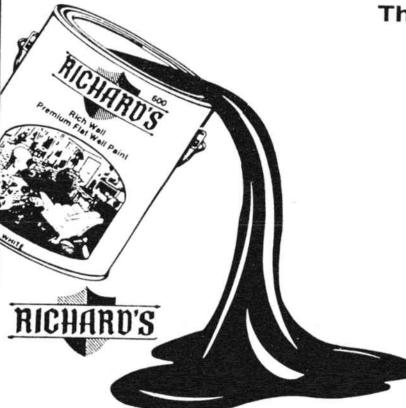
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