

# County Health Department Offers Advice, Treatment For Head Lice

With the new school year begins a new head lice season, advises Jan Reichenbach, public health educator at the Brunswick County Health Department.

In addition to advice about how to treat head lice, the department will issue a head lice eradication product to families who request it.

"As a parent, the first clue that your child has lice may be when you receive a note from the school nurse or notice the child scratching his head. Every year millions of Americans, mostly children, get head lice," Reichenbach said.

Head lice are parasites, which means they need a person for nourishment to survive. Lice are easily spread. Once they make their way to the scalp, they begin to feed, which causes the continuous itching.

The female lice attach their eggs, called nits, to hair shafts close to the scalp. Eggs hatch within seven to 10 days. Once hatched, the new lice reach adulthood in two weeks.

They then mate, more nits are laid, and the cycle continues. Head lice can survive for 48 hours away from the human body, and nits survive for up to 10 days.

Head lice are very contagious. They are spread through the sharing of combs and brushes, hats, scarves, sleeping bags, headphones and even stuffed animals. Once lice are discovered, every family member should be checked for nits.

Look for small grayish eggs on hair shafts near the scalp. They are about the size of the eye of a needle, and may be mistaken for dandruff. Check also at the nape of

the neck. Other places to check are towels after drying a child's head, as well as the child's closet on garments.

Once lice are discovered, three steps are necessary to treat them.

"Several lice treatments are on the market, but the produce NIX is the most effective," Reichenbach advises. "It kills the lice and nits and keeps working for two weeks to prevent reinfestation. The instructions need to be followed carefully."

The second step is to remove the nits. Included in the package is a fine-tooth comb designed for nit removal.

Since lice and nits can survive away from the body for short periods, the last step is to clean the home environment to prevent reinfestation. Vacuum everything—including carpets, mattresses and upholstered furniture. Change the vacuum bag after vacuuming.

Soak all combs and brushes for at least 20 minutes in hot water. Wash clothes, bed linens and towels using hot water, then dry on hot cycle for at least 20 minutes.

If stuffed animals are not machine washable, store them in a sealed plastic bag.

"On request the county health department will issue the NIX product free of charge," Reichenbach said. "If you see or suspect head lice on any family members, you may come to the health department for the treatment."

General clinic hours are Monday through Friday, 8:30-11:30 a.m., 12:30-4 p.m. and on the first Thursday of each month from 10:30 a.m. until 7 p.m.

## PEOPLE IN THE NEWS

### Four Brunswick County Students Earn UNCW Degrees

Four Brunswick County students were among 214 granted degrees from the University of North Carolina at Wilmington at the end of the summer session.

They are Melissa Hall Cluchey of Shallotte, Kimberly Greenwood Jones of Long Beach, William Paul Visser of Ocean Isle Beach and Harold David Yeager of Winnabow.

#### Back From Australia

Navy Petty Officer 2nd Class Terry A. Vaught recently returned from a two-month Australian deployment aboard the combat store ship USS San Jose, homeported in Guam.

He is the son of Clayton A. and Barbara R. Vaught of Kendal Chapel Road, Winnabow.

Vaught's ship was part of the USS Independence Battle Group during exercise Spring Training '93. During the exercise, the group operated with the Australian defense forces off the coast of Western Australia. This year's training allowed ships and aircraft from the USS Independence Battle Group to conduct the first aerial training in the area since U.S. bases in the Philippines closed last year.

The 1985 graduate of North Brunswick High School joined the

Navy in March 1986.

#### Returns From Deployment

Navy Petty Officer 2nd Class Walter C. Volink, son of Walter and Dorothy Volink of Calabash recently returned from a two-month Australian deployment aboard the guided missile cruiser USS Mobile Bay, forward deployed to Yokosuka, Japan.

Volink's ship was part of the USS Independence Battle Group during exercise Spring Training '93. During the exercise, the group operated with the Australian defense forces off the coast of Western Australia.

USS Mobile Bay is a Ticonderoga-class cruiser armed with guns, missiles and torpedoes. Volink is one of 364 crewmen on board the ship which displaces 9,600 tons and travels at speeds in excess of 30 knots.

The 1985 graduate of New Brighton (Pa.) High School joined the Navy in 1987.

#### Poetry Published

Earl L. Markland of River Drive, Calabash, has recently had original poetry published in "Distinguished Poets of America," a modern treasury compiled by the National Library of Poetry.

The poem is entitled "Thank God We Are Free."

Markland has been writing for most of his 90 years. He said he writes "to help in the learning process and for fun."

#### Named In Who's Who

Sally J. Schutte, a senior at West Brunswick High School, has been named for the third consecutive year to "Who's Who in American High Schools."



SCHUTTE

She will appear in the annual directory of outstanding American high school students.

At West Brunswick she has served as vice president of her junior and freshman classes, attained the honor roll, played soccer and track, served as a peer counselor and as a cheerleader. She is also on the dance team.

Schutte is the daughter of Mr. and Mrs. Stephen Schutte of Supply.

**ART PLUS GALLERY**  
LOCAL ART • POTTERY

Artist  
**Bunny R. Lauzon**

will be at our gallery for a wine and cheese party Fri., Sept. 10, 4 to 6 pm and for signing Sat., Sept. 11, 2 to 6 pm

**NOTICE**

Bunny Lauzon's originals and prints will be on exhibit and for sale thru Sept. 25.

*"THE UNUSUAL"*  
Selected for your pleasure by Artist • Owner  
Betty Peat  
Calabash Post Office Complex  
Hwy. 179 • (919)579-9929

**Dairy Queen**

\*  
WELCOME TO THE WONDERFUL WORLD OF "DAIRY QUEEN"\*

**SPECIAL SUNDAES \$1.49**  
Nuts extra  
(Good Sept. 9-15)

Serving real ice cream and fresh fruit topping since 1950.

Shallotte Plaza 5701 E. Oak Island Dr. 1002 North 3rd St.  
Shallotte • 754-2545 Long Beach • 278-5371 Wilmington • 763-5053

**Ben Franklin Festival C\*R\*A\*F\*T\*S Sale**

**Sale**

**Sept. 8-18**

(Sale price to be changed at the cash register)  
Crafters get ready for Fall Festivals & Christmas with savings on craft items throughout the store!

- Poms Poms & Beads
- Latchhook Kits
- Plastic Canvas
- Flowers
- Flower Acc. (Foam, Picks, etc...)

- Bulk Glue Sticks
- Craft Paints
- Fabric Cuts
- Christmas Cuts
- Straw Hats
- Polyfill & Batting

- Knit Cro-Sheen
- Glue Guns
- Fabric
- Yarn
- DMC

**Kirby's**  
DEPARTMENT STORE  
and BEN FRANKLIN

Main St., Shallotte 754-4846



PHOTO CONTRIBUTED

### Literacy Volunteers Win

Eleanor Dewalt (right) accepts one of the first 70 annual Governor's Awards for Volunteer Services to Children awards from Robin Britt, secretary of the N.C. Department of Human Resources. Dewalt represented the Calabash Satellite of the Brunswick County Literacy Council, which spearheaded three programs for children—volunteering at Union Elementary and the Longwood Head Start program, and distributing books and books on tape to parents. The awards were presented in an Aug. 30 ceremony at Meredith College in Raleigh.

# All The Comforts Of Home...

**We've put together some terrific values by Rowe for our Home Fashion Event!**

Shown are just a few of our newest Rowe upholstery pieces... available in hundreds of fabric choices and backed by the best furniture warranty in America.

Right now you'll find these and many other styles at our best prices of the season! Look for our new color circular soon.

**\$699** Rowe's 89" transitional sofa looks great in hundreds of fabrics. The wooden spool legs come in your choice of finishes. Loveseat, \$669. Club chair, \$499.

**\$599** 86" sofa with 8-way hand tied coil spring construction. As a queen-size innerspring sleeper, \$799. Loveseat, \$569.

**\$799** This 90" sofa offers out-of-this-world comfort... Matching loveseat, \$769.

**\$799** You'll also find a wide selection of Rowe sleepers in twin, full and queen sizes, all with premium inner-spring mattress. The 89" queen-size sleeper shown below features a pull-down center back cushion with tray surface. Matching loveseat \$549.

Status chairs by Rowe are the perfect accent to any room. These generously proportioned chairs come in 15 different styles, from classic wing chairs to contemporary swivel rockers. In your choice of fabrics at this one low price... **\$279**

**Rowe FURNITURE**

- fashionable styles and fabrics
- custom order quick delivery
- lifetime warranty on frames, springs, cushions, mechanisms

**Hwy. 17**  
**Little River, S.C.**  
**(803)249-6188**

**J. LIVINGSTON**

FURNITURE GALLERIES