



***I'm just out of breath.
I'll be fine in a minute.***



***It's stress, that's all.
I just need to relax.***



***It's just indigestion.
It'll go away.***

DON'T BET YOUR LIFE!

Ignoring the symptoms of a heart attack -- chest pain, shortness of breath and weakness -- won't make them go away. In fact, time wasted on making excuses for what's "probably" wrong could be precious, life-saving minutes.

Though the pain may stop in a few minutes, the heart attack continues, destroying the heart muscle. After three hours, sweating, nausea and weakness may occur. By four hours, most damage to the heart is irreversible. Getting emergency medical care is critical.

The CHEST PAIN EMERGENCY CENTER at The Brunswick Hospital is equipped with sophisticated monitoring technology and is staffed by experienced physicians and nurses who can verify if a heart attack is the problem and begin the appropriate treatment immediately. Today, powerful drugs can be administered which dissolve blood clots -- literally stopping a heart attack in progress -- if the patient gets to the hospital in time.

Making excuses for chest pain puts the odds against you. Don't bet your life.

Chest Pain Emergency Center



**THE BRUNSWICK
HOSPITAL**

**#1 Medical Center Drive
Supply, NC 28462
(910)754-8121**

**Coastal Carolinas
Pain Center
754-3099**

**Physician Referral
Service
754-5055**

**Brunswick Shores
Mental Health Center
754-9809
1-800-714-0307**