

## Diabetes Education Classes

The winter session of diabetes education classes begins Wednesday, Nov. 9, at The Brunswick Hospital at Supply.

The classes will meet from 2 p.m. to 5 p.m. for four weeks in the hospital conference room.

Purpose of the program is to educate diabetics about proper nutrition, exercise, eye care and foot care, as well as stress and complications associated with the disease.

Classes are free of charge and are open to all diabetics as well as any family members involved in their care.

Registered nurses from The Brunswick Hospital will be teaching the classes.

Program participants are also invited to join the Diabetes Support Group, "Brunswick Sweets," which meets the first Monday of each month at 7 p.m. in the hospital conference room.

For more information or to reserve space, contact Sherry Henderson, R.N., or Patricia Nutter, R.N., at The Brunswick Hospital, 754-8121.

## Seminar To Outline Coastal Benefits

N.C. Coastal Federation and N.C. Coastall sponsor a seminar entitled, "Community Economic Benefits from Land Conservation: Non-Regulatory Approaches to Coastal Resource Protection" on Thursday, Nov. 10, at the N.C. Aquarium at Pine Knoll Shores.

The seminar will highlight a recently published study on the costs and benefits of coastal land protection prepared by Resource Analytics of Raleigh. The study discusses non-regulatory mechanisms and economic effects of conservation options, and how conservation of natural lands provides both direct and indirect benefits to local coastal economies and tax bases.

There will also be a panel discussion of North Carolina's Partnership for the Sounds and Ecotourism.

The seminar is open to the public. To register, call the Coastal Federation at (919)393-8185. Cost of \$10 covers lunch and meeting expenses.

N.C. Coastal Federation and N.C. Coastal Land Trust are nonprofit organizations.

## Program To Benefit Area Food Banks

The Cape Fear Council, Boy Scouts of America will participate in a "Scouting for Food" drive beginning Nov. 12 benefiting Brunswick, Pender and New Hanover counties.

Boy Scouts, Cub Scouts and Explorers will place food bags at residents' front doors on Nov. 12. The bags are to be filled and placed back there by 9 a.m. Saturday, Nov. 19. Only canned goods are being solicited. Frozen foods, perishable foods and items in glass containers cannot be accepted.

Scouts will pick up the food later that day, and the National Guard will distribute it to local food banks to help those in need during the Thanksgiving season.



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# To be sure the best man wins, vote for Ronald Hewett



Don't take good law enforcement for granted. Get out and vote for Ronald Hewett and urge your friends and family to vote for him.

Ronald Hewett has served with distinction for over 11 years as a Deputy Sheriff. He has the temperament, training and integrity for the job.

He has been preparing himself for this job ever since he was sworn in at Holden Beach in 1983 as a police officer.

**Ronald Hewett is the most qualified candidate, the most experienced candidate, the best trained candidate and the best educated candidate for Sheriff.**

As Sheriff he will stress increased training for all officers, will demand that his staff treat the public courteously, and see to it that Deputies keep in constant touch with the communities they are assigned to serve.

As Brunswick County D.A.R.E. Program Coordinator and Narcotics Investigator, Ronald Hewett put this county's D.A.R.E. program on the map and made a name for himself as national and state D.A.R.E. Officer of the Year for his outstanding work in trying to protect our young people from drugs by making them aware of its danger.

Ronald Hewett is ready, willing and able now to apply the same kind of dedication to

the task of being Sheriff. No doubt he will serve with distinction as Sheriff, just as he has as a deputy. Because of his experience as a deputy, he knows the strengths and weaknesses of the Sheriff's Department

and knows what needs to be done to improve the operation of the Sheriff's office:

- **Form a county-wide Drug Task Force to coordinate efforts of all agencies to combat drug trafficking.** Your vote for Ronald Hewett will send a warning to drug dealers to get out and stay out of Brunswick County.
- **Make homes and streets safer.** You have a right to feel safe in your home and on the streets. Ronald Hewett, a professional, experienced law enforcement officer, is also a family man who is

dedicated to making Brunswick County a safe place for his children and yours. Keeping the door of the Sheriff's department open 24-hours a day is just one of the many plans he has for making the Sheriff's office more responsive to county citizens.

**Don't let less than 10% of the residents of Brunswick County decide who is to be Sheriff. You have a voice in government. It is your vote. Use it on Tuesday, November 8.**



Come meet your next Sheriff and other Democrat Candidates

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**Ronald E. HEWETT**

**SHERIFF**

PAID FOR BY THE COMMITTEE TO ELECT RONALD E. HEWETT SHERIFF, ALBERT PARKER, TREASURER

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