

THE Perquimans Weekly
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FRIDAY, APRIL 30, 1954.

Next: The Cobalt

Reliable reports reveal the United States is now capable of producing a cobalt bomb, which is far more deadly than the hydrogen bombs exploded in the Pacific in March and April. The cobalt bomb is actually a hydrogen bomb encased in a shell of cobalt.

On being vaporized in an explosion, cobalt, unlike steel which has been used in the past, is transformed into a radio-active cloud of far more penetrative strength than radium.

The cloud is said to be able to travel thousands of miles and covers an area hundreds of miles in diameter. It is this type of bomb which has been termed the greatest threat to civilization and this is the bomb Einstein said might annihilate life on earth.

One difficulty about the weapon is the fact that it cannot be tested in the Pacific, or anywhere else in the world, because of the deadly consequences. However, it is reliably reported U. S. scientists learned enough in the recent hydrogen bomb test to build the cobalt bomb and maintain it ready for use, even though no tests are made with it.

The advent of this third atomic bomb casts a threat over humanity which has never been equalled in the history of the human race. Even if the atomic and hydrogen bombs did not make it evident that atomic warfare cannot be permitted on this earth, the arrival of the cobalt bomb makes it obvious that such weapons must not be used in any new war.

These new weapons, which actually stagger the imagination, can either be the downfall of civilization, or light the way to a new era of industrial development.

The present generation is in the unique position of being responsible for the course to be followed. The choice, even among aggressors, should not be hard to make.

Pension Plan For Self-Employed

A new idea involving a tax-free sum of money, to be set aside each year by self-employed persons, is being given serious consideration on Capitol Hill. Although the general consensus of opinion is that the plan will not be enacted into law this year, nevertheless strong support from party leaders from both major parties has been expressed.

Briefly, the new plan would allow self-employed persons—who are not covered by company pension plans or other pension plans—to set aside a certain amount of money each year (tax-free) for their old age. The Federal Government would not collect taxes on this money although it would limit the amount set aside.

The maximum amount allowed put aside would cover those persons in a very high income bracket. Those earning less money would be allowed to put aside smaller sums each year. At any time of total disability, or death, or at the age of 65, the money paid in over the years would be available in a lump sum or in payments. The receiver of that money would pay income tax on it at the normal rates.

Some such plan is needed because there are estimated to be 11,000,000 self-employed persons not now covered by some sort of pension plan. They are not able to set aside enough money for their future in most cases, and because of the fact that they must pay an increasing percentage of taxes on surplus money put aside, many find it difficult to provide adequately for old age. The growing acceptance of pension plans for employees has been rapid and the time is fast approaching when practically all employees will enjoy some sort of old age security.

There is no reason to penalize self-employed persons. The new plan being given consideration on Capitol Hill should be acted upon. In a free enterprise country where initiative and aggressiveness are supposed to pay dividends, it is inconsistent to penalize self-employed persons while employees and businesses alike are given tax exemption on money set aside for pension purposes.

It is not in mortals to command success, but we will do more, we will deserve it. —Joseph Addison.

President Of North Carolina Federation Of Home Demonstration Clubs Sends Message On Observance Of Ninth National HD Week

BY MRS. CHARLES GRAHAM
President N. C. Federation of Home Demonstration Clubs

It is with a feeling of pride in our organization that I greet you on the occasion of the 9th observance of National Home Demonstration Week. I know you rejoice with me in this opportunity to tell the world of what Home Demonstration work means to you and me, to our families, to our communities, to our state and nation.

There are 47,000 of us in North Carolina who have come to know and appreciate the scope of the home economics information available to us through the extension service. At our monthly club meetings we are given trained assistance and timely information in the use of more efficient home-making methods and techniques; in food production, conservation and preparation; in the wise use of family income; in the training and guidance of children and youth; in the selection and care of clothing and household equipment; in the development of team work in the family; and many other subjects looking toward a better life for all people.

Within recent years the scope of our program has broadened to include such fields as health and safety, citizenship, international relations, education, and music. In each of these fields we have done work of far-reaching importance. Such a program of education and service is a powerful force in the life of our State.

No one will dispute the logic of our continuing theme of the week—“Today's Home Builds Tomorrow's World.” That is another way of saying that home-builders are world builders. The home demonstration program gives us the tools and the know-how. It is our responsibility to use them so that tomorrow's world will indeed be a better world.

LIBRARY NEWS

The Perquimans County Library announces several new books this week. The most noteworthy is “The Art Treasures of the Louvre”. This is a truly beautiful book containing not only a history of European art, but 100 reproductions in full color of famous paintings, as well as numerous illustrations of sculpture and other objects of art.

“The Second Tree From the Corner” is a delightful collection of essays, opinions, poems, and stories by that humorist, philosopher, and master of literary style, E. B. White.

“Clown” is the autobiography of the world's most famous clown, Emmett Kelly.

For all those teen-agers who in years past have loved “Ann of Avonlea” the library has “New Chronicles of Avonlea.”

Two new westerns and two light romances complete this week's list of new books.

TRY A WEEKLY CLASSIFIED AD

Ruritan Club Hears Talk By C. W. Spruill

C. Wayland Spruill was guest speaker at a meeting of the Durants Neck Club, held Wednesday night of last week. He told the club members, if elected to the State Senate, he favored better roads and schools all over the state of North Carolina.

During the business session the club disclosed plans for entering the 1954 corn contest, with other Ruritan Clubs of the county, and announced the club will be hosts at its meeting on May 19 to all residents around New Hope who have reached the age of 70 years.

HEALTH FOR ALL

You Can Relax

Take it easy. Relax. Don't be nervous. How often people say those words, and they only tend to make us more nervous. You know that you would feel better if you could relax. But you can't take it easy just by gritting your teeth and saying you will.

You can relax, but not if you try too hard. If you try too hard to do anything, you can't do your best. For example, you may practice a speech in the quiet of your home and it comes out easily, but when you stand up in front of the audience grimly determined to make a good impression your mind may go blank. What probably happens is that you clench your fists, wrinkle your brow, and grit your teeth. The nerve messages received in the brain from those tense muscles signal danger—as if you were facing a pack of raging lions with your back to the wall. So, too much effort jams the mechanism.

Perhaps you can't help being anxious about that speech, or whatever is the particular troublemaker than causes your tension. But you can learn

KIDNEYS MUST REMOVE EXCESS WASTE

When kidney function slows down, many folks complain of nagging backache, loss of pep and energy, headaches and dizziness. Don't suffer longer with these discomforts if reduced kidney function is getting you down—due to such common causes as stress and strain, over-exertion or exposure to cold. Minor bladder irritations due to cold, dampness or wrong diet may cause getting up nights or frequent passages. Don't neglect your kidneys if these conditions bother you. Try Doan's Pills—a mild diuretic. Used successfully by millions for over 60 years. While often otherwise caused, it's amazing how many times Doan's give happy relief from these discomforts—help the 15 miles of kidney tubes and filters flush out waste. Get Doan's Pills today!

DOAN'S PILLS

to control some of the key muscles that, by working too hard, burn up energy and cut down efficiency.

The first step is to learn to recognize tension. Is your forehead wrinkled right now? That is a sign of tension. If it is, tense the muscles even more. Then stop. You will notice that the muscles relax and will continue to relax automatically if they are not interfered with.

Once you have learned to recognize tension in your muscles, you can

do something about it. You can practice relaxation until it becomes easy. Find a few minutes in the day when you can sit or lie down in a comfortable position. Check the key tension points: forehead, abdomen, jaw, and hands. Tighten the muscles of each and then let go, all the way.

An expert who has taught relaxation to Air Force pilots reminds us that life is not a 1000-yard dash, but

more like a cross-country run. If we try to sprint all the time, we won't last long enough to cross the finish line.

The best way to make every one point is to insist upon equality of wealth. —Napoleon.

The defect of equality is that we only desire it with our superiors. —Henry Beque.

TAYLOR THEATRE
EDENTON, N. C.

Week Day Shows Continuous From 2:00
Saturday Continuous From 1:30
Sunday 2:15, 4:15 and 8:45

Thursday and Friday,

April 29-30—
Alan Ladd and Shelly Winters in “SASKATCHEWAN”

Saturday, May 1—
Van Heflin in “WINGS OF THE HAWK” Also 5 Cartoons

Sunday, Monday and Tuesday, May 2-3-4—
Robert Wagner and Janet Leigh in “PRINCE VALLIANT” CinemaScope NO ADVANCE IN PRICES

Wed., Thurs., and Fri.,

May 5-6-7—
Jane Russell and Gilbert Roland in “THE FRENCH LINE” 3-Dimension NO ADVANCE IN PRICES

EDEN THEATRE
EDENTON, N. C.

Friday and Saturday,

April 30-May 1—
June Allyson and Van Johnson in “TOO YOUNG TO KISS”

HI-WAY DRIVE-IN THEATRE
EDENTON, N. C.

Admission 40c Per Person
Children Under 12 Free

Friday and Saturday,

April 30-May 1—
Alan Ladd in “BOTANY BAY”

Sunday, May 2—
Bob Hope in “HERE COME THE GIRLS”

Monday and Tuesday,

May 3-4—
William Holden in “THE MOON IS BLUE”

Wednesday and Thursday, May 5-6—
Gary Cooper in “BLOWING WILD”



OWN YOUR HOME

Planning to own your own home? Then we have a plan that is made-to-order for you. It starts with a systematic savings program. It follows through with low-cost financing that takes you safely and surely the rest of the way to free-and-clear home ownership. Come in and get the facts.

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