PERQUIMANS

### Old Friends Working on Project



WORKING TOGETHER - again on a new project are Mrs. R. S. Monds and James Hall, newly- appointed Director of Cultural Affairs for the N.C. Dept of Education. Mrs. Monds, long active in local and State education, was one of over 50 Albemarle Area Arts Councils members who recently honored Mr. Hall at a luncheon in

## Rose's Store Employees In Profit Sharing Trust

\$1,810,000, was the largest of the

he Profit Sharing Plan was

Manager Nelson handed statements of their personal accounts to 4 local participants, showing how each shared in the

ticipant in the Plan (a saleslady in one of the stores) who had

shared in every one of the

twenty-six Company con-tributions now has a balance in

U.S. Government Bonds,

\$2,835,000 or Corporate Bonds, \$4,676,000 Common Stocks, \$555,000 of Notes & Mortgages,

and \$1,594,000 of other assets.

Tweetsie To Toot

For Little Angels

"Tweetzie" Railroad is ready to toot for the "littlest angels"

Manager Katherine Nelson of Sharing Trust. The contribution to local Rose's Store announced \$1,810,000, was the largest of the that some 2,300 employes of Rose's in seven southern states shared in the Company con-tribution to the Employes' Profit

### Fish Fry On Courthouse Green Saturday

The American Legion will sponsor a fish fry on the Perquimans County Courthouse Green, Saturday, June 13th.

### her account equal to approximately three times her 1969 Perguinans Native Dies In Washington Company, Trustee of the Rose's Profit Sharing Trust, reports that the Fund now totals over \$12,851,000 and holds \$3,191,000 of

Durward Norfleet Towe, 76, a native of Perquimans County, filed Sunday night in a Washington, D.C. hospital following a two year illness. He was a son of the late James lenry and Mrs. Margaret

Mr. Towe was a Navy veterar of World War I. He was a jouralist and for many years was se head of Boyd's Business

Surviving are a sister, Mrs.
P. Quincy of Chapanoke; three
others, Garland D. Towe of
lisabeth City, Edgar B. Towe of
lisabeth City, Edgar B. Towe of
lisabeth City, Edgar B. Towe of

n and Forrest Towe of ottesville, Va. seral services were held eaded at 2:00 in Cadarwood tery by the Rev. R. N. ser, paster of the Cannorial Presbyterian Church. easiest was draped with merican Fing.

| Charlie Shinner, de., Ainsley, Julian Broughton,

Dillon, and Herbert Bur

### Local Student Winner In Time **Magazine** Contest

Deborah Brookins is a high corer among 2,500,000 par-

Deborah, a student at Perquimans Union School, Winfall, N. C. has been named a winner of the annual Current Affairs Contest conducted by The ewsmagazine.

The winner was selected from more than 2,500,000 students across the U.S. and Canada who participated in the event, now in its 34th year. The Current Affairs Test,

ed on significant news stories TIME, comprises 100 stions on national and foreign affairs, as well as business sports, entertainment, science, religion, literature and the arts. The test, created for the TIME Education Program - an ex clusive classroom service of TIME Magazine -- has been

students since its inception 34 years ago. Top scorers were awarded certificates of excellence and merit from Henry Luce III, Publisher of TIME, The Weekly wsmagazine.

taken by more than 10 million

### Students Presented In Recital

Four Perquimans County students were among the 16 piano students of Mrs. Jim Connolly who were presented in a recital held May 26 at the Rowe & Long Music Company in Elizabeth City.

Anne Winslow, daughter of Mr. and Mrs. Eldon Winslow, played "Sweet Betsy From Pike" and "Going Places", both arranged by Robert Pace. Troy Harrison, son of Mr. and

Mrs. John Harrison, played "Swing Low, Sweet Charlot" and "Music in The Air" arranged by Beth Swindell, daughter of Mr.

and Mrs. Marion Swindell, played "Spring Impromptu" by Michael Aaron and "Musette" by Bach.

Ginger Morgan, daughter of Mr. and Mrs. Preston Morgan played "Hungarian Dance" by Brahms and "Gavotte" by Bach.

### Company's 1969 profits and what each had accumulated. She pointed out that a typical par- School Students

The Society of Outstanding American High School Students announces the honor of membership for 1970 has been bestowed upon Joseph Moore, Jane Felton, Andrew Nixon, Donald Ray Moore, Carol Elaine Turner, John Simensky Harrell, Mrs. Nelson advised that Turner, John Simensky Hi Central Carolina Bank & Trust Dorie M. Little, Christoph Felton II, Mamie Andrea Thomas and Elisha Burke of Perquimans County Union

School, Winfall, N. C. These students were amou school students to be listed in the 1970 volume of Outstanding American High School Students

the basis of excellence in scholarship, leadership and civic contribution, after being nominated by their respective

The students receiving this nonor are the leaders of modern American youth. They have demonstrated the high quality of scholastic performance that our educational system is producing

educational system is producing today.

Outstanding American High School Students is proud to salute these students, their parents and schools for their exceptional record of accomplishment.

# again. The famous family tourist attraction near here opened its 14th season Saturday, May 30, with all proceeds of the day earmarked for Holy Angels Nursery, Belmont, N. C. The announcement was made by Spencer Robbins, vice president of "Twestsie", "Children by bons of thousands every year enjoy Twestsie," he said. "Babies at Holy Angels overy year enjoy Tweetsie," he said. 'Babies at Holy Angels and I. For that reason Tweetsia wants to help.' Holy Angels, a non-profit home and medical care inclify for topelessly birth-defected different was founded 14 years to by Bister Marie Patrice, is because by Bister Marie Patrice, is Former Perguimans **Native Dies**



ARTS AND CRAFTS ENTHUSIASTS - Mrs. W. E. Griffin and Mrs. T. P. Brinn are shown signing up with Mrs. Robert L. Hollowell and Mrs. Henry C. Sullivan for the Perquimans County Arts Council Flag Day Arts Show. The American Legion's Annual celebration on Saturday, June 13 will be an occasion for local artists to display their talents.

## Drowning Victims Often People Not Intending To Get Wet

Over 60 percent of the Therefore, home pool owners drownings each year result when people who have no intention of getting wet fall into the water from docks, boats, bridges, shores or pool decks. Frequently they are only a few feet from safety, the American Red Cross

A majority of the remaining 40 ercent drown while swimming or playing in the water, again any of them almost within reaching distance of safety.

"Most drownings result because people violate or ignore good water safety practices," states Cliff E. Lundberg, Eastern Area director of Red Cross Safety Programs. "Drownings can be reduced if people will learn to swim and evelop skill and knowledge that will contribute to safety in, on and around the water. Red Cross hopes through its swimming and lifesaving courses, to create in every individual an awareness of accident causes and ways in which accidents can be

Statistics reveal that drownings around the homes - in pools, bathtubs, wells, cisterns and cesspools - claim over 700 lives each year.

Three chief causes of home pool drownings are temporary lack of qualified adult supervision; absence of, or inadequate inability of victims to float or

The home pool drowning rate is highest among children under four, the safety director said.

### \$4,643.18 Sales Tax Collected For April

Local 1% Sales and Use Tax collection in Perquimans County for the month of April, as reported by the State Depart-ment of Revenue, amounted to

should take regular precautions around the pool site and make the area "kidproof."

Lundberg stressed that one accidentally fall into the pool is when there is no supervision available for swimmers.

The shallow and deep ends of the pool should be clearly marked with buoy lines Breakable items such as glasses and bottles should not be allowe around the pool area. And pool rules should prohibit running or horseplay" near the pool edge

"No matter how many safety measures are taken," said Lundberg, "the best way to help insure that accidents don't claim lives is through training. Someone in the tannay know how to give artificial know how to give artificial respiration. Youngsters should be taught to float and swim at an early age, and simultaneously they should be made to understand their limitations."

Since the majority of drownings occur within a few feet of safety, it is often possible for a nonswimmer or an untrained swimmer to perform a nonswimming rescue safely, the Red Cross official said. The rescuer should limit

contact with the shore. The rescuer's weight on the shore or pool deck should be kept low or slanting backward. If the victim is within arm's reach, the rescuer should lie flat on the deck and extend one arm holding the deck or dock with the other arm. He can then grasp the victim's wrist or arm and draw him to safety.

Should the victim be beyond arm's reach, the rescuer can extend such items as a shirt towel, coat, branch or pole, and allow the victim to grasp one end and then pull him to safety.

## Riskey and Friskey Completed Their Visit in Perquimans Co.

WEEKLY

Riskey and Friskey completed heir visit in Perquinnans County this week. They proved a real-life esson in food and health. They showed how two foods can work together to promote g rowth and health. Riskey and F1 iskey are white rats which were involved in a a Rat Feeding Experiment in the county schools. Ri iskey was on bread and soft dr ink, and Friskey was on bread and milk diet. After six weeks it was crystal clear that Fris key, the milk drinker was bigg er, good nature, a prettier and a cleaner coat, bright pink eyes, good muscle control, tidy hat its, and firm nails. Riskey the soft drink drinker showed signs of a poorly nourished rat. Risk ey had a shaggy, dull, thin dirty looking coat, rough, dry, scally ears, feet tail, eyes not chear, dirty whiskers, restless, ir ritable and cross; breathing difficulty and

When Friskey and Riskey visited the county, they were located in Perquimans Union School and Kings Street Elementary School under the way to make sure children can't supervision of Miss 1). M. Jennings and Mrs. H. O. Beaman. to erect a fence of sufficient After six weeks Riskey and height around the facility, Friskey went on a Coursty to ur of seping the gate locked at times Extension Homemake rs cllubs. Rural Community Devi slopn tent. 4-H Clubs, Special Interest Meeting of the Donat ed F'ood Participants, Central (Fram mar School for one week, Herti'ord Grammar School. Perquimans High Scho ol. A fter the tour Riskey and Friskey returned to Perquimans County Science Department, un der the supervision of Mr. J. Sidn ey Eley, Perquimans County / High School, under the superv ision of Mrs. Edit Driver, with a special project of Miss \ Vond a Roquemore. The diets of thes rats were switched. The rate

remained in these departs nents for 5 weeks. One set of the rats was dissected and the bone structure compared. Fri skey bones were large and ifirm. Riskey bones were small and soft. Riskey bones bended ea silv. Before the diets were switch Friskey weighted 340 grams and Riskey weighed 165 gra ms. Friskey was placed on soft di rink diet and Riskey was placed on the milk diet. Therefore at the personal contact with the victim | end of 5 weeks Friskey weig hed and always maintain firm 305 grams and Friskey weighted 409 grams.

Friskey coat was shaggy, dt ill, and thin fur, rough dirty ta il; dry scaly ears, feet, and ta il, restless, irritable, and cross. Tine nails begin to curve. Riskey co. at thickened up, clean, smooth ar id glossy. Smooth tail, pink eye: 3, feet and tail, quick, becam e easily handled, and good natured, and alert movements

They have returned to their omes. This experiment points out that two good foods are better than one single food, stated today by Mrs. M. B. Taylor, She also



Result of a Switched Diet of Risky and Frisky

(LEFT TO RIGHT) Donnell Tillett, a student, J. Sidney Fley Science Instructor and Ernest Parker, a student at Perguinnans County Union School. Mr. Eley said, "This is a Real - Life Lesson In Food and Health. They stimulated the students' interest in food and its contribution to health. It promoted reconwork and a cooperative spirit among the students thus making the project more important in the eyes of children. We all remained from this experiment."

pointed out that a selection of a value of milk to be wide variety of foods like the W. G. George Social "Basic" 7 is necessary for One, stated that health. This kind, as well as the Friskey in our counts amount of food a person eats, vital and rewarding affects the structure and the proved the importance function of the body. This ex- cluding milk in our periment was a positive, basic progress reports were step in guiding children to un- and well interpretaderstand the importance of food concerned, as we conand its relation to health.

Mrs. H. O. Beaman said, "Just as a result of using talking about the importance of diet or not using a bar drinking milk is not always It was well are convicing, but when the pupils meaningful to cour rate, general appearance, and others. behavior of the two rats, there were definite changes in their Hertford Grammes school starts attitude toward milk."

Miss D. M. Jennings said, provided real experbosy and girls realized the need food eaten influence promote healthy growth."

J. A. Dempsey said, "The Rat temperament and attitude c hildren and adults alike that principles is always valuable li ving, tangible evidence of the education. I believe Riskey and w ay foods work together to Friskey provided such visual pr omote growth and good health. education to many of the They see that a single food can Perquimmans County High no t do the job alone. They gain an School students understanding of the need for a W. C. Strowd. Agricultural sel ected variety of foods. The Extension Agent, stated that the mil k consumption in the school visits of Riskey and Friskey incr 'eased."

prin cipal of Perquimans County proved the value of milk versus Cent ral Grammar School I am soft drink. They convinced the alwa ys glad to welcome into our school any experiment which is a public that weight and growth good learning experience for are not the only signs of good or boys and girls. I feel that the observ ing the feeding and care of desposition, the skin, the eyes the two rats, Friskey and Riskey, the breathing and general feeling will be one that they will long of well being

peoples appreciation for the periment during the campaign

weekly changes which saw the difference in the growth parents, faculty members, and

William Tice 'Riskey and Friskey helped the living example of how the kind of

for a well chosen diet. It showed W. E. Byrum, as in mappal of a dramatic difference in ap- Perquimans County High School pearance and behavior as well as stated that "Many of the students in growth rate. It seem to be a in the biology class in which little difficult for some students Friskey and Riskey were placed to understand the real im- took much interest in the obportance of food, but our ex- servation and care of the periment with Riskey and animals. The project seemed to Friskey was one way of showing stimulate an interest among that foods work together to these students in the effects of nutritional habits on health,

Feeding Experiment is a lesson | Any project which gives visual rom life. This is one way to show demonstration of textbook

served its purpose well while in Thomas Maston said, "As the county for ten weeks They lesson which they learned from observe other signs as

remem ber. Many of the children Mrs. M. B. Taylor Home have to ld me that they are now Economics Extension Agent. drinking more milk and less soft stated that emphasis will be placed on "Better Breakfast Dewey Newby, Principal of Campaign" in September and King Str eet Elementary School, October of this year Riskey and stated the at "Riskey and Friskey Friskey or guinea pigs will be in a dra matic way developed used in a Better Breakfast Ex-

### 1Blan chard and Nelson Selected Als Delegates for Boys' State

anc I Mrs. Ge rald Blanchard and studying. Wa lace Nels ion, son of Mr. and hers W. E. Nelson have been chos en to atte and the 1970 session of B. by's State , sponsored by the Ame rican Les tion, to be held at Wakt? Fores t University in Winst on-Salem , June 21st thru

June : 28th. Canc lidates fo r Boy's State are recomi nended by the high school princip al and i nust have out-

tanding qualitie is of leadership and ser vice. This is screening is to allow the man are intelligent students a chance to profit from the instruction the sy receive.

During the we ek, the boys carry out the enti re process of organizin g a government through state, county, and municipal election s. This will

A brchie Ble anchard, son of Mr. require hard work and intensive There will also be time for recreation, a chance to par-

#### ticipate in tennis, swimming. and other outside activities. Dilapidated

Buildings Dilapidated buildings in Perquimans County are unattractive and lower the standards

The Extension Homemakers clubs housing committee has a project to remove old empty buildings. Mrs. Ralph Harrell, County Housing Committee Chairman, reports that her club, the Snow Hill-White Hat Club has been responsible for tearing down two old barns in the past

## Meet Your Perquimans Marching Unit





LU ANN STALLINGS

LuAnn Stallings is the daughter of Mr. and Mrs. Lewis H. Stallings. She is 16 years old and a Sophomore at Perquimans High School.

She is 5 feet 4 inches tall, has

She is 5 feet 4 inches tall, has light brown hair and dark brown eyes. Her hobbies are oil painting, charcoal drawing, sewing, and reading.

Luann is a majorette in the Marching Unit. Her other activities have been J.V. Cheerleader, Home Room Geretary, Health Chib 1 year, FHA 2 years, and art Editor on News Paper Staff 2 years.



DIANNE WHITE

Dianne White is the daughter f Mr. and Mrs. Hilton White.

She is 16 years old and a Sophmore at Perquimans High

She is 5 feet 3 inches tall, has brown hair and blue eyes. Her hobbies are sewing and cooking.

Snare Drum in the Marching Unit for the past 2 years. She is also a member of the Health also a member of the management of the Room