

Lunch Menus For Oct. 20-24

HERTFORD GRAMMAR

Monday 20:
Hot Dog-Roll
French Fries
Slaw
Chocolate Pudding
Milk

Tuesday 21:
Bologna & cheese sandwich
Peas & carrots
Apple sauce cake
Orange juice
Milk

Wednesday 22:
Pizza
Lettuce-Dressing
Fruit Cup
Cookie
Milk

Thursday 23:
Country Style Steak-Gravy
String Beans
Candied Yams
Rolls
Milk

Friday 24:
Smoked Sausage
Creamed Potatoes
Green Peas
School Baked Rolls
Milk

Mixed Greens
1/2 Peach
Corn Sticks
Milk

Thursday 23:
Spiced Luncheon Meat
String Beans
Mashed Potatoes-Cheese
Apple Crisp
Milk

Friday 24:
Fish Portions
Macaroni & Cheese
Lima Beans
Orange Juice
Corn Sticks
Milk

CENTRAL GRAMMAR

Monday 20:
Fish Sandwich
French Fries
Cole Slaw
Milk

Tuesday 21:
Smoked Sausage
Green Peas
Apple Sauce
School Baked Roll
Milk

Wednesday 22:
Baked Beans-Franks
Slaw
Glazed Apples
Rolls
Milk

Thursday 23:
Country Style Steak
Whipped Potatoes
Green Beans
Corn Bread
Purple Plums
Milk

Friday 24:
Hoagie Sandwich
Cherry Dessert
Milk

Monday 20:
Hamburger-Bun
French Fries
Lettuce-Tomato Salad
1/2 Peach
Milk

Tuesday 21:
Sausage Pizza
Green Peas
Purple Plums
Milk

Wednesday 22:
Sloppy Joe-Bun
Peas & Carrots
Potato Sticks
1/2 Orange
Milk

Thursday 23:
Hot Dog-Roll
Pork & Beans
Cabbage Slaw
Milk

Friday 24:
Fish Portion
Mashed Potatoes-Cheese
Buttered Peas
1/2 Orange
Milk

PERQUIMANS HIGH BOXES

Monday 20:
Hamburger-Bun
French Fries
Lettuce-Tomato Salad
1/2 Peach
Milk

Tuesday 21:
Sausage Pizza
Green Peas
Purple Plums
Milk

Wednesday 22:
Sloppy Joe-Bun
Peas & Carrots
Potato Sticks
1/2 Orange
Milk

Thursday 23:
Hot Dog-Roll
Pork & Beans
Cabbage Slaw
Milk

Friday 24:
Fish Portion
Mashed Potatoes-Cheese
Buttered Peas
1/2 Orange
Milk

PERQUIMANS UNION

Monday 20:
Chili-Cheese Dog
French Fries
Green Beans
Purple Plums
Peanut Butter Cookie
Milk

Tuesday 21:
Beef Stew-Potatoes, Carrots & Onions
Apple Sauce
Corn Bread
Dessert
Milk

Wednesday 22:
Country Style Steak
Whipped Potatoes
Turnip Greens
Corn Bread
Fruit Cup
Milk

Thursday 23:
Baked Beans
Franks
Slaw
Glazed Apples
Rolls
Milk

Friday 24:
Hoagie Sandwich
Tossed Salad
Cherry Dessert
Milk

PERQUIMANS HIGH PLATES

Monday 20:
Cheeseburger-Bun
Buttered Corn
Potato Sticks
Apricots
Milk

Tuesday 21:
Navy Beans
Sliced Cheese
Cabbage Slaw
Hot Rolls
Apple Sauce
Milk

Wednesday 22:
Meal Loaf
Rice-Gravy

PERQUIMANS HIGH PLATES

Monday 20:
Chili-Cheese Dog
French Fries
Green Beans
Purple Plums
Peanut Butter Cookie
Milk

Tuesday 21:
Beef Stew-Potatoes, Carrots & Onions
Apple Sauce
Corn Bread
Dessert
Milk

Wednesday 22:
Country Style Steak
Whipped Potatoes
Turnip Greens
Corn Bread
Fruit Cup
Milk

Thursday 23:
Baked Beans
Franks
Slaw
Glazed Apples
Rolls
Milk

Friday 24:
Hoagie Sandwich
Tossed Salad
Cherry Dessert
Milk



VIEW UNUSUAL COLLECTION — Area residents were provided an opportunity Thursday to examine the art collection of the well-known Ferdinand Roten Galleries. The exhibit and sale was sponsored by College of the Albemarle as part of the Lyceum Series. Viewing the art in COA's Multi-Purpose Room are, from left, Karen Liverman of Elizabeth City and Margaret Brewin and Doris Ainsley of Hertford. (COA photo)

Children Also Need To Learn The Four L's

By MRS. M.B. TAYLOR
Home Economics Extension Agent

In addition to the three R's, children should learn the four L's:

Love of Learning — a desire to learn because they want to know, not because they fear failure or bad report cards; a good feeling about learning that will stay with them when school days are over; enthusiasm for new skills, new places, new ideas.

Love of Liberty — a child's freedom begins as he grows; he should have the freedom appropriate to his age to touch, explore, play, choose friends, even make noise; over-regulated children and those whose lives are filled with "don'ts" may become passive adults, the kind who can be bossed by some Big Brother's 1984 society; only by being free for his age can a child soak up the love of liberty that will make him choose freedom forever.

Love of Law — homes and schools must be comfortable for children, but children must learn that others have rights that must be respected; they must learn about discipline and self-discipline; parents need to say "no" without feeling guilty; parents must set wise limits geared to each child, his age and development, and they must let the youngster know the "why's" of their thinking.

Love of Life — a child must love himself and his own life, then he can love life for others; he must be glad of himself — not cocky conceit, but like himself enough to want to change, grow, and improve; criticism is defeating and children who are defeated cannot love themselves; the child who is unsure of himself is afraid of others and always ready to be suspicious of anyone who is different.

The four L's are necessary for the children who will be adults in the 21st century. Love will have to prevail if the world is to have a good tomorrow.

News From Don Juan

By MAUDE M. WHITE
Ernest and Maude White recently visited with Mr. White's aunt, Mrs. Lucy White in Elizabeth City. Crystal Suzanne Robertson, daughter of Mr. and Mrs. Fernander M. Robertson, was one-year old on Sept. 30. She is the granddaughter of America Roberston.

Mrs. Nancy Milton and daughter, Patty, visited Mrs. Johnson's mother, Mrs. Ruth Smithwick. Mrs. Lillian Copeland and Mrs. Ruth Smithwick were recent guests of Mrs. Tommy Miller.

Jimmy Flyth celebrated his eleventh birthday on Sept. 30. He is the son of Ethel Flyth. Charles Lewis Parker had a birthday on Oct. 2.

Mr. and Mrs. Ernest White visited Mr. White's mother, Mrs. Shelly White last Sunday. She is a patient in Albemarle Hospital.

Mrs. Kathleen Chappell has returned home and is doing nicely after being a patient in Chowan Hospital.

BIRTHDAY CELEBRATION

Those who called on George Carver on Sunday, October 5 to help celebrate his 74th birthday were his children and relatives: Mr. and Mrs. Darwin Carver and daughters, Shelia and Sherry; Mr. and Mrs. Seymour Chappell and son Jerry; Mr. and Mrs. Larry Chappell, Bennie and Mary Winslow; Mr. and Mrs. Thomas Winslow, Mr. and Mrs. Raymond Dail, Mr. and Mrs. Louis Stallings, Mrs. Carrie Gregory, Mr. and Mrs. Louis Spivey, Mr. and Mrs. Lucious Winslow, Mr. and Mrs. Johnny Baker, Mr. and Mrs. Elisha Winslow, Mr. and Mrs. J.H. Stallings, Mrs. Annie White, Mr. and Mrs. Allen Winslow, Mr. and Mrs. William Johnson of Conway, N.C.; and Mr. J.D. Carver of Jackson, N.C.

VISIT IN VA.

Mr. and Mrs. Julian Powell and Mr. and Mrs. Clemon Bass visited with the family at a granddaughter's, Mrs. Jean Luton of 252 Bridgeview Circle in Chesapeake, Va., Tuesday night.

Mr. and Mrs. Robert Perry Hollowell, Mrs. Walton Lane and Mrs. Clemon Bass attended the funeral of Mrs. Willie Perry Ansell in Chesapeake, Va. Wednesday.

CARD CLUBS MEET

Mrs. C.R. Holmes was hostess to her bridge club Thursday afternoon at her home on Front Street. Those playing were Mrs. S.M. Whedbee, Mrs. J.H. Newbold, Mrs. S.P. Jessup, Mrs. C.A. Davenport, Mrs. H.A. Whitley, Mrs. J.R. Futrell, Mrs. T.W. Wilson, and Miss Louise Chalk.

Mrs. Newbold was the high score winner. A sweet course was served.

Miss Thelma Elliott entertained her bridge club Tuesday night at her home on Phelps Street. Those playing were Mrs. C.E. Johnson, Mrs. Montfort Haslam, Mrs. Charles Whedbee, Mrs. Eldon Winslow, Miss Louise Chalk, Miss Mary Helene Newby, and the hostess.

Mrs. Haslam won the high score prize. A sweet course was served.

Miss Ruby White was hostess to her bridge club Tuesday afternoon at her home on Church Street. Those playing were Mrs. G.W. Barbee, Mrs. C.R. Holmes, Mrs. John Coston, Mrs. T. L. Jessup, Mrs. Jack Kanoy, Miss Mary Sumner, Miss Thelma Elliott, and the hostess.

Mrs. Holmes was high score winner. A sweet course was served.

Looking Backward

OCT. 1937
By VIRGINIA WHITE
TRANSEAU
LAND BE SOLD FOR TAXES NOVEMBER 8: The Board of County Commissioners on Monday ordered that advertisement of land for sale for taxes by the sheriff be made next week, sale to be held on Nov. 8. This is approximately the time at which the sale was made in 1936.

WOOD-LEWIS: The marriage of Miss Mildred Lewis of Perquimans County and Gerald Wood of Pasquotank County took place on Saturday, October 2, at the District Parsonage of the M.C. Church South in Elizabeth City with the Rev. B.B. Slaughter, presiding elder of the Elizabeth City District performing the ceremony. Mrs. Wood is the attractive daughter of Mr. and Mrs. W.W. Lewis of Rt. 2, Hertford. The bridegroom is the son of Mr. and Mrs. Jesse Wood, of Rt. 2 Elizabeth City.

PROCTOR-BYRUM: Miss Sybil Byrum of Belvidere and Joseph Proctor were quietly married on Thursday, September 30 at the home of the Rev. A.A. Butler in Hertford, with Mr. Butler officiating. The bride is the attractive daughter of Mr. and Mrs. Arthur Byrum. The bridegroom is a son of Mr. and Mrs. V.L. Proctor and is a prosperous farmer.

SURPRISE BIRTHDAY DINNER: The children of Mr. and Mrs. T.W. Nixon, entertained at a surprise birthday dinner in honor of their parents on October 3rd. Those present including the honorees were Mr. and Mrs. Sidney Layden, Sidney and Bob Layden, Mrs. D.A. Jones, Mrs. Betty Jones, Doward, Eleanor and Thomas Jones, Preston and Russell Nixon, Joseph Rogerson, Misses Elizabeth, Miriam, and Minnie Louise Nixon. Guests who called in the afternoon were Misses Edna Layden and Dorothy Saunders, Roy Bass, Henry and Oscar Riddick Layden.

MRS. WILSON HURT IN FALL: Mrs. Trim Wilson was very painfully hurt when she fell from a step-ladder in her home in Hertford last Thursday and has been confined to her bed since. Her condition is somewhat improved. Mrs. Wilson's mother, Mrs. A.F. Toxey, of Elizabeth City, is with her.

PHARMACY NEWS
There's a 'third eye' watching over you!
Many pharmacies have turned to Patient Profile Records to up-grade their services to the public. These record systems are not required by law, but for these pharmacies which wish to give professional service, Patient Files help to serve as an extra, watchful "eye" over all prescription usage. From a professional standpoint and for your safety, it there's a possibility of drug interaction, we both want to spot. Patient Profiles help us do just that. So, if your druggist fails to offer this important service, switch your account to us and feel more assured knowing that a "third eye" is watching over your drug legend!

Charles Woodard's PHARMACY NEWS

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Safety First — Never share your medicine with anyone else, and do not take one prescribed for another person.

Woodard's Pharmacy
Dial 426-5527 Hertford, N.C.

Letter: 'Gone With The Wind' Is Still Number 1

TO THE EDITOR:
The Charlotte Observer claims that "Gone With The Wind" is still No. 1. "Jaws" has earned \$124 million thus far in a short period. However, the Observer says, "Jaws" only appears to be the all time box office success, a more analytical magazine, The Economist has figured out. The real champions are "Gone With The Wind" and "The Sound of Music." When inflation is reckoned in, "Gone With The Wind," made in 1938, sails ahead with an adjusted income of \$153 million; "The Sound of Music" is second with the equivalent of \$133 million.

The Observer further remarks that the two classics, "Gone With The Wind" and "The Sound of Music" will still be around a long time to come. Hence, according to The Charlotte Observer, Scarlett has time to return to the plantation and "think about it tomorrow."

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Hertford, N.C.

Woodard's Pharmacy Church St., Hertford

KERI LOTION 6 1/2 OZ. REG. 2.55 Sale 1.59	ALPHA KERI OIL 8 OZ. REG. 3.69 Sale 2.29	SUDAFED SYRUP 4 OZ. REG. 1.75 Sale 99¢	POND'S COLD CREAM 3 1/2 OZ. REG. 1.49 Sale 99¢
WELLA BALSAM SHAMPOO 8 OZ. REG. 2.25 Sale 1.39	VASELINE INT. CARE LOTION 15 OZ. REG. 2.29 Sale 1.29	LIQUIPRIN 50 CC REG. 1.49 Sale 97¢	MITCHUM ANTI-PERSP. SPRAY 5 OZ. REG. 3.75 Sale 2.39
CHAP STICK REG. 59¢ Sale 2 FOR 59¢	VO5 HAIR SPRAY 9 OZ. REG. 1.79 Sale 1.17	J. & T. BAND AID Clear Strip Patch REG. 1.09 Sale 63¢	BAYER ASPIRIN 300's REG. 2.99 Sale 1.99
BAYER CHILDREN'S COLD TABS. 30's REG. 83¢ Sale 53¢	PHILLIP'S MILK/MAGNESIA 26 OZ. REG. 1.95 Sale 1.29	PERSONNA DOUBLE II BLADES 5's REG. 1.39 Sale 88¢	DAVOL HEATING PAD REG. 8.45 Sale 5.49

SHOP AND SAVE AT WOODARD'S PHARMACY
Hertford, N.C.