



Bethel Ruritan meeting highlights

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The following charter members of the club were recognized by President F.A. McGoogan: R.S. Chappell Sr., T.R. Kirby, Emmett Long, Ernest W. Long, T. Julian Long, and Dewey

Perry Jr. These men, along with others, were presented a charter by Ruritan National in 1947. Charles Ward was recognized as first president of the local club. The first president of Ruritan National, Swindell Lowery, was speaker for the evening. He entertained the Ruritans and their wives with humor and the history of the national organization. Lowery explained that Ruritan National, America's only rural community service organization, was founded in 1928 in Hollard, Va. Jack Gwaltney, a vocational agricultural teacher, and his supervisor, Tom Downing, discussed the idea of a mens' club which

RURITAN ACTIVITIES — Highlights from the recent meeting of the Bethel Ruritan Club included remarks from guest speaker Swindell Lowery who was charter president of Ruritan National (at left) and presentation of the Albemarle District Ruritans \$500 scholarship. The recipient was Beth Swindell Hertford, shown at right receiving the check from Zone Chairman James Chambers.

would bring town and country people together in order that they might become better acquainted with one another and in this relationship be able to solve some of the community problems.

The Rotary Club of Suffolk, Va. assisted the new club in writing a constitution and within three years, five Ruritan Clubs joined together to call themselves Ruritan National. Since that time, Ruritan has grown to over 1,300 clubs with 37,000 members in 30 states Lowery pointed out.

The Albemarle District Ruritans award annually a \$500 scholarship to some deserving and outstanding

young person in the area. The year the scholarship committee named Miss Beth Swindell Hertford as the winner. Presentation of the scholarship was made at the meeting. Miss Swindell is a rising sophomore at Guilford College and is the daughter of Mr. and Mrs. Marion Swindell of Dobbs St., Hertford. Presentation of the check to Miss Swindell was made by Zone Chairman James Chambers.

President McGoogan recognized District Governor Walton Carter also for remarks.

Entertainment for the evening was furnished by Dennis Godwin on his banjo.

Taking a look backward

MAY, 1940
By VIRGINIA WHITE
TRANSEAU
JOHNSON RESIGNS AS

HIGH SCHOOL ATHLETIC DIRECTOR: James A. Johnson Jr., athletic coach at the high school for the past year, handed his

resignation to Superintendent F.T. Johnson Tuesday morning. Johnson (the coach) says he will accept a position in Portsmouth, Va., at Woodrow Wilson High School.

although the money has not been appropriated and made available. The loan funds were set up under the Bankhead-Jones Farm Tenant Act.

Local students on Dean's List

Three Perquimans County students are among the 1,990 at North Carolina State University to be named to the Dean's List for outstanding academic achievement for the spring semester.

Local students earning the honor were: Cathy F. Evans, majoring in computer science, daughter of Mr. and Mrs. J.L. Evans of Rt. 1, Hertford; James C. Wilson, an agriculture major, son of Mr. and Mrs. J.C. Wilson Jr. of Rt. 4, Hertford; and Timothy H. Wilson, majoring in mathematics, son of Mr. and Mrs. J.C. Wilson also of Rt. 4, Hertford. Chancellor Joab L. Thomas congratulated the students, who represent the top 11.7 percent of the University's student body of 17,000. Less

than two percent, 314 students, earned straight "A" averages.

The men and women earning the honors mastered subjects in the sciences, humanities, technologies and arts in 80 fields of study taught at the Land-Grant University.

Dean's List students represent 95 North Carolina counties, 34 other states and the District of Columbia and 21 foreign nations.

To earn Dean's List honors, students must earn an average of 3.2 (B+) or better.

Those earning the academic honor represented about two out of every 10 full-time students at the University.

Students completed their courses for the spring semester in early May.

H.C. SULLIVAN AND MARGARET DAIL TO WED TOMORROW: Henry Clay Sullivan Jr., grandson of Mr. and Mrs. J.P. Jessup, agent for Continental Life Insurance Company, and Margaret Dail of Chowan County, member of the office force in the local unit of the Farm Security Administration will be married in Edenton at the Baptist Church Saturday afternoon at 4:30.

BIRTH ANNOUNCEMENT: Mr. and Mrs. Kenard Miller of near Winfall are receiving congratulations on the birth of a son, William Ray, born Sunday, May 12, 1940.

KELLER-PIERCE: Miss Ruth Keller of Durham and Talbert Pierce of Winfall were quietly married at South Mills on Friday evening. The couple will make their home in Berkley, Va. where Mr. Pierce is employed.

\$50,000,000 AVAILABLE TO PURCHASE FARMS: Farm Security Administration is receiving applications for farm tenants who want to purchase farms next year. A. Houston Edward, County Supervisor for Chowan County, has announced that applications may be filed now in the FSA office in Edenton. Congress has authorized a fund not to exceed \$50,000,000 from which tenants may borrow for the purchase of farms

FIRE TRUCK: The fire truck here in Hertford has been in constant service for the past six years. The speedometer shows the equipment has been driven only 600 miles in that length of time...100 miles a year. You often drive a car that many miles in a single week. The greater part of this mileage, C.E. Walker says, was put on merely to keep the engine from going stale, not in answering fire alarms.

Lowery traces Ruritan history

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Aging Council hearing

A public hearing will be held June 9 at 10 a.m. at the Perquimans County Courthouse in Hertford regarding the FY 79 Area Plan on Aging. All interested persons are urged to attend.

A special call meeting of the Albemarle Advisory Council of the Aging will be held at 1 p.m. on June 8 at the Edenton Municipal Building in Edenton for full review of the Annual Area Plan on Aging.

ENCOURAGEMENT
Encourage children to help pick up toys by providing a large box, bag, cart or basket with the child's name on it.

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Send for first aid chart

Summer presents the family with increased risks. Like the rose and thorn, the "rose" of outdoor activities comes forth not without the "thorn" of greater accident risks.

Give your family proper precaution. Put on the protective "glove" of emergency action. Know what to do in case of poisonings; know how to use mouth-to-mouth breathing; know what to do in case of bleeding, burns, scalds, shock, broken bones, or eye contamination. Play safe. Send for our *First Aid In The Home*, Clipping Service, c/o this pharmacy, Box 5051, Raleigh, NC 27650. Post it inside your medicine cabinet for a "thornless" summer!

Charles Woodard
Prescription Specialist

Woodard's Pharmacy
Dial 426-5527 Hertford, N.C.

School menus for June 5-7

The following are the breakfast and lunch menus for Perquimans County Schools the week of June 5-7. Breakfast menus apply only to students in grades K-6:

HERTFORD GRAMMAR
Please see menus posted in each classroom

PERQUIMANS CENTRAL
Mon., June 5
Buttered Toast
Jelly
Juice
Milk

Country Style Steak
Whipped Potatoes
String Beans

Peaches
Milk
Tues., June 6
Doughnut
Applesauce
Milk

Chicken Salad
Lettuce & Tomato
French Fries
School Baked Rolls

Wed., June 7
Cinnamon Toast
Peaches
Milk

Pizza
Fruit Cup

French Fries
Milk
PERQUIMANS UNION
Mon., June 5
Juice
Assorted Cereal
Milk

Hot Dogs
French Fries
Cabbage-Carrot Slaw
Dessert
Milk

Tues., June 6
Fruit Cup
Toast & Bacon
Milk
Barbecued Chicken
Whipped Potatoes
Turnip Greens
School Baked Rolls
Milk

Wed., June 7
Juice
Assorted Cereal
Milk

Spaghetti with Meat Balls
Tossed Salad

Sliced Peaches
Milk
PERQUIMANS HIGH
Mon., June 5
Country Style Steak with
Gravy OR Fish Portions
Scalloped Potatoes
Garden Peas
Sliced Peaches
Fruit Cicle
Angel Biscuit
Cornbread
Milk

Tues., June 6
Pizza OR Cheeseburger on
Bun
String Beans
French Fries
Applesauce
Dessert
Milk

Wed., June 7
Pork Barbecue on Bun OR
Turkey Salad on Lettuce
Cole Slaw
French Fries
Fruit Cup
Crackers
Milk

Extension forum

By MRS. M.B. TAYLOR
Home Economics Extension Agent

FREEZER CONTAINERS

The right freezer container can make the difference between a quality frozen product and one that's so-so. But choosing the right container isn't easy, especially when you have a choice of plastic containers, glass jars, metal cans, polyethylene bags and boil-in-bags pouches. Plastic containers come in several sizes and shapes. Square or rectangular cartons take up less space than round ones do. Some of the less expensive cartons will crack and split easily — so you may save money by selecting the best quality available. You can buy dual-purpose jars for either canning or freezing. These jars withstand a wide temperature range and are tapered so frozen foods can be removed easily. Metal cans, including coffee, shortening, fruit, vegetable and meat cans, are economical. And you can buy plastic lids that will fit the metal cans snugly. Polyethylene bags are one of the most economical packaging materials. But if you choose them, be sure they are at least 1.005 millimeters thick. And as you shop, keep in mind that boil-in-bag freezer pouches are especially good for foods that are hard to reheat or that are easy to overcook.

COPING WITH INFLATION

How to slow down the spiral of increasing wages and prices is of great concern to many of us. So some Tar Heels are taking matters into their own hands by looking for ways to "tighten the family belt." For example, many families are being more selective with their shopping, taking the time to compare price and quality. Some families are taking advantage of sales and specials and others are eating fewer meals away from home. Some people are doing away with long vacations, opting instead for camping trips or other low-cost holidays. And do-it-yourself is catching on. More and more of us are doing our own home improvements or tinkering with our own cars. There's the home haircut and the home sewing boom. And many savvy homemakers are finding ways to recycle clothes for longer wear. It all adds up to this. How a family declares its private war on inflation is a personal choice. While some will try to cut food costs, others will worry about transportation or medical care. It all boils down to what your family thinks is very important and less than very important.

Clinics offered

The following is a listing of clinics and activities offered to the public by the Perquimans County Health Department. The department is located at 103 Charles St., Hertford and more information is available by phoning 426-5488. General clinic will be held on Friday, June 2 from 1-4:30 p.m. Maternity clinic will be held on Monday, June 5

starting at 8:30 a.m. by appointment only. And family planning clinic will be held the same day starting at noon. That clinic is also by appointment.

Child health clinic will be held at the Perquimans department on Wednesday, June 7 by appointment starting at 12:30 p.m. General clinic will be offered again on Friday, June 9 from 1-4:30 p.m.

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announce office hours available in Edenton, N. C., each Wednesday, effective March 1, 1978.

Patients with ear, nose, throat or facial plastic problems can make appointments through the main office in Elizabeth City at 335-2923.

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THE REVOLUTIONARY "HIGH VACUUM" RIDER.

A CUT ABOVE THE REST. The new Snapper "High Vacuum" Riding Mower not only gives your lawn an incredibly smooth cut, it also vacuums up grass, leaves, twigs and other light litter. So you can keep your lawn looking great year round.

IT TAKES A LOT OF GRASS TO FILL THE BAG-N-WAGON, BUT VERY LITTLE EFFORT TO EMPTY IT. The optional Bag-N-Wagon holds an unbelievable 30 bushels. So you may be able to mow and vacuum your entire lawn without stopping to empty. And when it's finally time to empty the Bag-N-Wagon, you'll find that it's quick and easy to do.

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