Area students named to college Dean's Lists-

C.O.A.

Eight Perquimans County residents were among 137 College of the Albemarle students who were named to the spring quarter Dean's List because of their high school scholastic averages. The honor

list was released this week by Norman L. Norfleet, COA dean of instruction.

The number of students wno earned the academic honor represents 12 percent of the overall spring quarter enrollment of 1,139 curriculum students. Perquimans scholars make up approximately six

Norfleet explained that in order to become eligible for the recognition, students must complete a minimum of 12 quarter-hours of course work with a 3.5(B+) or better grade point average, and no grade below "C." The highest possible

Achievement Academy. Greg is

a member of Epworth Methodist

Church where he is a choir

member and Substitute

Superintendent of Sunday

School. Greg plans to enter

College of the Albemarle this

Local students include: William Cayton, III, automotive mechanics; Dawn Elliott, college transfer; Clara Gilliam, general office technology; Francis Jellico, air conditioning, refrigeration, and heating; Becky Skidgel, nurses' assistant; Sandra Stokely, general office technology; Elaine Twine, business administration technology; and Gloria White, practical nursing education.

E.C.U.

earning academic honors at East Carolina University during the spring represent 89 of the state's 100 counties.

A total of 2,829 ECU studens earned places on the university's

official honors list for the semester, compared to 2,673 for the fall semester.

Most elite of the honors is all A's. Those making the Dean's List have earned a B plus average with no grade below C. The Honor Roll includes students with a B average and no grade

Judith Dora Jester, all A's, Karen J. Lane, Dean's List, William E. Pierce, III, Honor Roll and Bonnie P. Underwood, Honor Roll, were among the list of students from Perquimans

Meredith

RALEIGH, N.C.-North Carolina students have been named to the dean's list for the College, Dr. Allen Burris, vice president and dean of the college has announced.

For a student to be named to the dean's list at Meredith, she must have a semester grade of at least 3.2 out of a possible 4.0 and must have completed a minimum of 12 semester hours and passed all courses taken at Meredith.

Meredith, founded in 1891 by North Carolina Baptists, is the largest, four-year, churchrelated liberal arts college for women in the southeastern United States.

Ginger Ann Stallings-daughter of Mr. and Mrs. Garland Stallings of Route 1, Belvidere was among the students named to the dean's list.

Barclift receives scholarship



BARCLIFT

Harrell named to honor list

Officials from Martin Community College in Williamston announced this week that James T. Harrell of Hertford was among the fifty-two students named to the institution's honors list for spring quarter. Harrell who is enrolled in the Cosmetology program was among the thirty-one students named to the Honors List which is reserved for students compiling a 3.5 or better grade average.

Treating hypertension

Hypertension-also called high blood pressure-is a slow and silent killer, but the North Carolina Medical Society says prompt detection and treatment can control it.

Hypertension shows no symptoms, and a person who has it does not feel "sick." Though it's a "silent" disease, hypertension can be a killer if it's not treated. It is a major cause of stroke, heart failure, and kidney failure, but these disorders can be prevented with control of high blood pressure.

several facors do play a part in Johnson. the disorder.

To control hypertension, a patient must begin a program of proper medical treatment and stick with it even though he or she may not feel sick.

Greg Barclift a 1984 honor graduate of Perquimans High School, was recently awarded the 2nd Annual Scott Williams Memorial Scholarship Award.

Greg was chosen for the \$200 Scholarship by a panel of (11) eleven faculty members for "outstanding qualities of

academic achievement, sportsmanship and moral character at Perquimans High School." All seniors with an A-B four year average are considered for this award, with no

application required. Greg's name was added to a plaque at the school honoring all the receipients of this special award.

Greg, son of Mr. & Mrs. C. D. Barclift of Winfall was a member of the Beta Club, High School Band, French Club, Society of Distinguished American High School Students, Who's Who Among American High School Students, Academic All-American, and United States

The Sixth Six Weeks honor students include the following: A-Honor Roll-Sonny Larabee. Chris Mansfield, Gina Stevenson, Scott Dizon, Alice White, Tammy Lane, Lori Ann Gard, Elmer Boyce, Angela Spivey, Jarrad Baccus, Brad Hurdle, and Maria

The A-B Honor Roll includes the following: Karen Boyce, Linda Barclift, Jeff Cain, Carol Layden, Cindy Pierce, Tami Dizon, Eddie Lassiter, Michelle Rue, Valerie Vaughn, Kathy Wood, Sheila Harrell, Sazanne Winslow, David Winslow, Greg Barclift, Tim Bryant, David Cain, David Saunders, Teresa Schallock, Wayne Wilder, Martin Copeland, William Gillam, Eric Skinner, Cindy Eure, Susan Neisinger, Monica Roach, Eric Boyce, Renee Spruill, Thomissa Winslow, Lisa Copeland, Ivie Elliott, Keith Wood, Cathy Byrum, Cathy Insley, Katie Peal, Belinda Winslow, and Marissa Stevenson.

Also, Lisa Bryant, Karen Tice, ood pressure. Sherry Walker, April Hanson, In most cases of hypertension Bonnie Harris, Andrea Spivey, the cause is not known. But Brian Williamson, and David

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