

# AGRICULTURE

## Try using nature's method of dehydration

A fancy new dehydrator isn't all that necessary for drying foods, says Gardens for All Magazine. Long before modern methods came into use, folks in the mountains of North Carolina practiced the art of drying foods naturally. I remember seeing it occasionally when I lived in the Appalachian region of West Virginia. Food drying was a

tightly sealed jars. To use, boil apple rings in equal parts water and simmer until soft. They will be brownish instead of off-white like store-bought ones because you didn't use sulphur.

Judy Clark Bernard also suggests methods for drying corn and pumpkins. Take roasting ears, strip husks back and tie. After hanging in sun for several days, store in a dry place suspended by the husks. To prepare, soak in water for half an hour, strip kernels and boil until tender.

Pumpkin dried in the same manner as apples can be eaten raw, rather like a confection. For pies and so forth, however, the pumpkin must be cooked to soften.

The name "permission," according to Organic Gardening, comes from the Algonquin word "putchamin," meaning dried fruit. Persimmons can be dried whole, sliced, skinned or unskinned. Reconstitute by

soaking in water with a small amount of lemon juice added. Persimmons are a great source of Vitamin A.

Peppers should be washed, strung on a cord and placed in a dry place. Hot peppers are usually chopped and used dried, but both sweet and hot dried peppers may be soaked in water and chopped for use in sauces.

Up North, sun-dried tomatoes sell up to 15 dollars a pound, and I'm not kidding. Maybe it's because the process takes three days of sunny clear weather, and we can't always count on that.

Anyway, use paste tomatoes—they dry faster. Slice in half and lay cut-side-up on nylon screens outdoors. When the tomatoes are well-dried but still pliable, store them in glass jars with screw-top jars which will protect them from humidity.

When you want to use the tomatoes, soak them in equal parts vinegar and boiling water. When they have softened, drain

and cover with olive oil, adding a silver of garlic and some oregano. Marinate or at least twenty-four hours, or up to a month—delicious when added to pasta, or mixed into tomato sauces for Mexican cuisine.

Here's my favorite: leather britches. If you know what they are, you were already ahead of

me. That's the name for dried string beans. The young, tender pods are strung on a cord like a necklace and hung in a warm, dry place, such as an attic.

When cooking time comes, soak the beans overnight, parboil about an hour until fairly tender, rinse, add clean water and seasonings. Cook until done.

You and I may have missed the last Conestoga west, it's true, but if we experiment with this inventive and ancient method of food preparation we will be able to understand how our ancestors were able to tough it out.

And survive—which at that time was the name of the game.



BEYOND THE WEEDS by Jean Winslow

community thing, much like barn building, when food was shucked, peeled, chopped, washed and trashed amidst laughter, music, mingling, and some other stuff.

You can follow the same routine today. Use the foods you grow in your garden for real economy.

Apples should be peeled and cored, sliced into rings, strung onto heavy cords and placed in front of a fireplace or dried in the sun, covered with a piece of cheese cloth. Avoid rains or night dew.

It usually takes three or four days in the sun to dry fruit sufficiently for winter storage.

says Organic Gardening Encyclopedia. It is finished when it feels dry and leathery on the outside and slightly moist on the inside. Store in plastic bags or

## County tour

County cattlemen and other interested people are invited to attend a local tour on Wednesday, August 29. The purpose of this tour is to see other producers doing some of the approved practices in their operations. If you plan to attend, contact the extension office (426-5428) by Friday August 24. A schedule follows:

- 7:30 a.m. — Meet at Extension Building
- 8:00-8:45 a.m. — Billy Elliott — purebred Simmental herd; pearl millet grazing; sub-clover
- 9:00-9:30 a.m. — Belvidere Packing Plant (Jim Collins; host) actual kill demonstration; tour the facility
- 9:45-10:30 a.m. — Howard Wiggins — commercial feedlot; use of silage and late summer annuals; handling facilities
- 11:00-11:30 — Leon Brickhouse — upgrading commercial cow herd; advantages of a good set of handling facility
- 11:45-12:45 p.m. — Golden Corral Restaurant (Dutch Treat)
- 1:00-1:30 p.m. — Ike Jackson — tour W. T. Jackson and Son purebred Angus farm; N.C. Cattlemen's Association; performance testing
- 2:00 p.m. — W. W. Chappell — use of performance tested bull in crossbreeding program; insecticide ear tags; graded stocker sale

## Long named supervisor

F. Sidney Long, Jr., has been named supervisor for the Nash County office of Farmers Home Administration in Nashville, where he had served as an assistant county supervisor since 1970.

The son of Mr. and Mrs. Freeman Long of Hertford, Long is a graduate of North Carolina State University with a bachelor degree in science degree in agronomy technology and a master's degree in soil science.

He is married to the former Ruth Anne Mayton of Raleigh and they have two children, Edward and Jennifer. They are members of the Nashville Baptist Church.

# CLASSIFIEDS

# GARDENERS

### 3 - Personals

Reduce safe and fast with GoBese Capsules and E-Vap "water pills". Woodard's Pharmacy Aug. 2, 8, 16, 23, 30, pd.

### 5 - Help Wanted

Federal, State & Civil Service jobs now available in your area. Call 1-(619)-569-8304 for info. 24hrs. Aug. 23, 30, Sept. 6, pd.

### 6 - Situations Wanted

Will do housecleaning in your home. Weekly, bi-weekly. No job too big or small, reasonable rates, also commercial offices. Sheryl 426-7667. Aug. 2, 9, 16, 23, chg.

### 7 - Child Care

Openings for children at Noah's Ark Christian Day Care in Elizabeth City. Call 338-2943. Aug. 9, 16, 23, chg.

### 12 - Radio, TV, Stereo

LANDRETH'S RENT-A-TV-STEREO. Option To Buy Program. Sell/trade/buy TV's. 338-1322. May 10, 17n., chg.

### 18 - Furniture For Sale

Desk for sale. Call 426-7705. Aug. 2, 17n.

### 20 - Lawn & Garden

KNK Lawn Mower Repair. Rebuild lawn mowers/trimmers guaranteed! All types. 335-2159. Aug. 16, 23, 30, Sept. 6, chg.

### 24 - Construction

Farm and commercial buildings for sale. J. H. Cuthrell Co., call 1-800-682-7777, Washington, NC. TPN, f.

### 26 - Misc. For Sale

BLUEBERRIES U-PICK PERRY'S FARM 50 CENTS LB. OPEN 8:00 to 5:30 Monday through Saturday Closed Sunday FROM HERTFORD take Grubb St. extended towards Tyner. Go 5 miles, turn right and follow signs. Aug. 23, chg.

Rich, black topsoil, white sand. Best available. We deliver or load your truck. 264-2361. May 10, 17n., chg.

### 30 - Business Opportunity

Own your own Jean Sportswear, Ladies Apparel. Combination, Accessories, Large Size store. National brands: Jordache, Chic, Lee, Levi, Vanderbilt, Izod, Esprit, Britania, Calvin Klein, Sergio Valente, Evan Picone, Calbarne, Members Only, Organically Grown, Healthtex, 700 others. \$7,900 to \$24,900, inventory, airfare, training, fixtures, grand opening, etc. Can open 15 days. Mr. Laughlin (612) 888-6555. August 23, pd.

National Company looking for Satellite Antenna Dealers. No Experience Required. Complete Unit Prices \$630.00 and Up. Retail \$1,295.00. Phones Open 24 Hours 303-570-7800. Aug. 16, 23, 30, chg.

Make Money Working At Home! Be Flooded With Offers! Details — Rush stamped self-addressed envelope to N.D.G., Dept. E, P.O. Box 453, Blue Ridge, Ga. 30513. Aug. 9, 16, 23, pd.

CALL 426-5729

### 36 - Farm Equipment

2 GT-570 Grain Dryers. Very Good condition. Phone 335-5602 or 338-2796. July 19, 17n., chg.

SUPER 8 GRAIN DRYERS Automatic batch and continuous flow types. Trade allowance on your old dryers. Some good used dryers available. Also, metal buildings, bins, elevator legs, augers, motors, etc. Sales, service and installation. Free estimates. Harold Pritchard, Jr. Phone 335-5602 or 338-2796. July 19, 17n., chg.

### 43 - Misc. For Rent

Storage for rent — Albemarle Mini Warehouses, 2 locations to serve you: Mill-End Road, Edenton and 1705 Weeksville Rd., Elizabeth City. Call 482-7300 or 338-1752 if no answer. Also rent Ryder Trucks. May 10-Oct. 11, chg.

### 52 - Houses For Sale

It's a Grand Old House! 4 or 5 bedrooms, 2 baths, living room, large country eat-in kitchen with ample cabinets, utility room with ample cabinets. Immaculate — In the Country! \$49,000. Character, charm, convenience, large lot, spacious house, three bedrooms, 1 1/2 baths, family room with fireplace, dining room, living room, beautiful kitchen, 2 enclosed porches, double car garage, \$47,000. Call the Rich Co. 338-2183. Aug. 16, 23, chg.

A REAL BARGAIN — Brick ranch home, 3 bedrooms, 1 1/2 baths, living room kitchen-dining combination, garage, newly refinished inside and out. 5 miles north of Hertford on the highway. Service personnel no downpayment. Others \$2,500 down. 30 yr. financing. R. L. Hollowell, Hertford — day 426-5761 — night, 426-5844. June 28, 17n., chg.

Two story house for sale. Prime location. \$125,000. Serious inquiries only. Bobby Hollowell 426-5761 (days). Aug. 16, 23, 30, chg.

### 53 - Mobile Homes For Sale

A new 1985 Santa Fe — Double-Wide, 3 bedrooms, 1 1/2 baths, fully furnished with masonite siding and shingled roof. Country Squire Mobile Homes, 754-9874, 703 W. Greenville Blvd., Greenville, N.C. Aug. 23, 30, chg.

New 1985 Santa Fe — 3 bedrooms, 1 1/2 baths, 14' wide. Fully furnished. "A" Roof, ceiling fan, less than \$180 per month. Country Squire Mobile Homes, 754-9874, 703 W. Greenville Blvd., Greenville, N.C. Aug. 23, 30, chg.



Work For You! CALL TODAY 426-5728 The Perquimans Weekly

### 53 - Mobile Homes For Sale

Used 1977 Oakwood — 2 bedrooms, 1 bath, front kitchen, excellent condition. Already set up in Evans Mobile Home Park. Small Down Payment and payments less than \$125 per month. Country Squire Mobile Homes, 754-9874, 703 W. Greenville Blvd., Greenville, N.C. Aug. 23, 30, chg.

### 60 - Campers

Travel trailers, RV Motor Homes, Tent Campers, and pickup caps. Mann's Inc., West Broad St., Elizabeth City, N.C. 338-6256. Aug. 23, chg.

### 61 - Autos For Sale

1981 Buick Regal — Good condition, A/C, tilt wheel, AM/FM Stereo, power steering, power brakes. Call 426-5195. After 5:00 482-8974. Aug. 23, 30, Sept. 6, 13, chg.

### LEGALS

NOTICE OF PUBLIC HEARING TOWN OF HERTFORD The citizens of the Town of Hertford are hereby informed that the Board of Commissioners of the Town of Hertford will consider the adoption of a Redevelopment Plan for the King Street II Redevelopment Area. In accordance with G.S. 160-505, the Board of Commissioners has designated itself to perform the powers, duties and responsibilities of a redevelopment commission. Approval of the redevelopment plan by the Board of Commissioners will constitute approval by both bodies. The Town will conduct a public hearing on the proposed

### LEGALS

redevelopment plan on September 10, 1984, at 7:00 p.m. at the Town Hall, Grubb Street, Hertford. At this hearing the Board of Commissioners will afford an opportunity to all persons or agencies interested to be heard and will receive, make known, and consider recommendations in writing with respect to the redevelopment plan. The redevelopment plan will be available for public inspection at Town Hall on August 30, 1984. A description of the boundaries of the redevelopment areas are as follows:

Beginning at the intersection of the western right-of-way line of Church Street and the southern right-of-way of King Street, thence westerly along the southern right-of-way of King Street approximately 130 feet to a property corner; thence southerly along a property line approximately 70 feet to a property corner; thence westerly along a property line approximately 40 feet to a property corner; thence northerly along a property line approximately 70 feet to the southern right-of-way of King Street, thence westerly along the southern right-of-way of King

Street approximately 125 feet to a property corner; thence southerly along a property line approximately 110 feet to a property corner; thence westerly along the rear property lines of property fronting on King Street approximately 135 feet to a property corner; thence northerly along a property line approximately 110 feet to the southern right-of-way of King Street; thence westerly along the southern right-of-way of King Street approximately 240 feet to the

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WILSON 237-9012

### LEGALS

intersection of the southern right-of-way of King Street and the western right-of-way of Gum Street; thence southerly along the western right-of-way of Gum Street approximately 560 feet to a property corner; thence westerly along a property line approximately 65 feet to a property corner; thence northerly along the rear property line of a property facing King Street; thence easterly along the rear property lines of properties facing King Street approximately 115 feet to a property corner; thence southerly along a property line approximately 180 feet to the northern right-of-way of King Street; thence easterly along the northern right-of-way of King Street to a property corner; thence northerly along a property line approximately 150 feet to a property corner; thence easterly along the rear property line of properties facing King Street approximately 210 feet to a property corner; thence northerly along a property line approximately 30 feet to a property corner; thence easterly along a property line

### LEGALS

approximately 50 feet to a property corner; thence northerly along a property line approximately 75 feet to the southern right-of-way of Dobbs Street; thence easterly along the southern right-of-way of Dobbs Street approximately 100 feet to a property corner; thence southerly approximately 210 feet along a property line to the rear property line of a property facing King Street; thence easterly along the rear property lines of properties facing King Street approximately 115 feet to a property corner; thence southerly along a property line approximately 180 feet to the northern right-of-way of King Street; thence easterly along the northern right-of-way of King Street to a property corner; thence northerly along a property line approximately 150 feet to a property corner; thence easterly along the rear property line of properties facing King Street approximately 210 feet to a property corner; thence northerly along a property line approximately 30 feet to a property corner; thence easterly along a property line

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