

# Community

## Engaged

Mr. and Mrs. Frank Blockside, Jr. of Chapel Hill, NC announce the engagement of their daughter, Cathy Cardinal Blockside, to Edward Allen Jones of Durham. He is the son of Mr. and Mrs. Doward N. Jones of Plymouth and the grandson of Mrs. Addie Keegan of Hertford. The couple will be married June 14 at University Methodist Church, Chapel Hill.

**WHITE-COPELAND**  
Mr. and Mrs. William Anderson White of 721 Whedbee Drive, Hertford, NC announce the en-

gagement of their daughter, Alice May White to William Kelly Copeland, son of Mr. and Mrs. Thomas Riddick of Hertford, N.C. and Mr. James Copeland of Edenton, N.C.

Miss White attended Perquimans County High School and is a student at the College of The Albemarle. He is currently a partner in Chappell and Copeland Builders.

The wedding is planned for June 21, 1986, 3:30 p.m. at the Hertford United Methodist Church. Friends and relatives are invited to attend.

**WHITE-LANCE**  
Mrs. Marvin White of Winfall, N.C. announces the engagement of her daughter Dona Lee White to Lance Wayne Gomes, son of Mr. & Mrs. Harold Gomes of Kaneohe, HI.

The wedding is planned for April 26, 1986 at 10:30 a.m. at Paradise Park in Honolulu, HI. A reception will follow the ceremony at Paradise Park Restaurant. Friends and relatives are invited.



BLOCKSIDGE



ALICE MAY WHITE

## Homemakers hold Activity Day

The Perquimans County Extension Homemakers recently observed and attended their Annual Spring Achievement and Northeastern District Activity Day in Hertford and Bath, N.C. Both events provided challenging and motivating idea.

Winni Wood, spoke on "Celebrating Change" at the annual Day in Bath while Mr. Reese Edwards, radio-TV personality from Agricultural Information, North Carolina State University, spoke on "Motivation and Communication" at the local meeting in Hertford. His entertaining talk informed us that motivation first begins by setting goals. Second he told us that we must be awake to the opportunities to reach those goals and third, don't spend time wanting the other fellows job!

Mrs. Emily Harrell, District Cultural Arts Chairman, was in charge of the District and County crafts display and competition. District winners from Perquimans County were: Visual, Margaret Kelly from Bethel Club for her oil painting and Janie Stanton from Winfall Club for her Creative Crafts-Needle Craft-Embroidery. These winners will go to State Competition.

County Winners were: Creative Crafts: Needle Work—Crocheting—Alice Lane, Dolls—Corshuck—Emma Burke, Quilting—Stella Nash, Heritage Armenia Needle Lace—Emily Harrell, Basket—Lynn Hilborn, Miscellaneous—Armenia Needle Lane—Emily Harrell.

Other highlights of the local meeting at which Mr. Thelma Rogerson, County Council President, presided were devotional

by Mary Cosand and entertainment by The Rev. Rendel Cosand who presented patriotic and religious selections on his vibratory, and skit "Let Program of Work Be Your Umbrella" by Emma Burke, 1st Vice President, and program chairmen.

Mr. Stan Winslow, County Extension Chairman, presented perfect attendance certificates to the following: Isetta Howollel,

Reba Hurdle, Thelma Rogerson, Blanche Stallings, Alice Combs, Etheleen Davenport, Helen Timms and Sallie Knight. Mrs. Paige Underwood, Home Economics Extension Agent recognized Holiday Island and President, Helen Timms as the Club of the year. Prior to adjournment, a "Belt Review" was given by Anne White, Helen Timms, Arlene McGinty and Paige Underwood.

## Rice is a versatile cooking staple

Rice has ventured into many recipes in my collection. The staple starch is quite versatile and combines easily with seasonings and vegetables. Either of these rice dishes is good with a pork roast, grilled chicken or beef.

thyme. Stir both into rice mixture. Transfer to a 1½ quart casserole dish. Bake covered for 30-40 minutes or until all liquid is absorbed.

### ROYAL RICE

- 1 12 oz. jar marinated artichoke hearts
- 1 cup uncooked rice
- 2 cups chicken broth
- ¼ teaspoon salt
- pinch, thyme
- 4 green onions, chopped
- ½ green pepper, diced
- one-third cup mayonaise
- ¾ teaspoon curry powder

Drain artichokes reserving liquid aside. Cook rice in broth in covered saucepan. When rice is done add salt, thyme and scallions, artichokes and green pepper. Mix well. Combine marinade from artichokes with mayonaise and curry. Gently toss with rice mixture. Serves 6-8. (Note—this may also be served as a luncheon salad! Serve on a bed of lettuce. Surround by cherry tomatoes. Garnish with parsley!)



**COOK'S CORNER**

BY EDNA WOLVERTON

### RICE PILAF

- 6 tablespoons butter
- 1 medium onion, chopped
- ¼ cup finely chopped green peppers
- 2 stalks celery, finely chopped
- 1 cup uncooked rice
- ¼ teaspoon thyme
- 2 cup chicken broth

Saute vegetables in 3 tablespoons butter. Set aside. Brown rice in remaining 3 tablespoons butter. Stir in vegetables and

## Managing for tomorrow

Every consumer today is interested in saving an extra Food Dollar. Many clip coupons and head for their local grocery stores on "Double Coupon days",

Preheat oven only for cakes, pastries and breads or other foods that require heat for rising.

Use meat extenders and meat substitutes.

Cook food in quantity and freeze for future meals.

Freeze meat broth for soups, stews and gravies, later on.

By meats on sale in quantity and have cut for freezing family portions.

If possible, shop for groceries when you are not hungry to prevent buying things you don't need.

Bring food quickly to boiling (covered) and reduce heat to low to complete cooking.

Use small appliances for cooking whenever possible.

Do not "shop" in your refrigerator, open door only briefly and conserve cold air.

Make solar tea by putting tea bags in water in glass jar and sit in sun, when the proper color is reached remove bags and refrigerate.

Save meat trays for repacking meats or to take cake to shut-ins.

Comparative shop—buy generic or store brands when quality for finished products is acceptable.

Extension News



north carolina AGRICULTURAL EXTENSION SERVICE

By Juanita Bailey

others watch for the food ad pages with an eagle eye to take advantage of store specials. Still others shop with, coupons in hand, a detailed grocery list and a sharp eye for unadvertised store specials. Whatever your method of stretching your food dollar, here are others that many help you have more food for the dollar spent.

Purchase meat by serving (3 to 4 ounces) and not by the pound. Freeze bits of left-over cooked vegetables for big pot of soup at end of month. Can be Frozen in same container.

If using oven, plan complete oven meal.

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## ELECT JOE LOTHIAN SHERIFF OF PERQUIMANS COUNTY



**VOTE FOR EXPERIENCE**  
**VOTE FOR THE FUTURE OF LAW ENFORCEMENT IN PERQUIMANS COUNTY.**

- **10 YEARS OF LAW ENFORCEMENT EXPERIENCE**
- 4 Years as an Elizabeth City Police Officer
- 3 Years as a Deputy Sheriff with the Perquimans County Sheriff's Dept.
- 3 Years as Chief of Police of the Winfall Police Dept.
- **COMPLETED 2000 HOURS OF CERTIFIED TRAINING INCLUDING-**
- Specialized training in criminal investigations, drug investigations and intelligence gathering techniques, and advanced crime scene processing.

At present, I am attempting to get around the county to see as many of the people in this county as I can. I want to hear from as many of you as possible so I will know what you expect from your law enforcement officials.

As citizens, you should have a say in what you want from law enforcement. Unfortunately, due to my job as Chief of Police, I cannot spend as much time campaigning as I would like. I will not neglect my present duties for political gain. However, if elected sheriff, I pledge the same dedication to you and your needs.

*Joe Lothian*

PAID FOR BY FRIENDS TO ELECT JOE LOTHIAN SHERIFF OF PERQUIMANS COUNTY

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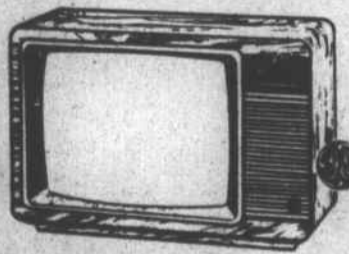
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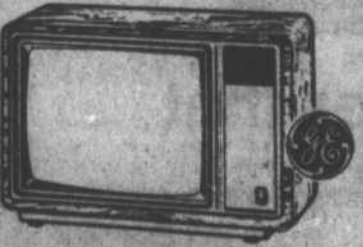
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