

Perspective

File 13-How to stuff a camel

I'm trying to figure out how I'll get the vacuum cleaner in here without sucking up all the notes and files that are stacked up on the floor. I need to organize and review what's been piled up here for months, years even. But right this minute I have a fat folder in my hands marked "File 13." So, how about some food facts to accompany your next country meal of collards and butterbeans:

Did you know that the average American adult will eat 525 pounds of food each year of his life? Consider the following: Taking into account that you have reached the age of 70, you will have consumed 35 turkeys, 23 hogs, 14 cattle, 12 sheep, 770 pounds of fish and 880 chickens. I was planning on going to the supermarket in a while, but I've suddenly had a change of heart.

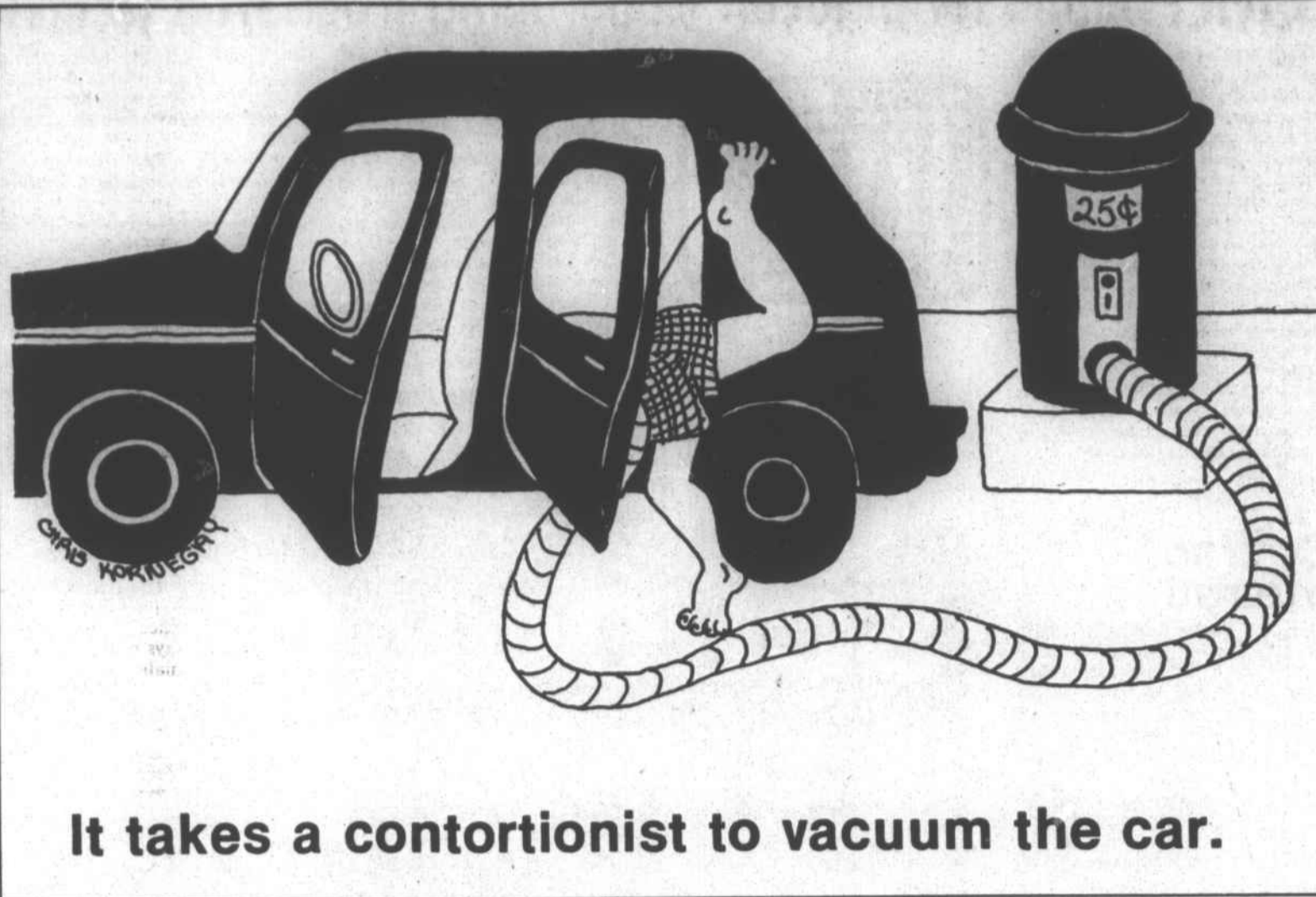
Did you ever hear of Hanson Crockett Gregory? Well, it seems that in 1847 Hanson was a 15-year old boy living in Rockport, Maine. He had a good case of indigestion due to the fact that his mother had been frying round, flat cake with a soggy, half-cooked center, done the same way the early Dutch settlers introduced them to Colonial America. Young Hanson took it upon himself to poke out the uncooked middles with a fork. When the dough was fried, it was considerably more delicious as well as easier to digest. Today, doughnut makers use a special machine to cut the centers, all because a 15-year old boy tired of indigestion in 1847. There's even a plaque commemorating that eventful day, nailed to the house in Maine where Hanson invented the doughnut hole.

I particularly owe a debt of gratitude to the English nobleman, the Fourth Earl of Sandwich, who, in the 1700's unknowingly gave his name to the popular concoction...the sandwich. The Earl was noted in his time as a compulsive gambler. He enjoyed so much that he would not take time away from the game to eat a decent meal. Instead, he had his servants place pieces of roasted meat between two slices of bread so that he was able to eat with one hand while continuing his card game with the other. McDonalds and I thank thee, Earl of Sandwich, from the bottom of



our toasted buns. And speaking of buns. There is, as you know, no ham in a hamburger. The name "hamburger" applies to our favorite fast food simply because it originated in Hamburg, Germany. The hamburger came to this country with German immigrants in the 1830's, but the bun was not added until the early 1900's. The frankfurter came from Frankfurt, Germany, bologna from Bologna, Italy, and salami from Salamis, A greek city on the island of Cypress. Moving on now to birthday cakes. The big breath needed to blow out the candle on your delicious cake is really a test of strength...a way for modern people to carry on the old custom of children showing their added skill and strength with each new year of live, a custom dating back to centuries ago.

I was horrified to discover that some Eskimo and South Sea Island tribes consider belching and burping at the end of a meal to be a form of politeness...a way of saying to their host, "Thank you. The food was excellent." I'd like to see "Miss Manners" get ahold of that "un. And last, but certainly not least...for all you devoted cuisine lovers who long for something other than cornbread and iced tea to-night...I present to you, the stuffed and roasted camel. Should you wish to rush right out for one, here's the way to do it: Cooked eggs are stuffed into fish. Fish are stuffed into cooked chickens. Chickens are stuffed into roasted sheet, and the sheep are stuffed into a whole camel which is roasted and then served as one gigantic main dish for wedding feasts of the Bedouin tribes of Africa. So dear friends, until next week, Bon Appetit from me and File 13.



It takes a contortionist to vacuum the car.

Mary Pool Nicholson outlived two husbands

Mary Pool Nicholson Bundy outlived two husbands (Christopher Nicholson and William Bundy). By his will of December 12, 1749, Bundy left her the feather bed and furniture he lay on, a side saddle, a black riding horse, a chest of drawers, a small gilded trunk a looking glass, and a box iron.

It is possible Mary is the same who married William Low in 1751, although that marriage may have been for another Mary. Mary had seven children by Nicholson and Bundy. Mariam Nicholson married Thomas Overman. Margaret Nicholson married William Boswell. Deborah Nicholson married Josiah Bogue. Thomas Nicholson will be told of hereafter. Mary Nicholson married Joseph Robinson. Ann Nicholson is not traced. Sarah Bundy



married Joseph Barrow, Joseph Pritchard, and Edmund Chancey. Mary's only son, Thomas Nicholson, became one of the most important Friends in pre-Revolutionary North Carolina. He was born about 1714, presumably in Perquimans County. He must have received a good education for the time and place, but no details are known.

When he was about nine years old his father died, bequeathing him the family's dwelling plantation in Perquimans and some other property. In 1724 Thomas' mother remarried and the boy grew to manhood under the tutelage of his stepfather, William Bundy.

Before he came of age, Thomas married. The minutes of Perquimans Monthly Meeting for March 7, 1733, detail the Quaker approach to marriage: "Thomas Nicholson and Mary Hill appeared laid their intentions of taking each other in marriage before the Meeting. John Nixon and Joseph Robertson are appointed to inquire into the conversation and clearness in relation to marriage of Thomas Nicholson." The next step came at the Monthly Meeting on April 2: "Thomas Nichol-

son and Mary Hill appeared and desired an answer to the proposals of taking each other in marriage. The inspectors bringing in a good report, the Meeting leaves them to their liberty to appoint a day to accomplish their said marriage according to order."

The day they appointed was April 18, and Thomas and Mary were married in Chowan County, the home of Mary's father William Hill. (Hill was one of three men who prompted the establishment of a Quaker meeting at Piney Woods, a congregation which still worships.)

Although Thomas was from Perquimans and Mary from Chowan, the couple spent the early years of their married life in Pasquotank County, occupying a plantation belonging to Samuel Bundy.

20 years ago today

20 YEARS AGO
Elbert A. Moore, Jr. Begins Duties Monday As Conservation Technician. Elbert A. Moore, Jr., began work on Monday of this week as Conservation Technician, Soil Conservation Service, and will be working with F.A. McGoogan in servicing the farmers of Perquimans County. Mr. Moore was born and raised in Bertie County. Moore served 38 months in the U.S. Navy during World War II.



Thanksgiving holiday with the schools closing on November 28 and 29th. The Christmas holiday will begin at the close of school day on December 20. Schools will reopen after Christmas on January 6. Easter holidays are April 4, 7 and 8th. In the event there are make-up days, the holidays will be used.

Fire Chief Attends State Convention: R.C. (Bobby) Elliott, Hertford's Fire Chief, has returned to his desk after attending the N.C. State Firemen's Convention held last week in Raleigh. Chief Elliott was accompanied to Raleigh by his wife and daughter.

Congressman Jones Visits Perquimans: Congressman Walter B. Jones, visited the Don Juan Manufacturing Company this week. Don Juan was just one of the places visited in the county by the Congressman. He was well pleased with the Don Juan operations, and growth since locating here in Perquimans.

School System Is Ready For 1986-87: The county school system machinery is ready to go into motion, and schools are ready to begin their work on Monday, August 26. Labor Day holiday will be observed in the Perquimans Schools on Monday, September 2nd. This will be a two-day

Public poll

The Perquimans County Schools will be opening on Aug. 25, 1986, one week before Labor Day so we went

out on the street and asked "How do you feel about school starting before Labor Day?"

"I think that with the weather being like it is, they should start after Labor Day, but it will be fine."
Dora Gallop, Hertford

"I think the kids are about ready. It's been a nice break and I've enjoyed having them home."
Cynthia LeRoy, Hertford

"I think they should wait until after Labor Day because it's too hot. Their not going to be able to stay but half a day anyway and its hard on working parents."
Carolyn Trueblood, Hertford

"This is my last year and I want to get it over with."
LaParker Harvey, Hertford

President and vice president agree to drug test

If test results go as expected, all Americans can be pleased to know our Oval Office is free of drugs. President Reagan and his sidekick, Vice President Bush have agreed to drug testing. To think the results from such testing will be anything less than negative is to be as foolish as the pair taking the tests. If they believe testing themselves for drugs will have any impact on American's serious drug problem, they need to undergo additional testing on their think tanks.

Someone who didn't know different might think America's drug problem is something new and we've only been aware of it since the death of two ballplayers. Who would believe drug use has caught the attention of every president since William McKinley? And like McKinley, no president to date has been able to win against drugs. If the president's actions are any indication of future efforts, the war will not be won.

As can be expected, Congress wants in on the act as well. Not to be outdone by the Reagan House, our concerned Democratic Congress wants to try their favorite approach to any problem; throw money at all. While the president is willing to spend about \$100 million to correct the problem, Democrats, who certainly know something about spending money, are thinking in terms of least billion dollars.

There's no doubt additional dollars would help. Few police departments in the nation have the resources to develop effective programs to pursue and catch drug pushers. And if they do, where will we put them if the courts decide to convict them? Our prisons are overflowing now with small-time offenders and pushers.

Government does have a responsibility to help solve the drug problem. But foolish examples by national leaders and money thrown into worthless programs won't help. Such does little more than make politicians feel good about themselves, and attempting to be a role model, as Mr. Reagan has, will do little to influence the drug user or the seller. Today's drugs are serious problems



having an enormous impact on society. Drugs destroy those who use them and cause destruction in our society, especially among our young people. No victory can be claimed until we attack the problem at its source.

Effective programs designed to seek and punish those who find reward in the destruction of others are necessary, and anti-drug programs aimed at educating our young people will bring greater results than political foolishness. The real crisis isn't among White House employees but the kids on the street, kids in Harlem, in Raleigh, Scotland Neck, Hertford, and just about any other city or town in the nation. Testing to prove we have a drug-free president will have no impact on those who use or profit from drugs.

Mandated or even voluntary drug testing isn't going to defeat the problem. The only ones who will benefit from such testing will be civil-liberty lawyers who will have a field day defending individual rights. The impact of such testing on individual rights could be immense, and the loss of additional civil liberties will not defeat the real problems.

It is time to take a responsible approach to the drug problems facing the nation. We must make every effort to remove those responsible for pushing such drugs in our society while providing programs to assist those who have become dependent on drugs. And we must begin a very comprehensive program of education aimed at our youth. Perhaps if they can be convinced at an early age of the dangers of drugs, the market will cease to exist. This is certainly a goal worth working toward.

Festival of skills scheduled

The Annual Extension Homemakers Festival of Skills is "right around the corner", at the Albemarle Commission (ARPCD) Building, Hertford, N.C. on Saturday, September 6. Many tantalizing crafts and foods will be on sale from 10:00 a.m.—5:00 p.m.

The Extension Homemakers will offer a concession for everyone's pleasure and convenience. The following menu will be available: 1/4 lb. hamburger—1.25, hotdogs with or without chili—\$.75, primento cheese sandwiches—\$.85, dessert (tarts)—\$.50, brownies—\$.50 and coffee—\$.30. (Chili, mustard, relish, mayo, lettuce, onion, tomato will be available for dressing hotdogs and hamburgers.) We know you'll want to be part of

this fun filled day. Other booths will also feature baked and canned specialties that can be enjoyed immediately or stored for special or unexpected guests.

To highlight the festival there will be many talented craftsmen offering wonderful handmade items. Newcomers, Celia and Oliver Dail from Virginia Beach, will have an interesting line of handcrafted dolls, primitive paintings, and woodcraft. There touch will be welcomed as it blends in and adds to the one dozen other exhibitors. From angels to woodwork there will be exciting, useful and decorative items. Something for everyone!

For more information, call the Extension Office, 426-7697.

Agricultural embalance

We should have had an idea of what was happening when the South American country of Chile was advertising table grapes in U.S. radio stations this past winter. It was a sign of the times. Agricultural imports have exceeded exports for the first time in at least 20 years.

It's a blow to the American economy, not just the farm economy. We used to pat ourselves on the backs and say the positive balance of agricultural trade helps pay the cost of imported petroleum and consumer goods. Now, agriculture is contributing to the nation's trade deficit.

The problem is twofold. We've lost overseas markets and experienced a flood of food imports from Canadian

hogs to European apple juice. No longer are we just importing the so-called complementary products like coffee and bananas. U.S. producers, however, are seeking relief through the International Trade Commission, Customs Service and other means.

The other problems, the export slump, could be about to end since the 1985 farm bill prices farm exports more competitively.

For the first few weeks of the new crop year, wheat sales are up 17 percent from a year ago. Rice exports are running 30 percent ahead because they have the added benefit of a marketing loan, another pricing tool. Hopefully, the agricultural trade imbalance won't last long.

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