lended hearts hapter begun

Mended Hearts is an appropriate r Chowan County resident over Johnson, who wants to rm a local chapter of Mended earts, a national volunteer group dicated to helping heart patient id their families. Its 20,000 mem ers include patients, family memers and over 3,000 accredited visirs, 80 percent of whom are rmer heart patients themselves. Mended Hearts, formed in 1951 / four Boston heart-surgery pa ents, has a primary mission to iow that one can lead a normal ad active life after heart surger Basically, the group talks about fe after surgery" said Mr John on, who had heart surgery in t Norfolk's Sentara Hospital. The 63-year-old Johnson, who

The 63-year-old Johnson, who's a ative of Suffolk, Va., has been vising area heart patients with the opes of starting a local chapterince the closest chapters are consently in Greenville and Nortollihere are more than 200 chapters ationwide. "I almost gave up the dea of starting a chapter last versuit a couple of guys changed me nind, and I felt I was doing a little lood," said the Arrowhead Reach esident.

From those conversations, Melohnson set up the first minimation meeting for Tugaday, April 1th at 7:30 p.m. in Chowan Hespal's classroom. Dan Holman at Atlantic Regional Dynamics will be the presipeaker. The session will be the presipeaker. The session will be the presipeaker and what it takes to be paint ocal chapter.

Mr. Johnson feels, these enough heart patients in the North Bastern part of the state to warrant a local chapter. He added the salways new information regions geating habits and lifestyness make it vital to the heart patient attend."

For additional information state.

Mended Hearts or to repeat the meeting, call Grover at 221-8497 or Chewan Heapt at Claire Mills at 482-8451, ext. 213 or Pete Rogers at ext. 359.

Employment workshop set

The Chesapeake Campus of the water Community College is after ing a Federal Employment Workshop on Tuesday, April 1, from 1:30 to 2:45 p.m. in room 1:30

Topics to be covered a chirle in step-by-step explanation of applying for federal employment, tips for completing the federal job application (Sf-171) and the current outlook for federal employment in cally. The speaker will be Susan Holland, Personnel Staffing specialist at the Office of Personnel Management in Norfolk.

The workshop is free and open to the public. Registration is required. Call 547-9271, ext. 233 or 222 to register.

Dare Jaycees strike force

The Dare County Jaycees will bowl against dystrophy on April 17th at 7 p.m. to raise money to benefit the Muscular Dystrophy. Assoication. The Strike Forebowling event will be held at Beach Bowl.

Come out and meet those "darling" Jaycees in your community and cheer them on All money raised will benefit those with neuromuscular disease right here in Northeastern North Carolina

NOTICE OF PUBLIC HEARING

The Hertford Town Council will hold a Public Hearing in the Council Chambers of the Town Municipal Building at 7:00 PM on April 10, 1989 in Hertford, NC

The purpose of the Public Hearing is to receive public comments and suggestions concerning a possible Community Development Block Grant project for the Town. The Town plans to submit a CDBG project to the North Carolina Department of Natsural Resources and Community Development for possible funding.

Activities eligible for inclusion in this program include but are not limited the following: Housing rehabilitation, public facility construction, acquisition, clearance, relocation, and intallation of public utilities.

All interested citizens are urged to attend



and about your Easter bon-

class paraded to the lunchroom last Friday in bonnets and bouteniers to celebrate Easter.

Per la on the move

Miss Ann Rogerson of Greenville visited relatives in the area last weekend.

Mr. and Mrs. Joe Zaluski, From

Norfolk, Va. visited relatives here last week.

Mrs. Mary Adams and Mr. and

Mrs. David Adams from Connecticut, visited relatives here last week

Mrs. Fred Gregory and daughter wickie of Raleigh and Mr. Royce Vackers of Virginia Beach, VA spent with weekend with their mother Mrs. Ellie Vickers,

Mr. and Mrs. Phil Harris, Andrew and Courtney visited his parents, Mr. and Mrs. Joe Harris, in Chesapeake on Sunday.

(Editor's note: People on the move has not appeared regularly due to a lack of response from our readers. Many of our readers have expressed a great interest in the column, and have requested that we try to offer it at least every two weeks. Please call in your out-of-county visitors and visits so that we might share them with our readers. Thank you.)

heads scout fund drive

MAN: U.S. Air Force Technical Surgeant Thomas F. Jones, son of



Mrs. Addie N. Jones, has been named Outstanding Maintenance Man in his unit at Little Rock AFB, Ark. Sargeant Jones, a missile

Automatic bank tellers can be a

lifesaver, but never walk away

from a cash machine without ei-

ther completing or cancelling your

you combine a variety of vegetable

food dollar will buy more if

electronics systems technican, was selected for his leadership, exemplary conduct and duty performance. He is assigned to a unit of the Strategic Air Command. A 1953 graduate of Perquimans County High School, he attended the University of Arkansas. The sargeant and his wife, Alicia, have two children, Gloria, 15, and Thomas 12.

MAJ. COLSON EARNS OUT-STANDING UNIT AWARD FOR THIRD TIME: Major Harold G. Colson, Sr. of Route 3, Hertford is an aircrewman in a select Andrews AFS, MD. special air missions organization that has earned the U.S. Air Force Outstanding Unit Award for the third time

Weekly calendar

Thursday, March 30

Alcoholics Anonymous and Al-anon; 8:00 p.m.; Hertford United Methodist Church

Monday, April 3

Perquimans County Commissioners; 10:00 a.m.; Perquimans County.

Perquimans Playhouse Board Meeting; 3:00 p.m.; Angler's Cove Restaurant; dutch dinner at 6:30 p.m.

Tuesday, April 4

Bethel Fire Department; 7:00 p.m.; Bethel Fire Station Perquimans County Band Boosters; 7:30 p.m.; PCHS band room Parkville Ruritan Club; 7:00 p.m; Winfall Community Building Hertford Rotary Club; 6:30 p.m.; Hertford Cafe

Thursday, April 6

Alcoholics Anonymous and Al-anon; 8:00 p.m.; Hertford United Methalodist Church

Hertford Fire Department officers; 7:00 p.m.; Hertford Fire Station Hertford Lions Club; 7:00 p.m.; Hertford Lions Club Building

SHIPP advisors here; 10:30 a.m. - 1:00 p.m.; Perquimans County Se-



Purchase Any 5 Bags

of Quality Southern States Livestock and Poultry Feeds

and Get 1 Bag FREE.

Offer Good March 31st, 1989 through April 8th, 1989

SOUTHERN STATES COOPERATIVE, Inc.
Hertford Service

P.O. Box 645 Hertford, N.C. 27944

426-7164

Quality for Everyone

ATTENTION ALL AREA FARMERS

YOU ARE INVITED TO JOIN US AT OUR

ANNUAL

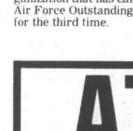
FARMERS APPRECIATION

DINNER

Thursday, MARCH 30, 1989 6:30 P.M. AMERICAN LEGION BUILDING HIGHWAY 17 NORTH, EDENTON, N.C.

Peoples Bank

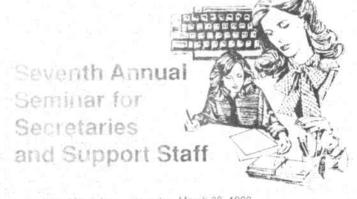
"Thinking Ahead" EDENTON, HERTFORD



proteins such as beans, pasta, cereals and breads.

Shop only once a week and cut your food bill. The more often you go to the grocery store, the more unnecessary items you buy.

transaction.



Vune Nr. - Dursday, March 30, 1989

College of The Albemarle
Lecture Auditorium
Elizabeth City Campus

\$20 for luncheon and seminar; bosses may attend tuncheon for additional \$6

AGENDA: Bobbie Brown's Starwinning Seminar entitled Office Update. Luncheon program will feature Carolyn S. Laws, executive director of the Elizabeth City Chamber of

S: Elizabeth City Executive Women's Network and College of The Albemarle's Small Business Center

PASTICIPANTS: Secretaries, office managers, administrafive assistants, customer service person-

nel, typists, word processing personnel, and receptionists

Now! Call the Elizabeth City Women's

College of The Albemarle

Network at 335-0984

BEGISTRATION: