

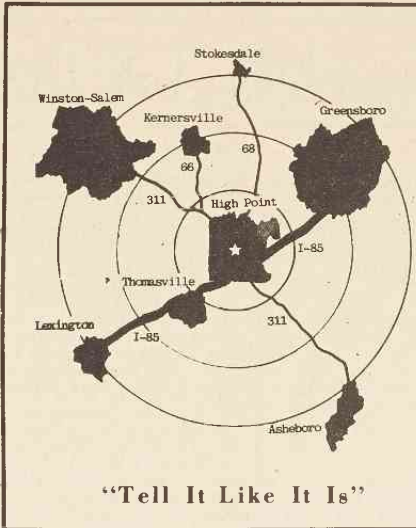
THE TRIBUNAL AID

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"Tell It Like It Is"



RESTURANT WITH "SOUL"

WINSTON-SALEM - Because restaurants are many, normally one would think that there is nothing special about the opening of another. Well, here is one that is special.

Mama Pauling's Soul Food Kitchen is special. It is owned and operated by a family of twelve and managed by the mother, Mrs. Ida Lee Pauling.

Located at 4823 Old Rual Hall Road, "Mama" Pauling, as she is fondly called, adds a touch of "soul" to that dining community.

In operation for three weeks, Mrs. Pauling said business and customers have been good. Adjacent to the restaurant is a public game room also operated by the Paulings.

Mrs. Pauling stressed that the business venture is a family working together in honor of her deceased husband, Mr. Alonzo B. Pauling. It is the second leg



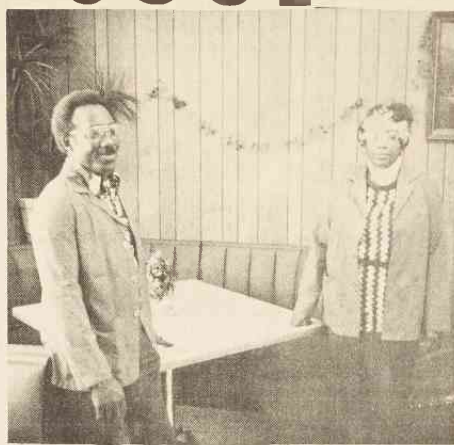
Harold and "Mama" Pauling on the serving line.

of what is hoped to be a drive toward the establishing of Alonzo B. Pauling Enterprises. The first is a barber shop which the deceased Mr. Pauling owned and operated until his death.

Mama Pauling, along with one son, Harold, her assistant, said their specialty is "Good Soul Food". Their menu consist of a large variety of soul food such as, turnip greens, corn bread, chitterlings, pork chops, chicken, pies, cobblers, etc. They open at 8:00 a.m. weekly serving breakfast and remain until 9:00 p.m. Sunday their hours are from 1:00 p.m. until 9:00 p.m.

Their plans are to begin specializing in catering.

Mama Pauling said their hope and intention is to help in any way they can. They said their motto is "All We Own Today, Jesus Gave It To Us".



Harold and "Mama" Pauling in the dining area.

Minority Banks Now Total 68

Seven new minority owned banks have been chartered recently, bringing the total of minority owned banks in the United States to 68, according to Alex Armendaris, Director

of the U.S. Commerce Department's Office of Minority Business Enterprise.

Armendaris said the New banks represent a "significant improvement in the picture of minority owned banking in the United States."

When the Office of Minority Business Enterprise was formed to offer technical and management expertise to minority business in 1969, Armendaris said, only 31 minority banks existed. Deposits in 1969 totaled \$396.5 million.

Today, minority owned bank deposits are estimated at almost \$1.2 billion, Armendaris said.

"We certainly feel that the formation of these new minority banks is a healthy development, Armendaris said. "In keeping with our charter to assist minority business, we will continue to encourage formation of new minority banks."

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Lexington - Women's Liberation or Equal Rights Amendments strikes in Lexington. Mrs. Jessie Wood, who feels that women are equally capable as are men, is seeking a deputy sheriff's position with the Davidson County Sheriff's Department.

News and Notes

HIGH POINT -- Mr. Elco Wright will guest on "Southern Exposure", with Bill Boggs, Friday, December 27th, WGHP-TV, Channel 8, at 9:00 A.M.

HIGH POINT -- Y.W.C.A. EVENTS, Fourth Street Branch: December 16th - Y-Teen Club, 7:00...December 17th - Peace Maker Club Christmas Party, 6:00...December 18th - Co-Ed Club, 6:30, Teenage Drop-In, 7:30...December 19th - Golden Agers Club, 11:00 a.m. Monday thru Friday Adult Day Care begins at 7:00 and After School Care begins at 3:00. THE YWCA WILL BE CLOSED FROM DECEMBER 21, 1974 thru JANUARY 1, 1975.

RALEIGH - Employment Security Commission offices across the State will stay open December 23 and December 27 to process unemployment insurance claims, Governor Jim Holshouser said today.

The Governor recently announced that most state offices would be closed the entire week of December 23-27 as an energy-saving measure.

"We expect about 14,000 jobless workers to file claims on each of these days," the Governor said. "They will receive approximately \$1.4 million in benefits, and if our employment offices were closed on those two days, it would only delay the payments, which are so necessary during the Christmas season."

Future Black Priorities

A major priority for black Americans in coming times will be a holding action to prevent gains they achieved in the 1960s. Black leaders see those gains as being threatened by the nation's worsening economic condition.

Eddie N. Williams, president of the Joint Center for Political Studies, points out in a recent publication of a minority-oriented public interest organization that nearly 9 per cent of the black labor force is now without work.

Williams predicts black unemployment of 13 per cent if the national over-all unemployment rate reaches 6

percent. Blacks, therefore, will be watching closely for follow-through by President Ford on the hint he gave the congressional Black Caucus of support for some form of public service employment.

Ford will get a period of detente from black leaders. How long it will last is anybody's guess.

For the present, though, black leaders are breathing a collective sigh of relief that the president of the United States is not Richard Nixon.

Rep. Andrew J. Young, D-Ga., who was the only black member of the House to vote for Ford's confirmation as vice

president, has said that he expects the new President to deal with the black community in an atmosphere of "fairness."

The major problem that blacks had with the Nixon Administration, Young said, was "the constant feeling that the government was against you."

While black leaders are prepared to give Ford a chance, they are also prepared, as the Rev. Jesse L. Jackson puts it, "to give him a challenge."

Blacks will be watching the White House, not only for signs of presidential action on the economy, but for a reading of the President's intentions on issues such as the extension of the Voting Rights Act, a

question that will come up for congressional decision in 1975.

Few, if any, bold new initiatives can be expected from the country's major civil rights organizations.

As the National Association for the Advancement of Colored People made clear at its annual convention in New Orleans last July, this is a time of retrenchment; certainly of a parrowed focus, with the emphasis being placed on a few issues, among them education, employment, housing and political action.

Another reason for a lowered

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Planetarium Opens Season

CHAPEL HILL - The Morehead Planetarium has begun the holiday season with the opening of its renowned production, "Star of Bethlehem." Hundreds of thousands have viewed the Planetarium's traditional show through the years. It highlights the Christmas Star, as viewed by science and the scriptures

and includes the colorful and inspiring Christmas Pageant. "Star of Bethlehem" programs thereafter will be at the same hour every evening through January 6, 1975, except Dec. 24 and 25. Matinees are on Saturdays at 11 a.m., 1 and 3 p.m., and on Sundays at 2 and 3 p.m. The regular admission of 75-cents

Eighty Two Year Old Twins

WINSTON-SALEM - To live to become 82 years of age is truly a blessing, and even more of a blessing when life has been good enough to give good health in addition...But in this case, lightning strikes twice.

Winston-salem can boast of having twins at age 82 who are both in very good health.

Mrs. Meta J. Jones and Mrs. Eva J. White are the remaining two children out of nine who were born to the family of the late Mr. & Mrs. Hamilton and Julia Jones. Born in the Friendship Community of Piedmont North Carolina, Mrs. White and Mrs. Jones (married a Jones) both now live in Winston-Salem.



Mrs. Eva White and Mrs. Meta Jones.

Mrs. Jones, the widow of lives at 512 W. 26th. Street husband, Mr. S.O. White the late Mr. James Jones and Mrs. White and her live at 3171 Carver Road.

NCCU Professors To Speak To Association

Papers by two history professors at North Carolina Central University will be presented during the annual conference in Chicago of the American Historical Association, Dec. 28-30.

The Association, the largest professional organization of historians in the world, rarely selects two teachers from the same university to present papers, according to Dr. George W. Reid, chairman of the NCCU History department.

Dr. Reid, will present a paper entitled "The Black Community, Powerful or Parasitic." A study in the Ascendancy of George H.



BISHOP

REID

White. The paper is an examination of the career of the North Carolina representative who was the last black Congressman of the post
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SALISBURY, N.C. -- The Rev. Leon Sullivan, founder of the Opportunities Industrialization Centers headquartered in Philadelphia, Pa., is shown with students at Livingstone College at Salisbury, N.C. after addressing an all-college assembly on "Black Capitalism" recently. From left are Sharon Melton, Stanley Butler, The Rev. Sullivan, Patricia Grice, and John Dillingham.

"We must give our children a sense of pride in being black. The glory of our past and the dignity of our present must lead the way to the power of our future."

ADAM CLAYTON POWELL