


Self Defense Classes

GREENSBORO - The degree black belt international Master instructor Kwan De Karate, a Korean discipline which stresses the physical form and self defense techniques, which began February 26th, at the Patterson Avenue Building. Mr. Young T. Yu, 6th

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ASK ME ABOUT NATURE
by Doris B. Kwakipui

Dear Mrs. K:
What kind of moth does the Wooley Bear Caterpillar turn into after it comes out of its cocoon?
Harriet Williams

Dear Harriet:
The Wooley Bear Caterpillar turns into an Isabella Moth.

Dear Mrs. K:
My cousin keeps writing me about the big buffalo fish he catches. Just what are buffalos and how much do they weight?
Mr. A.B.

Dear Mr. A.B.:
Buffalos are suckers. They weigh up to 20 lbs. for small ones and 65 lbs. for the larger ones. The grow up to four feet long.

Dear Mrs. K:
You wrote my brother, Ezra, that the Platypus lays eggs. I want to know what does the Platypus look like and where could we get a pair? We would like to sell their babies and make lots of money.
Franklin R.

Dear Franklin:
The Duckbill or Platypus has fur like an otter, a bill and webbed toes like a duck, a tail like a beaver and spurs on its hind legs which have poison like a rattlesnake. They can be found in Australia. I am sorry but you can not get a pair of Platypuses because they are protected and are not allowed to be taken out of the country.

Dear Mrs. K:
When are giant puffballs good to eat?
Mike Adams

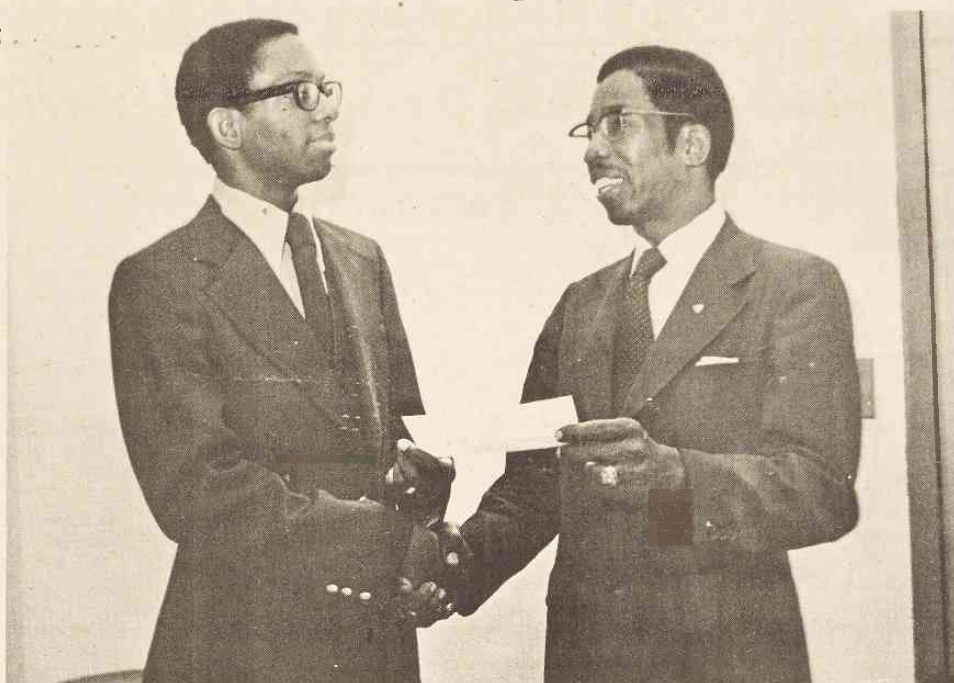
Dear Mike:
Giant puffballs are good to eat when they are white and firm.

Dear Mrs. K:
I collect rocks and minerals. Where are the best places to look for rocks?
Willie Richardson

Dear Willie:
The best places to look for rocks are in quarries, rock pits, dump piles and around mines, new roads, bridges, cliffs, hills, valleys and railroads.

Dear Mrs. K:
Every time I go into grassy areas, I get chiggers on my arms and legs. How can I prevent this?
Fred Johnson

Dear Fred:
Chiggers, Jiggers or Red Bugs, as they are called, can be prevented by covering your arms and legs with a soapy lather and allowing them to dry. Do this before going into a grassy or bushy area.



MUSICAL CHECK - Dr. Maurice Hayes [right], Director of Development and University Relations at Fayetteville State University [N.C.] presents a \$2100 check on behalf of the Fayetteville State University National Alumni Association, to Dr. Lemuel Berry, FSU Music Department, for the purpose of assisting the FSU Choir on a concert tour of the midwest and Canada. The 12-day tour will start March 30 and end April 7. [FSU Photo by John B. Henderson]

Research Paper Presented

WINSTON-SALEM - Dr. Ralph von T. Napp, Professor & Coordinator of Sociology at Wiston-Salem State University presented a research paper entitled, 'An Intellectual Critique of Democracy and Politics in the American Family', to the Sociological Research Symposium #V at Virginia Commonwealth University on Friday, February 21. His article will be published in the Alpha Kappa Delta proceedings later in the year.

On Saturday, February

22, Dr. Napp was a panelist in a workshop entitled, 'Sociologists in Counseling'. The workshop was part of the agenda for the North Carolina Sociological Association Meeting to be held at UNC-Charlotte. Dr. Napp came to Winston-Salem after having taught at Madison College in Virginia, East Carolina University and at the Interpreters Institute in Munich, Germany. He is a cross-cultural specialist with particular interest in the area of Race and Culture. He has lectured extensively abroad for the State Department and as guest of various universities. His publications include mostly subject matter related to cultural relations. He was recently appointed

Coordinator of North Carolina for the Popular Culture of the South Association. Dr. Napp is a recipient of the Distinguished Service Award for 1973 which was presented by Men of Achievement in Cambridge England.

Educator Urges Caution

GREENSBORO - Individualized instruction, which has been pushed by many educators as the wave of the future in education, may have some serious drawbacks, an educational researcher said in Greensboro.

"There is a considerable amount of evidence to show that there have been some discrepancies in the use of individualized instruction," said Dr. Willie O. Pyke, a business teacher educator at Southern Illinois University in Edwardsville, Ill.

"This is not to imply that there is no virtue in the use of individualized instruction," said Dr. Pyke, "but the time has come when teachers must analyze the learning outcomes."

"Teachers should be accountable for the major development of each child," said Dr. Pyke.

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Fashion 'n Fabrics

By FANNIE GLEESON

SHAPING FABRIC FOR PERFECTION
An Extra Carefree pattern is the result of a designer's creativity in taking certain design elements and combining them in a way that will produce a dress that is simple to make, flattering, meets current fashion trends.

The dress illustrated is shaped with gathers under the front yoke, at the sleeve caps and wrists, and with the diagonal line of the wrapped front. Diagonal lines are a compromise between the severity of straight vertical lines and the softness of horizontal lines. It is a modification that provides a relaxed look. And, in actual effect, it is very comfortable to wear.

Select a fabric with a small but colorful print, or opt for a solid color with a lot of life. A lightweight wool challis will add an element of elegance as well as providing the soft drapability needed to enhance the design. You'll love the relaxation of sewing with a wool woven fabric that works into supple gathers, yet has enough body to hold the skirt's A-line shape.

Gathers can be machine-stitched. Use a longer than average stitch, sewing on the seamline. Stitch another row about one-quarter of an inch from the first within the seam allowance. Fasten the threads at the beginning of each row by carefully bringing the top thread through to the wrong side and knotting securely.

Match all pattern markings of the ungathered and the gathered sections as these guide the position of the gathers. Holding the bobbin threads of the two rows of stitching at the end of the rows, gently ease the fabric over the machine stitching until the gathered area fits the ungathered one.

Wind the ends of the threads in a figure eight around a pin stuck perpendicularly through the two rows of gathers. Adjust the fullness and evenness of the gathers. Knot the loose ends of the threads. Baste the ungathered and gathered sections together.

When stitching the two sections together on the machine, have the gathers topside so you can see them in order to guide the needle and prevent puckering.

Do not press the gathers flat, but guide the point of the iron between the gathers as a finishing touch.

Pressing is important throughout dress construction. Make your own press cushion with three circles of heavy muslin 6.5 inches in diameter; one circle of woven wool the same size and two strips of heavy muslin three inches by 27 inches. Stuffing for the cushion may be four quarts of fine, dry, clean sawdust, obtainable at a lumber yard or firmly packed polyester stuffing.

To construct, baste the two circles of muslin together; the wool and muslin circle; and the two long strips. You will have three double pieces. Measure in 2.5 inches from one end of the muslin strip and at this point begin to pin to the double muslin circle. When finished pinning, there will be 2.5 inches over. Pin the other double circle to the other side of the strip with the wool side of the circle positioned so that it will be on the outside when the cushion is stitched and turned.

Baste a one-quarter inch seam along the pins. Machine stitch the seam twice. Turn the cushion right side out. The 2.5 inch ends will be held up to act as a funnel while filling. After packing the cushion, tuck the ends in and securely overcast the seam by hand with strong thread.

ILLUSTRATION
McCall's Extra Carefree Misses' Dress or Top and Pants No. 3947

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