

# THE BETTER WE KNOW US ...

WINSTON-SALEM, - "My title is secretary but my job goes far beyond shorthand and typing," says Mrs. Janet Warren, secretary-receptionist in the pastoral counseling office of R. J. Reynolds Tobacco Co.

"The people who come into our office are usually troubled. Their problems may involve grief, marital difficulties, a wayward child, or any number of other things," said Mrs. Warren. "They come seeking professional help and guidance, and very often I am the first person they see. It's up to me to try to help them feel at ease." R. J. Reynolds has had a pastoral counseling program since 1949. At present there are two

ministers, Rodney Brown and Charles Shaw, working full time in the program, counseling employees not only with spiritual problems but personal dilemmas as well. Although the pastoral counseling service is a department of the Tobacco Co., the services are utilized by employees of all subsidiaries of R. J. Reynolds Industries.

"Our company recognized that personal problems off the job cannot always be left at home," commented Brown. "By having pastoral counselors readily available to employees, we do not only help them but the company by helping the problems that can affect job performance."

Often the first contact with the troubled employee is the initial telephone call, which is handled by Mrs. Warren.

"When a call comes in from an employee who is keyed up about a problem, I stop whatever I am doing and listen," she says. "Then I set up an appointment for the caller and refer all the information I receive during the conversation to one of the counselors so that he can be better prepared for the session."

If the problem is pressing, and additional assistance is needed, the caller may also be referred to the company's medical department, counselors at a local hospital, or perhaps to Contact, a local community

service for crisis situations.

"One of the most important parts of the job is protecting the employees—everything is confidential," says Mrs. Warren. "Nothing can be left lying on my desk when I'm not there."

No matter what else she may be doing, Mrs. Warren's major concern is the person in the waiting room.

"Everyone is a little hesitant at first," she explains. "If I can make them feel at ease, give them a little encouragement, this reduces the tension."

"I have always enjoyed helping people when I can—that's why this job is so rewarding for me. I feel the program is really worthwhile."



BUSY SECRETARY — "When a call comes in from an employee who is keyed up about a problem, I stop whatever I am doing and listen," said Mrs. Janet Warren, secretary in the pastoral counseling office of R. J. Reynolds Tobacco Co.



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## Notes & Reminders

GREENSBORO—Sponsors for both individuals and teams who will play in the new YBA basketball program at the Hayes-Taylor YMCA are needed now.

YBA basketball is a new national program developed by the national basketball players association and the YMCA. Play is open to boys and girls ages 8 to 12.

Sponsors pay for one child, an entire team or whole league of six or eight teams," said James H. Woodard, Youth and Physical Director.

There is a team fee of \$90.00 which provides high quality uniforms for each player, the players/parents/coaches manual, player league membership cards, player recognition certificates and staff resource materials.

Registration for both individuals and teams is scheduled to begin November and continue into December. Practice will begin immediately following registration, with league play to start in late December or January and continue through March at YMCA, according to Woodard.

"We need to know as soon as possible just how much sponsor money is available so that we may provide for every child who wants to play YBA basketball," he said.

YBA basketball will be more than just a sports league, according to Paul Silas of the Boston Celtics and President of the Player's Association. The concept is that of a "Values Development Program for Players, coaches and parents."

"By having sponsors get behind the program and provide the resources for boys and girls, we think we can make a positive impact upon the youth of Greensboro," said Silas.

Businessmen, merchants, corporations or individuals interested in being a YBA basketball sponsor may contact the YMCA at 272-0197 or 272-0198.

GREENSBORO—On Thursday, November 20, at 8:00 p.m., Bennett College

will present its annual Fall Dance Concert.

According to Ms. Ruth Powell, co-ordinator for the event, seven dances will be performed by the student participants. The concert will be varied, featuring different styles and techniques of dance.

The program will be entirely produced by members of the Dance Club. Choreography, costume design, stage sets, and lighting will all be under the direction of the students.

The concert will be held in the Ida H. Goode Gymnasium on the Bennett campus. The public is invited to attend.

GREENSBORO—Let's get ready for the holidays... Hayes-Taylor YMCA and Guilford Technical Institute have teamed up to offer sewing and cooking classes for the holidays.

This two in one class will run six weeks. Sewing classes will be held November 18th thru December 2nd. Cooking classes will be held December 9th thru the 16th at Hayes-Taylor YMCA, 9:00a.m. until 12:00 noon. Classes will be taught by instructors from GTI. Don't miss this opportunity to better your skills in sewing and cooking.

For further information call or come by Hayes-Taylor YMCA, 1101 E. Market Street, Greensboro, N.C. Phone 272-0197 or 272-0198.

## FSU Students Visit Ohio State

FAYETTEVILLE—Four senior honor students from Fayetteville State University recently attended the annual Ohio State University Annual Graduate School Visitation Day activities at Columbus, Ohio.

According to Milton Yarboro, FSU Placement and Career Office Director, the event was held November 2-4 and the purpose is to attract minority students to Ohio State for graduate study.

Yarboro, who accompanied five FSU students during the trip, said that there were some 253 minority students from predominately black institutions at the conference.

The FSU honor students in attendance were: Clararene Jacobs, senior math major; Patricia Bullock, senior business

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## Atlanta Mayor Jackson To Speak In Durham

## He Faces The Challenge

by Don L. Bailey

In these hard time, we watch as major corporations go bankrupt, prices soar, and our "big apple" struggles with financial

problems. With headlines exclaiming such morbid news each day, it is sometimes difficult to reason a man going into business for himself. But

Chester Harris of 1485 E. Sedgefield Street, Winston-Salem, North Carolina, has decided that being his own boss is definitely what appeals to him.

On June 6, 1975, Mr. Harris obtained his license for a professional carpet and upholstery cleaning business; and thus was the start of Apex Carpet and Upholstery Cleaners.

The claim-to-fame for Mr. Harris' cleaning business is his use of the famous Von Schrade dry-foam cleaning machines. Using the dry-foam instead of steam, as is usually done, the material does not become water-logged during cleaning; and, therefore, dries faster. Also, no odor develops with the dry-foam method.

Mr. Harris believes that his business will be a success because of the advantages of his methods and the quality of his service—a hard combination

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MAYOR MAYNARD D. JACKSON

Maynard D. Jackson, Atlanta's first Black Mayor will be guest speaker at the Durham County Democratic Party's "Unity '76 Dinner, November 21.

The dinner is scheduled for 8:00 p.m. at the Durham Civic Center and is part of the Durham County Democratic Party's efforts to promote unity for the coming elections.

Jackson, the youngest mayor of a major American city, will deliver his address to elected state and local officials and other supporters of the Democratic Party. Members of North Carolina's delegation to Congress, the North Carolina House and Senate and individuals and organizations from various states are expected to attend.

Among the activities on agenda for the event is a cocktail hour at the Downtowner Inn, from 6:30 - 7:30 p.m. on Friday.

Tickets for the Dinner and cocktail hour are \$25.00, Patron; \$15.00, Contributor; or \$10.00, General Admission.

The popular mayor plans to speak to students at N. C. C. U. Law School during his visit. Jackson received his law degree with honors from Central's Law School and is the founder and former partner of Patterson, Parks and Franklin, Georgia's first and largest black law firm. He received his B. A. degree in Political Science from Atlanta's Morehouse College at the age of 18.

Maynard Jackson is married to the former Bunnie Heas and is the father of three children: Elizabeth, Brooke, and Maynard, III. The mayor's mother, Dr. Irene Dobbs Jackson, still resides in Durham and teaches at North Carolina Central University.



## Personality And Service, Business

Miller Carter Junior High Point—If you're ever in High Point, in the Washington Street area, and want to find a good place to eat—anyone on the streets can tell you that Becky's and Mary's Restaurant is the best around.

Becky and Mary Ingram are known as two of the best cooks in High Point.

The two sisters were born in Anson County, where they both attended public schools before moving to High Point. Becky moved to High Point about fifteen years ago to find work since work was scarce in Anson County. Mary moved to finish her high school education and to find work.

Neither had any idea of what type of work they wanted to get into, but found work at the Land M cafe, where Becky worked for 13 years as a cook and waitress; and Mary worked for six years, part-time, while in school.

After days got tight at L

and M, the two sisters took their years of experience and put them to work towards their own business. With experience in cooking for a family of 9 while at home, cooking for many more people at L and M, and good credit, the dynamic duo opened their own business in only two months. Becky comments

"We had no trouble opening up because we were known from our years at L and M. Everything fell into place real easy."

Mary commented that the business is doing fine. She says "the same people who came to L and M now come to our place. The same people frequently visit Becky's and Mary's

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## Problems Not Perilous Kelly Alexander Believes

Published reports indicate that the National Association for the Advancement of Colored People (NAACP) is in financial trouble. The organization may have a budget deficit as high as \$250,000.

Some branches are reportedly "barely staying alive." The association is said to be barely meeting its payrolls, lax in payments for legal expenses around the country and unable to pay creditors.

Local officials do not seem to think the deficit is serious enough to stalemate the programs of the NAACP.

When asked about the results of the deficit of the 66-year old organization, Kelly Alexander Jr. said, "What happens when your budget at home is in the red?"

He indicated that whatever was necessary to be done to solve the deficit problem would be done.

"We don't think it's a problem we can't lick," said the local branch president.

Alexander said the national budget is close to \$5 million.

His brother Alfred Alexander, national youth work committee member, feels that the dedication of the youth will

A source within the national office was quoted as saying that debts are "reaching a point where it could imperil critical programs that are the life-blood of the organization."

prevent the deficit from interfering with youth activities.

"I should never think that the NAACP will die," he said.

In the recent annual convention of the State Conference of Branches of the NAACP, Alfred Alexander said the youth group donated about \$65 against the deficit and the conference raised about \$600.

Kelly Alexander Sr., a member of the national board of the NAACP attributed the deficit to the depressed state of the economy. He said an effort is now being made to increase NAACP contributions to ease the deficit problem.

"We're going to be successful with it," he predicted.

The elder Alexander said most local branches are viable and solvent. He said people who have benefited from the NAACP but are not members should make contributions to the organization.



Kelly Alexander Sr. ...Heads state NAACP



Becky and Mary Ingram offer more than good food—They offer good personality and service.

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