

## State College Days To June 1944

(With Current, N. C. State College)

Some of our great hymns and songs that we should know and enjoy are: (1) "Psalm of Our Fathers"; (2) "God of Our Fathers Whom Alas! We Have Lost"; (3) "The Lord Is My Shepherd"; (4) "Dear Lord and Father of Mankind"; (5) "Our God, Our Help in Ages Past"; (6) "Now The Day Is Over"; (7) "Lord, Kind By Light." Seven hymns — one for every day in the week.

Glowing health is the big secret of the vitality and suggestion that nine times out of ten is called "Beauty." And what you eat has an amazing amount to do with your health.

Pure (or better, scraped) potatoes and other root vegetables are thinly as possible. Best of all, cook them in their jackets. Valuable nutrients are near the skin.

Cut carrots and other long vegetables length-wise. Their cells are long and loss of the nutrient qual-

ity will escape in the cooking water. Don't slice away all your good meat. There's time to chop the more delicate, certain choices, onions and eggs, soups or sliced potatoes.

These tips are derived, selected and served as guides. And they have more vitamins and minerals than the foods themselves. The tips of the early beans are especially tender. The tips should be fresh and green and the beans smooth and free from ridges. The early beans are usually sold with the tops on at this season of the year.

About one-third of the active medical practitioners in the U. S. are in the services.

**Buy 'em and Keep 'em WAR BONDS**

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## TOWN and FARM in WARTIME

Prepared by OFFICE OF WAR INFORMATION

### SOME VEGETABLES NOW POINT-FREE

Tomatoes, corn, asparagus, beets, leafy greens, spinach, blackeye peas, and garbanzo beans have been added to the point-free list of processed foods through June 20, the Office of Price Administration has announced. Points have been reduced on spaghetti sauce, soups, grape and tomato jams and preserves; apple, grape, mint and plum jellies; bakers' jellies and fruit butters. Points have been increased on cranberries and cranberry sauce; tomato juice in large containers, canned or bottled dry varieties of beans (excluding soy, blackeye and garbanzo); tomato catsup and chili sauce, raspberry and strawberry jams and preserves. Reductions were made to move out last year's stocks before new supplies are available in great volume.

### BUTTER POINT VALE REDUCED

The ration point value of creamery butter has been reduced from 16 to 12 red points a pound, the OPA has announced. Margarine has been lowered from six to 2 points per pound. The new values are effective through June 3, 1944. This reduction was made possible by seasonally increased production.

### LUMBER INDUSTRY NEEDS HELP

More than 60,000 men are needed for lumbering and pulpwood jobs before next fall if 1944 requirements are to be met, according to a statement from the War Manpower Commission. Efforts will be made to switch farm labor to the woods as the harvest season closes and to recruit other seasonal workers. Lumber stocks are at an all-time low and the estimated 1944 minimum requirements of 35 1/2 billion board feet must be met almost entirely from the 1944 output.

### BARN-BARNYARD EQUIPMENT QUOTAS

Through the Barn and Barnyard Equipment Industry Advisory Committee, WPB has been advised that despite some shortages in the available supply, 1944 production quotas of barn and barnyard equipment will be realized.

### SEASONAL INCREASES IN POULTRY PRICES

Chickens will pay an average of

two-thirds of a cent more a pound for poultry over a period of one year under an OPA ruling providing for seasonal increases in prices of chickens and other fowl. The new prices will continue through June of this year, and from January through June of next year. From July through December of this year the ceiling prices will revert to the unadjusted base prices as listed in Table A of the Poultry Regulation. Premiums to the producers, which will be passed on to the processors, which will be passed on to all levels of distribution, range from a low half-cent a pound in January to a high 2.20 cents a pound in May.

### CHILD-CARE SERVICE AVAILABLE

The Office of War Information reports that approximately 20 million dollars for extensive childcare services will be available during the fiscal year 1945 to meet the needs of working women with children. The Federal Works Agency is now furnishing the following services in connection with nursery schools, child-care centers, information centers for parents, health care, a visiting teacher service to work closely with parents on needs of children enrolled at centers, and some transportation of children between their homes and the centers. Communities where women with children under two years are needed for war work now may apply to FWA for funds to establish group care for these children.

### TO REDUCE HOG PRICES

Ceiling prices on hogs weighing more than 240 pounds live weight will be reduced 75 cents per hundred weight on and after May 15, 1944, the OPA said. The action is designed to discourage the use of corn and other essential grains in bringing hogs up to heavy, uneconomical weights.

### BILL COMES TO GOVERNMENT

Farmers in the surplus-producing counties of the corn belt are urged by the War Department, the War Food Administration to sell corn to the Government to assure continued production of critical war materials, the Department of Agriculture announced. The appeal is for corn not required for the farmers' own needs or the needs of feeders in their own communities.

### Evangelist



Rev. R. G. Hawkins  
Evangelist

## REVIVAL MEETING

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Rev. Paul E. Alfred  
Music Director