

By BILL CROWELL

of the state the same day.

reported conscious and coherent

when help arrived. His injuries were confined to simple fractures and painful, but minor, bruises and abrasions. After a short stay in the hospital astonished doctors discharged their patient who returned to his job several weeks later apparently none the worst for his heart stopping experience.

More recently a jet pilot test ing one of our newest, fastest combat airplanes, encountered trouble in the air and slammed 'the speeding ship into the ground at better than 200 miles per hour. An ambulance, hurrying to the scene, met the pilot walking away.

These strange cases, all involving the sudden and violent deceleration of the human body, are normally passed off as quirks of fate by a puzzled public. But not for scientific investigators of one. of the country's most unique factfinding organizations Crash Injury Research staff of Cornell University Medical Col-

Such bizzare and inexplicable happenings are enthusiastically studied by a staff of highly trained investigators at Cornell lead by their director, Dr. Hugh De-Haven

It was Dr. DeHaven who pioneered in the study of tree falls and miraculous escapes like the lucky steeplejack. He long ago dismissed the idea that abrupt stops inevitably result in death. Scientific tests back up his theory. "The human body is surprisingly tough," Dr. DeHaven declares, "and is quite capable of sustaining tremendous forces when properly supported, or packaged."

And on that note - proper packaging - Cash Injury researchers are turning their attention to the nation's number one accident killer - traffic, and more specifically the automobile. 'In the automotive phase of their work Cornell specialists, under administrator John O. Moore, are pressing hard toward an answer to the enigmatic question, "Why are people injured in auto-

Design engineers of all the ma- North Carolina was on of the plastic sheeting, a substance Some years ago a workman was jor auto and truck manufacturers first states to sponsor the Cor- made of oil. The plastic sheeting erecting a scaffold near the top have expressed interest in the nell project. Under the vigorous offers rigidity plus workability, of a 175-foot smokestack when unique fact finding project. On administration of Scheidt the toughness, and chemical resishis foot slipped and he plunged file in Motor Vehicle Commis- long-range scientific probe into tance. It is being used for auto work whether it's their brains or toward the ground, striking on sioner Edward Scheidt's office injury producing auto accidents and refrigerator parts, machine their muscles they'll be using. will not pay off the oig dividends amount of hot water. Cover pan ket agricultural products each his left side in loose rubble after are letters from several of the is only one phase of the state's guards, television - tube supports Just any breakfast is not the ans-

calculations should have killed builders pledging their coopera- cognized as one of the best in the oil are used in many types of plas. Include (1) fruit; (2) cereal or For variety — Try cooking ce- stove or in the oven until eggs Murrell book of success and expensive the builders are anxi- even five years before the project lica.

THE KINGS MOUNTAIN HERALD, KINGS MOUNTAIN, N. C.

bears fruit, North Carolina conin any project with the ultimate aim of saving lives and reducing accidents. And we are going to reduce accidents in North Caro-

Production problems in American industries are being solved in

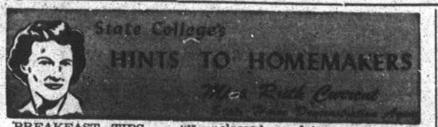
ous to make their products safer. many cases by the use of thermo-

Plastic Arm Sofa-Bed

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double bed. Beautiful tapestry with easy-to-

wash-plastic covered arms. Buy this and convert



BREAKFAST TIPS - "You classed as fat, not meat); (4) can't eat like a bird and work coffee or tea for adults, if they like a horse." Scientific research want it. The mornings you don't proves you do a better job if you eat an egg or some lean meat, be eat a good breakfast every day, sure to drink a glass of milk. So be sure that everyone in your These protein foods help to keep family - from grandpa to school up your energy and stave off eggs at once is to break each egg youngsters - eats a good break. hunger for a longer period of into a greased custard cup or fast. They need it to do their best time.

a free fall that by all reasonable country's most prominent auto overall safety program, now re- and other items. Chemicals from wer, Make it a good breakfast, good breakfast will,

tics which are used in industry, bread, or both; (3) one or more of reals in milk instead of water for are the firmness desired While it may be fwo years or business and homes across Amer. these: milk, eggs, ham or other extra flavor and food value. lean meat (not bacon - that is An easy way to poach several make coffee cake ahead of time. ficiently.

Negro Farmer Puts crop farmer. It's also true that a man is able to spend money Eggs In Baskets

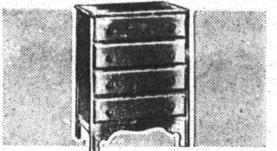
Even a tenant farmer can make good living when he "puts his go!" eggs in more than one basket," says George Murrell, Negro tenant of Kinston, Route 5.

Murrell says it's a simple economic fact that the tenant farmer who practices crop diversification has more money coming in more frequently than the one-

acres of peppers, 60 acres of corn and five brood cows. Shelton says farmers throughout the state, but in the southmuffin tin, Place cups or muffin that getting up in time to ert'a with a lid or aluminum foll so as month of the year. He urged

"Have something to sell regular-For an extra specia reakfast ly." This way time is utilized ef-

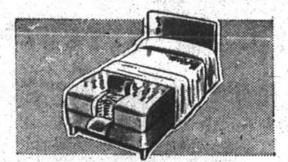




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Hollywood Outfit Lovely decorator plastic headboard, comfortably firm INNERSPRING mattress, matching box springs with legs. Just right for that spare bed

Thursday, December 10, 1953

more wisely when it comes in with regularity. "When you get it all at one time it just seems to

Sherman N. Shelton, Negro county agent for the Agricultural

Extension Service, says Murrel not only "preaches good farming -he practices it." He keeps busy

Ill year round with 10 acres of

tobacco, four acres of cotton, five

