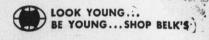


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or your money back! Machine wash, machine dry — they thrive on this kind of easy care. But no ironing - no, never! They're 50% Celanese Fortrel* polyester, 50% combed cotton, Koratron-treated to stay press-free! Black, beige, olivetones, brown, navy, charcoal in group. Another "plus"s ready-cuffed. 28-42" waists, 29 to 34" inseam. *Trademark of Fiber Industries, Inc.



TEENS HEALTH Health and Safety Tips from The American Medical Association

Almost two years ago American physicians, through the American Medical Association, announced a new universal symbol which tells anyone rendering emergency care to a person who unconscious or otherwise unable to communicate that its wearer has a special physical condition requiring special at-

In the intervening two years the symbol has gained world-wide acceptance. It has been disseminated throughout the United States and, through the World Medical Association, is now being utilized in many oth-

The symbol may be displayed on a wristlet, an anklet, a me-dallion around the neck or elsewhere. It is a sign that there are vital medical facts on a personal health information card in the bearer's purse or wallet or on

The symbol is a hexagon-shaped emblem containing a six-point-ed figure, or sign of life. Superimposed on the figure is a staff with a snake entwined about itthe staff of Aesculapius, the in-

signia of the medical profession The symbol is used by many individuals. Diabetic coma, for nstance, sometimes makes its victims appear intoxicated, and treatment may be dangerously delayed. The symbol also is used to indicate allergies to antibotics, such as penicillin.

The need for certain medicines must be known. Heart patients taking drugs to prevent blood clots may bleed profusely if in-jured unless they receive special care. Epileptics could be saved much trouble and unnecessary hospitalization if they carried a card indicating they may have

The American Medical Association recommends that everybody have a card, such as the AMA emergency medical identification card, to show who they are, where they live, whom to call if they become ill or injured, the name of their doctor, and when they were immunized, particularly tetanus, or lockjaw. On this card should be noted any special problems that need im mediate attention in an emergency or could cause an emergency.

Some people's problems are so serious that it is absolutely essential for the first aider to know about them in an emer- tion: gency. A durable signal device

COMEDY CORNER



wrist or ankle.

Many organizations and mandevices for emergency medical identification. The names of those reported to the AMA may be obtained by writing to Emerency Identification-AMA, American Medical Association, 535 N. Dearborn St., Chicago, Ill., 60610. ball shoes are the recommended training uniform in this period tion card also is available from the same address.

Is your boy one of the several nundred thousand American - customed to them. youngsters who will soon be * The second week should in-"going out" for football at his clude only controlled body conjunior high or high school?

If so, you will be vitally inter-National Federation of High two weeks of practice. School Athletic Associations that will help to insure that your boy is properly conditioned for this vigorous contact sport.

Beginning with a satisfactory pre-season medical examination, there is no substitute for requiring a standard of physical fitthat assures sufficient strength and endurance, a good exposing any individual rigors and risks of tackle foot-

Following is the AMA-NFHSA-A program for readiness of * Participation in high school schoolboy guidders for participa football should not detract from

made of metal or plastic should fully a personal conditioning pro- from sampling other sports durbe worn by such people, prefer gram during the summer, based ing the off-season

ably about the neck or on the on information gained through education classes plus some spe-

tackle football. * At least the first week practice should be limited to non-contact drill with emphasis on conditioning and fundamen-tals. Shorts, T-shirts and footbecause of the heat. The also should wear their mouth protectors to begin to become ac

tact drills and avoid wide-open

ested in the new six-point joint recommendations of the Ameridition scrimmages should be can Medical Association and the prohibited until after at least

> * A minimum of three weeks of carefully planned practice should precede the first regular-ly scheduled game.

The two organizations also pointed to two factors that should be considered in schoolboy foot-

* Participation in interscholasto the monstrate the high level of physical and emotional fitness necessical and emotional fitness sary to play aggressively, skillfully and with sportsmanship.

keeping up with a broad-based * The boys should follow faith- physical education program and

BETHWARE OAK GROVE NEWS

By Mrs. Ruth Vess Phone 739-5035

works in Charlotte spent the weekend at home with her parents, Mr. and Mrs. David Gib-

Mrs. Nancy Senter from Gas-tonia visited Mr. and Mrs. Horace Bell Friday.

Mr. and Mrs. David Gibbons went to Gastonia Sunday afternoon to take their aunt, Mrs. Ot-

Mr. and Mrs. Hillard Thrift

week at Crescent Beach. Mr. and Mrs. J. L. Ross, Mrs. Missoura Ross and Mr. and Mrs. Garvis Ross visited Mrs. Manual

Mrs. David Fisher.

Davis, of Gastonia joined them for a week at Folly Beach, S. C. They visited Mr. and Mrs. Sam Lyerly at Folly Beach. Mr. and Mrs. Walter Vess Jr.,

the home of Mr. and Mrs. Luther of Bessemer City.

Sunday visiting relatives in the

children in Elizabeth City this rick from Kings Mountain.

cing at home after surgery in level of skill, and acclamation to hot and humid weather, before hot and humid weather, before privilege for those who can devek.

ess. It was a birthday dinner for Mrs. Tommy Champion.
The children of Mrs. Mamie

Mrs. Dean Champion and Tim, Miss Katherine Gibbons who Mr. and Mrs. Tommy Champion. to certain children of disabled or

and children spent last week visiting places of interest in Florida. They spent a few days visiting Mr. and Mrs. Cecil Lovelace in Tampa, Fla.

Cleveland County, each scholar-ship paying tuition, room, board, and certain fees for four academic years.

The recipients who plan to students of the recipients of the

Mr. and Mrs. Wray Thornburg dy toward a are as follows: and Mr. and Mrs. Dwan Thorn-burg spent Sunday at Fair For-est, S. C., visiting Mr. Frank Thornburg.

Mr. and Mrs. John Senter of visited Sunday afternoon in the home of Mr. and Mrs. J. L. Ross.

Mr. and Mrs. John Senter of University of North Carolina, Chapel Hill, N. C.

Michael Scott Bridges, Boiling Mr. and Mrs. Maynard Ross Gina Bell, was flower girl in the and daughters are spending the

Mrs. T. C. Lovelace Sunday were Mr. and Mrs. David Smith and at Raleigh, Raleigh, N. C. oss at the Baptist Hospital at Mr. and Mrs. C. M. Lovelace and

Mrs. Fred Green had as her Mr. and Mrs. Harold Davis, guest little Lisa Green while her Jeff and Craig of Perryville, Mo., mother, Mrs. Emmett Green, Shelby, N. C., the daughter of went to Raleigh for the funeral Mr. and Mrs. Harvey H. Moreand children. Their father and of her grandmother, Mrs. Linda head, who plans to attend the stepmother, Mr. and Mrs. Ben Rudisill.

Rev. and Mrs. Arnold Bell and

and his sister, Sheilia, visited in her mother, Mrs. Alex McMillian State University, Raleigh, N. C.

Miss Margurite Wright is convaled in Kings Mountain Hospital recently.

Robert Alexander Williams, Fallston, N. C., the son of Mr. and Mrs. Blanch A. Williams, who plans to attend N. C. State University, Raleigh, N. C.

Mrs. Obsie Lovelace spent Wright Sunday were: Mr. and Mrs. James K. Willis, Jr. Tuesday through Saturday visit. Mrs. C. B. Barber from Concord; who plans to attend Western ing Mr. and Mrs. Donald Blan- Mrs. D. M. Teague and Mrs. Es- Carolina College, Cullowhee, N. ton and children of Gaffney, S. C. telle Barber from Charlotte; Mrs. C." Mr. and Mrs. Newell Thorn. Eunice Scism from Clover; and burg and boys are visiting Mr. Mrs. Dixon Goforth, Mrs. Pervis and Mrs. Howard Champion and Scism, and Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Mrs. Margaret Hamballer in Elizabeth City this wish from Viscon Goforth, Mrs. Pervis in gather the Naval Air Station, Al-

Mr. Jeff Patterson is convales- Jackson Serving

ALAMEDA, CALIF. (FHTNC) Mr. and Mrs. Tommy Champion and Mrs. T. A. Champion Larry S. Jackson, USN, son of spent Sunday visiting in the Mr. and Mrs. William H. Jackhome of Mr. and Mrs. DeWitt son of 2500 Parkdale Circle, which operate from repairing aircraft, guided missiles and their components.

Seven Students Gibbons and Mrs. Minivera Phil-

The State of North Carolina awarded this month through the and Mrs. Dessie Runyans visited N. C. Veterans Commission, sev-Sunday afternoon in the home of en (7) N. C. College Scholarships Mr. and Mrs. John Patterson deceased wartime veterans of Cleveland County, each scholar-

dy toward a Bachelor's Degree

Douglas Ira Bridges, Casar, N. C., visiting Mr. Frank
C., son of Mrs. Vergie Bridges
and the late Rosert Arthur Bridges, who plans to attend The

Michael Scott Bridges, Boiling

wedding of Mrs. Joyce Plonk of Kings Mountain.

Springs, N. C., the son of Mr. and Mrs. Pink E. Bridges, who plans to attend N. C. State of the University of North Carolina the University of North Carolina

Winston-Salem Sunday.

Miss Jan Fisher who works in Charlotte spent the weekend visiting her parents, Mr. and Mrs. Wayne Putnam and Mrs. Wilkerson Graham, Mr. and Mrs. Wayne Putnam and Wilkerson Graham, Mr. and Mrs. Wayne Putnam and Wilkerson Graham, Sr., who plan sto attend Western Carolina College, Cullowhee, N. Thomas Wilkerson Graham,

> Miss Mary Malinda Morehead, boro, Greensboro, N. C.

children of Lenoir visited Mrs.
Virginia Bell and Gail Monday.
Mr. and Mrs. Eugene Bell and
Mrs. James W. Southard, who
Mrs. James W. Southard, who
Mrs. James W. Southard, who

Jack and Paul Ledford visited plans to attend North Carolina Robert Alexander Williams,

Visitors in the home of Mrs. Miss Beverly Ann Willis, Kings

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OF LOAN	@	@	@
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\$2000	\$ 74.34	\$ 59.20	\$50.18
\$2500	\$ 92.93	\$ 74.00	\$62.72
\$3000	\$111.51	\$ 88.80	\$75.26
\$3500	\$130.10	\$103.60	\$87.81

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