

Miss Joyce Plonk, James Forrest Feted At Additional Parties Friday, Saturday

Miss Joyce Plonk and James Forrest, whose wedding took place Saturday, were honored at additional events prior to their wedding.

Mrs. Wray Plonk, Sr. and her two daughters, Mrs. David C. Plonk of Cherryville and Mrs. Bud Bumgardner of Kings Mountain, entertained together Friday at a 1 o'clock bridesmaids luncheon at the Beam home. Mrs. Plonk is aunt of the bride-to-be.

A color note of pink and white was predominant in the decorations. Guests were served a three-course luncheon at two tables which were spread with pink tulle and net and centered with arrangements of green rapes and red petunias. The bride-elect's place was marked by a corsage of pink roses.

The bride-elect wore a whipped cream dress in pink floral design with white accessories. Miss Plonk took the occasion to present compact and lace handkerchiefs to her wedding attendants, all of whom were present for the luncheon, including Miss Marian Plonk, Miss Margaret Jackson, Miss Peggy Plonk, Miss Kathryn Plonk, Miss Sharon Plonk, all of Kings Mountain, Miss Betty Plonk of Asheboro and Miss Martha Summers of Statesville. Other guests were Mrs. J. H. Patterson who directed the wedding; Mrs. Aubrey Mauney, organist; Mrs. Hal Plonk, mother of the bride-elect; and Mrs. R. J. Forrest, mother of the bridegroom-to-be.

Mr. and Mrs. Fred W. Plonk, Mr. and Mrs. J. H. Patterson, Sr. and Mr. and Mrs. Clarence Plonk, Jr. honored their niece and her fiancé at an after-rehearsal party Friday night at the Fred Plonk home on Crescent Circle.

Overlaid with white cutwork, the bride's table was highlight of decoration. An epergne of yellow roses, calla roses, tuberoses and yellow papers centered the table. Yellow punch was served from a silver punch bowl at one end of the table, and at the other end yellow and white petit-fours were served from a silver tray which held a bride and groom figurine as focal point of decoration.

The guest list included 60 members of the wedding party and out-of-town guests. The bride-to-be wore a cocktail dress of lace over yellow taffeta with a corsage of daisies, tuberoses and gypsophylla, gift of the hosts.

Other aunts and uncles of the bride-to-be, Dr. and Mrs. George W. Plonk, Mr. and Mrs. John B. Plonk of Kings Mountain and Mr. and Mrs. S. Carlyle Isaacs of Kings Mountain, were present at a luncheon at the George Plonk home on Crescent Circle.

Guests were members of the immediate families and out-of-town guests here for the wedding. Small tables were spread with white linen and set up on the sunporch. Miniature nosegays and bride's bouquets were used as centerpieces and on the buffet table brandy snuffers with pink summer flowers and a bride and groom figurine were decorative highlight. The pink and white theme of the wedding was carried out in the decor throughout the home.

Mrs. Hal Plonk, mother of the bride-elect, served fruit punch. Misses Barbara, Becky and Peggy Plonk, daughters of Dr. and Mrs. Plonk, assisted in details of entertaining.

The bride-to-be was given a miniature bridal bouquet which she pinned to the shoulder of her party dress.

Kincaid - Adams
Mr. and Mrs. Lawrence McBrite Adams. He is also a graduate of Kings Mountain high school.

For a wedding trip the new Mrs. Adams changed to a blue silk shantung suit with figured whipped cream overblouse, navy accessories and the orchid lifted from her bridal bouquet.

Women's Health

The importance of prenatal care was highlighted in a recent study by Pennsylvania physician Dr. Elsie R. Carrington. She pointed out that among women who develop diabetes in the course of pregnancy, and who are not treated for the condition, the stillbirth and neonatal (during the first month of life) mortality rate is a shocking 30 per cent.

This rate, the doctor says, "might be sharply reduced if every woman were screened routinely for diabetes in the course of pregnancy." (Note: Medical studies have shown that diabetic women treated for their condition and receiving continuous and frequent prenatal care can have normal pregnancies and deliver healthy babies.)

Dr. Carrington is research professor of obstetrics and gynecology at the Woman's Medical College in Pennsylvania.

A large-scale study of 11,711 women who have taken the oral contraceptive pill for periods ranging from two years to three and a half years indicate that "the pill" has several major advantages apart from its virtually perfect record as a contraceptive.

For instance, depression, a complaint often associated with menstruation, seems to be alleviated by "the pill." More than 1,250 women who participated in the study sponsored by Planned Parenthood reported that they usually suffered from depression during their menstrual cycle. About half of them said that this symptom disappeared after they began taking "the pill."

With Spring breaking out all over, families may start going away for weekends on or Sunday picnics. A bit of before-hand inventorying will make such outings safe as well as pleasant: * First Aid Kit: Stow one in the car trunk. If it's last year's kit, make sure everything in it is clean, useable and up-to-date. If you're assembling a first-aid kit for the first time, check your local Red Cross for suggestions on what to put in it.

* Sewing Box: A small sewing box tucked into the glove compartment will be handy when junior pops the only button holding up his trunks, or when sister's panty elastic snaps.

* Fun and Games: To cut

down squabbling in the back seat, squirrel away a few light, small toys and games. Five and dime stores are a treasure chest for such things as miniature chess and checker sets; playing cards; puzzles; clay; crayons. Caution: For Young children, soft toys are preferable to hard or breakable ones.

* Sustenance: Small stomachs work in mysterious ways on trips. A supply of non-sticky foods — cookies, crackers, apples — can work wonders. A pile of napkins in the glove compartment is a must.

* Queasy Travelers: Nearly every family has one. For the carsick member, a Dramamine tablet (which cuts down on motion sickness), taken a half-hour before embarking will virtually guarantee a pleasant journey for one and all.

A pet may literally be man's best friend, especially if the latter is suffering from mental illness. This is the view of Dr. Marcel Heiman, attending psychiatrist at New York's Mt. Sinai Hospital.

Before you take a long trip to have FUN—



take a short trip to save a LIFE!



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