

Ah! Labor Day



Distaff DEEDS

by Mairred Morris

News items this week from Perquimans, Craven, Granville, Ashe, Mecklenburg, and Buncombe Counties.

PRESERVES, JAMS, AND JELLY
How can you preserve cantaloupe? This question was recently asked Mrs. Ila Grey White, home economics agent. It seems that Perquimans County homemakers believe in saving their extra fruits and vegetables.
Mrs. John Bright, Hertford, tried making some "cantaloupe- peach preserves". And she reports that it has turned out to be a family favorite.
BUTTERNUT SQUASH
Many North Carolina families still do not grow butternut squash in their gardens. But Mr. and Mrs. J. P. Arnold, Dover, are enthusiastic about the new vegetable.
Miss Nelda Howell, home economics agent in Craven County,

says the vegetable has a sweet, nutty flavor. And Mrs. Arnold says the squash is good fried or used just as you would sweet potatoes in a pie.
HOUSING STUDY
Some 61 homemakers made a tour of homes in Ashe County in preparation for a housing study to be started in the fall.
In the home of Mrs. Bryan Kirby, Jr., the combination of antiques in a modern home setting was observed. Mrs. Jane

Davidson, home economics agent, says other homes visited included those of Mr. and Mrs. Dent Pennington, Misses Alta and Clark Perkins, and Mrs. Aretta Kilby. Mrs. Davidson says the Perkins girls make quite a team as Miss Clara does the cooking, canning, and care of the house while Miss Alta does the designing, building refinishing, and sewing.

KITCHEN STORAGE
The need for organized kitchen storage is a "must" for most homes, says Mrs. Jo Ann Hodge, assistant home economics agent. Mecklenburg County homemakers have been receiving ideas for storage which they can put into use without a lot of expense.
FOOD PRESERVATION
Your final canned product will be no better than the fruit or vegetable is before you process it, believes Mrs. Nancy Stancil, assistant home economics agent in Buncombe County. And Mrs. Stancil also believes in teaching the 4-H girls and leaders the correct methods for processing fruits and vegetables.
She has conducted workshops in the county where the girls practiced canning apples in the boiling water bath and snap beans by the pressure canner method.

ADMINISTRATOR'S NOTICE
Having qualified as Administrators for the estate of Mrs. Katie Neal Anthony, deceased, all persons having claims against said estate will please file same with the undersigned on or before the 12th day of February, 1966 or this notice will be pleaded in bar of any recovery.
All persons indebted to said estate will please make immediate payment.
This the 12th day of August, 1965.
Mrs. Cornelia A. Eaker
William P. Anthony
Administrators
Estate of Mrs. Katie Neal Anthony
8:12-9:2

you and SOCIAL SECURITY

by LEX G. BARKLEY
District Manager
(Editor's Note: This is the first of a series of columns by Lex G. Barkley, social security district manager in Gastonia, telling what the social security amendments of 1965 mean to you and your family.)
Many young people who receive social security benefits as the children of retired, disabled, or deceased workers and who have not finished their education by the time they reach 18 and have not married, may continue to receive payment until they finish school or reach age 22 as a result of a change in the law.
Former beneficiaries whose benefits stopped when they reached age 18 who are not yet 22 can have their benefits started again if they are attending school full time. These students will be required to file new applications for benefits. Retroactive payment can be made for months in which a student was attending school full time as far back as January 1965. Anyone between 18 and 22 whose parent has retired, died, or become disabled, should ask at the social security office whether he can get benefits.
Benefits can continue to be paid during a vacation of up to 4 months if the person will be returning to school right after the vacation.
The change applies to students who take full-time vocational courses and those still in high school full time as well as to those going to college and universities full time.
Under this provision, a mother is not eligible for benefits on the basis of having in her care a child who is receiving benefits after 18 because he is attending school full time.
Anyone who has a question about this or any other provision of the social security law should contact the nearest social security office.

Health And Safety Tips

What should the school do about the health of its pupils? Today's Health Guide, the American Medical Association's new manual of health information and guidance, says the school has a three-fold responsibility for child health.
* Educate for safe and healthful living;
* Create and maintain a safe and healthful environment;
* Offer an adequate health service program including emergency care in case of accident or sudden illness.
With the approach of another fall school year throughout the United States, it's time for educators and parents alike to take stock of the health programs in the schools.
Major topics which should be included in a health education program are elementary first aid, home safety and safety in school and on the way there. At the proper age, every child should be taught bicycle safety and driver training. Parents have the major responsibility in many of these activities, but the role of the school also is important.
The basic facts of consumer health should be presented to the student. He should learn how to choose a physician, how to call one in an emergency and how to obtain hospitalization. He should have an opportunity to learn how to tell fact from fancy in advertising of health services and related products.
The child should learn the basic facts of communicable disease control and how to protect himself and others as much as possible. He should learn to keep his own records of his immunizations and medical and dental appointments.
Home nursing and the use and abuse of stimulants and depressants are usually emphasized in school.
Dynamic health teaching will carry over into the home, resulting in the improvement of family and home hygiene, together with a better understanding and fuller use of community health resources. Parent-teacher organizations may become aware of important community needs, and, under the school's leadership, bring about community health improvements in such areas as raising of housing

Fashion Preview For Fall 1965

Fashions for the career and college crowd for this fall move in closer to the body, suggesting while not clearly defining the silhouette, reports the National Cotton Council. The lines of fashion vary, from the soft and supple to the stark and severe, but the look is uniformly young.
What could be younger than short-cropped skirts that reveal the knee? The pleated or A-lined skirts have to be short to be fashionable. The above-the-knee styles mated with richly textured, gaily colored hose create a real fun fashion.
Belts have more freedom. They move high under the bosom, sling low on the hips or manage to zero in right on target. One thing is sure, belts add to fashion wherever they fall.
As always, corduroy in its many guises — wide waile, pin-wale and sculptured — is the favored fabric for both daytime and daytime designs. Kitten-soft cottons like velveteen, velour and suede shape many a young fashion, too.
The slickest newswear on the scene is the "wet look", created from vinyl coated cotton. The shiny fabric molds many an all-weather coat and poncho dipped in bright bold colors. It's a contemporary look featuring stark styling, noticeably uncluttered by frivolous details.
Underneath the new rain or shine coats, collegians choose corduroy jumpers teamed up with striped cotton jerseys or other fashionable separates that move well together. After five, young moderns don velveteen frocks that skim the figure or well-tailored corduroy costumes.



WEEKLY CROSSWORD PUZZLE

Here's the Answer

HORIZONTAL	VERTICAL
1 Pictured fruit	1 Protective garment
6 Regular succession	2 3.1416
13 Religious	3 Hawaiian food
14 Death notice	4 Breathing organ
15 Her	5 Property
16 To the inside of	6 International language
18 Within	7 Alfred
19 Diminutive of	8 Metal
20 Upon	9 Near
22 School of whales	10 Small island
23 Us	11 Exclamation
24 Negative word	12 At no time
26 Symbol for tellurium	17 Sign
27 Chaldean city	18 Expects
28 Females	21 Present time
30 Belongs to it	25 Sound
32 Negative (abbr.)	
33 Transpose	
34 Oblivion	
37 Ocean	
39 Therefore	
40 Pupils bring them to	
44 Hen product	
46 Charity	
47 At any time	
49 Symbol for europium	
50 Music note	
51 Symbol for tungsten	
53 Prince	
55 Foot digit	
57 Table land	
59 Perfect	
61 Acts of erasing	
62 Warm	

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Telephone Talk
By R. B. MOORE

BACK-TO-SCHOOL DAYS ARE ALMOST HERE. It's been a great summer for the kids, but it will soon be study time again. Which brings up a very important matter... **SAFE DRIVING**... anywhere and everywhere, but special care when the children go back to school. The younger ones, in particular, are often so busy playing and having a good time on the way to and from school they don't watch for cars as carefully as they should. This means it's up to you to do the watching. Help give them another safe and happy year at school... **DRIVE CAREFULLY.**

THESE DAYS, SHOPPING CENTERS ARE POPPING UP ALL OVER THE COUNTRY! Their big drawing card is the fact that stores of all kinds, from bakeries to barber shops, are all within easy reach of each other. Well, you know, there's another big help to easy, convenient shopping, and you have it right in your own home! It's the Yellow Pages. That combination of handy shopping centers and easy-to-use Yellow Pages is hard to beat. Next time you need a service or a product, why not check the Yellow Pages first for the merchants in the shopping center nearest you?

THE FIRST LONG DISTANCE TELEPHONE CALL EVER MADE, took place on August 10, 1876. It was a one-way call received at Paris, Ontario, Canada by Alexander Graham Bell from his father and uncle at Brantford, Ontario about 76 miles away. Later, Dr. Bell said of this call, "The Brantford experiment is of historical interest because it led to the discovery of the proper combination of parts in a telephone to enable it to become operative upon a long line." What an incredibly long way we've come from that 76-mile phone call... to Telstar!

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Dear friends,
In years past, the funeral director's chief function was the care of the departed. This is still of utmost importance, of course.
But to an even greater degree, there is a responsibility to the living. We do our best to provide comfort and privacy for the family and friends.
Respectfully,
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