

Life With The Rimples



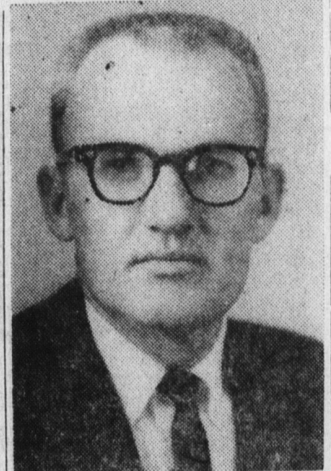
By Les Carroll



New York (WMNS) — Music may soothe the savage beast, but the human heartbeat does more. It soothes the human baby so that it cries less, gains more weight, and sleeps better than infants not exposed to it. This is the startling finding of New York psychologist, Dr. Lee Salk, R. B. Moore has been appointed Manager of the Southern Bell Telephone Company's Gastonia Commercial Department, replacing F. Bryan Houck, who was recently promoted to Division Commercial Supervisor in Southern Bell's West Division Office in Charlotte. The announcement was made today by C. E. Talley, Gastonia District Manager. Moore's telephone career began in the Directory Advertising Department in Charlotte. He has worked in Asheville, Hendersonville and Charlotte. Prior to his appointment to Gastonia, he was a manager in the Charlotte Business Office. The son of Mr. and Mrs. L. D. Moore of Asheville, he attended public schools in Asheville, and is a graduate of Lee Edwards high school. He served in the U. S. Air Force in 1950 and 1951. Moore is married to the former Patricia Himes of Charlotte. They are members of the Methodist church. While in Gastonia, Houck was a member of the Official Board of the First Methodist church, a member of the United Fund's Board of Directors, and this year was president-elect of the Gastonia Civitan club. George Washington said farewell to his troops at the Franconia Tavern in downtown Manhattan. Sally Rand is 61.

Southern Bell Promotes Two, Houck Is New Division Manager

who observed the effect on 102 infants of round-the-clock playing of a tape of human heartbeats in a hospital nursery. Dr. Salk found that the infants did not respond in the same way to other rhythmic sounds. When a tape of a galloping heartbeat or a very rapid beat was played, the infants became more restless and cried more frequently. Dr. Salk reports that even older babies from 18 to 37 months like the "lub-dub, lub-dub" of the human heart. These youngsters fell asleep more quickly when lullabyed by a heartbeat sound than by the playing of a lullaby or the sound of a metronome beat. The exciting uses to which medicine has put hormones since they were discovered a century ago are unfolded in a Randor House book, "The Hormone Quest," by science writer Albert Q. Maisel. Maisel translates highly technical material into popular language. He begins with the story of how hormones are produced by the 13 tiny capsules of tissue in the human body—the endocrine glands—which altogether weigh less than half a pound. The book also traces the development of synthetic hormones, which have helped combat heart disease, arthritis and the effects of aging. Mr. and Mrs. W. Eugene McCarter and son, Billy Gene, visited during the weekend with Mrs. McCarter's sister, Mrs. K. E. Erwin and Mr. Erwin in Anderson, S. C.



PROMOTED — Bryan Houck, at top, has been promoted to Gastonia division commercial supervisor for Southern Bell Telephone Company and R. B. Moore has been named to succeed Houck in his former position as manager of the Gastonia commercial department for Southern Bell.

KINGS MOUNTAIN Hospital Log VISITING HOURS Daily 10:30 to 11:30 a.m. 3 to 4 p.m. and 7 to 8 p.m.

- Toy Richard Blanton
Mr. E. J. Lee Griffin
Miss Connie Mazell Griffin
Mrs. Sarah F. Groves
Mrs. James E. Holder
Mr. William F. Houser
Mr. Frank Jackson
Mrs. Lela Bell Jackson
Mr. Albert B. Jones
Mrs. James Lanier
Mrs. James R. Long
Mr. William Mauney
Mrs. Arthur Patterson
Mr. Boyce Payseur
Mr. John Poteat
Mrs. Janie M. Pruitt
Miss Nancy Sue Service
Miss Linda Ann Smith
Mrs. Thelma Bales Sprouse
Mrs. Oscar Lee Thomas
Mr. James Thornton
Miss Wanda Ann Vinson
Sandra Mavis Ware
Mrs. Richard Warbrough
ADMITTED THURSDAY
Mrs. Roosevelt Cooper, P. O. Box 23
Mr. Charles Gforth, Rt. 1
James Ray Heavner, 213 Park St., Shelby
ADMITTED FRIDAY
Mary Rose Bryant, 511 1/2 W. Mountain St.
Mr. Charles McKinney, Jr. 414 W. King St.
Mr. Charlie Patrick, 5090 Midpines
Mrs. Maggie Ball Pilkington, P. O. Box 42, Dallas
Mr. Thomas Pollock, 310 E. King St.
Mrs. Anderson Webber, Rt. 1, Box 76, Shelby
Mr. Lloyd Wood, 110 W. Georgia Ave., Bessemer City
ADMITTED SATURDAY
Minnie Burris, 104 N. Canler St.
Mr. James E. Dee, Rt. 1
Mrs. Addie Mae Dixon, Rt. 2
Mr. John Louis Flum, Rt. 1
Mrs. J. N. Gamble, 410 W. Gold St.
Mr. W. T. Gregory, 3800 Parkdale Circle
Mrs. John Lee, P. O. Box 722
Mrs. Maphrea Sellers, 214 E. La. Ave., Bessemer City
Mr. Zeb Vance Waters, P. O. Box 24
ADMITTED SUNDAY
Mrs. Dwight Chapman, 114 Oriental Ave.
Mrs. Lawrence Calvin Farrin, Rt. 2
Mrs. J. E. Hawkins, 503 James St.
Miss Lila Lolita Horton, Gen. Del. Bessemer City
Mrs. Luther Howell, Box 13, Grover
Miss Betty Jean Hugkabee, Rt. 2, Bessemer City
Mrs. Otto C. Kiser, Sr., Rt. 2
Dexter Wayne Lovelace, Rt. 2, Box 46
Miss Minnie McClain, 304 1/2 E. Ridge Street
Mr. Wray A. Plonk, Jr., Rt. 3
Mrs. William Scism, Rt. 1
Mrs. Furman Sprouse, 2100 Parkdale Circle
Ricky Dean White, 402 E. Boston Ave., Bessemer City
ADMITTED MONDAY
Thomas Walker Bryant, 706 Meadowbrook Rd.
Mrs. Robert C. Enslay, 700 W. Mountain St.
Mrs. Fred F. Hicks, 2220 Sunset Dr., Gastonia
Mrs. David O. Jenkins, Rt. 2 Hillcrest Pk.
Steven Roy Long, P. O. Box 352 Bessemer City
Mrs. Jasner Putnam, Rt. 3
Mrs. Susan Davis Rhvne, 1210 Kinderway Apt. 5, Columbia, S. C.
Mrs. George H. Thornburg, Box 445 Bessemer City
Mrs. Virginia Williams, Rt. 2, Bessemer City
Mr. Thomas Ernest Winkle, P. O. Box 329 Bessemer City
ADMITTED TUESDAY
Mrs. Walter McNeely, Rt. 1
Mr. Bobby Gene Lawson, 1240 Second St., Ext.
Mr. Horace Jeffries, 210 Canler St.
Jeffrey Wade Witherspoon, 724 S. Mountain St., Cherryville
Johnny Eugene Mitchell, 724 S. Mountain St., Cherryville
Ronald Scott Mitchell, 724 S. Mountain St., Cherryville

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Women's Health

New York, N. Y. (WMNS) — Planning a trip to Mexico City? Dares Salaam? Bombay? Buenos Aires? One helpful item to take with you is a pocket-sized directory of doctors who can speak English and who have received some of their medical training in the U. S. or Britain. The Directory, which costs \$3 a year, is put out by Intermed, Inc., 777 Third Avenue, New York, N. Y. 10017.

An Intermed representative told Women's Medical News Service that doctors accepted for listing agree to charge a reasonable fee for first visits, and to make night calls in emergencies. The directory lists 250 physicians in 149 cities around the world. It is also worthwhile to inquire about local medical facilities at the American embassy or consulate.

Dundee, Scotland (WMNS) — The oral contraceptive pill is not only one of the most efficient contraceptives known, it also helps regulate irregular menstrual cycles and relieves painful menstruation. These findings, reported to the British Medical Association, confirms similar observations made by U. S. and Mexican family-planning groups. A British physician pointed out that women on "the pill" have better general health protection since they must go to a physician regularly for a check-up in order to get their "pill" prescriptions.



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Farmer Reaps Big Dividends By Fertilizing

A little extra effort at this time of year will enable farmers to get a lot of extra mileage out of their fescue pastures. Carl Blake, extension agronomy specialist at N. C. State University at Raleigh, says fescue will put on about 30 per cent of its total year's growth during September, October and November. But it will take a fall application of fertilizer for this growth potential to be realized. For farmers with a pure stand of fescue, Blake recommends that they add 50 to 100 units of nitrogen per acre, August is the best time to apply the nitrogen in the Mountains; September is best for the Piedmont and Coastal Plain. Although the extra fertilization will pay off in the equivalent of one to one and a half tons of hay per acre, Blake said that unfortunately not many farmers are realizing this potential. Fall fescue growth is especially desirable, he said, for maintaining a beef brood herd. It provides good fall grazing and can offer an accumulated growth to carry a beef herd into the winter. Blake also urged farmers who have not been fertilizing their fescue regularly to set aside a definite time each spring and fall for this practice. An application of 400 to 600 pounds of 0-10-20 per acre and 50 to 100 units of nitrogen is recommended for the spring, and another 50 to 100 units of nitrogen are recommended for the fall. The same suggestions hold true for orchardgrass and Kentucky bluegrass. The St. Lawrence river pours 400,000 cubic feet of water per second into the Atlantic.

COMEDY CORNER



"Suppose you get up and thumb a while—you need the exercise more than I do!"