

The Heart You Save

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This article by Dr. Daniel T. Young, of Chapel Hill, University of North Carolina heart specialist and North Carolina

Heart Association president, is the second of a four-part series on "The Heart You Save," distributed by the North Carolina Heart News Bureau. The first article was on guarding your husband's heart and the ones

to come will be on guarding your own heart and hearts everywhere.
CHAPEL HILL — The heart you save may be the heart of a child, perhaps not yet born. Or maybe it's a "blue baby,"

half a continent away from North Carolina, who will soon be given the gift of a full life by a miraculously complex and delicate open-heart operation.
Or it could be your own healthy youngster, who will be protected from the dreaded rheumatic fever aftermath of a "strep" infection by prompt treatment with penicillin.
All these young hearts and thousands more are the direct and dramatic beneficiaries of a mere two decades of medical progress. Twenty years ago, the outlook for a blue baby—a baby born with certain defects of the heart and blood vessels—was poor. Open-heart surgery was still in the realm of science fiction, and heart-lung machines were only projects on an investigator's drawing board.

Before medicine had a sure-fire weapon—penicillin—to knock out streptococcal infections, "strep" throats cast a sinister shadow of rheumatic fever whenever they struck. And because there were no defenses, they might strike again and again, each time carrying the threat of more damage to the victim's heart.
Even the statistics are dramatic. The death rate for rheumatic fever and rheumatic heart disease among children and young adults 5-24 years of age has declined 83 percent over the past 20 years. As many as 100,000 Americans probably owe their lives to heart surgery. And for the thousands of youngsters with a history of rheumatic fever, protection is available against repeat attacks, while the menace of initial onset has been lifted for untold thousands now growing to adulthood.

And then there are the babies who could never have been born before the era of open-heart surgery. Surgical repair of a number of inborn or acquired heart defects has enabled many women to conceive and bear children. Necessary corrective surgery has been carried out during pregnancy, with survival of both mother and baby.
Each year we gain new knowledge and new weapons, giving more and more children a chance to live and grow normally. As scientists learn more about the manner in which heart defects arise in the developing embryo, even the frontier of life before birth will be breached.
Medical research will one day find the answer to the big rheumatic fever question: how do streptococcal infections trigger an attack of rheumatic fever, why are only a small percentage

Mr. Davis' Rites Conducted

Funeral rites for Mrs. Carrie Falls Davis, 40, were held Saturday at 11 a.m. from Bessemer City's First Baptist church, interment following in Westview Gardens.

Mrs. Davis, wife of Hershel Nathan Davis, died Thursday morning in Kings Mountain hospital following an extended illness.

Daughter of the late Calvin and Ola Bumgardner Falls, she had been employed by Pittsburgh Plate Glass Co.

Other survivors include four daughters, Mrs. Charles Doty of Bessemer City, Mrs. Earl Mull of Cherryville and Catherine Kay and Donna Davis of the home; four sons, Roger Lee, Buddy Dean, Chester Gene and Hershel Davis, Jr., all of the home; two sisters, Mrs. Clyde Hamrick of Bessemer City and Mrs. T. A. Champion, Jr. of Charlotte; four brothers, Calvin Falls, Jr., and Carl Falls of Bessemer City; Boyd P. Falls of Charlotte and Hunter Falls of Wisconsin; and four grandchildren.

PLEDGES FRATERNITY

Lewis Stewart, student at Western Carolina college in Cullowhee, has pledged Alpha Chapter of Sigma Pi Kappa fraternity. He is the son of Mrs. Winnie Stewart of 502 Woodland Drive and C. E. Stewart of Charlotte.

susceptible, and what causes the heart damage rheumatic fever may leave in its wake? This knowledge can help us to recognize rheumatic fever to medical limbo, along with such former scourges as smallpox and polio.

The American Heart Association and the North Carolina Heart Association have given important motive power propelling heart disease research in this county and state since the first Heart Fund campaign in 1949. The money given by North Carolinians, year after year, has been the sustaining power, making medical progress possible, and also making it possible for the Heart Association to translate this progress into life-saving educational and community service programs.

(NEXT: Guarding Your Own Heart).



FLOWER ARRANGING CLASS UNDERWAY — Pictured above are members of Flower Arranging Class II sponsored by the Kings Mountain Training Center. The class meets Tuesday and Thursday evenings from 7 until 9 p.m. in the health clinic of City Hall. The members are wearing the corsages made in last week's session led by instructor C. E. Stroupe. Another beginners class in floral arranging is to begin soon, and prospective students may register by contacting Mrs. Elmer Hardin. In addition to the floral arranging school, other courses are to be offered by the Kings Mountain Training Center, an extension class of the Cleveland County unit of Gaston College. From left to right, front row, Mrs. W. F. Houser, Miss Naomi Edens, Miss Ellen Foster, Mrs. Rita Hendricks, Mrs. Sally Mayhue, Mrs. Georgia Gore, Mrs. Opal Camp, and Mrs. Leona Fite. Back row, from left, Mrs. Mary Allen, Mrs. H. G. Clayton, Mr. Stroupe; Mrs. J. E. Childers, Mrs. Sue Brandon, Mrs. Woodvick Hamilton, Mrs. Elmer Hardin, Elmer Hardin and Mrs. Goldie McDaniel. Not present for picture-taking was Milas Wilson. (Photo by Hubert Carlisle)

Guffey Rites Held Sunday

Funeral rites for Ralph E. Guffey, of Cherryville, brother of Mrs. Fred Pritchard of Kings Mountain, were held Sunday at 3 p.m. from Carpenter's Funeral Home in Cherryville, interment following in City Memorial cemetery.

Mr. Guffey died Friday night. He was a watchman at Carolina Freight Carriers Corporation for 13 years and a constable in Gaston County for 20 years. He was a member of Cherryville's First Presbyterian church.

Other survivors include his wife; a daughter, Mrs. Jake Mauney of Cherryville; a brother, Howard Guffey of Bessemer City; four sisters, Mrs. Mary Dick and Mrs. John Nance, both of Bessemer City, Mrs. Sam Faysour of Shelby and Mrs. Reedy

Heart Facts

Q—Is the outlook good for the ultimate control of heart disease?

A—Yes, very good. Much has already been learned about how to prevent and cure some types of heart disease. There is a great deal more to do, but medical science is at work on the serious questions of how to prevent diseases of the heart and blood vessels, how to cure them, and how to help people with heart disease live longer, more useful lives.

For a free copy of "Hope for Hearts," the annual report of the North Carolina Heart Association, write Heart, No. 1 Heart Circle, Chapel Hill, North Carolina, 27514.

Mullen of Hickory. Rev. George Riddle officiated at the final rites.

History Month Observance Set

Kings Mountain's Colonel Frederick Hambricht Chapter, Daughters of the American Revolution, is calling attention this week to the annual observance of American History Month. Mrs. J. E. Herndon, regent, has announced.

Mrs. Herndon said that the National Society DAR is conducting a vigorous campaign to make all citizens and particularly school children, more aware of our American heritage.

Fifty DAR state organizations through more than 3,000 chapters are arranging special programs and activities on historical events occurring since the early days of our country. Historical essays, and other appropriate activities have been arranged in the schools and public patriotic meetings are being conducted, Mrs. Herndon noted.

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