



KINGS MOUNTAIN Hospital Log

VISITING HOURS
Daily 10:30 To 11:30 a.m.
3 to 4 p.m. and 7 to 8 p.m.

Mrs. Laura Bell
Mrs. John Blanton
Benjamin Bumgardner
Mrs. James Byers
Mrs. Mattie Carroll
Mrs. Early Cash
Mrs. Ruth Cobb
Henry Deal
Mrs. Sidney Dulin
Mrs. Marvin Hamrick
Mrs. Will Hemphill
Mrs. Luther Herron
Walter Hines
William Houser
Chalmers Goins
Mrs. Billy Humphries
Mrs. Claude Kelly
Melvin Morgan
William McClure
Mrs. Solon Norris
Ronnie Perkins
Mrs. Grady Patterson
Mrs. James Roseboro
Paul Sanders
Miss Sue Service
Hugh Smith
Mrs. Rosa Self
Herman Sprouse
Mrs. Jessie Taylor
Mrs. Wiley Wallace
Mrs. A. P. Warlick
A. P. Warlick
Mrs. Will Weaver
J. K. Willis, Sr.
Mrs. Nellie Wright
Mrs. Clark Rushing

Goettes To Speak Here On Sunday

Dr. and Mrs. Robert L. Goette, Presbyterian missionaries to Korea, will be guest speakers at Sunday services at First Presbyterian church during Sunday services. Dr. Goette will fill the pulpit at the 11 o'clock worship hour. Dr. Goette, his wife, the former Emily Smith of Gainesville, Fla., and their three children will spend their furlough year in Deatur, Ga.

A native of Gainesville, Dr. Goette received a bachelor of science degree, a master of science degree and a Ph.D. from the University of Florida. He also attended Presbyterian School of Christian Education, Richmond, Va., for a year.

The Goettes, Robert, age 11, Linda, age nine, and Bill, age eight, expect to return to Korea in 1966.

Announcing the visit of the missionaries here, Dr. Paul Ausley noted that the Goettes were eyewitnesses to the dissension between Korean college students and the Seoul government which led to the recent rioting of some 8,000 students in Taejon.

For the second year, nationwide unrest on college and university campuses and widespread demonstrations resulted in closing the schools early. Among those closed last spring was Taejon Presbyterian College where Dr. Goette heads the chemistry department.

Protesting against the Seoul government's ratification of a treaty providing full diplomatic relations with Japan after 35 years, many students, professors and writers have sided with Korea's Mining party opposing the treaty.

Dr. Goette reports Taejon Presbyterian College to have opened on schedule this fall with classes conducted as usual.

A former research chemist with E. I. DuPont de Nemours in Camden, South Carolina, Dr. Goette went to Korea in 1960 as an educational missionary for the Presbyterian Church U. S. He has been largely responsible for increasing academic prestige of Taejon College which attracts more students than it can receive. The college has been greatly strengthened by its progress in chemistry due to Dr. Goette's efforts.

The school gained nationwide recognition in 1963 when its first graduating class ranked highest among all Korean colleges in government examinations.

Despite the outside pressures of student unrest, Dr. Goette has continued to improve the chemistry department serving in an administrative capacity as well as doing laboratory design, supervision and construction and ordering equipment and chemicals.

Joe Spake's Rites Conducted

Funeral rites for Joe Spake, Cleveland County native, were held Monday in Memphis, Tennessee. Mr. Spake was well known here.

He is survived by his father, G. A. Spake of route 6, Shelby; a brother, William G. Spake of Post road in Shelby; a sister, his wife and three children.

Budget Funds For Large Items Of Equipment

RALEIGH — Household equipment represents major purchases for most families. Your family budget may work more smoothly if you set aside money for replacing large items of equipment when it is needed.

Knowing how long some families keep household items may help you determine when replacements will be needed. Thelma Hinson, extension home management specialist, North Carolina State University at Raleigh, points out:

Findings from a U.S. Department of Agriculture study show that when families buy new equipment, the average service life is about 10 years for either a conventional or an automatic washer, 15 for an electric refrigerator, and 15 for a gas or electric range.

If a family buys used equipment, the average life span will depend on the condition of the appliance when purchased, Miss Hinson says.

The life span of household equipment varies among families, she says. Some families use their equipment until it no longer operates; others prefer to replace it with something more modern.

The quality of the equipment purchased and the use and care it receives will affect service life. You may prefer to keep your equipment for a longer or shorter time than the U.S.D.A. study indicates. However, this information can help you estimate when you might need replacements, and you can adjust your budget to cover the added expense. Try

Self-Control and Speed-Control Contribute To Highway Safety

Self control and speed control help to smooth the way for all kinds of traffic—cars, trucks and buses, Major Edwin Guy said this week.

Major Guy, who recently took charge of the highway patrol's traffic safety division, is from Western North Carolina. And the veteran lawman has seen some rugged weather and driving conditions in the mountain area.

"Guarding against mistakes in judgment that come with impatience, and adjusting speed to fit changing road, weather and traffic conditions will enhance any driver's chance to escape a wreck," he said.

"On any trip, long or short, it pays to be extra watchful every moment you're at the wheel."

"On slippery roads, mountain or otherwise, you've got to be alert else you might find yourself trying to control a real skidmobile," he added.

Major Guy said that while most Tar Heel winters are lenient, a severe storm could still strike before the first days of spring.

To meet these conditions if they come the safety chief cautioned against two rather widespread beliefs about winter driving: reducing tire pressure and carrying extra weight in the trunk.

"Letting some air out of today's low pressure tires to increase traction doesn't really help but may actually increase the tendency to side skid," he said.

"And while it's a pretty good idea to carry some sand in the trunk in case you get stuck, any other additional weight can make steering tricky and create big skids out of little ones."

Tests by the National Safety Council show that extra weight in the trunk increases traction a little that it is not worth the risk, Major Guy reported.

"About the only thing of any real value to increase traction is the use of snow tires and tire chains," he said.

"For example, on loosely packed snow, snow tires give a 57 per cent increase over highway tires and reinforced chains increase traction by 313 per cent."

"Should severe conditions develop, meet them with extra caution," Guy emphasized. "Limit driving to essential trips, be sure your gas tank is full, be certain all safety equipment is stowed worthy and use tire chains for deep snow and glare ice."

Mrs. Morgan Joins G-W College Faculty

BOILING SPRINGS — Mrs. Drucilla (Fred A.) Morgan has assumed the duties of office secretary of Alumni Affairs at Gardner-Webb College, it was announced today by Dr. Eugene Poston, president.

Mrs. Morgan recently completed the IBM Data Processing course at Gardner-Webb College and has taken accounting and other courses at the college. Alumni files are being placed on IBM cards for more efficient handling.

A native of Kannapolis, Mrs. Morgan is a graduate of Landis High School and has attended Hardberger's Business College in Raleigh. She and her husband and three children live at 239 Country Club Circle, Shelby. They are members of the Ascension Lutheran Church.

Fire Department To Hold Drive

The Bethlehem Volunteer Fire Department will hold a house-to-house fund drive Friday night, it was announced today by Roy Dixon, chairman of the Board of Directors.

All directors and firemen are asked to be at the Fire Station at 7:00 and ready to begin the campaign shortly afterward.

The drive will cover a four-mile radius, starting in the Bethlehem Community, covering the Dixon and Long Creek communities, and Highway 74 from Buffalo Creek to the Kings Mountain city limits.

to plan your replacements so you will not need to replace more than one large appliance in any one year, Miss Hinson advises.

Radio Reports Here Whitener Resumes

WASHINGTON, D. C. — Congressman Basil L. Whitener (D-NC) has resumed his weekly radio reports which are carried over 27 Piedmont and western North Carolina radio stations. Whitener made his first program in Washington this week for the second session of the 89th Congress.

Congressman Thomas E. Moran (D-Pa), Chairman of the House Foreign Affairs Committee, is the special guest of Congressman Whitener on the radio report this week. They discussed the critical U. S. position in Vietnam.

Whitener's program is carried over local radio stations. The hour of the program is carried over local radio stations. The hour of the program can be learned by consulting your local station.

Jaycee DSA

lina's new apportionment plan. Mike Dixon is program chairman and will introduce the program. Other member of the Bsoes' Night committee is William White, brother of Senator White.

Jaycee President Jacob Dixon said that nominations for the distinguished service award are still being received and area citizens are invited to clip a coupon from this edition of the Herald and send their choice in charge of the Jaycee committee in charge. Young men 21-35 are eligible to receive the service award. A judges' committee of citizens over 35 will announce the winner.

The banquet will begin at 7 o'clock with dinner at the Woman's club.

Winner of the 1964 award was Richard Culyer, Kings Mountain teacher.

Primary Fight

Dorcas Cline of Fallston, Senator Hollowell, 61, was born in Kinston, attended Durham high school and Duke university where he won a law degree in 1929. Active in Democratic politics for many years, he was for eight years chairman of the Gaston Democratic executive committee, and was a delegate to the 1952 National Democratic convention. He is a Methodist. His wife is the former Evelyn Fitch.

Mr. Childers resigned last week as 14th district Superior Court solicitor. He maintains private practice in both Mt. Holly and Gastonia, and was elected three terms to the state House of Representatives. He is a native of Lenoir, attended the University of North Carolina, Appalachian State Teachers college, the University of North Dakota and the University of North Carolina Law school. His wife is the former Dolores Roberts of York, S. C.

Entertainment

Members will elect a president, vice-presidents to succeed Jonas Bridges and Eugene Timms, and three directors to three-year terms to succeed Wilson Crawford, Charles Neisler and Odus Smith.

Queen To Head Bus Terminal

Kings Mountain Bus Station is under new management. John Queen, native of Gastonia, announced Wednesday that he is operating the bus terminal on W. King street seven days a week from 6 a.m. until 10 p.m.

In addition, Mr. Queen said that extensive remodeling will begin this week. A coffee shop will be installed offering breakfast, sandwiches and fresh doughnuts and will be operated by Mrs. Louise Shankle, who will also assist Mr. Queen in ticket sales.

Mrs. Maudie Garris, Kings Mountain beautician, is renting the back quarters of the terminal and will operate her beauty shop. Maudie's Coiffures, she said yesterday, Mrs. Garris announced that Miss Betty Fulton has been employed as a beautician and that the staff will number five.

Renovations to the bus station are expected to be completed in about three weeks, Queen said. Mrs. Garris has for some time operated a beauty shop in her home on Maner road.

Mr. and Mrs. W. Howard Foster have operated the terminal here the past several months.

The Veterans Corner

EDITOR'S NOTE: Below are Veterans Administration to some authoritative answers by the of the many current questions from former servicemen and their families. Further information on veterans benefits may be obtained at any VA office.

Q—My neighbor, a disabled veteran receiving monthly disability payments, received an income questionnaire from VA; his payments would be stopped if he did not report his annual income. I am receiving disability compensation payments, but have never received the questionnaire. Should I file a report of income anyway?

A—Your neighbor evidently receives monthly "pension" payments for a non-service-connected disability. You are receiving "compensation" payments for a service-connected disability which is not affected by your other income. You do not need to file a report.

Q—I receive a non-service-connected disability pension from the VA amounting to \$30 per month. If I no longer live with my wife will I lose any of my pension and if so, how much?

A—If you and your wife live apart and you are contributing to her support, your pension payment will not change. If you and your wife live apart and you do not contribute to her support, you will be considered a single person—without dependents—and your maximum income could then not exceed \$1800 per year. Your exact pension will depend on your individual income.

Smokers More Likely To Suffer Heart Attack Than Non-Smokers

CHAPEL HILL — Timothy Tarheel frequently asks, "What kind of person is most likely to have a heart attack?"

He is fat, he smokes more than a pack of cigarettes a day; his blood cholesterol level is above normal; he has high blood pressure.

This unfortunate fellow is an ideal candidate for a coronary heart attack.

It does not follow, of course, that a slim, non-smoking woman with low blood fats and no hypertension cannot have a heart attack, the North Carolina Heart Association says.

It does mean that each of the unfortunate factors listed for our fat friend is known to be associated with mankind's leading killer, and that the more factors present in one person, the higher his risk.

The basis for this sharply delineated portrait of the coronary-prone human is not the result of subjective guesswork. It is, instead, a statistically valid finding from an extraordinary study which has been under way since 1949 in Framingham, Massachusetts.

In that year 5,000 men and women were selected at random and given extremely thorough physical and psychological tests. They will be closely followed—with frequent re-examinations—for a total of 20 years.

While the picture is not yet complete, an analysis by the experts of the data collected over the years to date gives a pretty clear composite picture of those among the 5,000 who have had heart attacks.

Clearly the typical victim is that fat cigarette smoker with high cholesterol and hypertension.

It may seem strange that anyone should find these facts heartening, yet in a way they are. For it should be noted that, with one exception, all the factors which make our fat man an ideal candidate for a coronary are either preventable, curable or treatable, according to the heart disease control agency.

Our candidate cannot, of course help being a man. He is stuck with his sex, and statistics indicate unquestionably that men suffer coronaries much more frequently than women, at least until the latter reach the menopause.

But there is no reason under the sun why our candidate should remain obese. The weight or even the fattest man can be brought down to a healthy level and kept there.

But it should be done only under the guidance of a physician. Starvation diets or other fac methods of losing weight, practiced on a do-it-yourself basis, can be dangerous.

A high cholesterol level presents a tougher problem. Despite earlier claims, no drug has yet been found which can safely and certainly reduce blood fats in all patients.

But there is increasing evidence that diets which replace saturated (largely animal) fats with unsaturated (mostly certain

You And Social Security

Q—How much are the premiums for health insurance under the Medicare Program?

A—Hospital insurance requires no payment after retirement; supplementary medical insurance premiums are \$3 a month beginning July 1, 1966. These payments will be matched by the Federal Government.

Q—If I sign up for supplementary medical insurance, will I have to pay \$50 a year whether or not I am sick?

A—No, you pay a \$3 monthly premium and the first \$50 of any covered expenses. Your insurance then pays 80 percent of the balance. If you have no expenses, you pay only the \$3 monthly premium.

Q—Will social security tell me which doctors and hospitals I must go to in order for the insurance to pay?

A—No, the Act specifically guarantees freedom of choice to the patient.

Q—Must I pass a physical examination for health insurance?

A—No. An examination is not required.

Q—Will the health insurance pay for my drugs?

The only drugs paid for by this plan would be the drugs you would be given while in a hospital or extended care facility.

Q—Are people who get disability payments eligible for Medicare?

A—No. To qualify for Medicare you must be 65 or over. Disability payments are made to persons under 65.

Q—I hear that health insurance benefits will not be paid before July 1966. Can I wait until then to apply?

A—Persons age 65 before 1966 cannot be covered for the medical insurance unless they have signed up before March 31, 1966.

Werner's Father Dies In Florida

Jacob A. Werner, 78, of Leesburg, Fla., father of Willard D. Werner of Kings Mountain, died January 16 following a brief illness.

Born in White Water, Wisc, he came to Leesburg two and one-half years ago coming from Winter Park and prior to that he lived in St. Louis Park, Minn. where he served as mayor for 20 years.

Mr. Werner was a former Mayor of St. Louis Park, Minn. and at the time of his retirement he was water registrar for St. Louis Park.

He was a charter member of Paul Revere Lodge 321 R. F. and A. M.; and a veteran member of St. Louis Park Lodge 202 International Order of Odd Fellows. Mr. Werner was a member of the St. Louis Park voluntary Fire Department for over 40 years.

Also surviving are: his widow, Mrs. Mille Werner of Leesburg; one daughter, Mrs. R. L. McCullers of Leesburg; also four grandchildren and two great-grandchildren.

Funeral services were held Wednesday, January 19, in the Woodlawn Memorial Park Chapel in Orlando with entombment to follow in Woodlawn Memorial Park Mausoleum.

New Pastor

Loan, France, He also served student pastorates while in college and seminary.

Rev. Mann is married to the former Iris June Mann of Charlotte. They have one son, Robert Clifton Mann, Jr., age one year. Mrs. Mann is a schoolteacher and is teaching presently in Charlotte.

A reception honoring the new pastor and his wife will be given Sunday evening following the evening worship period.

Now at McGinnis

FRIGIDAIRE

BONUS SALE!

GET A SPECIAL BONUS—FREE with your new 1966 Frigidaire Appliance!

Once-in-a-while opportunity—buy one of these new Frigidaire appliances during this limited time event at the low, low price (they are specially tagged) and receive a valuable bonus at no extra cost!



Trim 30" Range with exclusive oven control that tenderizes meats automatically!

- Roasts automatically turn out more tender, juicier, shrink less with the special Frigidaire Tender-matic roasting.
- Exclusive Pull 'N Clean Oven slides out like a drawer.
- Cook now, serve later. Meal Minder automatic oven control keeps a rare roast "serving right" for hours!
- Plus Heat Minder surface unit—the automatic "pot watcher" that guards against scorching and boil-overs.

Only **\$2.25** a week after small down payment



Big 476-lb. size Frigidaire Food Freezer!

- Lets you shop and plan meals ahead—and relax! Enjoy the less-work life!
- High efficiency insulation and magnetic door seal combine to eliminate "hot spots."
- 3 Fast-Freeze shelves wrap food in cold—instantly!
- 5 full-width door shelves with removable fronts.
- New Power Capsule—for True Food Security!

\$2.25 a week after small down payment



Thrifty, Frigidaire front-loading DISHMOBILE!

- Washes 12 full table settings (NEMA) really clean with powerful Multi-Jet Revolving Spray Arm.
- No hand rinsing! Efficient wash and rinse cycles do it for you.
- Easy front-loading! Roll-To-You Backs simplify loading problems.

\$2.25 a week after small down payment



Beautiful MAPLE & WALNUT CUTTING BOARD!

A pleasure to use—fits squarely on top of Dishmobile to give useful, mobile counter work space!

McGINNIS FURNITURE CO.

PHONE 739-4706 309 S. BATTLEGROUND