



DO YOU
WANT A NEW
BATHROOM?
KITCHEN?
PLAYROOM
OR JUST MORE
SPACE??

HERE'S HOW TO GET IT !!

- 1) See your plumber, electrician, cabinet - maker and carpenter.
- 2) Bring us your estimates.
- 3) Arrange a mortgage loan, repayable in easy monthly payments tailored for your individual budget.

Yes, it's that simple.

And if it's a new home you want to build or buy, just follow the same plan.

The past few snow-filled weeks haven't been building weeks, except for those jobs which could be done inside.

But, hard as it might be to believe, it won't be long until spring breaks out, with budding trees, flowers and green grass — signal for the beginning of building season again.

Now's the time to get ready.

Whatever your needs are, get your plans ready and make arrangements now at Kings Mountain Savings & Loan Association now for the financing you require.

Prompt service is our specialty.

Kings Mountain Savings & Loan Assn.

Ben H. Bridges, Secretary - Treasurer

PUT IT ON ICE!



AVOID INJURIES (AND POSSIBLE LAWSUITS)...
SLIP-PROOF YOUR WALKS—KEEP THEM FREE
OF ICE BY USE OF SAND, SALT OR ASHES!

INSURANCE INFORMATION INSTITUTE

Women's Health

ASPIRIN WARNING

Louisville, Ky. (WMNS)—What is small, pleasant-tasting, and harmless-looking, but dangerous if handled carelessly? Children's aspirin, Louisville physician, Dr. A. A. Shaper, points out—especially when it comes in packages of 50.

Dr. Shaper explained in a letter to a medical publication that the usual bottle of 50 aspirins totals up to 62.5 grains, sufficient to kill a young child. He says that thousands of children require emergency hospital treatment for aspirin poisoning, and that 150 children under five years of age die every year as a result of gobbling quantities of the drug. The physician supports a bill (S.2404) introduced in the last session of Congress that would limit by law the quantity of aspirin permitted in a package.

But, as Dr. Shaper told Women's Medical News Service, "Education of parents comes first in reducing the number of poisonings. If parents are careless there will be trouble—even though there are fewer tablets per bot-

tle."

MEDICAL INDICATIONS FOR BIRTH CONTROL PILLS

Berlin, West Germany (WMNS)—Here are some reasons that oral contraceptive pills were prescribed for 92 German women, according to Dr. W. Kloss, of Berlin Free University: A certain number of women needed to avoid pregnancy for compelling health reasons. Among these were RH incompatibility, which might have led to defective babies; tuberculosis, which might have become worse as a result of pregnancy; nervous disease that had to be treated free of the complication of pregnancy.

Another group of women were given "the pill" for therapeutic reasons: to eliminate the problems of painful and irregular menstruation. Results? Eleven of the twelve women with painful menstruation were completely relieved or improved, and 21 women with irregular periods became regular.

None of the women in either group became pregnant during the period of the trial with "the

Health And Safety Tips

Upstairs, downstairs, all through the house are deadly poisons, ready for the taking.

Catherine de Medici, says a new pamphlet from the American Medical Association, hid deadly poisons, behind a secret panel in her boudoir.

Chances are, says the AMA, your supply of potential poisons is not so well hidden. Seemingly harmless household items—items which cause half a million accidental poisonings in our country each year—are probably stored in every room of your house. Before someone finds them accidentally, look for these items:

* Kitchen killers may include household chemicals such as detergents, ammonia, silver and brass polishes, disinfectants, room deodorants and insect poisons. They may be under the kitchen sink in easy reach of children.

* Medicines cause most accidental poisonings in children, and aspirin leads the pack. Cosmetics, deodorants, shaving lotion and unlabeled medicine can poison adults who take them in the dark without reading the labels.

* The home workshop has its

poisons.

One unexpected bonus: Six women who had acne at the time they started taking "the pill," found that the condition cleared up while they were on it.

SMOKING HURTS UNBORN, ALSO FEELS ADULTS

Washington, D. C. (WMNS)—If too much of a good thing can be bad for you, too much of a bad thing can be worse for you. At least that seems to be the moral of the following reports having to do with smoking.

There is wide agreement that cigarette smoking is bad for the health. But while people who smoke one pack of cigarettes a day are not confined to bed with illness more often than non-smokers, people who smoke two packs or more a day are bedded down with illnesses of various kinds more frequently than the moderate or nonsmokers. That's what the National Center for Health Statistics reported recently.

Two army obstetrician-gynecologists and a civilian colleague report that in a study of 7,740 patients with uncomplicated pregnancies, the overall incidence of prematurity was significantly higher for those who smoked during pregnancy. The more smoking, the study showed, the greater the problem.

dangers, too. Children are curious enough to drink paints, lacquers, varnishes and turpentine, especially if you leave these chemicals in empty soft-drink bottles.

* Garden aids, such as insect sprays, weed killers and fertilizers may benefit your plants, but they can kill children. Store garden chemicals out of reach of children. When applying, keep preparations away from eyes, nose, mouth and skin.

* In the bedroom, never leave cosmetics and pills on tabletops or in low drawers where children can find them. Mothballs are a hazard if you store winter clothes in a low chest or drawer that children can reach.

Some final precautions—label everything, keep medicine in a locked cabinet, never store chemicals in food or beverage containers or on food shelves, date medicines and discard old drugs, use only prescriptions ordered for you by a physician, do not contaminate food or utensils with insect sprays, aerosols, rat poisons, weed killers or cleaning agents, and, keep potential poisons out of children's reach.

Out of Season

Someone went fishing for money at a Rawlins, Wyo., bank but he didn't catch anything.

Police said the would-be thief used a rig consisting of four fishing lines attached to a plastic bag. The bag, weighted by rock "sinkers," was dropped into the bank's night depository box.

A patrolman found it before it could be tested.

In Good Taste

A man who could tell margarine from butter walked into a restaurant near Salisbury, England, and asked for bread and butter with his meal. Instead, he got bread and margarine. He complained to the local weights and measure office and the restaurant was fined \$28 for selling margarine instead of the butter demanded by the customer.

Dog With Radar

An Alsatian dog owned by Airplane Club manager Eric Thurston, of Stapleford, England, seems to have a built-in radar set. Whenever Thurston flies home, the dog trots out to the correct runway and waits—long before Thurston even radios his approach. The dog has picked the right spot at least 500 times.

Notice Of Sale

One (1) Brick Veneer Building, known as the old Kings Mountain Herald Building, located on Piedmont Avenue directly behind the Kings Mountain Baptist Church. This building is being offered for sale by the Board of Trustees of the First Baptist Church of Kings Mountain, North Carolina. The said Board of Trustees request that sealed bids for the purchase of said property be submitted to the said Board of Trustees within 30 days from the date of this notice. Within 90 days from the date of this notice, the successful bidder will be notified by the said Board of Trustees. The said Board of Trustees reserve the right to reject or accept any bids so submitted.

This the 26th day of January, 1966.

Board of Trustees
First Baptist Church
Kings Mountain, N. C.

Davis, White & White, Attorneys