

The world's most disastrous earthquake was in 1737 in India when 300,000 lives were taken.

4-H Club Week Begins July 25; Events Slated

Some 1,500 Tar Heel boys and girls, each outstanding in 4-H Club achievement, will be at North Carolina State University July 25-28 for State 4-H Club Week.

Before the week is over the youngsters will attend classes, hear outstanding speakers and elect officers for the coming year. A highlight of the week will be the selection of state winners in over two dozen 4-H demonstrations and projects.

Other activities throughout the week will be devotional programs, group singing, sightseeing, talent performances, and many forms of recreation.

Each of the state's 100 counties will be represented at the annual event, according to Dr. T. C. Blalock, state 4-H Club leader. He called the week "an excellent example of democracy in action."

Getting more specific, Blalock says the annual meeting offers the 4-H'ers the opportunity for personal growth and development, and "serves to motivate them to strive ever harder to

live up to their motto 'To Make the Best Better'."

One of the featured speakers will be Gov. Dan Moore who will speak to the 4-H'ers Wednesday morning.

Several other outstanding speakers will appear during the week. Chancellor John T. Caldwell, North Carolina State University, will deliver an address to the 4-H'ers at the opening assembly Monday night.

Dr. H. Brooks James, dean of the School of Agriculture and Life Sciences at N. C. State, will deliver an address at the Thursday morning assembly. His topic will be "Education For Modern Living."

Salem Rizk, author of the book "Syrian Yankee," will talk to the group at the Tuesday morning assembly. He will speak on "America Is More Than A Country."

Jim Beatty, famed track star and Democratic nominee for the House of Representatives from Mecklenburg County, will deliver an address on "Physical Fitness" at the 4-H Health Pageant Tuesday evening.

Some of the other highlights of the week will include a performance by the Flag Pageant Group from Pensacola, Fla., and the Honor Club tapping ceremony on Monday night, the dress review on Wednesday, and the talent parade on Thursday evening.

Libby Cooke, Rt. 2, Cleveland, president of the State 4-H Council, will preside at the opening session. Other council officers include Larry Hancock, Seagrove, vice president; Donald White, Rt. 1, Siler City, secretary-treasurer; and Linda Hunt, Denton, historian.

The evening assemblies start at 7:30 in the William Neal Reynolds Coliseum. The public is invited.

Social Security Benefits Reach Over \$5 Million

A total of 7,755 people in Cleveland County received a total of \$5,441,556.00 in social security benefits in 1965. Lex G. Barkley, social security district manager in Gastonia, revealed today, an increase of \$770,376.00 and 519 people over the year before.

A large part of the increase in payments resulted from changes made by the social security amendments of 1965, Mr. Barkley said. Those changes which were in addition to the new program of health insurance for the aged, included a 7% increase in monthly benefits retroactive to January 1965; benefits for widows as early as age 62; benefits for full-time students between 18 and 22; benefits for some divorced women; benefits for some people over 72 who hadn't worked long enough to get social security before; and the payment of disability insurance benefits to workers who are unable to work because of a disability that lasts 12 months or more.

In addition to the people who began getting benefits in 1965 because of these changes, Barkley continued, "a good many older people who, upon applying for medicare, found they were eligible for regular social security benefits, too. All in all, the 1965 figures for Cleveland County include among others, 3,496 retired workers, 644 disabled workers and 2,619 wives and children of retired, disabled, or deceased workers. The average monthly social security benefit for Cleveland County beneficiaries amounted to approximately \$58.00 in 1965."



A/IC RICHARD A. LYNN . . . On Duty In Vietnam (U. S. Air Force Photo)

A/IC Lynn Now On Duty In Vietnam

WITH U.S. COMBAT AIR FORCES, Vietnam — U.S. Air Force Airman Richard A. Lynn, son of Mr. and Mrs. R. S. Lynn of 513 Cleveland Ave., Kings Mountain, N. C., has played a vital role in a record-setting airlift in Vietnam.

The Providers set the new record in May when they flew 4,247 combat support missions, transported 8,773 tons of cargo and 20,340 passengers, and dispensed 199,450 gallons of defoliation chemicals for a total of 3,064 flying hours. The May mark bettered previous records by more than 20 per cent.

The airman is a member of the Pacific Air Forces which provides air offensive and defensive units in Southeast Asia, the Far East and Pacific.

Airman Lynn, a graduate of Kings Mountain High School, is married to the former Hedwig G. Moller.

Health And Safety Tips

Bed wetting on the part of older children is a nuisance problem that plagues untold American families.

Bed wetting is messy for the parents, who have to clean it up. It is uncomfortable and humiliating for the child. And it can be very difficult to stop.

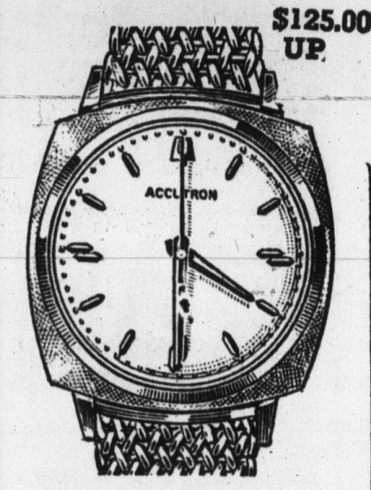
One of hundreds of letters on this theme received annually by Today's Health, the magazine of the American Medical Association, begins: "I have four children, ages nine, seven, five and four, who have never achieved the ability to stay dry at night. All still have occasional accidents during the day."

At least two separate studies in hospital clinics, says Today's Health, revealed that incidence of bed wetting among 1,000 patients over five years old was as high as 25 per cent. Also, there is evidence from several studies that bed wetting can be a hereditary as well as a psychological problem.

The parent is advised to explore with the physician the various means that might be taken to train the children—either to enlarge their bladder capacity so they could go through the night, or to respond to the feeling of fullness and wake up before wetting the bed.

Several possibilities exist: use of drugs to relax the bladder; use of salty foods at bedtime to cut down urine secretion; training the child to voluntarily refrain from urinating for longer and longer periods. The family physician may suggest other measures which may prove helpful.

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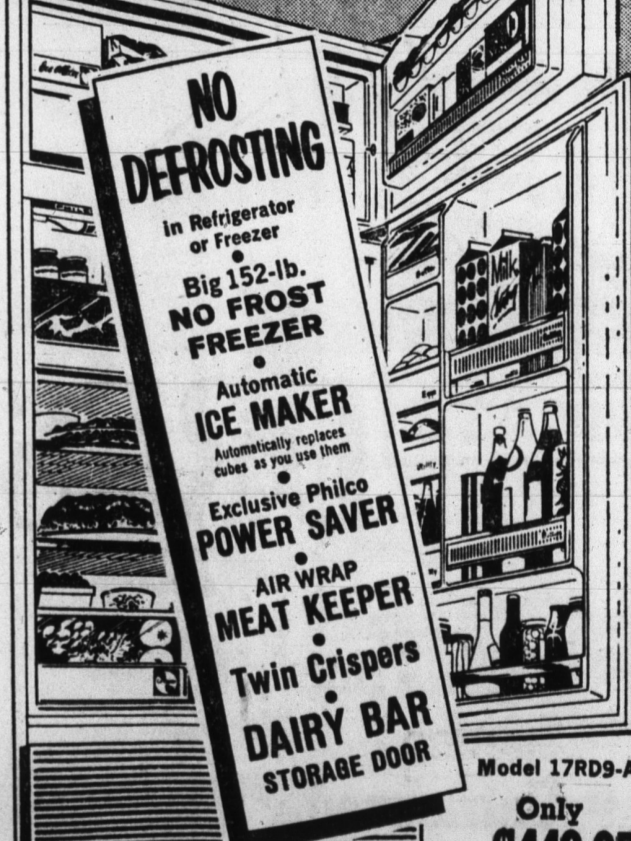
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