

Staff DEEDS

by Jan Christensen

(News items this week from Alamance, Wilson, Moore and Cherokee counties.)

HAPPIEST DAY IN LIFE

Mrs. Virginia Snipes, an Extension Homemakers Club member from Alamance County, declares the "happiest day in her life," was when the family moved into its new house.

The family had worked toward having a new house for years. Mrs. Ozetta P. Guye, home economics Extension agent, reports, but one emergency after another held up completion.

Although family members frequently became discouraged, Mrs. Snipes continuously reminded them that hard work, cooperation and a desire to accomplish would help them realize their goal. They did.

Now the Snipes family members are thankful and happy in their new house and believe the "house" experience will help them work harder for other things that are important.

BEST COOK IN COMMUNITY

Mrs. Elmer W. Pittman, Black Creek, is recognized as "the best cook" in her Wilson County community. Mrs. June Carr, associate home economics Extension agent, reports.

And results at the Wilson County Fair seem to verify the title. Mrs. Pittman won a total of 70 blue and red ribbons on food products. Mrs. Carr says, although she made a good showing in field crops and horticulture, too.

Mrs. Pittman does not keep her talents to herself; she shares them with others, the agent adds. She is a long time seller at the local Club market and is greatly missed by her customers if she is not on hand.

IMITATION KEY TO GOOD EATING

The establishment of good food habits early in life can be handed down from generation to generation, Mrs. Amelia S. Capehart, home economics Extension agent, Moore County, observes.

The family is a medium through which cultural heritage is transmitted, she says.

Therefore, if parents have good eating habits, their children may have them too — by imitation. When the children become parents they, in turn, will set a good example for their children. In this way good eating habits are handed from generation to generation, Mrs. Capehart states.

CAT'S HEAD BISCUITS

Extension home economics agent in Cherokee County had a request from the woman's editor of a large North Carolina daily newspaper to track down the history of "Cat's Head Biscuits."

"They found two versions and one recipe. The first information came from Mrs. Cora E. Dockery, Murphy, Rt. 2, who used to cook at a logging camp in Cherokee County many years ago. Her recipe was handed down from her mother.

The second version came from Virginia Mitchell, assistant home economics Extension agent, Graham County. Her information was this: "Charlie Riddle used to cook at Bemis Lumber Company, logging camp in Graham County. In order to keep from having to pass the biscuit all the time, he started cooking his biscuits bigger than regular ones. The loggers gave them the name 'cat's head' because of their size." Riddle's recipe was not written out.

Cat's head biscuits are still being sold in at least one Western North Carolina diner, the agents add.

Advantages of GI home loans include low or no down payments, lower interest rates and a longer mortgage period. GI loans may be paid off at any time without penalty.

Nearly seven million home loans valued at \$70 billion have been made under the World War II GI loan program since 1944. VA reports that half the loans are now fully repaid.



BLACK WATCH

MEN'S FASHION TOILETRIES

by PRINCE MATCHABELLI

DISTINCTIVE, MASCULINE, BOLD...
a scent that strengthens and emphasizes the rich, rugged differences that make each man an individual. A perfect gift for any man.



Shave Lotion \$2.00
Men's Cologne \$2.50

also: A variety of Gift Sets, and a complete line of grooming aids for the dashing different man.

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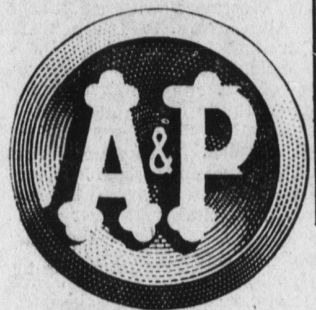
The USBA is represented by field men around the country. They meet with proprietors of establishments where beer is sold. They work in every way possible to promote a set of high standards wherever beer is served.

This USBA effort means even more enjoyable places for America's great beverage of moderation.

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The Store That Cares

"Super-Right" GOVERNMENT INSPECTED LEAN Whole Hog

PORK SAUSAGE
1-Lb. Roll **59c**

A&P 100% PURE **COLOMBIAN COFFEE**
1-Lb. Can **79c**

OUR OWN BRAND INST. **TEA MIX WITH LEMON & SUGAR**
24-Oz. Jar **79c**

Thrifty "Super-Right" Quality Meats!

CAP'N JOHN'S FROZEN **Fish Cakes** 8-Oz. Pkg. **29c** **Seafood Dinner** 9-Oz. Pkg. **29c**
CAP'N JOHN'S FROZEN HADDOCK OR OCEAN **Perch Dinner** 9-Oz. Pkg. **29c**

"SUPER-RIGHT" GOVERNMENT INSPECTED 2 1/2 to 3-Lb. Avg. **QUARTER PORK LOIN** **55c**
SLICED INTO **PORK CHOPS** Lb. **55c**
LOIN THIRD PORK **LOIN ROAST** Lb. **45c** RIB THIRD PORK **LOIN ROAST** Lb. **39c**
"SUPER-RIGHT" QUALITY FRESH CENTER CUT **PORK CHOPS** Rib. Lb. **69c** Loin Lb. **79c**

SULTANA BRAND FROZEN (ALL VARIETIES) **Meat Dinners** 2 11-Oz. Pkgs. **69c**
ALLGOOD BRAND NO. ONE—THIN **Sliced Bacon** 1-Lb. Pkg. **55c**
"SUPER-RIGHT" DINNER **Franks** 1-Lb. Pkg. **55c** "SUPER-RIGHT" SLICED **Cooked Picnics** 6-Oz. Pkg. **49c**

"SUPER-RIGHT" GOVERNMENT INSPECTED, HEAVY CORN-FED BEEF

Chuck Roasts

Bone-in **CHUCK** **37c** Boneless **CHUCK** **57c**

"SUPER-RIGHT" HEAVY BEEF **BONELESS SHOULDER ROAST** Lb. **65c** **STEAK** Lb. **65c**
"SUPER-RIGHT" QUALITY HEAVY CORN-FED BEEF **Boneless Chuck Steak** Lb. **65c** "SUPER-RIGHT" QUALITY HEAVY CORN-FED BEEF **Cubed Chuck Steak** Lb. **89c**
"Super-Right" Heavy Corn-Fed Boneless **STEW BEEF** Lb. **75c**
"SUPER-RIGHT" QUALITY HEAVY BEEF **Ground Chuck** Lb. **75c** "SUPER-RIGHT" QUALITY LEAN **Freshly Ground Beef** Lb. **49c**

Frozen Foods!

A&P BRAND — OUR FINEST QUALITY **Sliced Strawberries** 2 10-Oz. Pkgs. **49c** MARVEL BRAND **Ice Milk** All Flavors 1/2-Gal. Ctn. **43c**

Cool Values! A&P's Fresh Produce!

U. S. NO.-ONE ALL PURPOSE RUSSET **POTATOES** 10 Lb. Bag **59c**
FLORIDA WHITE MEAT **JUICY GRAPEFRUIT** 2 Med. Size **25c** CALIF. LARGE **CELERY** Stalk **19c**
FLORIDA **AVOCADO PEARS** 2 for **49c** ALL PURPOSE **CARROTS** 2 Lb. Bag **15c**
• ALL PURPOSE, GOLDEN **Bananas** 2 Lbs. **25c**

Dependable Grocery Values!

SPECIAL VALUE! A&P BRAND **Whole String Beans** 2 1-Lb. Cans **45c** SPECIAL VALUE! A&P **Cut Green Beans** 3 1-Lb. Cans **40c**
PACKER'S LABEL DRIED **Blackeye Peas** 1-Lb. Bag **15c** 2-Lb. Bag **29c** GOLDEN RISE BRAND **Flaky Biscuits** 2 8-Oz. Pkgs. **25c**
A&P'S OWN PURE ALL PURPOSE **dexola Oil** 38-Oz. Bot. **65c** 48-Oz. Bot. **79c** LIBBY BRAND **Tomato Juice** 3 46-Oz. Cans **\$1.00**
PASTEURIZED TWIN STACK, SLICED MEL-O-BIT **American Cheese** Lb. **65c** JANE PARKER TWIN PACK **Potato Chips** 10-Oz. Pkg. **45c**
JANE PARKER MARBLE OR **Gold Pound Cake** 25-Oz. Pkg. **55c** JANE PARKER SLICED, VARIETY **Bread** Wheat, Rye, Pumpernickel 4 1-Lb. Loaves **89c**

ROASTWELL ROASTERS

4 to 7-Lb. Size **89c** 18 to 22 Lb. Size **\$2.19**

WRIST WATCHES

Helbros Each **\$16.95** Swiss Each **\$8.95**
WITH \$39.95 IN A&P REGISTER TAPES

Your Greatest Value — JANE PARKER FRUIT CAKE

Over 2 1/2 Fruit and Nuts — "Ideal for Gift Giving"

1 1/2 lb. Loaf **\$1.79** 3 lb. Ring **\$3.29** 5 lb. Ring **\$4.59**

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Special 100% NYLON Mellowood Nylons

SEAMLESS MICRO-MESH OR PLAIN **3 Pairs \$1.18**

"YOU GET THREE PAIR FOR THE REGULAR PRICE OF TWO"

Ann Page Foods!

ANN PAGE CREAMY OR KRUNCHY **Peanut Butter** 24-Oz. Jar **63c**
SULTANA BRAND SMALL OR LARGE **Stuffed Olives** 9 1/2-Oz. Jar **69c**
ANN PAGE BRAND PURE **Extracts** Van. Lemon Almond Orange 4 1-Oz. Bots. **99c**

EXTRAORDINARY EVENT! PORCELAIN FINE CHINA

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BONUS VALUE THIS WEEK! DINNER PLATES

33c each with every \$5 grocery purchase no limit

BONUS VALUE THIS WEEK! 4 SOUP PLATES

\$1.99 no purchase required, no limit

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