

29, 1970
 COURT
 OLINA
 S —
 PRICE
 Executrix
 Crook of
 rth Caro
 ll persons
 t the es
 ok to pre
 redesigne
 date of
 notice or
 in bar of
 persons in
 ease make
 f October,
 ook
 ain St.
 N. C.
 10:27-11:19
 d.
 ober, 1970.
 venue
 North Car.
 N
 Carolina
 10:29-11:19
 W!
 CH
 C 6
 n sw
 ce
 al
 ch
 s only
 on top
 rol —
 econds.
 od fast.
 ing on
 ts. Pic-
 etc.
 Auto-
 auto-
 y '000
 ntain
 ater
 St.
 111
 DN

Subscribe To The Kings Mtn. Herald

DISTAFF DEEDS

(News items this week from Wayne, Granville, and Columbus counties.)

A YEAR OF PROGRESS

This is a story of a family who started with nothing and ended up with better food, better housing and better family relationships. It didn't happen overnight: it came about over a 19 month period, step by step.

Over a year ago, a 12-member family with a 21-year-old sister as head of the household, came to the attention of Wayne County Extension Program Aide (Mrs. Nellie Bryant).

They were already receiving commodity foods. So the aide helped family members make canister sets from donated food cans, to protect these items from insects and pests. She also gave

the family recipes that made use of donated foods and that offered suggestions of low-cost foods that could supplement donated foods to offer needed nutrition.

Next, she introduced the family to Food Stamps. She worked with them on meal planning and buymanship so they could get the best value, nutrition-wise and money-wise for their stamps.

She taught the family food conservation techniques and they were able to preserve corn, butternuts and peas for later use.

The 21-year-old has improved the family's living quarters, as well as their food habits. This year she painted the inside of the house and added inexpensive floor coverings and curtains.

"She said she could never forget the progress I helped her

and her family achieve," Mrs. Bryant added.

HOUSE OFFERS COMFORT AND ECONOMY

Comfort at moderate cost is an outstanding feature of a three-bedroom house, built by Mr. and Mrs. Mike Blair, Rt. 2.

After consulting with Mrs. Dorothy Wilkinson, home economics Extension agent, Granville County, and Billy Price, Farmers Home Administration, the Blairs' selected Extension House Plan 90, which features 960 square feet of heated space.

Although this is a minimum house, the rooms are large enough for comfortable living. Entrance may be made directly into the kitchen; a family living and child play area near the kitchen allows Mrs. Blair to keep an eye on her small daughter, even though working. There is enough space in each bedroom to hold the usual pieces of fur-

A/S Ken Moss Participant In German Exercise

FT. RILEY, KAN. (AHTNC) — Army Specialist Four Kenneth E. Moss, 19, son of Mr. and Mrs. James W. Moss, 314 Fulton St., Kings Mountain, was among the 11,000 troops of the 1st Infantry Division, who left Ft. Riley, Kan., Oct. 4-10, to be airlifted to Germany to participate in Exercise

Reforger II. The Big Red One soldiers departed from Forbes Air Force Base in Topeka, Kan., and landed at one of three West German airfields, Rhein Main, Ramstein, or Echterdingen.

A few hours later, the troops picked up weapons, tanks and armored personnel carriers, which had been pre-positioned in Europe, and departed to the exercise site near the Czechoslovakian border.

During the five-day training exercise, the division opposed aggressor forces from the 3rd Infantry Division, regularly stationed in Germany, and the German 35th Panzer Grenadier Brigade.

Reforger II was designed to test U. S. Army deployment from stateside bases in defending western Europe with NATO forces. A similar exercise, Reforger I, was held in Germany in January 1969.

Members of the 1st Division are scheduled to return to Ft. Riley in late October and November.

Spec. 4 Moss is a helicopter mechanic in Troop D, 1st Squadron, 4th Cavalry of the 1st Infantry Division.

A large part of UNICEF aid is given in the form of equipment and supplies. UNICEF has helped to equip over 14,500 educational and vocational training institutions; some 10,000 welfare institutions; 45,000 health centers; and over 8,000 nutrition institutions. UNICEF provides such supplies as textbooks, audio-visual teaching aids, agricultural tools, medicines, and hospital equipment.

East Gold Church To Have Revival

Revival services will begin on Monday, November 2, and continue through November 8 at the East Gold Street Wesleyan Church, 610 East Gold Street, with the Rev. D. Clifton Wood of Charlotte the visiting evangelist.

Rev. Edwin A. Chriscoc is pastor.

For the price of two airforce fighter bombers, UNICEF can provide the vaccine to protect 226 million children from TB.

Watch Your FAT-GO

Lose ugly excess weight with the sensible NEW FAT-GO diet plan. Nothing sensational just steady weight loss for those that really want to lose.

A full 12 day supply only \$2.50. The price of two cups of coffee.

Ask drug store about the FAT-GO reducing plan and start losing weight this week. Money back in full if not completely satisfied with weight loss from the very first package.

DON'T DELAY get FAT-GO today. Only \$2.50 at

Ask Kings Mtn. drug store 10:22-12:21

Remember To Vote

TUESDAY, NOVEMBER 3

Democrats Can DO

Not Broken Promises

Democratic Executive Committee

Belk
Your Happy Shopping Store

Sale

SHAKE & WEAR WIGS GALORE!

\$13.88

usually \$18

Pre-curl'd, pre-cut! Straight, wavy or soft-fluff — choose your style, coloring. And easiest care ever — just shampoo, shake, wear! At this extra-special price, you can treat yourself to two, or more!



Sale

OUR 'SWEETBRIAR' STRETCH BOOT

12.88

usually \$16

Towering fashion accent makes first step into Fall! Stretch on, zip up and away you go! White or black. Sizes 8-10.

Sale

OUR 'HEIRESS' PANTY HOSE

2 \$3

for **3**

usually 1.99 each

Super-sheer Agilon® nylon with a fit that is absolutely flawless waist to toe! Dusk, high noon, coffeetime. Our own brand — your best buy — now at extra special savings. Stock up!

Sale

OUR 'STATE PRIDE' KITCHEN APPLIANCES

1 year over-the-counter guarantee... UL Approved

7.44

USUALLY 8.99 AND 9.99

2-slice toaster. Gleaming chrome plate. Light-to-dark fingertip control. Hinged crumb tray.

3-speed hand mixer. Large chrome plated steel beaters. Easy to store. Detachable cord.

Steam and dry iron. Finger-tip control fabric dial. Visible water level fill, 17 steam vents sole plate.

9-cup percolator. Polished aluminum, cool handle and knob. Self measuring. Cord set included.

save \$20

DURING OUR SPECIAL Sertapedic mattress and box spring SET SALE

Serta

save when you buy this Sertapedic mattress and box spring set!

- A beautiful blend of cushiony comfort and firm, healthful support.
- Stylish print cover is deep-quilted for extra surface resilience.
- Scientifically designed box spring works coil-for-coil with the mattress.
- Quality built by Serta, makers of famous Perfect Sleeper® mattress.

NOW ONLY \$119.90 (2-pc. set)

Twin or full size Separately \$69.95 ea. pc.

Extra Long \$139.95 2-pc. set

save

ON A NEW SERTAPEDIC 2-pc. QUEEN SIZE SET

NOW ONLY \$169.95

save

ON A NEW SERTAPEDIC 3-pc. KING SIZE SET

NOW ONLY \$279.95

McGINNIS Furniture