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MARTIN'S MEDICINE

By MARTIN HARMON

Otis Falls, Jr., like his Father before him is a good storyteller and majority of his stories, again as his Father's, are true ones—derived from observation of people in the passing scene.

m-m

During the recent July 4 holiday week, Otis noticed a motorcycle awaiting the green "go" at the King-Battleground signal. "Couldn't tell what the passenger was sitting on, but it looked like the rear fender," Otis said. Suddenly the light changed, and the driver "gunned it." It was too quick for the passenger. He summarily was dumped onto the King street pavement. The driver obviously wasn't aware he'd lost him.

m-m

According to Otis, the passenger picked himself up and briefly chased the cycle.

m-m

"Alas! To no avail."

m-m

The passenger pulled off his crash helmet and disgustedly threw it on the pavement. He then retrieved the helmet and started walking west on King.

m-m

"I don't know what happened to him," Otis adds, "but I wonder how long it was before the friend missed him."

m-m

Otis has another involving himself when he was a teen-age driver. He and Otis, Sr., were in a truck, young Otis driving, and the incident occurred on the road between McGill's store and Clover.

m-m

"I was driving a little rapid," Otis recalls. "Suddenly we topped a little rise and there, right in the middle of the road was a reaper which had the whole road blocked. There was no ditch on the left side, so I took to the field, then veered back onto the highway."

m-m

There were two people on the reaper which young Otis had no time to observe for identity. But his Father recognized Arnold Kiser and his son Johnny.

m-m

Young Otis recalls, "I guess both Arnold and I were embarrassed and neither of us ever mentioned the incident." Johnny later took care of that.

m-m

At the Falls service station, Johnny told my Daddy, "My Daddy said Otis, Jr., surely is a good driver."

m-m

Warren Reynolds introduced me to Charles Bumgardner Wednesday morning, when we chanced into each other at Kings Mountain Savings & Loan Association.

m-m

Mr. Bumgardner, son of Mr. and Mrs. Haskel Bumgardner, is a recent retiree from Uncle Sam's Navy after 21 years in service, with majority of his duty on aircraft carriers. During his service the navy veteran logged 8000 hours in the air.

m-m

I mentioned "manoverboard" situations and Mr. Bumgardner had the fabulous story of a man who had fallen overboard and wasn't missed for a day. Meantime, he was floating around in the drink.

m-m

"During the second day he was spotted and picked up," Mr. Bumgardner relates. "He said he nearly lost hope many times, but had his hopes revived each time an aircraft flight came near."

m-m

Corrections: Last week I misnamed Superior Court Judge Harry Martin Harold. Mrs. Rush Hamrick, Jr., called to correct, added the Judge was a member of the Class of 1942 at Chapel Hill, which would make him a member of Rush's class. And my wife's friend and compatriot of the jury was Mrs. Charles Whisnant, not Mrs. Charles Goforth.

Viewpoints of Other Editors

THE PLATFORM IS PLASIBLE CORONARY CULPRITS

How to be a winner on Monday, and not make the defeated feel too much like losers, on Tuesday—this was the specific challenge the McGovern campaign faced in the tiresome when not inflammatory platform debates.

Magnanimity and courtesy indeed may come easily to the South Dakota Senator, if his chroniclers are to be believed. But it was strategy as well as simple courtesy that prompted his gracious remarks at the dropping of rivals Humphrey and Muskie, and the full hearing out of George Wallace and others who wished to amend the platform.

The strategy was in two parts. For the successful conclusion of the convention itself, nothing was to be gained by putting on a vulgar display of muscle. His delegates were given as much free rein as possible. Only a few of the 20 proposed changes in the party platform did he have to oppose decisively: the portion of the Wallace businb proposal that endorsed the Nixon moratorium in cases the Supreme Court has not reviewed; an abortion plank, which he views as a November liability no matter how it is worded; and a moderate Vietnam plan, an issue which cuts too close to the marrow of the McGovern constituency to be tolerated. His goal in the platform debate was to stand pat on the essentially moderate platform the party had already adopted. He saw the platform as good enough to campaign on, and yet flexible enough to survive some amendment.

Mainly, he did not want to make waves. He knew that the image of a hard-working, open, courteous convention is good advertising for a party tarred by violence and indignity four years ago. He is counting on the newly fertilized grass-roots image of the party, as a rallying point for those Americans who feel the system has turned deaf to them, to help in November.

The "courteous" convention strategy ties in with the likely McGovern Campaign strategy. The "new politics" Democrats will want to shed the radical image they start with. Look, they are saying, if we can treat George Wallace cordially and not shabbily, if we can listen to hour on hour of debate on issues we could settle our way in minutes, if we can demonstrate forbearance, are we not a good deal more responsible a breed than you thought?

Party unity, keeping George Wallace a Democrat, are other reasons for the McGovernites to cool it and not crow or crowd the outnumbered opposition. One likes to think this conduct is not only good politics for the Democrats, but sets the precedent for proper behavior for both parties in the coming campaign.

Christian Science Monitor
 CORONARY CULPRITS

A Fortune article deals with the subject of "What Stress Can Do To You". Directed mainly to the killing stresses faced by businessmen, it carries a message of the greatest significance on heart disease. It says that, "Cardiovascular ailments such as coronary heart disease now take an appalling annual toll in lives of American men in vigorous middle age... Yet until this century heart disease was virtually unknown anywhere in the world..."

What has brought about this great change? The suspicion is growing that more than food is involved. Fortune quotes one authority as saying that, "if you could perfectly control cholesterol, blood pressure, smoking, glucose level, serum uric acid, and so on, you would have controlled only about one fourth of the coronary heart disease." So Fortune then reveals how occupational stresses effect certain types of persons and make them prone to coronaries. It draws heavily on the views of two eminent cardiologists, Meyer Friedman and Ray H. Rosenman. In the past 17 years, these two research specialists have found that behavior patterns and stress are among the principal coronary culprits.

Fortune concludes: "Now that even cardiologists are beginning to believe heart disease can be traced to unrelenting competitiveness and huffed fury, will a wave of concern over stress sweep over this hypochondriacal country, to match the widespread interest in jogging and polyunsaturated oils? Quite likely."

Medical journals have long pointed out that the best course for a normal, healthy person to follow is one that includes a reasonable amount of exercise, a balanced diet of basic foods and avoidance of fads.
 Spindale Sun

AN EXTRA MILE FOR HARMONY

The first meeting of the Board of Governors of North Carolina's restructured higher education system was held here last Friday and was remarkable for its harmony. Everything moved along in clockwork order, even though several issues settled by the board were very sensitive matters. The meeting was a far cry from the bitter, year-long debate that led to the board's reformation by the legislature last fall. Apparently, like participants in a shotgun wedding, the state's 16 senior institutions have vowed to make the best of the ties that now bind them.

Obviously, some of the harmony is real. Brought face to face in a new working arrangement, some of the most partisan figures in the old structure are finding out that their opponents are not the devils they were faced to be. Further, the sheer volume of work the 34 members have had to do within a few short months has produced a kind of unity that had not been experienced before. The effort to get complex matters lined up a head of the July 1 deadline "jelled" the group into a "cohesive" body, in the words of Gov. Bob Scott.

But more was at work here than mere circumstance. The 34 governors, all firmly committed to higher education and its troubled future in this state, recognized at the outset that events of the past year had cost them and their institutions a measure of public respect. To continue the infighting into the newly created Board of Governors would have worsened that image. Therefore, they set about to repair things peacefully, and that took some conscious effort.

Much of the controversy was public in the past has been made private under the newsystem. The question over what powers the governors would reserve for themselves and what they would delegate to boards of trustees for each campus, rather than being thrashed out in the quiet meetings of the board's Code Committee, headed by Victor S. Bryant of Chapel Hill. Mr. Bryant and his committee invited all their suggestions. A number responded with letters or telephone calls. The final product represented, if not the letter of these suggestions, at least the distillation of them.

The Code Committee's report sets up the mechanism for doing this with other substantive questions before the board. It called for the creation of three standing committees: 1) Budget, 2) Personnel and 3) Planning. To the partisans of each of the 16 campuses, these are very sensitive bodies. The Budget Committee, for example, will bring in recommendations on such matters as enrollment levels (how big a university can be), an faculty salaries and student aid. The Personnel Committee will make recommendations on such things as chancellors at the 16 campuses, faculty appointments, hiring and assignments within the Board of Governors' professional staff. Yet, following the lead of the Code Committee, these committees probably will attempt to hash out their differences in private and present a united front before the full board.

Whether this method will continue to produce harmony is another question. Certainly some difficult days are ahead, particularly in the area of budget requests and in the planning of new programs. None of the bitter issues—such as East Carolina's quest for a medical school—have been decided. Yet, the framework for deciding them without the headlines and hoopla seems to have been laid. Let us hope that it signals a new day for harmony and progress in the state's higher education affairs.

CHARLOTTE Charlotte Observer

ON CURBING ILLEGAL MOTORCYCLE OPERATIONS

As Arthur Whitesides said in a recent editorial on TV the other evening, many people have taken up residence in the mountains of Western North Carolina to escape the harshness of city life.

We heard from one such person this week and his letter is reprinted on this page. He asks for help in dealing with a problem that he has been grappling with since early March.

The problem can be summed up in one word — motorcyclists. We urge you to read his letter.

He has a problem, and we fear this problem is spreading to other sections of Transylvania county.

As to what we can do, we'll go along with what Mr. Whitesides said:

"First of all, we'll discuss it with the District Headquarters of the State Highway Patrol.

"Secondly, we suggest that he (and others having the same problem) try to secure the license numbers of the trucks or trailers which haul the bikes.

KINGS MOUNTAIN Hospital Log
 VISITING HOURS
 Daily 10:30 to 11:30 A.M.
 3 to 4 P.M. and 7 to 8 P.M.

Mrs. Hurley W. Brooks
 Mack Lee Conner
 Mrs. Mammie H. Gibbons
 Mrs. Essie Pearl Goforth
 Mrs. Albert V. Hagans
 Mrs. Annie H. Heavner
 Nannie Mae Jimmerson
 Barnett Glenn Lovelace
 Mrs. Myrtle M. Mack
 Mrs. Cornelia May
 Mrs. Mary Moncrief
 George Moore
 Walter M. Moorhead
 Mrs. Minnie L. McClain
 Mrs. Grace T. Philbeck
 Mrs. Missouri Price
 Mrs. Cora L. Rhyne
 Mrs. Bernice R. Roseboro
 Mrs. Essie J. Simmons
 Mrs. Mattie Catherine Stowe
 Mrs. J. H. Thomson
 Mrs. Mary Lee Williams
 Mrs. Ellen G. Wright
 Mrs. Jesse A. Dean
 Mrs. T. Woodrow Hamilton
 Mrs. Roger L. Ray
 Mrs. Samuel J. Gingles
 Mrs. Oma D. Mauney
 Paul D. Pettigrew
 Mrs. Vernon E. Fralick
 Mary Annette Hardin
 Doris Franklin Smith
 Arthur D. White
 Doris Franklin Smith
 Archie O. Lutz, Rt. 1, B. B.
 Kathy Lou McQuage, 1612 Jackson Rd., Gastonia.
 Mrs. Henry B. Patterson, P. O. Box 254, City.
 Willie Thomas Wilkie, 315 Walker St., City.
 ADMITTED FRIDAY
 Mrs. Jena G. Biddix, P. O. Box 644, City.
 Mrs. James L. Blanton, 111 Fulton Dr., City.
 Mrs. John E. Childers, 103 Water Oak St., City.
 Oscar R. Gladden, 105 North Railroad Avenue, City.
 Bill Lee Mitchell, Rt. 1, Clover, S. C.
 Mrs. Arthur L. Montgomery, Rt. 2, York, S. C.
 John M. McGinnis, Rt. 1, City.
 Mrs. Thomas E. Ross, 805 1st St., City.
 Mrs. Arnold C. Short, 304 Fair-

view Street, K. M.
 Rebecca Elaine Stewart, 218 East Alabama Avenue, B. C.
 Mrs. Lehman Stroup, Rt. 1, City.
 Woodrow W. Wilson, Rt. 1, City.
 William Johnny McClain, Rt. 1, Box 655 Grover.
 ADMITTED SATURDAY
 Mrs. Rodney B. Carter, 1231 S. Marietta Street, Gastonia.
 Mrs. Jack E. Davis, Rt. 2, Clover, S. C.
 Joseph B. Hill, 1083 Mimosa Drive, Macon, Georgia.
 Mrs. Marion E. Houston, 521 Waterson street City.
 Mrs. Annie H. Ka'e, Rt. 1, Clover, S. C.
 Ruby P. White, P. O. Box 12667, West Gastonia.
 Mrs. Joseph B. Hill, 1083 Mimosa Drive, Macon, Georgia.
 ADMITTED SUNDAY
 Mrs. Ben Robert Sanders, 101 McGinnis street, City.
 James C. Brown, 826 A street, B. C.
 Lewis Calvin Guffey, 205 East Ohio Avenue, B. C.
 Mrs. Floyd D. Ledford, 111 Walker St., city.
 Mrs. Leland Oates, Rt. 2, B. C.
 Mrs. Jasper C. Perryman, Rt. 2, Gastonia.
 ADMITTED MONDAY
 Patricia Ann Eller, Rt. 1, York, S. C.
 Perry Richard Holslow, 6th St., No. 49 York, S. C.
 Mrs. Eugene Maiers, Rt. 2, Box 20, Gastonia, N. C.
 Mary Hester Wright, 404 Ridge St., City.

TODAY'S BIBLE VERSE
But now, O Lord, thou art our father; we are the clay, and thou our potter; and we all are the work of thy hand. Isaiah, 64:8.

Possible State Park

Threat of a strip-mining operation to extract kyanite from Crowder's Mountain moved ecology-minded Gastonians to action some months ago.

Initial result was a resolution by the former Board of Conservation and Development declaring the mountain a potential state park area.

Tuesday, Governor Bob Scott was host to a Charlotte luncheon at which he told his guests development of a state park in this area is Number 1 state priority—only, he said, North Carolina does not now have, nor is likely to have in the immediate future, the coin to support the wish.

Somewhere along the line the Gaston folk put the Kings Mountain pinnacle into the act, though virtual full attention at the Governor's luncheon concerned Crowder's—under option to a mining company for possible extraction of kyanite, a heat-resistant substance used, for instance, in brick.

Kings Mountain's pinnacle and surrounding area has been said to have commercially valuable deposits of kyanite not to mention iron ore. However, one of the owners of the 155-acre pinnacle has said the ecologists need not worry about this pinnacle—that it won't be sold or leased for strip mining operations.

Meantime, the possibility of a state park for the area is intriguing.

If the Herald's un-checked memory is correct, state parks have been developed on the past in areas where owners of the park property gave it to the state then developing the park on a gradual but continuing basis. This was true of Morrow Mountain State Park near Albemarle, the park bearing the name of the donors of the property.

As far as state parks are concerned, this area is a desert. However, residents of the area have made use of the South Carolina State Park facilities nearby.

The nation-wide concern over ecology should be a boon to the establishment of a state park in this area.

Mayor John Henry Moss, months ago, conversed with state officials on the possibilities.

Perhaps now is the time to move.

Water Project Report

Two holes to plug one. That's the situation on the Buffalo Creek water project, where the city must acquire two more properties before it can plug the big five-foot-diameter pipe at the base of the Buffalo Creek dam and watch the lake begin to fill to dam spillover point.

"We're negotiating as hard as we can to acquire these properties," Mayor John Henry Moss said Wednesday. Owners of the two are John D. Cline and George Lane.

"We hope to settle without litigation," the Mayor added.

Public hearing of the City of Shelby on its proposal to extend perimeter zoning from one to two miles attracted a paucity of opponents, compared to population involved, indicating that majority of the property owners in the area have seen and are appreciative of orderly growth.

Congratulations to George W. Mauney and Rev. S. T. Cooke on their re-appointment to the Kings Mountain Hospital board of directors and to Mr. Mauney on his re-election as chairman.

Congratulations to Luther T. Bennett, Howard Shipp, and Ira Falls on their appointment to the building codes housing committee, appointed via state statute. This committee is separate and apart from the Mayor's housing committee, a volunteer group encouraging the building of homes and apartments to provide adequate housing to Kings Mountain citizens.

More Public Housing

When Kings Mountain Public Housing Authority applied for an additional 100 units of low-rent housing there were two prime reasons: 1) occupancy rate at the 200 units now operated is virtually 100 percent, with waiting lists, and 2) impending launching of the Cansler area urban renewal project, with about 186 derelict and sub-standard dwellings scheduled for razing, indicated a considerable increase in demand from qualified applicants.

The new program is "conventional", that is, under the initial public housing law which went into effect January 1, 1937.

Financial involvement of the federal government under this program is a matter of endorsement of re-payment of the authority's borrowed land-purchase and construction funds.

Implied is that 1) a well-managed project with a high occupancy rate will pay for itself and 2) the federal subsidy bill, if any, will be low.

In 1968, the Congress, in an effort to spur housing starts for the indigent, added four programs, among them a lease arrangement from private builders. The Kings Mountain Authority leases 50 of its 200 units.

It has examined the other programs in detail, but has found them wanting—quite complicated and difficult of administration.

The basic program begun in 1937 remains best cheapest for Uncle Sam and with concurrent insistence on good management by local authorities.

The Kings Mountain Authority, happily, is operating in the black, and has won praise, not only for this fact, but for project design and, perhaps most important, obvious pride in their quarters shown by vast majority those who rent low-rent housing.

As Campaign Unfolds

Press reports say the South has not yet warmed to the Democratic party presidential ticket of Senator George McGovern, of South Dakota, and Senator Tom Eagleton, of Missouri and some commentators add there is little likelihood the South will.

Meantime, on the McGovern-Eagleton plus side, Chicago Mayor Richard J. Daley, frosted at the convention, has stated he will do what comes naturally for him: support the Democratic ticket from top to bottom.

On the minus side, the boss of the Teamsters Union is casting his lot with the Republican party, and as this is written, AFL-CIO Boss Tom Meany is reported hoping his big organization will, at most, sit out the 1972 hustings. Another minus is declaration of Philadelphia Mayor Rizzo that he will support President Nixon for re-election.

More of the South may switch to McGovern than some now imagine, for the South is Democratic historically—like Mayor Daley.

Basically conservative Southern Democratic leaders are taking a wait-and-see attitude. They want the McGovern program spelled out in detail. Then they'll decide.

Southerners are leery of some of the McGovern "reform" programs, at least as previously advertised.

Yet majority of Southerners won't be angry at McGovern for the reason some echelons of Big Labor want to leave him. The McGovern sin: he supported a bill to enact a right-to-work law, which provides any employee the right to work—without having to belong to a union.

As far as Teamster President Fitzsimmons is concerned, the right-to-work vote by McGovern is a cardinal sin. He does not comment on the fact one James J. Hoffa was paroled by one President Richard M. Nixon.

BIRTH Announcements

Mr. and Mrs. Charles Frank Sexton, Route 1, York, S. C. announce the birth of a son, July 11, Tuesday, Kings Mountain hospital.

Mr. and Mrs. Jesse G. McClain, Route 3, Box 196, announce the birth of a son, July 11, Tuesday, Kings Mountain hospital.

Mr. and Mrs. Jerry H. Conner, Route 3, announce the birth of a daughter, Thursday, July 13, Kings Mountain hospital.

Mr. and Mrs. James Neff, 313 Fourth Street, Smyre, Gastonia, announce the birth of a daughter, Friday, July 14, Kings Mountain hospital.

Mr. and Mrs. Daniel G. Pasour, Best Town Road, Bessemer City, announce the birth of a son, Saturday, July 15, Kings Mountain hospital.

Mr. and Mrs. Rodney B. Carter, 1231 S. Marietta Street, Gastonia, announce the birth of a son, Monday, July 17, Kings Mountain hospital.

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