

School Lunch Menus

School Menus have been announced by Martha Wright, Foods Director of the Kings Mountain District Schools, for the Elementary, Junior High and Senior High plants.

They include:

- ELEMENTARY SCHOOLS**
- March 1
Hamburger w-Chili
French Fries
Chilled Plums
Cinnamon Crispie
Milk
- March 2
Chicken Noodle Soup
Cheese Toast
Fruit Cup
Milk
- March 3
Baked Turkey
Green Beans
Sweet Potatoes
Cranberry Sauce
Roll
Milk
- March 4
Spaghetti
Tossed Salad
Orange Juice
Roll
Milk
- March 7
Creamed Chicken over Rice
Green Beans
Creamed Corn
Chilled Fruit
Roll
Milk
- March 8
Pinto Beans
Cole Slaw
Peach Cobbler
Cornbread
Milk
- March 9
Steak & Gravy
Lima Beans
Banana Pudding
Cheese Biscuits
Milk
- March 10
Fish
Potato Triangle
Orange Juice
Hush Puppies
- March 14
Hot Dog w-Chili
Cheese Wedge
French Fries
Sauerkraut
Milk
- March 15
Ham Patties
Macaroni & Cheese
Green Beans
Chilled Fruit
Roll
Milk
- March 16
Vegetable Beef Soup
Peanut Butter Sandwich
Apple Cobbler
Milk
- March 17
Meat Loaf
Lima Beans
Tropical Apples
Roll
Milk
- March 18
Sloppy Joe
Corn on Cob
Orange Juice
Milk
- JUNIOR HIGH**
- March 1
Seafood Platter or Hot Dog w-Chili
Cole Slaw
French Fries
Hush Puppies
Chocolate Chip Cookie
Milk
- March 2
Spaghetti
Tossed Salad
Chilled Fruit
French Bread
Milk
Or Hamburger w-Chili
Tossed Salad
French Fries
Pickles
Milk
- March 3
Fried Chicken
Creamed Potatoes w-Gravy
Green Beans
Chocolate Pie
Roll
Milk
or Submarine Sandwich
French Fries
Green Beans
Chocolate Pie
Roll
Milk
- March 4
Meat Loaf or Corn Dog
Potato Triangles
Cole Slaw
Spice Cake
Roll
Milk
- March 7
Lasagna or Fish-Cheese
Tossed Salad
Applesauce



GLIMMERING, SHIMMERING GREAT

THE GREAT GOLD RUSH SALE IS ONE OF THE BIGGEST SALES EVENTS OF THE YEAR. IT'S THE TIME THAT WE PUT HUNDREDS OF OUR OWN HOUSE BRANDS ON SALE. THEY'RE ALL HIGH QUALITY & LOW IN PRICE... WE KEEP 'EM THAT WAY DAY IN AND DAY OUT. THEN WE REALLY SLASH THE PRICES DURING OUR GOLD RUSH SALE AND THAT MEANS GLIMMERING, SHIMMERING SAVINGS FOR YOU! IT'S A GOLDEN OPPORTUNITY FOR YOU TO SAVE BIG AT WINN-DIXIE.

QUANTITY RIGHTS RESERVED...PRICES GOOD THRU SUNDAY MARCH 6, 1977.

FRESH PORK

FRESH PORK (1/4 LOIN) ASST. CHOPS

LB. \$1.18

FRESH 4-8 LB. AVG. PORK PICNICS. LB. 78¢

FRESH 4-8 LB. AVG. PORK BOSTON BUTTS. LB. 88¢

FRESH PORK STEAK. LB. 98¢

W-D BRAND U.S. CHOICE BONELESS CHUCK ROAST

W-D BRAND U.S. CHOICE BONELESS

LB. 98¢

W-D BRAND U.S. CHOICE BONELESS RIB EYE

W-D BRAND U.S. CHOICE WHOLE BONELESS

CUT AND WRAPPED IN FAMILY PACKS FREE

9/14 LB. AVG. LB. \$1.98

W-D BRAND ALL VARIETIES FRANKS

1 LB. PKG. 88¢

EXTRA LEAN W-D BRAND GROUND BEEF

LB. 98¢

W-D BRAND FRESH WHOLE HOG PORK SAUSAGE

1 LB. PKG. 98¢

W-D BRAND U.S. CHOICE CUBE STEAK

LB. \$1.68

W-D BRAND U.S. CHOICE FULL CUT BONELESS BEEF ROUND STEAK

LB. \$1.68

- W-D BRAND SLICED P&P LOAF, SALAMI, OR LUNCH MEAT. 1 LB. PKG. 98¢
- PORK CHITTERLING 10 PAIL \$4.99
- SUNNYLAND SPECIAL RED HOTS OR SMO. SAUSAGE. 24 OZ. PKG. \$1.49
- PLUM ROSE SLICED BACON. 1 LB. PKG. \$1.49
- W-D BRAND ALL VARIETIES...SLICED BOLOGNA. 1 LB. PKG. 88¢
- W-D BRAND U.S. CHOICE BONE-IN CHUCK ROAST. LB. 88¢
- W-D BRAND U.S. CHOICE BONELESS SHOULD. ROAST LB. \$1.48
- DOUGLAS BRAND WHOLE CAN CHICKEN. 50 OZ. CAN \$1.69
- PRAIRIE BELT SMOKED OIL SAUSAGE. 3 LB. CAN \$1.99
- SHULL'S H.C. LINK SAUSAGE. LB. \$1.29

PURE GROUND BEEF

LESS THAN 60° PER LB. - W-D HANDI PACK

GROUND BEEF

10 LB. PKG. \$5.98

W-D BRAND U.S. CHOICE LEAN STEW BEEF

LB. 98¢

HILLSHIRE FARM RED HOTS OR SMOKED SAUSAGE

LB. \$1.29

- JENNIE-O (WHITE MEAT) TURKEY PAN ROAST. 2 LB. SIZE \$3.39
- ARMOUR'S OLD FASHION HOOP CHEESE. LB. \$1.49
- CELLO WRAPPED PERCH OR FILLET OF FLOUNDER. LB. 99¢
- GREAT FOR WEIGHT WATCHERS! TURBOT FILLET. LB. 99¢
- DRESSED H & G WHITING. 5 LB. PKG. \$1.99
- HORMEL CANNED HAM. 3 LB. CAN \$4.99
- DRESSED H & G WHITING. LB. 49¢

W-D BRAND HAM

12 OZ. PKG. \$1.98

SLICED COOKED

PICKED AND PACKED BY THE PRODUCE PRO!

HARVEST FRESH FLORIDA WHITE GRAPEFRUIT

EA. 10¢

WASHINGTON STATE GOLDEN DELICIOUS APPLES

EACH 10¢

HARVEST FRESH FLORIDA ORANGES

5-LB. BAG 89¢

- HARVEST FRESH JUICY D'ANJOU SWEET PEARS. 9 FOR 99¢
- HARVEST FRESH KILN CURED SWEET POTATOES. 4 LBS. \$1.00
- HARVEST FRESH WESTERN WINESAP APPLES. 3 LB. BAG 99¢

HARVEST FRESH GOLDEN RIPE BANANAS

5 LBS. \$1

- HARVEST FRESH ICEBURG...NO HEAD OVER 39° LETTUCE. LB. 29¢
- HARVEST FRESH IN V.V. BAG U.S. NO. 1 WHITE POTATOES. 20 LB. BAG \$1.99

WINN - DIXIE HELPS YOU EAT BETTER FOR LESS

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