

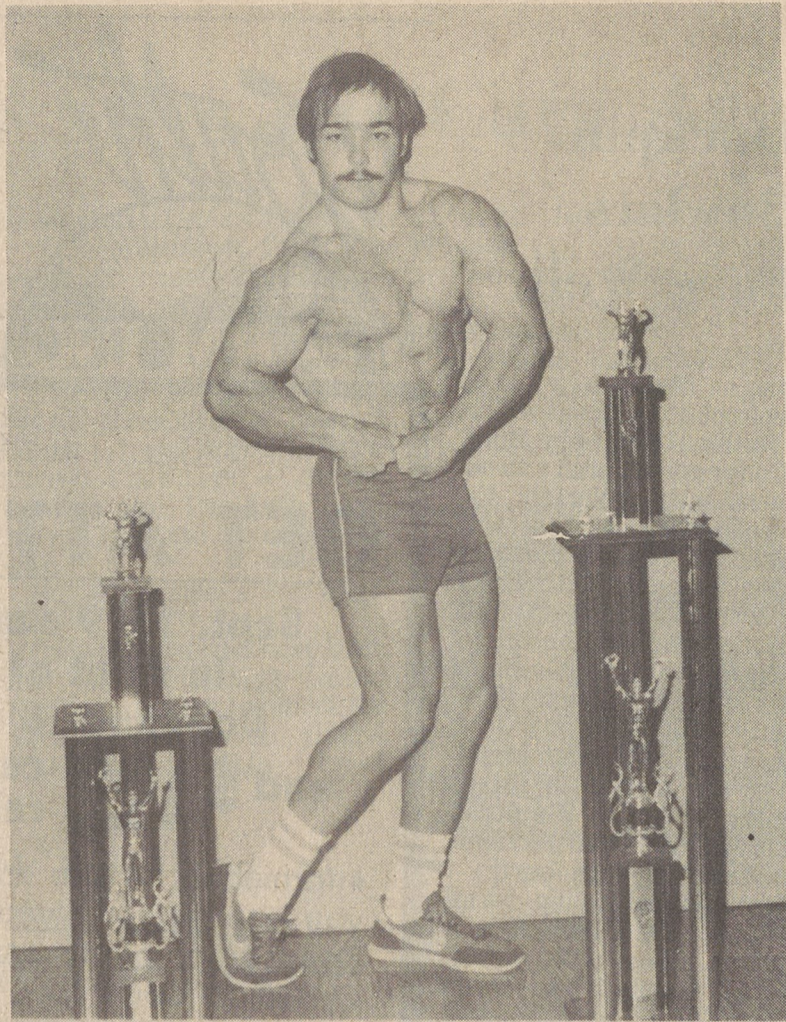
Adam Brennecke Wins Cleveland Championship

Adam Brennecke won the first annual Cleveland County Body Building Championship and also was Teenage Overall Champion during the recent competition in Shelby.

Brennecke, son of Mr. and Mrs. Sid Brennecke, a 1985 graduate of Ashbrook High School, aspires to be Mr. North Carolina and five years ago started a strenuous program, working out three days a week at Iron Bar Gymnasium in Shelby and then three days a week at Carolina Fitness in Dallas and also at his home on a strenuous exercise program, which included a diet. The 19-year-old man also attends Central Piedmont Community College and works at New Hope Road Exxon in Gastonia.

Brennecke came away with first place trophy in the light weight (body building) competition and won overall in teenage competition. He also took first place in the recent Novice and Iron Bar classic.

Five months ago Brennecke weighed 203 pounds, he has slimmed down to 160 and said his diet consists of wheat



ADAM BRENNECKE
....body builder champion

bread, chicken, fish, a small amount of eggs, yogurt, and vegetables. He's going for the title of Mr. North Carolina soon, he says.



Barbecue Cancelled

A "poor man's supper" and barbecue dinner slated for Aug. 9 and postponed until Oct. 25 at the KM Depot Center, has been cancelled by the sponsoring Men's Club of New Camp Baptist Church.

Citizens who have already purchased tickets for the event can obtain refunds by writing Charles Childers, 2504 Taylors Road, Shelby, N.C. 28150 or by calling 484-2461.


The barbecue has been cancelled due to illness of the caterer.

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