

# MIRROR IMAGES



Of Interest To Women...By Sylvia Holmes  
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## Green Onions!

How nice it was to discover Kings Mountain Mrs. Milton Fryer featured on the front page of the Women's Section of Monday's Charlotte Observer. In addition to samples of her recently written poetry, there was a most interesting article and some delightful photographs taken inside her unusual and beautiful home.

This time of year our thoughts turn towards the yard and our minds mull over all the chores needed to be done while the weather is still cool. Lawn mowers have already been busily working in our neighborhood leveling off the uneven stands of winter grass. The hum of the mower signals a turn of season and the odor of wild onions pervades the air.

We made a resolution in our family that yard priority number one would be eradication of the wild onions which seem to be taking over our yard. Reluctant to saturate

the area with weed killer, we decided to eliminate the offensive plants by digging up each clump, bulb by bulb. The target was one bucketful per day for Ray and myself and the children would help whenever possible.

We seemed to be making excellent headway, if the size of heap of pulled onions was any indication. However, a glance at the backyard revealed a mere slight indentation in the dark green lush shoots. The wet weather last week really impeded our progress and we have not even cleared one tenth of the yard. We'll have to plan our onion battle strategy for the fall season

when they will again make a prominent appearance.

Meanwhile, they will fall to the blades of the lawnmower within the next few days and digging them up will prove too troublesome.

There is one consolation, however, the onions are green and they blend in well with grass and other broad leaved weeds! I often wonder how many years will elapse before the onions take over the whole yard? The casual visitor of the future might admire our green shag outdoor carpet only to discover that it is really a living carpet with a built-in-odor!

### Local Births

Mr. and Mrs. Clarence Connard, 2110 West 2nd St. Gastonia, a daughter, March 27, 1972.

Mr. and Mrs. William Moss, Rt. 1, Smyrna, a son, March 27, 1972.

Mr. and Mrs. Danny Ward, Route 2, Kings Mtn, a son, March 28, 1972.

Mr. and Mrs. Larry Moore, Rt. 1, Box 7, Waco Rd., Kings Mtn., a daughter, March 31, 1972.

Mr. and Mrs. Charles Oliver, 821 Church St., Kings Mtn., a daughter, March 31, 1972.

Mr. and Mrs. Frank Burns, 3900 Parkdale Circle, Kings Mtn., a daughter, March 31, 1972.

Mr. and Mrs. Thomas Stalcup, Route 2, Clover, S.C. a son, April 1, 1972.

Mr. and Mrs. Ronald Cope, 2509 Penny Park, Gastonia, a son, April 1, 1972.

Mr. and Mrs. Virgil James Stokes, Bessemer City Hwy, Kings Mtn., a daughter, April 2, 1972.

Mr. and Mrs. Alonzo Nicholson, Rt. 1, Bess. City, a son, April 3, 1972.

### Spaghetti Supper

The Guild of El-Bethel Methodist Church is having a Spaghetti Supper, Saturday, April 8, 1972, from 5 p.m.-8 p.m.

There will be spaghetti and sauce, tossed salad, rolls, tea or coffee and dessert. There will also be carry-out orders. Adult plates are \$1.25, children under 12, 75¢.

### Revival At Bethlehem

A revival is being held at Bethlehem Baptist Church, Kings Mountain, April 9-16, beginning at 7 p.m.

Speaker for the services will be Rev. W. T. Estes, Pastor is Rev. Russell Pitts.

### HEALTH AND BEAUTY

With the arrival of spring you will hear a lot about cutting liquids and salt in your diet if you want to lose weight.

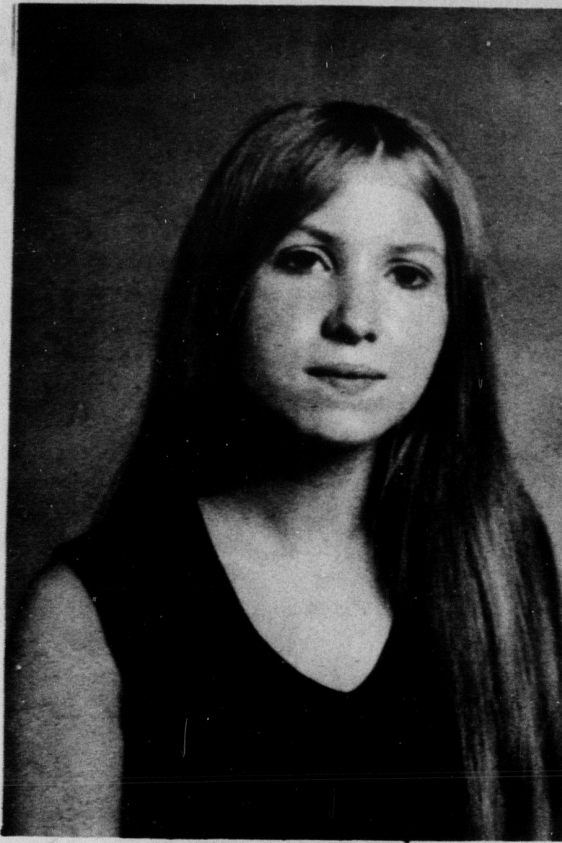
The reduction of salt in your diet, except under a doctor's care, is foolish and dangerous—very much so during warm weather. Restriction of liquids is of no use whatever. If you cut down on liquids in a few days you will lose pounds rapidly. However, your weight will go right back up as soon as your thirst causes you to return to your normal intake of water.

Water is essential to life. You can go without food for weeks, but you die of thirst within a short time. Our bodies are seventy per cent water.

If you don't drink enough liquid, your body will extract and retain the water you must have from the

"solid" foods you eat. This will interfere with elimination and other important body processes.

Remember cutting down on liquids causes a certain loss of water—not fat. In fact many doctors advise an increased amount of liquids during a reducing diet.



DEBORAH JEAN FREEMAN

## Freeman-Rayfield Announce Engagement

The engagement of Miss Deborah Jean Freeman and Michael Wayne Rayfield is announced by her parents, Mr. and Mrs. Everett H. Freeman of 223 Mauney Avenue, Stanley.

Debbie is a senior at South Point High School, where she is a member of the FHA and VICA Clubs and a Student Council Representative. She is employed by Pharr Yarns, Inc.

Son of Mr. and Mrs. J. W. Rayfield of Kings Mountain R-1, Mike is a graduate of Kings Mountain High School, receiving his degree in psychology from Gardner-Webb College this year. He is employed by his father.

The couple will be married April 16th. No formal invitations are being sent, but all friends and relatives are invited to attend.

## Bride-Elect Entertained

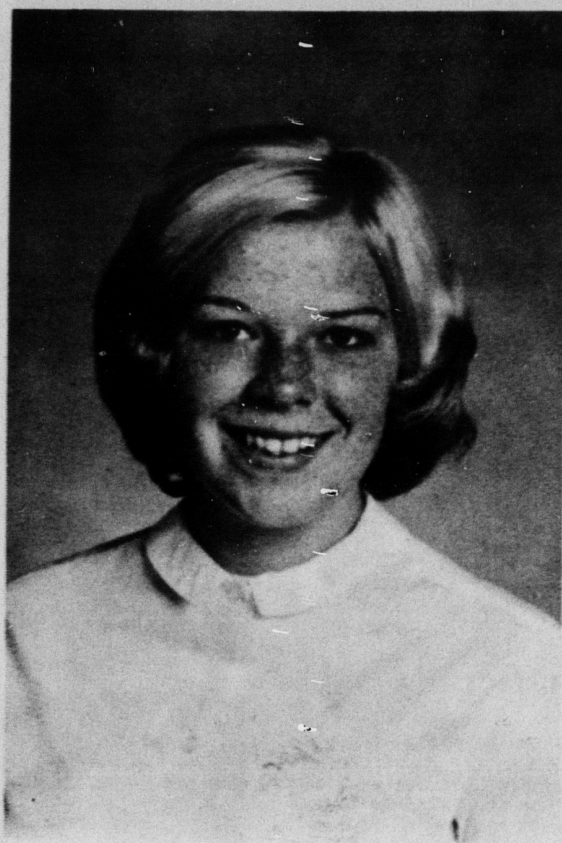
Miss Debbie Freeman, whose wedding to Mike Rayfield will be an event of April 16th, was honored last Saturday night at a miscellaneous drop-in shower held in the fellowship hall of Patterson Grove Baptist Church.

Entertaining together were Mrs. Russell Putnam, Mrs. Ronnie Gregory, Miss Phyllis Putnam and Miss Judy Rayfield, all of Kings Mountain.

The hostesses' gift to Miss Freeman included a corsage of daisies to wear with her party dress.

The refreshment table was centered with an arrangement of yellow and white mums and daisies centered around yellow candles. At one end of the table was a crystal punch bowl with lime punch, at the other end were trays of decorated cake squares, ribbon sandwiches, mints and nuts.

Fifty-five guests from Gastonia, Stanley, McAdenville, Charlotte, Matthews, Shelby and Kings Mountain called between the hours of 7:30 and 9:30 P.M.



DONNA SUE GRIGG

## Shelby Girl Plans Wedding

Mrs. Lillian P. Grigg of 737 Vale Street, Shelby, N. C. announces the engagement of her daughter, Donna Sue, to Mr. Larry Dean Brackett of Rt. 1, Ellenboro, N. C. Donna is a junior at Shelby High School and is employed at the Green Pig Restaurant.

Mr. Brackett is the son of Mr. and Mrs. Joe Dean Brackett, also of Rt. 1, Ellenboro. Larry is a graduate of Shelby High School and is employed by Revere Printing Co. of Shelby. No date has been set for the wedding.

## Celebrates 8th Birthday

Gina Lynnette Melton, daughter of Brenda and Tom Melton of 211 Margaret Street, Kings Mountain, celebrated her 8th birthday Saturday, March 25th, with a "Raggedy Ann" party. A "Raggedy Ann" birthday cake was cut and served to about 15 guests, including Linda Robbins, David Brown, Selena Goin, David Bolin, Wanda Witherspoon, Becky Bates, Kim O'Brien, Kim, Donnie, and Carolyn Roper, Michael McEntire, Sam Melton, Sean and Helen McAbee and Nickie and Debbie Crane.



GINA LYNETTE MELTON

## Judy Rayfield Participates In WCU Fashion Show

Miss Judy Rayfield, a sophomore at Western Carolina University at Cullowhee, N. C., and daughter of Mr. and Mrs. J. W. Rayfield of Kings Mountain was in charge of entertainment for a Bridal fashion show sponsored by Belk's of

Asheville and held at the University Center last Monday night. Judy and Miss Martha Ann Stone, daughter of Mr. and Mrs. W. F. Stone of Kings Mountain were vocalists along with four young men—they sang songs by the Carpenters

in some time. The real scene and sent to the states for ratification of a proposed constitutional amendment guaranteeing women equal legal rights with men. This amendment will require ratification by 38 states.

Quit Pay Board  
Four labor leaders have resigned from the 15-man Pay Board. The four declared the Pay Board has been slanted against wage increases while letting prices and profits soar.

On Lead in Paint  
Washington -- The Food and Drug Administration has announced a two-stage action banning all except trace amounts of lead in paint by Jan. 1, 1974.

Wedding Photography  
Invitations  
Albums, Registers.

Lem R. Lynch, Photographer  
482-6626  
Shelby, N. C.

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## Barebacks, High Skirts In Spring Fashion News

From barebacks to bodysuits and high-rise skirts, it's spring fashion news for women.

During the day, the word is casual, notes Dorothy Barrier, extension clothing specialist, North Carolina State University.

It's pants, especially pants with jackets and shirts. There are cuffed pants that feature a boxy look with tucks at the waistline -- the Fred Astaire Look, and the

split-leg pant that flares below the knee.

Jackets include the one-button blazer, the wide shoulder pea jacket, the smock, the sailor jacket and the bolero.

An evening switch to glamour means bareness. Shoulders, mid-ribs and backs are showing. And there is bare-back jewelry, designed to be worn hanging down the back.

The bodysuit shows up in everything from

stretch laces to polyester knits, sometimes picking up the nautical, Oriental or sportive mood, of daytime and evening wear.

Collars are attached to many bodysuits. This includes a turtle-neck which converts to a hood, Miss Barrier says.

The new high-rise skirt is high at the waist. It mixes- and matches well with the bolero jacket.

ACADEMY OUSTS 7

Annapolis, Md.--The United States Naval Academy has announced that it has expelled seven midshipmen, including two seniors, for the use of marijuana.

### LOUISA'S LETTER

Dear Louisa,  
A cousin of ours is running for election to an office in our town and he is against a man who has always been a friend of our family. We thought, when they entered the race that it would be a friendly one and just a matter of issues but both of them have started saying bad things about the other and accusing them of all sorts of things.

Now my problem is this: My cousin thinks I should get in the battle and help him get elected by spreading the same tales he is telling and I am not about to get into this. Do you consider me disloyal to the family as he says I am?  
Cousin--N.J.

Answer:

I think a person should always be loyal to his family but that doesn't include spreading gossip about other people or breaking up life long friendships to help a politician get elected.

My advice to you is to keep quiet, mind your own business and vote for your cousin.

Very often we find that the same politicians who are belaboring each other become firm friends and are working for each other later on. But if you have said detrimental things about the candidate those things are not so easily forgotten by him.

Louisa.

Address your letter to Louisa, P.O. Box 532 Orangeburg, S.C. 29115

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## The Twilight Zone Kings Mountain's First and Only Boutique!



Outfitted from the Twilight Zone are Mike Freeman, Pam Barnette, Diane Cornwell, Mike McDaniel, Cindy Freeman.

- Fanny Pants & Hot Pants by Ginger Tree.
- Bicycle Shirts--Skinny Ribs & Printed Shirts
- Leather & Suede Belts--Costume Jewelry
- Jeans--Lowrise & Hiphuggers--Denim--Corduroy & Brushed Denim.

## The Twilight Zone

111 S. Deal St. Between E. King and E. Gold.