

Of Interest To Women...By Sylvia Holmes Phone: 739-5829 or 739-3851

Green Onions!

How nice it was to discover Kings Mountain Mrs. Milton Fryer featured on the front page of the Womens Section of Monday's Charlotte Ob-server. In addition to samples of her recently written poetry, there was a most interesting article and some delightful photographs taken inside her unusual and beautiful home. ***

This time of year our thoughts turn towards the yard and our minds mull over all the chores needed to be done while the weather is still cool. Lawn mowers have already been busily working in our neighborhood levelling off the uneven stands of winter grass. The hum of the mower signals a turn of season and the odor of wild

onions pervades the air. We made a resolution in our family that yard priority number one would be eradication of the wild onions which seem to be taking over our yard. Reluctant to saturate

WEEKLY RECIPE

by Doris Howze

1 cup creamed style corn 2 eggs 1 cup sour cream 1/4 lb, grated long horn cheese 1/2 cup salad oil l cup corn meal 3 tbsp. baking powder 1 tsp. salt 1/4 cup diced canned jala-

penos (peppers) Beat eggs, add sour cream, oil and corn. Add all dry ingredients and mix well, Blend in cheese and peppers. Pour into a greased 10" cast iron Bake in 425 degree skillet. oven for at least 45 minutes or until golden brown. This

recipe makes a deliciously spicy corn bread which is good served with pinto beans or western style barbecue, This week's recipe is given to us by Doris Howze, wife of

John Howze, who is a marketing representative for Transcontinental Gas Pipeline, John is from Texas where this recipe also originates. The Howze family consists of Gary, 9th grader; Mitch, 8th grader; Mike, 6th grader, and usan who is in 4th grade, and they have lived in Kings Mountain for nine years. Last month John was elected president of the Kings Mountain Country Club.

the area with weed killer, we decided to eliminate the offensive plants by digging up each clump, bulb by bulb. The target was one bucketfull per day for Ray and my-self and the children would help whenever possible.

We seemed to be making excellent headway, if the size of heap of pulled onions was any indication. However, a glance at the backyard revealed a mere slight indentation in the dark green lush shoots. The wet weather last week really impeded our progress and we have not even cleared one tenth of the yard. We'll have to plan our onion battle strategy for the fall season

Local Births

Connard, 2110 West 2nd St. Gastonia, a daughter, March 27, 1972.

Rt. 1, Smyrna, a son, March 27, 1972. Mr. and Mrs. Danny Ward, Route 2, Kings Mtn, a son, March 28, 1972.

Mr. and Mrs. Larry Moore, Rt. 1, Box 7, Waco Rd., Kings Mtn., a daughter, March 31, 1972.

Mr. and Mrs. Charles Oliver, 821 Church St., Kings Mtn., a daughter, March 31, 1972.

Mr. and Mrs. Frank Burns, 3900 Parkdale Circle, Kings Mtn., a daughter, March 31, 1972.

Mr. and Mrs. Thomas Stalcup Route 2, Clover, S.C. a son, April 1, 1972.

Mr. and Mrs. Ronald Cope, 2509 Penny Park, Gastonia, a son, April 1, 1972.

Mr. and Mrs. Virgil James Stokes, Bessemer City Hwy. Kings Mtn., a daughter, April 2, 1972.

Mr. and Mrs. Alonzo Nicholson, Rt. 1, Bess. City, a son, April 3, 1972.

Spaghetti Supper

The Guild of El-Bethel Methodist Church is having a Spaghetti Supper, Saturday, April 8, 1972, from 5 p.m.--8 p.m. There will be spaghetti and sauce, tossed salad, rolls, tea or coffee and dessert. There

when they will again make a prominent appearance. Meanwhile, they will fall to the blades of the lawnmower within the next few days and digging them up will prove

too troublesome. There is one consolation, however, the onions are green and they blend in well with grass and other broad leafed weeds! I often wonder how many years will elapse before the onions take over the whole yard? The casual visitor of the future might admire our green shag outdoor carpet only to discover that it is really a living carpet with a built-in-odor.!

Revival At Bethlehem

Mr. and Mrs. Clarence A revival is being held at Bethlehem Baptist Church, Kings Mountain, April 9-16, ing at 7 p.m. Speaker for the services will Mr. and Mrs. William Moss, be Rev. W. T. Estes. Pastor is Rev. Russell Fitts.



With the arrival of spring you will hear a lot about cutting liquids and salt in your diet if you want to lose

weight. The reduction of salt in your diet, except under a doctor's care, is foolish and dangerous-very much so during warm weather. Restric-tion of liquids is of no use whatever. If you cut down on liquids in a few days you will lose pounds rapidly. However, your weight will go right back up as soon as your thirst causes you to re-

turn to your normal intake of water Water is essential to life.

> You can go without food for weeks, but you die of thirst within a short time. Our bodies are seventy per cent water.

If you don't drink enough liquid, your body will extract and retain the water you must have from the

"solid" foods you eat. This will interfere with elimination and other important body processes.

Remember cutting down on liquids causes a certain loss of water--not fat. In fact many doctors advise an increased amount of liquids during a reducing diet.

Barebacks, High Skirts In Spring **Fashion News**

dren under 12, 750

will also be carry-out orders.

Adult plates are \$1.25, chil-

From barebacks to split-leg pant that flares stretch laces to polyester below the knee.

member of the FHA and VICA Clubs and a Student Council Representative. She is employed by Pharr Yarns, Inc. Son of Mr. and Mrs. J. W. Rayfield of Kings Mountain R-1, Mike is a graduate of Kings Mountain High School, receiving his degree in psychology from Gardner-Webb College this year. He is employed by his father. The couple will be married April 16th. No formal invitations are being sent, but all friends and relatives are invited to attend, **Bride-Elect Entertained**

DEBORAH JEAN FREEMAN

Announce Engagement

The engagement of Miss Deborah Jean Freeman and Michael

Wayne Rayfield is announced by her parents, Mr. and Mrs. Ev-erett H. Freeman of 223 Mauney Avenue, Stanley. Debbie is a senior at South Point High School, where she is a

Freeman-Rayfield

Miss Debbie Freeman, whose wedding to Mike Rayfield will be an event of April 16th, was honored last Saturday night at a miscellaneous drop-in shower held in the fellowship hall of Patterson Grove Baptist Church.

Entertaining together were Mrs. Russell Putnam, Mrs. Ronnie Gregory, Miss Phyllis Putnam and Miss Judy Rayfield, all of Kings Mountain. The hostesses' gift to Miss Freeman included a corsage of daisies to wear with her party dress.

The refreshment table was centered with an arrangement of yellow and white mums and daisies centered around vellow candles. At one end of the table was a crystal punch bowl with lime punch, at the other end were trays of decorated cake squares, ribbon sandwiches, mints and nuts.

Fifty-five guests from Gastonia, Stanley, McAdenville, Charlotte, Matthews, Shelby and Kings Mountain called between the hours of 7:30 and 9:30 P.M.

Judy Rayfield Participates In WCU

Fashion Show

Miss Judy Rayfield, a sophomore at Western Carolina University at Cullowhee, N. C., and daughter of Mr. and Mrs. J. W. Rayfield of Kings Moun-tain was in charge of entertainment for a Bridal fashion show sponsored by Belk's of

................. THE WORLD OF **ENTERTAINMENT**

THE GODFATHERS

It's not a pretty story but

an immensely moving story

of a crime dynasty and the

family life of the Corleone family. They're doomed to a

lifetime sentence of fear,

hiding and looking at the

world through dimly lighted

windows, while at the same

time showing strong love

and devotion within the

Marlon Brando, as the

I think a person should

can gangsters.

the college-educated son Acclaimed as one of the best gangster movies ever who takes over the Corleone made "The Godfathers" is

A sheville and held at the Unsuited for the love theme of iversity Center last Monday boy meets girl until the wed-Judy and Miss Martha ding day. Ann Stone, daughter of Mr. and Mrs. W. F. Stone of Kings Twenty girls and boys from the University were models for the wedding clothes. Mountain were vocalists along with four young men--they sang songs by the Carpenters

NOW WOMEN'S RIGHTS

The Senate has approved in some time. The real scene and sent to the states for stealer, however, is young ratification a proposed con-Don Vito Corleone played by Al Pacino. stitutional amendment guaranteeing women equal legal Pacino, a worthy actor in rights with men. This amendonly his second film, plays ment will require ratification by 38 states.

stripes or designs of bright colors.

Neutral shades have

regular hem at the bottom of

Activity Agenda

AMERICAN LEGION AUXILiary meets on Thursday, April 6th at 7:30 p.m. Guest speaker will be Senator J. Ollie Harris.

SENIOR CITIZENS COVERed Dish Luncheon on Friday, April 7th at 12 noon at the Womans Club.

PIONEER GIRL SCOUT COUncil Annual Meeting and luncheon on Saturday, April 8th at 12 noon at Golden Valley. All registered adults and Senior Scouts are invited All registered adults please make reservations through the Council office in Gastonia. ***

LITTLE THEATRE AUDITions for "Ladies in Retirement" will be held on Saturday, April 8th from 12 noon 6 p.m. at Park Grace School auditorium.

DANCE AT THE KINGS Mountain Country Club on Saturday, April 8th. Music by the Limelighters. Hosts are Mr. and Mrs. Bob Cox, Mr. and Mrs. Charles Dixon.

POLICE AUXILIARY MEETS ON Monday, April 10th at 7 p.m. ***

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CIRCLES 4,5,6, AND 7 OF Central United Methodist Church meet on Monday, April 10th, at 7:30 p.m.

CIRCLE 2, 1st PRESBYTERian Church meets on Monday, April 10th at 7:30 p.m. at the home of Mrs. O.P. Lewis, 309 W. Mountain St.

BETHWARE PRE-SCHOOL Clinic will be held on Tuesday, April 11th , 1 p.m. to 2:30 p.m.

NEWCOMERS CLUB MEETS on Tuesday, April 11th at 7:30 p.m. at the Womans Club New officers will be installed.

CIRCLE 3, CENTRAL UNITed Meth. Church meets on Wednesday, April 12th at 10 a.m. at the home of Mrs. Carl DeVane.

CIRCLE 3. 1st PRESBYTERian Church meets on Wednesday, April 12th at 10 a.m. at the home of Mrs. James Rollins, Grover.

KINGS MOUNTAIN GARDEN Club meets on Wednesday, April 12th at 3:00 p.m. at the home of Mrs. Carl Mauney.

OPEN GATE GARDEN CLUB meets on Wednesday, April 12th at 3:30 p.m.

SCHOOL P.T.A. NORTH will not meet during April but will encourage parent/ teacher conferences during this month. ***

Bell Recovering

Randy Bell is recovering from plastic surgery he received last week at Presbyterian Hospital in Charlotte He went in the hospital March 28th. He is the 19 year old son of Mr. and Mrs. Jonas A. Bell.

Big brimmed hats are be-



Pig Restaurant

GINA LYNETTE MELTON

Crane In

DONNA SUE GRIGG

Mrs. Lillian P. Grigg of 737 Vale Street, Shelby, N. C.

announces the engagement of her daughter, Donna Sue, to Mr. Larry Dean Brackett of Rt. 1, Ellenboro, N. C. Donna is a jun-

ior at Shelby High School and is employed at the Green

Mr. Brackett is the son of Mr. and Mrs. Joe Dean Brackett, also of Rt. 1, Ellenboro. Larry is a graduate of Shelby High School and is employed by Reviere Printing Co. of Shelby.

Shelby Girl

Plans Wedding

No date has been set for the wedding.



Celebrates

8th Birthday

Gina Lynnette Melton, daugh-

ter of Brenda and Tom Melton

of 211 Margaret Street, Kings

birthday Saturday, March 25th, with a "Raggedy Ann"

party. A "Raggedy Ann" birthday cake was cut and

served to about 15 guests, in-

cluding Linda Robbins, David

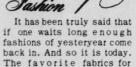
Brown, Selena Goins, David Bolin, Wanda Witherspoon, Becky Bates, Kim O'Brien,

Kim, Donnie, and Carolyn Ro-

per, Michael McEntire, Sam Melton, Sean and Helen Mc-

Abee and Nickie and Debbie

ntain, celebrated her 8th



summer sports wear this season are seersucker, muslin, denim and cotton knits. Some of the long dresses for resort wear are backless with a ruffle instead of a

bodysuits and high-rise skirts, it's spring fashion news for women.

During the day, the word is casual, notes Dorothy Barrier, extension clothing specialist, North Carolina State University.

It's pants, especially pants with jackets and shirts. There are cuffed pants that feature a boxy look with tucks at the waistline -- the Fred Astaire Look, and the

Jackets include the one-button blazer, the wide shoulder pea jacket, the smock, the sailor

jacket and the bolero.

An evening switch to glamour means bare-Shoulders, midness. riffs and backs are showing. And there is bareback jewelry, designed to be worn hanging down the back,

The bodysuit shows up everything from in

up the nautical. Oriental or sportive mood, of daytime and evening wear.

Collars are attached to many bodysuits. This includes a turtle-neck which converts to a hood. Miss Barrier says.

The new high-rise skirt is high at the waist. It mixes- and matches well with the bolero jacket.

ACADEMY OUSTS 7

LOUISA'S

LETTER Dear Louisa,

all sorts of things.

he says I am?

Answer:

Cousin--N.J.

family unit. Annapolis, Md. - The United States Naval Acad-Corleone patriarch sets the pace of the film although his emy has announced that it role is not a large one. His has expelled seven midshipmake-up is excellent. Some men, including two seniors, for the use of marijuana. claim it's Brando's best part



The Twilight Zone

Kings Mountain's First

Outfitted from the Twilight Zone are Mike Freeman, Pam Barnette, Diane Cornwell, Mike McDaniel, Cindy Freeman.

. Fanny Pants & Hot Pants by Ginger Tree. . Bicycle Shirts--Skinny Ribs & Printed Shirts . Leather & Suede Belts--Costume Jewelry Jeans--Lowrise & Hiphuggers--Denim--Corduroy & Brushed Denim The Twilight Zone 111 S. Deal St. Between E. King and E. Gold.

A cousin of ours is runalways be loyal to his famning for election to an ofily but that doesn't include fice in our town and he is spreading gossip about other against a man who has alpeople or breaking up life ways been a friend of our long friendships to help a family. We thought, when politician get elected. they entered the race that it My advice to you is to would be a friendly one and

keep quiet, mind your own just a matter of issues but business and vote for your both of them have started cousin. saving bad things about the Very often we find that other and accusing them of

the same politicians who are belaboring each other be-Now my problem is this: come firm friends and are My cousin thinks I should working for each other later on. But if you have said detget in the battle and help him get elected by spreading rimental things about the the same tales he is telling candidate those things are and I am not about to get not so easily forgotten by into this. Do you consider me disloyal to the family as him.

Louisa.

Address your letter to Louisa, P.O. Box 532 Orangeburg, S.C.29115

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business. Excellent characterizations are given by a melodrama about the hidthe entire cast (many of Italden world of Italian-Ameriian background).

In plain language it's a bloody picture--murders and violence-and is rated "R-with persons under 17 not admitted without parent or guardian."

QUIT PAY BOARD

Four labor leaders have resigned from the 15-man Pay Board. The four declared the Pav Board has been slanted against wage increases while letting prices and profits soar.

ing featured by designers

Jan. 1, 1974.

the skirt.

ON LEAD IN PAINT

Washington -- The Food and Drug Administration has announced a two-stage action banning all except trace amounts of lead in paint by

Saturday Singing A singing will be held at Piedmont Baptist Church Sat-

urday night, April 8th, feat-uring Fred Williams' Gospel Group of Columbia, S.C., and the Bridges Sisters and Lily Quartet of Shelby. Everyone is welcome.

