#### THE FEMININE FRONT By Rosalie Williams

returned with enthusiastic praise Salt Flats where they toured a and educational value of such a made; they visited hard drinking trip. They took the Southern Route and gambling Reno. Nevada (no to California and returned via the one told me whether or not any of Northern Route with the usual the ladies tried their luck there). and sightseeing.

Leaving Raleigh July 30 and re- | Mormon Salt Lake City. burning August 27, the group lodged at a total of 19 different hotels or motels, 4 of which were Negro operated.

(The question of lodging at integrated places usually involves this in there times: if oze stops at the integrated places, better acommodations are secured but Negro business is hurt, and very likely it will eventually be forced to close. So what to do? Accept the better accommodations and be comfortable, or accept inferior secommodations and thereby help Negro business?)

The well-planned and executed bour was was arranged by Trailways Tourist Agency and the "hand picked" driver treated his passengers as if they were his own children, seeing to their every comfort and sparing no effort to assure his passengers freedom from embarrassment because of race in their stops for meals in questionable places.

Time and space do not permit naming all of the interesting places visited and toured. And difmost memorable ones according ton Lumberton. to persons with whom I talked, included: the following: Atlanta, Ga; Dallas, Texas: The Painted Desert, the Petrified Forest, the Grand geles tour of the homes of movie

Memorable also abut California orchards and vineyards, a boat Mrs. Ida P. Hinnant, Littleton ride on the mighty Pacific Ocean, Yosemite Park.

In Los Angeles the 17 Zetas who with the usual accompanying en-

E

AC

The 32 ladies who took the re- | group stopped in the nation's cently completed Zeta-sponsored smallest capital city, Carson City. Western Tour of the United States Nevada; they visited the Great the inestimable recreational salt factory and saw salt being tourist attractions as stops for rest and shortly thereafter felt the sharp contrast in straight-laced

They visited the Great Continental Divide which is so high in altitude that several ladies became slightly ill as a result of the rare atmosphere and required medication to bring them around.

Impressive also were the rollng farm lands and extensive catle industry of Iowa, and they'll never forget the 'melting pot" which the 2000-room YMCA Hotel where they stopped in Chicago eemed to be with its multiplicity

Those making the trip were the following: From Raleigh -Mrs. Pauline Young. Miss Evelyn Pope, Miss Maye Ligon, Mrs. Nora Lockhart, Miss Ann Hawkins, Mrs. Lillie Ballentine, Mrs. Natalie P. Wimberley, Mrs. Eliza D. Holloway, Mrs. Bertha Edwards, Mrs. Pearl McDonald and Mrs. Mildred James.

Others were: Mrs. Esther Byers, Concord: Mrs. Theresita Braxton. Richmond; Miss Eva Thomas, Henderson: Mrs. M. T. Ezell, Salisbury; Miss Myrlin Skinner, Wake Forest; Miss Leola Fitts, Winston-Salem; ferent persons will have different Miss Neterine McLean, Fayetteideas as to what were the high- ville; Mrs. Eldrea K. Hughes, Paylights of the trip. But some of the etteville; Mrs. Dorothy Washing-

Also Miss Mary Myhand, Durham; Miss Datie Jones, Concord; Mrs. Leathia Nicholson, Salisbury: Mrs Edmnia K Hall, Salisbury Canyon, Hoover Dam, the Los An- Mrs. Lina W Stewart, New Jersey; Miss Violet L. Perry, Durham; Mrs. Ora K. Martin, High Point; Mrs. Carrie Simon. Fayetteville: were its lush citrus fruit and olive Mrs. V. B. Bynum, Kinston and

NEW FAMILY IN CITY Newcomers to Raleigh include the family of J. J. Sansom, vicemade the trip attended their Boule president of Mechanics and Farmers Bank. The family includes 4 joyable activities including balls children; 2 teen-agers, a pre-teen and an infant. The family has mov-En route back to Releigh the ed from Durham to a large com-



DISTINGUISHED GUESTS AT the national convention of the National Association of Negro Musicians in St. Louis hold gold trophies presented to them by a citizens committee of the St. Louis



NIGERIAN SCIENCE STUDENTS - Nigerians E. J. Eakama (left) and H. F. Osembo are among the many students from overseas lands currently being trained in science and engineering in British institutions of higher learning. They are shown testing epicyclic gears in the laboratory at Woodwich Polytechnic of Engineering and Science. When they finish their training, they will return to Nigeria as fully qualified technologists, (ANP PHOTO).

CROSSWORD . . By A. C. Gordon

38 • Pleasing sounds 39 • Confines

44 . Thus

40 . Distinctive garb

DOWN

42 . Public notice

1 . Mystic word

· Declaim

5 • A master

Source 8 · Boy's nickname 12 · Food fish

\* Concerning

ert McFerrin, first Negro with a contract at the Metropolitan Opera; Miss Etta Morten of the original Broadway "Porgy and Bess" cast: Dr. Roscoe C. Polin, president, NANM, and Mrs. W. C. Handy, who holds sealed container of water from the Mississippi River. The awards were presented during a gigantic festival honoring the late Mr. Handy on the riverfront, by William G. Porter, right, chairman of the committee and assistant to the vice-president, marketing, Anheuser-Busch, Inc., which sponsored the awards. (ANP PHOTO)

Music Association. Recipients for "achievement and service" are Rob-

# FOR WOMEN

BY BETTY COOK (For Associated Negro Press) MAPLE "MAKE YOUR OWN" IDEAS

can make simply delectable des- ice cream, and pour on the mapleserts, or between meal snacks that | blended syrup!

example, take maple-blended syrup, ice cream and frozen waffles -right there you have a wonderful quickie that even youngsters With "ready-to-eat" foods a- can prepare for themselves. Simmong your kitchen supplies, you ply toast the waffles, scoop the

are good "propper-uppers". For Delicious as this maple-blended

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syrup is by itself-you may, for the sake of variety, like to use it in making simple fruit sauces such as Maple-Banana or the fresh red cherry one listed here. These sauces are excellent served on breakfast pancakes or waffles, or on squares of warm cake fresh from the oven . . . and, of course, they

Dash of salt

ing powder

rind

1 cup milk

three daughters.

34 teaspoon salt

2 eggs, well beaten

2 tablespoons maple-blended

Place the ingredients in a bow

and mix thoroughly. Makes abou

ORANGE WAFFLES

1-1/2 teaspoons grated orange

5 tablespoons melted shortening

Measure sifted flour, and bakin

powder and salt, and sift again

Add orange rind. Combiné egg and milk. Add to flour mixture

add shortening, then mix only un

til smooth. Bake in hot waff!

iron. Makes 4 seven-inch waffles

Cordice served as a captain

the Air Force during World Wa

II. He is married to the forme

Miss Marguerite McGill of Ne

York. They live at 272 Rosemon

Place, Englewood, N. J., with the

A pole-type shelter open on a

sides will protect cows from sun

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teaspoons double-acting bak

cups sifted cake flour

are perfect ice cream sauces! Another "different" topping for hot waffle or pancakes is the Coconut Cream Cheese mixture on this page. Try it on baked apples, on hot ginger-bread or on storebought shortcakes . . . and pass the maple-blended syrup for that extra delicious "pour on".

And since this story is about

pancakes and waffles and some new toppings for them, we are including two new and easy recipes: a Banana pancake and an Orange waffle. Treat the family to one or the other next Sunday morning . . . and, should you have left-overs, cool, wrap and freeze them. They will make good bases for ice cream and maple-blended syrup! MAPLE CHERRY SAUCE

i cup maple-blended syrup 1-14 cups fresh red sour cherries pitted, or frozen red sour pitted cherries, thawed and drain (substitute ground cherries for the whole cherries, if desired). Place syrup and cherries in a

saucepan. Bring to a boil and simmer 2 minutes. Makes 2 cups COCONUT CREAM CHEESE 4 cup flaked coconut

410 E. DAVIE ST.

1 cup (8-ounce package) softened cream cheese

#### RALEIGH SEAFOOD

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# Palmist • Healer • Phychic Reader How many unhappy people are there whose lives are

darkened by the acts of others? Is your life nearly a wreck because you have troubles of a domestic nature or otherwise? Do you desire a return of affection rightfully yours, or does another receive it? Do you wish to marry the one you love? Is there a coldness growing, a separation, a rival or interference by some one? Are you a person who at times appears to be affected by bad surroundings? Are you touched by evil hands? Do you fear disease? Do you give up in dispair? Does persistent bad luck follow you? Spells, unactural conditions and evil influences of all kinds can be overcome by getting advice and aid from a reliable advisor who bears a reputation for honesty and integrity. LYNN BLAKE can and will help you. If you are sick or worried come at once in person. NO LETTERS ANSWERED. Call in person. 3 She will prove that you can obtain your desire. S Everything sacred and confidential-satisfaction, or no fee ac-

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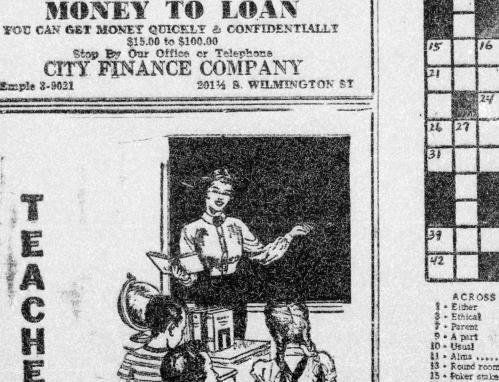
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FIRST-CITIZENS BANK AND TRUST COMPANY fortable home on Rook Quarry Road, abut a mile outside the city

Mrs. Sansom, the former Vivian Merrick of Durham, is active in civic and social affairs. Amng the various organizations of which she is a member are: Delta Scrority, Links, Jack and Jill, the YWCA. to mention a few. She should prove a valuable addition to local Y membership since she has worked on the Y staff in Winston-Salem, one of the best in the state.

The three school-age Sansom children will attend Catholic PAGANEREPAY OREEDF

LAST WEEK'S ANSWER

Rents

19 . Catcher of

20 . Doctrine

side 23 • ... calle

22 · Sheltered

27 • Proponent

28 · Tops

30 - Smokers

32 • Thicket

expression 36 - Quantities

39 • Musicalnood 61 • Yo...

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