

aves "Discovered" New Mexico

BY CONRAD CLARK
ALBUQUERQUE, N. M. (ANP)

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—Doing a little research into the history of New Mexico, "The Land of Enchantment," I learned that it was a Negro slave who "discovered" this state.
Eighty years before the Pilgrims set foot on Plymouth Rock, New Mexico was being explored by a swashbuckling band of Spanish Conquistadores, who sought the mythical golden cities of Cibola, whose wealth was supposed to compare with that found among the Aztecs of Mexico City.
The annals of the Southwest beginnings start with Alvar Nunez Cabeza de Vaca, who left Spain for Florida in 1527, as royal treasurer of the Narvaez expedition the group met with misfortune all its mem-

bers, except De Vaca and a few companions, being lost at sea or killed by Indians.
The four final survivors, De Vaca, Andres Dorantes, Alonso de Castillo Maldonado and Estevan, a Moorish slave of Dorantes, wandered from the coast of Texas to the Spanish settlements on the Gulf of California.
According to history, the Spaniards and Estevan were the first Europeans to cross America from Texas to the Mexican west coast. Ship-wrecked and cast ashore in Texas, they later wandered west part way up the Rio Grande, and then off southwest.
Antonio de Mendoza, first viceroy of New Spain, sent an expedition to explore "the golden cities." Heading this expedition was Marcos de Niza, a Franciscan friar who



EARN DOCTORATE — Roy Lee, a member of the science division at Bennett College, who was notified this week that he has been awarded the Ed. D. degree by Teachers College of Columbia University, New York City. His dissertation, "A handbook of Microprojection for Biology Teachers," concerns itself with intravital staining procedures with living organisms for classroom demonstrations. Dr. Lee, a native of Rogersville, Tenn., received his A.B. and M.S. degrees from Kansas State Teachers College, Pittsburg, Kan.

was with Pizarro in the conquest of Peru, and later a missionary in the northern part of New Spain.

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Big 4-H Achievement Day Activities Attract 1100

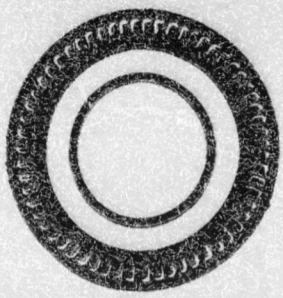
ZEBULON—The J. E. Shepard High School, Zebulon, was the scene of the Annual Wake County 4-H Club Achievement Day Program recently. 4-H Club members, leaders, parents and friends from ten organized 4-H Clubs in the county numbered more than 1,100.
Howard Hopkins of the Cary 4-H Club presided over the program which got underway at 11:00 a. m. with Barbara Ramsour acting as song leader and Pauline Coffield at the piano, both of the Garner 4-H Club. The 4-H Pledge was led by Trelessa Pierce of the Shepard 4-H Club and invocation was by Perry Sanders of the Holly Springs 4-H Club.

Carolyn Cannady of the Jeffreys Grove 4-H Club gave the introductory remarks, followed by the welcome address by Garland L. Crews, principal of the Shepard High School. Response was given by Joan Burton of the Fuquay Springs 4-H Club.
Dr. David S. Weaver, director of the North Carolina State College Extension Service, delivered the main address. He was introduced by James Williams of the Lockhart 4-H Club.
Dr. Weaver hailed the progress being made by the county's 4-H Clubs and advised them to continue in their scientific efforts to "Make The Best Better". "Re-

search, education and cooperative action are the watchwords of today," declared Dr. Weaver, "and we must keep abreast of the changing times if we are to make full use of our citizenry of tomorrow."
Special music was rendered by the Shepard School with O. L. Taylor and Mrs. Marie Wilcox in charge. Other numbers making up the program were demonstrations (1) "Treating Cotton Seed" by Herbert McCant and McAdams Ferrell of the Riley Hill 4-H Club, and (2) "Add A Little Sparkle To Your Meals" by Zula Farrar and Joyce Flippin of the Apex 4-H Club.

A panel entitled "Summary of Projects and Activities" was presented over by Bessie Carol Dunn of Lockhart. Others making up the panel were: Nilas Hodge and Rogene Holden, Riley Hill; Jo Ann McCoy, Fuquay Springs; Rogers, Garner; Linda McLamb, Apex; Herbert Sneed, Fuquay Springs; Gwyn Matthews, Cary; Alice Grace Rogers, Garner; Benjamin Newkirk, Garner; Dorothy McClain, Holly Springs.
The county 4-H program was supervised during the year by Wake's Negro Farm and Home Agents, W. C. Davenport, Mrs. N. P. Wimberley, Mrs. M. B. Graham and C. L. Boone, recently transferred to Northampton County.

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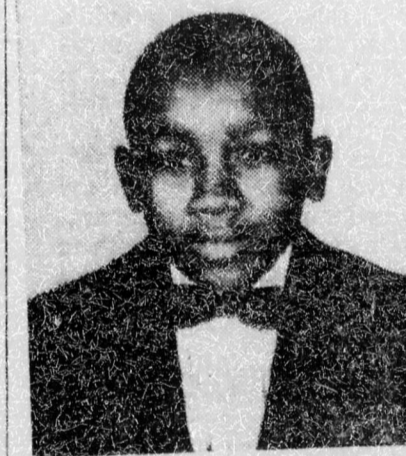
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FORMER FIRST LADY VISITS ST. AUGUSTINE'S — Mrs. Edgar Gould, center, wife of the Rev. Edgar Gould, President of St. Augustine's College from 1916 to 1947, visited the campus last week. Shown with her are: Mrs. Julia B. Delany, and President James A. Boyer.

Robert Manuel, 8th Grader, Ligon's Student Of Week

Robert Manuel, an eight grade honor student at Ligon Junior-Senior High School, has received the honor of being "Student of the Week." He was chosen on the basis of his scholarship, leadership character and service to the school and community.
Manuel is a member of the Wilson Temple Methodist Church



ROBERT MANUEL

where he is a staunch church worker. At his church he sings in the junior choir, works with the usher board and offers his services when ever needed.

Extra curricular activities include: membership in the Boy Scouts of America and Junior Red Cross. At Ligon, he is a vice-president of his 8th grade homeroom. His previous years were spent at Lucille Hunter and Mary E. Phillips School. While there he was an energetic and hard worker. He worked with the school patrol, dramatics and as library helper.

Manuel's hobbies are writing, reading, playing football and baseball.
He resides in Raleigh with his father, Mr. William E. Manuel, at 1006 Parker Street.

Convicted On Rape Charge

TUSCALOOSA, Ala. — (ANP) — A 38-year-old white man was sentenced to 60 years in prison recently after conviction of being intimate with a Negro girl "under 12" years old.
The man, William Richard Mills, did not testify, but in a statement, admitted being intimate with the child but said she consented and asked for money.
The unidentified child testified that Mills forced her into his car on April 22, 1958, and forced her to submit to him. She said he kept her locked in his car all night and put her out in a rural area the next day.

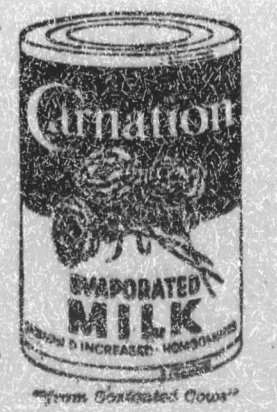


"We deliver as many as 125 babies a month," Mrs. Anderson says. "I know how important it is for tiny babies to have the most digestible form of milk for their formulas." More mothers feed Carnation to their babies than any other brand. This milk in the red-and-white can is the world's leader for infant feeding.

Head nurse tells why she selected CARNATION MILK FOR HER OWN BABY

Mrs. Ida Mae Anderson is head nurse and maternity supervisor at a leading hospital in Detroit. She has been a leader in advanced nursing methods for many years.
Mrs. Anderson and her husband have one son, Michael Lynn, a healthy, happy two-year-old.

"Michael was a bottle baby for nine months," Mrs. Anderson says. "His formula milk was Carnation, of course. When Michael changed to the cup we kept him on Carnation. We mix it with an equal amount of water, and it gives him all the food values of whole milk, with extra Vitamin D."



The Andersons with their son Michael at lunch. Dessert will be Mrs. Anderson's Carnation Custard. "Ordinary milk won't do for this custard," Mrs. Anderson explains. "It's never watery with Carnation." Double-rich Carnation is the world's leading evaporated milk.

recipe:
"FAILURE-PROOF" CARNATION CUSTARD
(Makes 6-8 individual custards)
4 eggs
1/2 cup granulated sugar
1/2 teaspoon salt
1 teaspoon vanilla
1 cup water
1 1/2 cups (large can) undiluted CARNATION EVAPORATED MILK
Beat ingredients to mix well. Pour custard into 6-8 baking dishes; sprinkle with nutmeg. Put dishes in 2 1/4" deep pan; pour water around the custard dishes.
Bake in moderate oven (350°F.) 40-45 minutes, or until knife inserted into custard comes out clean. Remove from water and cool. Add topping, if you desire.

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