

CLASS SCHEDULE

COURSE	TIME	FEE	INSTRUCTOR	COURSE DESCRIPTION
POPULAR PIANO 8 Sessions Begins Oct. 15th	7:30-8:30 pm	\$6/M \$12/NM	Alan Kaufman	A classroom method, opened to anyone with experience on piano or organ. Focus on the study of chords, improvisation, reading sheet music & modern rhythms. Since individual practice is recommended, a piano or organ at home is necessary.
BEGINNER BRIDGE 8 Sessions Begins Oct. 15th	7:30-10:00 pm	\$15/M \$22.50/NM	Jean Oliver	Beginner course using text of Silverman's Five Card Major which will be available in class for \$1.50.
HOW TO LIVE IN OUR INFLATIONARY TIMES 5 Sessions Begins Oct. 15th	7:30-9:00 pm	\$8/M \$12/NM	Angus M. Simpson	Discussion class where all participants will be involved as much as possible. Budgeting, shopping techniques, common sense & using credit, children spending, transportation & housing, grocery shopping, insurance, record keeping & a general review will be covered.
KITCHEN WIZARDRY 3 Sessions Begins Oct. 15th (Learn to use Food Processor, Microwave Oven & Wok)	7:15-9:45 pm	\$12/M \$18/NM	Paula Welch	See description Wed. 9:30 a.m.
TRAVEL TIPS 2 Sessions Begins Oct. 15th	7:30-8:30 pm	\$3/M \$5/NM	Lisa Woerner	Session I - "Carnival Cruise Line - Fun Ships." Short film & discussion on different cruises. Session II - Benefits of using travel agents, how they can solve problems, pull string that you normally couldn't & more.
THURSDAY				
KNOW YOUR CAMERA 4 Sessions Begins Oct. 16th	9:30-11:00 am	\$6/M \$9/NM	Fred Fias	Introduction to fundamentals. Understanding your 35 mm camera & how to make visually interesting photographs. Slides & pictures will be discussed & an understanding of all settings on your camera will be gained.
MODERN DANCE 8 Sessions Begins Oct. 16th	11:00-12:00 noon	\$15/M \$30/NM	Elizabeth Parsons	Creative dance movement in conjunction with basic floor exercises.
INTERMEDIATE YOGA 8 Sessions Begins Oct. 16th	9:15-10:45 am	\$18/M \$27/NM	Millie Fuerstman	For those with previous Yoga experience. Hatha Yoga for physical exercise & mental relaxation. Bring mat or blanket & be prepared for activity first day. Leotards & tights preferred.
BEGINNER CAKE DECORATING 8 Sessions Begins Oct. 9th	9:00-11:00 am	\$15/M \$20/NM	Maxine Vandiver	See description Mon. class schedule.
BASIC II CAKE DECORATING 8 Sessions Begins Oct. 9th	11:00 am-1:00 pm	\$15/M \$20/NM	Maxine Vandiver	Learn how to put together a tiered wedding cake, more borders, more flowers. Own supplies necessary. Class cosponsored with The Party Store.
INTERMEDIATE BRIDGE 8 Sessions Begins Oct. 16th	9:15-11:45 am	\$15/M \$22.50/NM	Caroline Stone	For those who have played bridge before. Lesson will be taught followed by play with prearranged hands that emphasize lesson. Text, Silverman's Five Card Major, available in class for \$2.00. Minimum of 12 needed in order to hold class.
JACKI SORENSEN'S AEROBIC DANCE 6 Sessions Monday & Thursday Begins Oct. 13th	5:30-6:30 pm	\$32	Jan Laney	Series of easy-to-learn dances for non-dancers; carefully choreographed blend of jogging, lunges, arm swings & leg kicks set to music. Combines all essentials of a complete physical fitness program. Wear comfortable clothes & GOOD tennis shoes. \$5 rebate to JCC members. Session name: "Dreams."
JACKI SORENSEN'S AEROBIC DANCE 6 Sessions Monday & Wednesday Begins Oct. 13th	7:00-8:00 pm	\$32	Beverly Schwandt	See course description above.
SLIMNASTICS 8 Sessions Begins Oct. 16th	8:15-9:15 pm	\$8/M \$12/NM	Lari Helfand	See Mon. class schedule.
DISCOVER CHARLOTTE 3 Sessions Oct. 16th, 30th, Nov. 13th Visits to Hezekiah Alexander Home, Mint Museum & James K. Polk birthplace.	Mornings	\$5/M \$7.50/NM		October 16th - Participants will tour the Hezekiah Alexander Home site & the Mint Museum of History. Meet at the JCC at 9:15 am. October 30th - Group will tour the Mint Museum. Meet at the JCC at 10 am. November 13th - Group will visit the James K. Polk birthplace. Meet at the JCC at 9:15 am.
INTERMEDIATE BRIDGE 8 Sessions Begins Oct. 16th	7:30-10:00 pm	\$15/M \$22.50/NM	Jean Oliver	Course for people who have played bridge. Text, Silverman's Five Card Major, Intermediate, available at JCC for \$2.00. Minimum of 12 needed in order to hold class.
BEGINNER CAKE DECORATING 8 Sessions Begins Oct. 9th	7:00-9:00 pm	\$15/M \$20/NM	Maxine Vandiver	See description Mon. class schedule.
WINES & WINE TASTING 3 Sessions Begins Nov. 6th	8:00-9:00 pm	\$9/M \$13.50/NM	Dave Schildknecht	Wine making & wine tasting, as art & agriculture, are endlessly fascinating, but not necessarily mystifying. Emphasis on tasting & evaluation of wines from 3 major growing regions: France, Germany and California with discussions of history & techniques of wine making as interest arises. In addition to approximately a dozen wines to be tasted, vintage charts, bibliographies & other supplements will be circulated on request.
CRITICAL CHOICES FOR THE 1980 ELECTIONS The Economy, Foreign Affairs, the Candidates 3 Sessions Oct. 2nd, 16th, 30th	7:30-9:30 pm	\$6/M \$9/NM	UNCC Professors, Representatives of Democrat & Republican Candidates	Oct. 2nd: "The Economic Crisis & You" - Professor Ronald Madsen, Department of Economics, UNCC. October 16th: "U.S. Power - What Is Its Future?" - Dr. Harry Chernotsky, Department of Political Science, UNCC. Oct. 30th: "The Candidates" - Debate between representatives of the Democratic & Republican candidates moderated by Dr. Harold Josephson - UNCC.
AGING AS A FAMILY ISSUE 3 Sessions Begins Oct. 16th	10:00-11:00 am	\$3/M \$5/NM	Louis Albert	Session I - "Your Aging Parents: Options & Services" - Discussion on such questions as what to do with an aged parent who can no longer manage alone, medical & financial assistance, programs for the aged and nursing homes. Session II - "Adult Children & Aging Parents: A Rearrangement of Family Roles" Short movie to illustrate conflicting feelings which may arise in families with aged parent(s). Session III - "Planning for Old Age: Lessons from Our Parents" Presentation & discussion of how to apply experiences in dealing with our elderly parents to ourselves.
AGING AS A FAMILY ISSUE 3 Sessions Begins Oct. 16th	7:30-8:30 pm	\$3/M \$5/NM	Louis Albert	See course description above.
FRIDAY				
WOMEN'S EXERCISE 8 Sessions Begins Oct. 17th	9:30-10:30 am	\$8/M \$12/NM	Sheila Kaufman	See description Tues. class schedule.
ADULT CREATIVE SEWING (Soft Sculpture) 8 Sessions Begins Oct. 17th	9:30-11:30 am	\$20/M \$30/NM	Sue Alvarez	Learn applique & quilt by machine. Finish items in class: pillows, quilts, hangings & soft sculpture items. You supply fabric, trim & imagination & Sue supplies the instructions. Some sewing experience helpful. Bring usual sewing notions & portable sewing machine if possible. Class supply fee varies depending on projects. This will be decided at first class.
FLOWER ARRANGING 6 Sessions Begins Oct. 17th	10:00-11:30 am	\$9/M \$13.50/NM	Hobbie Taylor	Create your own floral arrangements using dried, silk & some fresh flowers. Class is geared to help teach you how to make floral designs for your personal use in your home & to share with friends (gifts, etc.). All supplies extra & available for purchase during class.
PAINTING 8 Sessions Begins Oct. 17th	1:00-3:00 pm	\$16/M \$24/NM	Beverly Howard	Painting on canvas for beginners. Learn to paint in oils. Probably complete two paintings "suitable for framing" - one landscape & one still life. Discuss composition, color mixing, basic painting techniques. Supplies furnished by student.

REGISTRATION FORM

NAME	ACTIVITY	FEE	DAY OF WEEK	TIME
ADDRESS				
TEL. NO.				
MEMBER/NON-MEMBER				