

# -More In And Around The JCC-



## WORKOUT!

The fall session of WORKOUT! will begin September 7 at the Jewish Community Center. Classes will be held on Tuesdays and Thursdays at 9:15 a.m. There will be an 8 week session followed by a 6 week session. Below are listed the exact schedule and the fee schedule. If you find you cannot register for a full session, we now offer drop-ins to existing classes at \$3.00 per class. Register by filling out the registration form below and mailing it with your fees to the JCC, P.O. Box 220188, Charlotte, NC.. 28222.

### FIRST SESSION:

Tuesdays 8 weeks	Sept. 7th-Oct. 26th	9:15-10:15 am
		\$15 Members
		\$22.50 Non-Members
Thursdays 8 weeks	Sept. 9th-Oct. 28th	9:15-10:15 am
		\$15 Members
		\$22.50 Non-Members

### SECOND SESSION:

Tuesday 6 weeks	Nov. 2nd-Dec. 14th	9:15-10:15 am
		\$15 Members
		\$22.50 Non-Members
Thursdays 6 weeks	Nov. 4th-Dec. 16th	9:15-10:15 am
		\$15 Members
		\$22.50 Non-Members

#### WORKOUT! REGISTRATION FORM

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Mem/Non-Mem \_\_\_\_\_  
 Day Registering For \_\_\_\_\_ Session \_\_\_\_\_ Amount \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_

**\*\*Anytime there are 15 people interested in an additional class, we will add it to the schedule. If you are interested in WORKOUT! at another time or on another day, let us know. We'll keep a list and add the class if there are enough.**

## Fall Soccer

This year the JCC will compete in the METHODIST HOME PARK LEAGUE - one of Charlotte's best Youth Soccer programs. The Methodist Home Park League - a division of Charlotte Parks and Recreation, has a well established program with more than 35 teams entered to play each season. The league emphasizes the importance of learning the fundamental skills of soccer, team sportsmanship and healthy competition.

All games will be played on the fields at the Methodist Home Park or at Garinger High School. We will enter teams in the following age divisions: 7 & 8, 9 & 10, 11 & 12, 13 & 14.

If you are interested in having your child(ren) participate in our soccer program, please complete the form below and mail it to Cary Bernstein at the JCC, P.O. Box 220188, Charlotte, NC 28222. This must be mailed in NO LATER THAN AUGUST 15TH.

We must have all registration by this date in order to set up the teams to submit to the league coordinator. FEES: \$20.00 Members/\$30.00 Non-Members.

#### REGISTRATION FORM

Family Name \_\_\_\_\_  
 Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_  
 Child(ren)'s Name \_\_\_\_\_ Age \_\_\_\_\_  
 Name \_\_\_\_\_ Age \_\_\_\_\_  
 Played Before \_\_\_\_\_ At the JCC \_\_\_\_\_  
 Physician \_\_\_\_\_ Phone \_\_\_\_\_  
 Dentist \_\_\_\_\_ Phone \_\_\_\_\_  
 Contact in case of emergency \_\_\_\_\_  
 Phone \_\_\_\_\_  
 I would like to volunteer to help! \_\_\_\_\_  
 Parent's Signature \_\_\_\_\_  
 Amount Enclosed \$ \_\_\_\_\_ (\$20 Members/\$30 Non-Members)

## Independence Day



July 4 brought out families of all ages to participate in the festivities at the JCC. Water events for the entire family were held including an adult swim meet. Parents had a chance to experience the thrill of victory or a mouth full of water.

Children were treated to events both on land and in the water. Highlights of the

day included adult inner tube races, parent-child races and an always exciting penny dive.

After it was all over, winners and losers alike, and even the spectators were treated to all the watermelon they could eat!

## Jr. Queen City Tennis League

This year's JCC Girls and Boys Queen City Tennis team will be ending their season with a huge success. Both teams will finish top in their division. Their success can be attributed to the number of boys and girls who participated this year along with their enthusiasm. Those who participated are:

### Girls

- Patricia Ades
- Laurie Goldman
- Carol Karp
- Alison Karben
- Kim Kort
- Julie Lerner
- Karen Leventhal
- Susan Levin
- Shelly Mendel
- Debbie Ostrow
- Debra Perlin
- Stacy Schefflin
- Julie Strauss
- Missy Van Glish

### Boys

- Haggia Bar-Lev
- Kevin Berzack
- Adam Cohen
- Bradley Cohen
- Alan Karben
- Jimmy Langman
- Eric Lerner
- Danny Meltsner
- Michael Newman
- Michael Phillips
- Alon Schwartzman
- David Strauss
- David Van Glish

Anyone who is a member of the Jewish Community Center and who have children that are interested in playing tennis on the team should make sure that they sign up for next year.

## Aerobics

Ene Harbin's Aerobics classes for the fall will begin September 13. There will be morning and evening classes with two six week sessions being offered.

Dance your way to fitness with easy steps and upbeat music. It is the most fun you'll have while getting in shape. Bring a towel or mat and wear good tennis shoes.

Below is the schedule and necessary information for the fall. Register by filling out the form below and send it with your fees to the JCC, P.O. Box 220188, Charlotte, N.C. 28222.

1st session: begins Monday, September 13.  
 2nd session: begins Monday, November 1.

### Morning classes

Monday, Wednesday, Friday	9:15-10:15 am	2 mornings/week
		\$24 Members
		\$29 Non-Members
		3 mornings/week
		\$36 Members
		\$42.50 Non-Members

### Evening classes

Monday & Wednesday	5:45-6:45 pm	Fees:
		\$24 Members
		\$29 Non-members

Instructors: Ene Harbin - mornings; Marilyn Hedgepath - evenings. Bring a friend to the first class and if you both sign up you'll received a 10% discount on your fees.

#### AEROBICS REGISTRATION FORM

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Mem/Non-Mem \_\_\_\_\_  
 Class Days & Times (if morning class, note two or three mornings) \_\_\_\_\_  
 Amount Enclosed \$ \_\_\_\_\_

### JCC MEMBERS ONLY

Discount tickets (\$2.75) available at "J" office for theaters at Eastland, Southpark, and Charlottetown.

