



## day camp

1982



## Chai

Group held their... on Labor Day... C. Barbie Weiner... Mendel drew the... Alfred and...essler won the... Afghan and pillow...donated by Sylvia...oel and Cindy...n a lovely original...erigraph created...ed by Florence...affle was very

is the beginning...arter; for the Chai...ey will be taking...elations through...y Tager will once...the instructor...ernoon programs...anned.

and substitute...e still needed for...group activities...Sara Schreiberman... (366-0357) if you

## Basketball

asket begins its new...Sunday, November...inues through Mar...lay will again take...Alexander Graham...or High School on...e. The time is from...noon. The cost for...season is \$20 and is...ter members only.

**Workout**  
Tuesday 9:15 - 10:15 a.m.  
Thursday 9:15 - 10:15 a.m.  
6 Weeks \$12/M \$18/NM - One morning a week

**Aerobics**  
Monday, Wednesday, Friday - 9:15 - 10:15 a.m.  
Monday, Wednesday, Thursday - 5:45 - 6:45 p.m.  
6 Weeks  
2 mornings or 2 evenings \$24/M \$29/NM  
3 mornings or 2 evenings \$36/M \$42.50/NM

To register come by the "J" or we accept Mastercard and Visa for phone registrations.



## Candidates Forum

MARK YOUR CALENDARS FOR TWO IMPORTANT DATES

Come and meet the candidates running in the November election. This is your opportunity to ask questions and become an informed voter. Each candidate will make a brief statement of issues. This will be followed by an open discussion.

### COUNTY COMMISSION AND SHERIFF

Wednesday, October 20 at 8 p.m. at the Jewish Community Center

### STATE HOUSE AND STATE SENATE

Wednesday, October 27 at 8 p.m. at the Jewish Community Center. These candidates forums sponsored by Charlotte Chapter of B'nai B'rith Women and the Jewish Community Center. Refreshments will be served.

## Parents It's Time to Talk

This seminar is sponsored by Charlotte B'nai B'rith Women and the Jewish Community Center in cooperation with the Mecklenburg Council on Adolescent Pregnancy and the March of Dimes.

Dates: 4 Thursdays:

October 21  
October 28  
November 4  
November 11

Time: 7:30 pm - 9:30 pm

Cost: \$3.50 per person to cover Workbook

For: Mothers and Fathers and other interested adults.

Limited Enrollment: 20 people.

This program is designed to involve parents of adolescents and pre-adolescents, and other interested adults in open, supportive, and thoughtful sessions dealing with the perplexing questions that surround adolescents newly emerging sexual identities. A central purpose is to help parents to understand the physical, emotional and social aspects of growth to sexual maturity, as well as to enable them to communicate their own values about sexuality more effectively.

Parent Seminars recognize the importance of the family as the primary vehicle for the transmissions of sexual values. They do not advocate a particular value position. The Parent Seminars are design to help parents think through their own convictions, express them and explore strategies that can initiate family discussion and to develop effective techniques for talking with their adolescent children about these issues.

**Seminar 1: What's Going On...** Gives parents a chance to reflect on teenage sexuality and to consider the implications for their families.

**Seminar 2: The Sexually Active Adolescent...** Surveys existing messages in adolescent culture, encourages parents to reflect on their own experiences in growing up; read several perspective on adolescent development and hear first-person accounts of teenagers discussing their sexuality.

**Seminar 3: Parents Can Help...** Presents parents with several statements on adolescent sexuality and lets them hear other parents (via audio tapes) express their viewpoints on adolescent sexuality and family communication.

**Seminar 4: Strategies for Parent/Adolescent Communication...** helps parents to assess where they now stand on the seminar issues and explores ways to begin and to maintain family communication.

The facilitators for this workshop are members of our community who have been trained by the Mecklenburg Council on Adolescent Pregnancy.

To register, send \$3.50 per person to the JCC, P.O. Box 220188, Charlotte, NC 28222. Registration deadline is October 14.

## Cooking Italian

In this total participation class, you'll cover the basic pasta making techniques concentrating on the "by hand" method. Several different sauces to be served on the homemade pasta will be prepared. The second class will feature an entire meal including an antipasto, pasta, dessert, and of course - the wine. The class will be held on Wednesdays from 7:15-9:30 p.m. on November 10 and 17. The instructor is Nanette Kurz; fee \$9.50 for members and \$12 for non-members.

To register fill out the form below and send it with your fee to the JCC, P.O. 220188, Charlotte, N.C. 28222. Phone registrations will be accepted only with Master Card or Visa.

### Registration for Italian Cooking

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ Member/Non-member \_\_\_\_\_  
Amount Enclosed \$ \_\_\_\_\_

## Attic Sale

November 7 is the day chosen by the Jewish Community Center to hold its Attic Sale. The sale will begin at 9 a.m.

Anyone wishing to make a tax deductible donation to this sale may do so by dropping your merchandise off at

the Center. Or, if you have furniture or other large items, or at least 3 large boxes, call the Center - 366-0357 and arrange for a pick-up.

For more information or if you wish to help, call Harold Cohen at the Center - 366-0357.