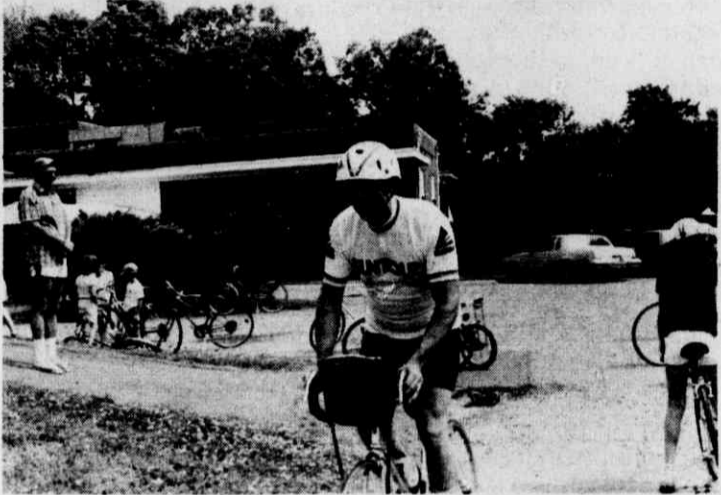


- In and Around The JCC -

The Great JCC Bicycle Rally



The first annual Great JCC Bicycle Rally was a tremendous success. Sunday, May 15, more than fifty people of all ages pedaled in the five mile ride complete with popsicles and "play." The day was celebrated by all from the Hebrew Academy to the JCC. Family and friends waited at the "J" for the travel-happy cyclists. The grand finale featured a hot dog cookout complete with popsicles and "play." The day was celebrated by all. Photos/Cary Bernstein

Swim Meet Schedule

- Mon., June 6 - Hampshire Hills at JCC
- Thur., June 9 - JCC at Heritage Woods
- Mon., June 13 - League Relay Meet at Olde Georgetown
- Thur., June 16 - JCC at Waverly
- Mon., June 20 - Olde Georgetown at JCC
- Thur., June 23 - McClintock Woods at JCC
- Mon., June 27 - JCC at Windrow
- Thur., June 30 - Final League Meet at Olde Georgetown

Swim Instruction Advanced Life Saving

Tues. & Wed., 6 p.m. - 7:45 p.m.
5 Weeks: July 6
\$12/M

The following is the swimming lessons scheduled for this summer at the JCC. Lessons are for JCC Members ONLY. To register fill out the form below and send it with the appropriate fee to the JCC, P.O. Box 220188, Charlotte, NC 28222.

The Lifeguard staff led by Coach Jim Oddo will be instructing Red Cross Swimming lessons for children 4 years and older.

4 Years and Older Beginner, Advanced Beginner
Intermediate and Swimmer

First Session
(2 Weeks) June 13-24 Daily by the Lifeguard Staff 11 a.m.-Noon
Fee: \$13

Second Session
(9 Days) July 5-15 Daily by the Lifeguard Staff 11 a.m.-Noon

Swim Instruction For The Very Young
Mom (or Dad) & Infant June 13-July 15 Mon. & Fri. 10:15 a.m.-11 a.m.
6 Mos.-14 Mos. 5 Weeks

(Mom (or Dad) & Tot June 13-July 15 Mon. & Fri. 11 a.m.-11:45 a.m.
15 Mos.-2½ Yrs. 5 Weeks

Infants and tots learn basic swimming skills including breath holding, underwater and surface glides and kicks.

Instructor: Sherri Jung

Fee: \$15

Preschoolers June 13-July 15 Mon. & Fri. 4 p.m.-5 p.m.
31 Mos.-4 Yrs 5 Weeks

Children learn basic swim skills including back and prone strokes, jumping, underwater propulsion and beginning diving.

Instructor: Sherri Jung

Fee: \$15

Cafe Israel - Snack Bar

Open Daily Except Friday 11:30 a.m. to 6:30 p.m.
COME ESS 'N FRESS and RELAX WITH US!

-Menu-

- Veggie Sandwiches
 - Deli Sandwiches
 - Hot/cold pastrami Regular size \$2.25 Junior size \$1.75
 - Hot/cold corn beef 2.25 1.75
 - Salami or bologna 1.75 1.25
 - Tuna (toast/plain) 1.50 1.25
 - Tuna salad platter with lettuce, tomato, fruit\$2.00
 - Fruit salad platter 1.50
 - Cold cream cheese on a hot bagel95
 - Peanut butter & jelly50
 - Hot dog "dressed up" & with chips. 1.25
 - Hot dog without chips 1.00
 - Variety of can and fountain cold drinks, including Dr. Brown's.
 - All types of ice cream novelties • Assortment of candies, snacks, etc.
- If we don't have what you want, we will try to get it. We offer clean, courteous service and hope that you will patronize Cafe Israel.

Swim Lesson Registration Form

Family Name _____ Telephone _____

Child's Name _____ Age/Birthdate _____

Child's Name _____ Age/Birthdate _____

Child's Name _____ Age/Birthdate _____

Mom & Mom & 4 Years & Older
Infant- Tot- Preschooler- First Session- Second Session-